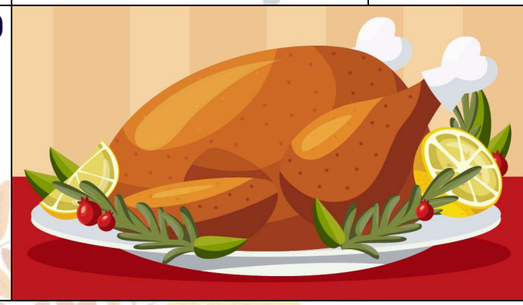
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Chair Aerobics 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 National Cinnamon Day: Snickerdoodle Cookie Baking Demo ~ Sunroom** 2:30 Afternoon Chair Exercises 3:00 Afternoon Refreshments **3:15 Día de los Muertos: Mexico's Day of the Dead Celebrations** **3:40 Live Performance by Chris Covell!** 6:00 Movie Night Daylight Saving Time Ends	2 10:00 Tone & Sculpt Monday 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 National South Dakota Day: State Facts** 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:15 Rhythmic Musical Chair Exercises **3:30 Scenic Ride** 3:45 Marvelous Monday Manicures with Barbara 6:00 Movie Night	3 10:00 Chair Yoga 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Balloon Volleyball Tournament 2:00 Afternoon Chair Exercises with Daryl **2:30 AnyTown Tuesday: Cairo, Egypt** 3:00 Afternoon Refreshments **3:30 VR Cafe** 4:00 Tuesday Tunes with Daryl 6:00 Movie Night	4 10:00 Move & Groove Exercises 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **11:15 Chimpanzees Day: Animal Facts** 1:30 Catholic Mass ~ 1st Floor 2:00 Conversation Corner with Nina S **2:00 Whisk It Wednesday Baking Class: Resident Choice!** 2:45 Painting a Birthday Banner for Cynthia P! **3:35 Live Performance by Steve Barke!** 6:00 Movie Night	5 10:00 Chair Dancing Exercises 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **11:30 Lunch Outing to La Ferme ~ Lobby** 1:30 Afternoon Chair Exercises with Barbara 2:00 Words That Start With... 2:30 Table Bowling Thursday 3:00 Afternoon Refreshments **3:15 Ice Cream Birthday Party for Cynthia P!** **3:45 Make Music with Marie** 6:00 Movie Night	6 10:00 Morning Exercises & Walking Club 10:35 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 National Saxophone Day: Listen & Learn** 2:00 Afternoon Chair Exercises with Barbara **2:00 Shabbat Service with Rabbi Adam! ~ 1st Floor** 2:30 Bullet in a Bucket Toss 3:00 Afternoon Refreshments 3:15 Flawless Friday Spa Day **3:30 Scenic Ride** 4:00 Fairytale Friday **6:00 Evening Performance by Vince Borrelli!**	7 10:00 Morning Exercises 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 Painting a Birthday Banner for Dr.Deb B!** 2:00 Afternoon Chair Exercises with Jenna 2:30 Crazy Cornhole 3:00 Afternoon Refreshments **3:15 Live Performance by Rita & Richard Clarke!** 4:15 Saturday Short Stories 6:00 Movie Night
8 10:00 Chair Aerobics 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 Sugar Cookie Sunday with Sara** 2:30 Afternoon Chair Exercises 3:00 Afternoon Refreshments **3:00 Live Performance by Emily Campbell & Violin Group** **3:15 Ice Cream Birthday Party for Dr. Deb B!** **3:30 Scenic Ride** 4:00 Sing-along Sunday with Sara 6:00 Movie Night Diwali (Hindi)	9 10:00 Tone & Sculpt Monday 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 National Louisiana Day: State Trivia/Facts** 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:15 Rhythmic Musical Chair Exercises **3:30 Scenic Ride** 3:45 Marvelous Monday Manicures with Sara 6:00 Movie Night	10 10:00 Chair Yoga 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Afternoon Chair Exercises with Barbara **2:00 National Vanilla Cupcake Day: Baking Demo** **2:30 AnyTown Tuesday: Cape Town, South Africa** 3:00 Afternoon Refreshments **3:30 VR Cafe** 4:00 Tuesday Tunes with Barbara 6:00 Movie Night	11 10:00 Move & Groove Exercises 10:15 Walking Club & Refreshments 10:45 Daily Chronicle Reading **11:00 Veteran's Day Salute ~ 1st Floor** 1:30 Catholic Mass ~ 1st Floor 2:00 Conversation Corner with Nina S **2:00 Whisk It Wednesday Baking Class: Resident Choice!** 2:45 Afternoon Chair Exercises with Barbara **3:40 Live Performance by Julie Hall!** 6:00 Movie Night Veterans Day Remembrance Day (Canada)	12 10:00 Chair Dancing Exercises 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **12:30 Outing to Dov & Company Charm Bar** 1:30 Afternoon Chair Exercises with Barbara **2:00 Happy Birthday Neil Young: Biography Reading** 2:30 Table Bowling Thursday 3:00 Afternoon Refreshments 3:15 Words That Start With... **3:45 Make Music with Marie** 6:00 Movie Night	13 10:00 Morning Exercises 10:15 Walking Club 10:35 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 Flower of the Month Coloring: Mums** 2:00 Afternoon Chair Exercises with Barbara 2:30 Bullet in a Bucket Toss 3:00 Afternoon Refreshments 3:15 Flawless Friday Spa Day **3:30 Scenic Ride** 4:00 Fairytale Friday 6:00 Movie Night	14 10:00 Morning Exercises 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Afternoon Chair Exercises with Jenna **2:00 Painting a Birthday Banner for Dona R!** 2:30 Crazy Cornhole 3:00 Afternoon Refreshments **3:35 Live Performance by Frank Plumer!** 4:15 Saturday Short Stories 6:00 Movie Night
15 10:00 Chair Aerobics 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **11:15 Steve Irwin Day: Biography Reading** **1:30 Sugar Cookie Sunday with Barbara** 2:30 Afternoon Chair Exercises 3:00 Afternoon Refreshments **3:15 Ice Cream Birthday Party for Dona R!** **3:30 Scenic Ride** 4:00 Sing-along Sunday with Barbara 6:00 Movie Night	16 10:00 Tone & Sculpt Monday 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 Aviation History Day: Wright Brothers Presentation** 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:15 Rhythmic Musical Chair Exercises **3:30 Scenic Ride** 3:45 Marvelous Monday Manicures with Sara 6:00 Movie Night	17 10:00 Chair Yoga 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 World Peace Day: Coloring Peace Signs** 2:00 Afternoon Chair Exercises with Barbara **2:30 AnyTown Tuesday: Lagos, Nigeria** 3:00 Afternoon Refreshments **3:30 VR Cafe** 4:00 Tuesday Tunes with Barbara 6:00 Movie Night	18 10:00 Move & Groove Exercises 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Catholic Mass ~ 1st Floor 2:00 Conversation Corner with Nina S **2:00 Whisk It Wednesday Baking Class: Resident Choice!** 2:45 Afternoon Chair Exercises with Barbara **3:45 Live Performance by Empty Ecstasy!** 6:00 Movie Night	19 10:00 Chair Dancing Exercises 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Afternoon Chair Exercises with Barbara **2:00 Craft Corner: Painting Wooden Turkeys** 2:30 Table Bowling Thursday 3:00 Afternoon Refreshments 3:15 Words That Start With... **3:45 Make Music with Marie** 6:00 Movie Night	20 10:00 Morning Exercises 10:15 Walking Club 10:35 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 Fun Fact Friday: Immortal Jellyfish** 2:00 Afternoon Chair Exercises with Barbara 2:30 Bullet in a Bucket Toss 3:00 Afternoon Refreshments 3:15 Flawless Friday Spa Day **3:30 Scenic Ride** 4:00 Fairytale Friday 6:00 Movie Night	21 10:00 Morning Exercises 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Afternoon Chair Exercises with Jenna **2:00 National Gingerbread Cookie Day: Baking Demo** 2:30 Crazy Cornhole 3:00 Afternoon Refreshments **3:35 Live Performance by Darryl Nichols!** 4:15 Saturday Short Stories 6:00 Movie Night
22 10:00 Chair Aerobics 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 Sugar Cookie Sunday with Sara** 2:30 Afternoon Chair Exercises 3:00 Afternoon Refreshments **3:15 Painting a Birthday Banner for Diane S & Carole R!** **3:30 Scenic Ride** 4:00 Sing-along Sunday with Sara 6:00 Movie Night	23 10:00 Tone & Sculpt Monday 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Rhythmic Musical Chair Exercises 2:30 Crazy Cornhole 3:00 Afternoon Refreshments **3:15 Ice Cream Birthday Party for Diane S & Carole R!** **3:30 Scenic Ride** 3:45 Marvelous Monday Manicures with Sara 6:00 Movie Night	24 10:00 Chair Yoga 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Balloon Volleyball Tournament 2:00 Afternoon Chair Exercises with Barbara **2:30 AnyTown Tuesday: Nairobi, Kenya** 3:00 Afternoon Refreshments **3:30 VR Cafe** 4:00 Tuesday Tunes with Barbara 6:00 Movie Night	25 10:00 Move & Groove Exercises 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Catholic Mass ~ 1st Floor 2:00 Conversation Corner with Nina S **2:00 Whisk It Wednesday Baking Class: Resident Choice!** 2:45 Afternoon Chair Exercises with Barbara **3:40 Live Performance by Stephen Kenley!** 6:00 Movie Night	26 10:00 Chair Dancing Exercises 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **11:30 Thanksgiving Family Lunch** 1:45 Afternoon Chair Exercises with Jenna **2:00 National Cake Day: Baking Demo** 2:30 Table Bowling Thursday 3:00 Afternoon Refreshments 3:15 Words That Start With... **3:45 Thanksgiving History & Traditions** 6:00 Movie Night Thanksgiving Day (U.S.)	27 10:00 Morning Exercises 10:15 Walking Club 10:35 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 Native American Heritage Day: Presentation** 2:00 Afternoon Chair Exercises with Sara 2:30 Bullet in a Bucket Toss 3:00 Afternoon Refreshments 3:15 Flawless Friday Spa Day **3:40 Live Performance by Serhii Morozov!** 4:00 Fairytale Friday 6:00 Movie Night	28 10:00 Morning Exercises 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Afternoon Chair Exercises with Jenna **2:00 National French Toast Day: Baking Demo** 2:30 Crazy Cornhole 3:00 Afternoon Refreshments **3:40 Live Performance by Rob Tomaro!** 4:15 Saturday Short Stories 6:00 Movie Night
29 10:00 Chair Aerobics 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments **1:30 Sugar Cookie Sunday with Barbara** 2:30 Afternoon Chair Exercises 3:00 Afternoon Refreshments 3:15 Soothing Sunday Manicures **3:35 Live Performance by Josh Earls!** 6:00 Movie Night	30 10:00 Tone & Sculpt Monday 10:15 Walking Club 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Crazy Cornhole **2:30 Live Performance by Jon Watkins!** 3:00 Afternoon Refreshments 3:15 Rhythmic Musical Chair Exercises **3:30 Scenic Ride** 3:45 Marvelous Monday Manicures with Sara 6:00 Movie Night					

Kensington Senior Living Community, 3616 Littledale Rd, 20895