November 2026

Connections

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Catholic Service Live Stream ~ TV Room 9:45 Meditative Yoga with Barbara ~ Sunroom 10:15 Hydration Station & Walking Club 11:00 Daily Chronicle Discussion ~ Sunroom **11:30 Día de los Muertos: Mexico's Day of the Dead Celebrations ~ Sunroom** 1:30 Walking Club ~ Weather Permitting **2:00 National Cinnamon Day: Snickerdoodle Baking Demo ~ Sunroom** **2:30 Live Performance by Chris Covell! ~ Bistro** 3:30 Ring Toss & Guess That Song with Barbara 3:30 Sunday Spa Day with Care Team ~ Art Room 6:00 Movie Night Daylight Saving Time Ends	**2** 9:45 Move & Groove Mondays w/Lisa & Cissel 10:15 Hydration Station & Walking Club **10:30 Scenic Ride ~ Lobby** 11:00 The Daily Chronicle Discussion **11:30 National South Dakota Day: State Trivia & Facts ~ Sunroom & TV Room** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Sara & Lisa 2:30 Pretty Autumn Poetry Analysis **3:30 Birthday Celebration for Ina Rae K! ~ Bistro** 3:45 Mini Golf & Tic Tac Toe with Lisa ~ Bistro 3:30 Monday Mandala Coloring & Manicures with Sara ~ Art Room 6:00 Movie Night	**3** 9:45 Total Workout Tuesday with Barbara and Priscilla ~ Sunroom & TV Room 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion **11:30 AnyTown Tuesday: Cairo, Egypt** **12:00 Men's Lunch Club ~ Sunroom** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Tricky Trivia & Tuesday Tunes 3:30 Water Pong & Word in a Word with Sara **3:30 Teacups Club: Painting Wooden Turkeys with Barbara & Maura ~ Art Room** 6:00 Movie Night	**4** 9:45 Workout Wednesdays with Lisa & Daryl 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion **11:30 Chimpanzees Day: Animal Facts** 1:30 Walking Club ~ Weather Permitting 1:30 Catholic Service ~ TV Room 2:00 Afternoon Chair Exercises ~ Bistro **2:00 Whisk It Wednesday Baking Class: Resident Choice ~ Sunroom** **2:30 Live Performance by Steve Barke! ~ Bistro** 3:30 Giant Connect Four & Whiteboard Pictionary with Daryl ~ Bistro 3:30 Beautiful Beading with Lisa ~ Art Room 6:00 Movie Night	**5** 9:45 Total Training Thursdays with Sara and Daryl ~ Sunroom & TV Room 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion & Trivia **11:30 Lunch Outing to La Ferme ~ Lobby** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Table Bowling Thursday with Daryl ~ Sunroom 2:30 Hot Topics with Priscilla ~ TV Room 3:30 Hula Hoop Toss & Names That Start With...with Daryl ~ Bistro 3:30 Teacups Club Talk with Priscilla ~ Art Room 6:00 Movie Night	**6** 9:45 Fresh & Fit Fridays with Daryl ~ Sunroom 10:15 Hydration Station **10:30 Scenic Ride ~ Lobby** 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading ~ Sunroom **11:30 National Saxophone Day: Listen & Learn** ~ Sunroom 1:30 Walking Club ~ Weather Permitting **2:00 Shabbat Service with Rabbi Adam ~ Sunroom** 2:30 Afternoon Chair Exercises ~ TV Room 3:30 Bold Baskets & Crazy Categories with Daryl ~ Bistro 3:30 Flawless Friday Spa Day with Care Team 6:00 Movie Night	**7** 9:45 Sculpt and Sweat Saturdays with Daryl 10:15 Hydration Station **10:30 Scenic Ride ~ Lobby** 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion ~ Sunroom **11:30 National Bison Day: Animal Trivia/Fun Facts** ~ Sunroom 1:30 Walking Club ~ Weather Permitting **2:00 Live Performance by Rita & Richard Clarke! ~ Bistro** 3:30 Beanbag Toss & Word Association with Daryl ~ Bistro 3:30 Blazin' Bingo with Care Team ~ Art Room 6:00 Movie Night
8 9:30 Catholic Service Live Stream ~ TV Room 9:45 Meditative Yoga with Jenna ~ Sunroom 10:15 Hydration Station & Walking Club 11:00 Daily Chronicle Discussion ~ Sunroom **11:30 Happy Birthday Margaret Mitchell: Author of Gone with the Wind ~ Sunroom** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Bistro **2:30 Live Performance by Emily Campbell & Violin Group ~ Bistro** 3:30 Ring Toss & Guess That Song with Jenna 3:30 Sunday Spa Day with Care Team ~ Art Room **6:00 Movie Night: Gone with the Wind** Diwali (Hindi)	**9** 9:45 Move & Groove Mondays w/Sara and Cissel ~ Sunroom & TV Room 10:15 Hydration Station **10:30 Scenic Ride ~ Lobby** 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion **11:30 National Louisiana Day: State Trivia/Facts** 1:30 Walking Club ~ Weather Permitting **2:00 World Freedom Day: The Fall of the Berlin Wall** 2:30 Afternoon Chair Exercises ~ Sunroom 3:30 Mini Golf & Tic Tac Toe with Sara ~ Bistro 3:30 Monday Mandala Coloring & Manicures with Care Team ~ Art Room 6:00 Movie Night	**10** 9:45 Total Workout Tuesday with Sara and Priscilla ~ Sunroom & TV Room 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion **11:30 AnyTown Tuesday: Cape Town, South Africa** 1:30 Walking Club ~ Weather Permitting **2:00 National Vanilla Cupcake Day: Baking Demo** **2:15 Live Performance/Musical Trivia by Jerry Roman ~ Bistro** 3:30 Water Pong & Word in a Word with Sara 3:30 Tuesday Tales with Maura ~ Art Room 6:00 Movie Night	**11** 9:45 Workout Wednesdays with Lisa & Daryl 10:30 Hydration Station & Walking Club **11:00 Veteran's Day Salute ~ Bistro** **12:00 Men's Lunch Club ~ Sunroom** 1:30 Walking Club & Catholi Service **2:00 Whisk It Wednesday Baking Class ~ Sunroom** **2:30 Live Performance by Julie Hall! ~ Bistro** 3:30 Giant Connect Four & Whiteboard Pictionary **3:30 Teacups Club: Veterans Day Craft: American Flag Paintings with Lisa! ~ Art Room** 6:00 Movie Nights Veterans Day Remembrance Day (Canada)	**12** 9:45 Total Training Thursdays with Sara and Daryl ~ Sunroom & TV Room 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion & Trivia **12:30 Outing to Dov & Company Charm Bar ~ Lobby** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises **2:30 Happy Birthday Neil Young: Biography Reading ~ Sunroom & TV Room** 3:30 Hula Hoop Toss & Names That Start With...with Daryl ~ Bistro 3:30 Teacups Club Talk with Priscilla ~ Art Room 6:00 Movie Night	**13** 9:45 Fresh & Fit Fridays with Daryl ~ Sunroom 10:15 Hydration Station **10:30 Scenic Ride ~ Lobby** 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading ~ Sunroom **11:30 Happy Paleontology Day! Dinosaur Fossil Exploration ~ Sunroom** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Sunroom **2:30 World Kindness Day: Decoding Worksheet** 3:30 Bold Baskets & Crazy Categories with Daryl 3:30 Flawless Friday Spa Day with Care Team **6:00 Evening Performance by Vince Borrelli**	**14** 9:45 Sculpt and Sweat Saturdays with Daryl ~ Sunroom 10:15 Hydration Station **10:30 Scenic Ride ~ Lobby** 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Saturday Word Games: Finish That Phrase! 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Bistro **2:30 Live Performance by Frank Plumer! ~ Bistro** 3:30 Beanbag Toss & Word Association with Daryl ~ Bistro 3:30 Blazin' Bingo with Care Team ~ Art Room 6:00 Movie Night
15 9:30 Catholic Service Live Stream ~ TV Room 9:45 Meditative Yoga with Jenna ~ Sunroom 10:15 Hydration Station 10:30 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom **11:30 Steve Irwin Day: Biography Reading ~ Sunroom** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Sunroom **2:30 Happy Birthday Georgia O'Keeffe: Biography Reading & Painting Analysis ~ Sunroom** 3:30 Ring Toss & Guess That Song with Jenna 3:30 Sunday Spa Day with Care Team ~ Art Room 6:00 Movie Night	**16** 9:45 Move & Groove Mondays w/Lisa & Cissel 10:15 Hydration Station **10:30 Scenic Ride ~ Lobby** 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion ~ Sunroom & TV Room **11:30 Aviation History Day: Wright Brothers** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Sara & Lisa **2:30 National Indiana Day: State Trivia/Facts** 3:30 Mini Golf & Tic Tac Toe with Lisa ~ Bistro 3:30 Monday Mandala Coloring & Manicures with Sara ~ Art Room 6:00 Movie Night	**17** 9:45 Total Workout Tuesday with Sara and Priscilla ~ Sunroom & TV Room 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion **11:30 AnyTown Tuesday: Lagos, Nigeria** **12:00 Men's Lunch Club ~ Sunroom** 1:30 Walking Club ~ Weather Permitting **2:00 World Peace Day: Coloring Peace Signs** 2:30 Afternoon Chair Exercises 3:30 Water Pong & Word in a Word with Sara 3:30 Tuesday Tales with Maura ~ Art Room 6:00 Movie Night	**18** 9:45 Workout Wednesdays with Lisa & Daryl 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion **11:30 Princess Day: Princess Diana Biography** 1:30 Walking Club ~ Weather Permitting 1:30 Catholic Service ~ TV Room 2:00 Afternoon Chair Exercises ~ Bistro **2:00 Whisk It Wednesday Baking Class: Cranberry Orange Mini Muffins ~ Sunroom** **2:30 Live Performance by Empty Ecstasy! ~ Bistro** 3:30 Giant Connect Four & Whiteboard Pictionary **3:30 Teacups Club: Coca-Cola Flower Arranging with Lisa ~ Art Room** 6:00 Movie Night	**19** 9:45 Total Training Thursdays with Sara and Daryl ~ Sunroom & TV Room 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion & Trivia **12:15 Museum Outing to the Phillips Collections ~ Lobby** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises **2:30 World Philosophy Day: Famous Philosophers** 3:30 Hula Hoop Toss & Names That Start With...with Daryl ~ Bistro 3:30 Teacups Club Talk with Priscilla ~ Art Room 6:00 Movie Night	**20** 9:45 Fresh & Fit Fridays with Daryl ~ Sunroom 10:15 Hydration Station **10:30 Scenic Ride ~ Lobby** 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading ~ Sunroom **11:30 Fun Fact Friday: Immortal Jellyfish** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Sunroom 2:30 Friday Opposites Whiteboard Game ~ Sunroom **3:30 Live Performance by Evelyn Song & Colleague ~ Bistro** 4:30 Crazy Categories Whiteboard Game ~ Bistro 6:00 Movie Night	**21** 9:45 Sculpt and Sweat Saturdays with Daryl and Eliza ~ Sunroom & TV Room 10:15 Hydration Station **10:30 Scenic Ride ~ Lobby** 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion ~ Sunroom 11:30 Saturday Word Games: Finish That Phrase! **11:30 Violin Tunes & Sing-along with Eliza** 1:30 Walking Club ~ Weather Permitting **2:00 National Gingerbread Cookie Day: Demo** **2:30 Live Performance by Darryl Nichols ~ Bistro** 3:30 Beanbag Toss & Word Association with Daryl 3:30 Blazin' Bingo with Care Team ~ Art Room 6:00 Movie Night
22 9:30 Catholic Service Live Stream ~ TV Room 9:45 Meditative Yoga with Jenna ~ Sunroom 10:15 Hydration Station 10:30 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom **11:30 Happy Birthday Billie Jean King: Biography Reading ~ Sunroom** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Sunroom 2:30 Giant Jenga with Jenna ~ Sunroom 3:30 Ring Toss & Guess That Song with Jenna ~ Bistro 3:30 Sunday Spa Day with Care Team ~ Art Room 6:00 Movie Night	**23** 9:45 Move & Groove Mondays w/Sara and Cissel ~ Sunroom & TV Room 10:15 Hydration Station **10:30 Scenic Ride ~ Lobby** 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Book Club with Cissel ~ TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Pretty Autumn Poetry ~ Sunroom 2:30 Afternoon Chair Exercises ~ Sunroom 3:30 Mini Golf & Tic Tac Toe with Sara ~ Bistro 3:30 Monday Mandala Coloring & Manicures with Care Team ~ Art Room 6:00 Movie Night	**24** 9:45 Total Workout Tuesday with Sara and Priscilla ~ Sunroom & TV Room 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion **11:30 AnyTown Tuesday: Nairobi, Kenya** **12:00 Men's Lunch Club ~ Sunroom** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Tricky Trivia Tuesday 3:30 Water Pong & Word in a Word with Sara 3:30 Tuesday Tales with Maura ~ Art Room 6:00 Movie Night	**25** 9:45 Workout Wednesdays with Lisa & Daryl 10:30 Hydration Station &Walking Club 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles 1:30 Walking Club ~ Weather Permitting 1:30 Catholic Service ~ TV Room 2:00 Afternoon Chair Exercises ~ Bistro **2:00 Whisk It Wednesday Baking Class ~ Sunroom** **2:30 Live Performance by Stephen Kenley! ~ Bistro** **3:30 Birthday Celebration for Ken K & Marion M!** 3:45 Giant Connect Four & Whiteboard Pictionary **3:30 Teacups Club: Thanksgiving Suncatcher Craft Kit with Lisa ~ Art Room** 6:00 Movie Night	**26** 9:45 Total Training Thursdays with Sara and Lisa ~ Sunroom & TV Room 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion & Trivia **11:30 Thanksgiving Family Lunch & Performance by Voices of Vets ~ Dining Room & Lobby** 1:30 Walking Club ~ Weather Permitting **2:00 National Cake Day: Baking Demo ~ Sunroom** **2:30 Thanksgiving History & Traditions ~ Sunroom** 3:30 Hula Hoop Toss & Names That Start With...with Daryl ~ Bistro 3:30 Teacups Club Talk with Priscilla ~ Art Room 6:00 Movie Night Thanksgiving Day (U.S.)	**27** 9:45 Fresh & Fit Fridays with Daryl ~ Sunroom 10:15 Hydration Station **10:30 Scenic Ride ~ Lobby** 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading ~ Sunroom **11:30 Native American Heritage Day: Presentation** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Sunroom **2:30 Live Performance by Serhii Morozov! ~ Bistro** 3:30 Bold Baskets & Crazy Categories with Daryl ~ Bistro 3:30 Flawless Friday Spa Day with Care Team ~ Art Room 6:00 Movie Night	**28** 9:45 Sculpt and Sweat Saturdays with Daryl and Eliza ~ Sunroom & TV Room 10:15 Hydration Station & Walking Club **10:30 Scenic Ride ~ Lobby** 11:00 The Daily Chronicle Discussion ~ Sunroom 11:30 Saturday Word Games: Finish That Phrase! **11:30 Violin Tunes & Sing-along with Eliza** 1:30 Walking Club ~ Weather Permitting **2:00 National French Toast Day: Baking Demo** **2:30 Live Performance by Rob Tomaro! ~ Bistro** **3:30 Birthday Celebration for Gloria B! ~ Bistro** 3:45 Beanbag Toss & Word Association with Daryl 3:30 Blazin' Bingo with Care Team ~ Art Room 6:00 Movie Night
29 9:30 Catholic Service Live Stream ~ TV Room 9:45 Meditative Yoga with Jenna ~ Sunroom 10:15 Hydration Station 10:30 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Giant Jenga with Jenna ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Sunroom **2:30 Live Performance by Josh Earls! ~ Bistro** 3:30 Ring Toss & Guess That Song with Jenna ~ Bistro 3:30 Sunday Spa Day with Care Team ~ Art Room 6:00 Movie Night	**30** 9:45 Move & Groove Mondays w/Lisa & Cissel ~ Sunroom & TV Room 10:15 Hydration Station **10:30 Scenic Ride ~ Lobby** 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion ~ Sunroom & TV Room **11:30 National Mississippi Day: State Trivia/Facts** 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Sara & Lisa ~ Sunroom & TV Room **2:30 Crazy Hat Day Party & Poetry Analysis Class** **3:40 Live Performance by Jon Watkins! ~ Bistro** 6:00 Movie Night					

Kensington Senior Living Community, 3616 Littledale Rd, 20895