| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| 1<br>9:30 Catholic Service (Living Room)<br>9:30 Commanders v Colts<br>10:00 Walking Club<br>10:30 Chair and Strength Exercise<br>11:15 Daily Discussion & Hot Topics<br>12:00 Lunch<br>2:00 You Should Have Known That<br>3:00 Betsy's Road Trip (Chesapeake Bay)<br>3:30 Happy Hour with Howard<br>5:00 Dinner<br>6:00 Sunday Cinema Monster in Law (Max)<br>8:15 Commanders v Eagles (Sling)<br>Daylight Saving Time Ends | 2<br>10;00 Walking Club<br>10:30 Exercise<br>11:15 Daily Discussion & Hot Topics<br>12:00 Lunch<br>1:30 Walking Club<br>2:00 True Crime Series<br>3:15 Betsy's Fireside Chat<br>3:00 Bell Choir w/ Marie/Bridge Club<br>4:00 Happy Hour with Suzi<br>5:00 Dinner<br>6:00 Movie Night: Aloha (N)<br>All Souls" Day | 3<br>10:00 Walking Club<br>10:45 Tai-Chi Tuesday with Kyoko<br>11:00 Mobile Postal Service<br>11:30 November Gazette & Trivia<br>12:00 Lunch<br>1:30 Walking Club<br>2:00 Brain Game<br>2:45 Just Bead It Jewelry Making w/ Cindy<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Movie Night: Juanita (N)<br>Election Day | 4<br>10:00 Walking Club<br>10:30 Exercise<br>11:00 Daily Chronicles & News Discussion Bob Dylan<br>11:30 Lunch Outing to La Ferme French Cuisine<br>1:30 Walking Club<br>1:45 Donut & Coffee<br>2:30 Amazing Chimpanzee Jane Goodall<br>2:30 Catholic Service<br>3:00 History & Fun Facts about Candy<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Movie Night: Ruth and Boaz (N)<br>National Candy Day | 5<br>10:00 Walking Club<br>10:30 Thriving Thursday<br>11:15 Daily Discussion & Hot Topics<br>11:30 Price is Right Challenges<br>12:00 Lunch<br>2:00 Pet Therapy w/ Cooper<br>2:15 Monopoly Board Game<br>3:15 Visit from Silver Creek Middle School<br>3:00 Travel Thursday Series 1 Italy<br>6:00 Movie Night : Rudy (N)<br>8:15 Commanders v Giants (Sling) | 6<br>10:00 Walking Club<br>10:30 Flexibility Friday<br>11:00 Daily Chronicles and News Discussion Maria Shriver<br>11:15 Fall Baking Mini Pecan Pie<br>12:00 Lunch<br>1:25 Jerry Roman Live Music Trivia<br>2:00 Shabbat Service<br>2:00 Book Club T*he Calamity Club by Kathryn Stockett*<br>3:00 Travel & Food Somebody Feed Phil Europe<br>4:00 Happy Hour<br>5:00 Dinner<br>6:30 Piano Bar Tunes & Sing Along w/ Geoff | 7<br>10:00 Walking Club<br>10:30 Strength Saturday<br>11:15 Daily Chronicles & News Discussion Marie Curie<br>11:30 Solve the Shopping Word Match Game<br>12:00 Lunch<br>1:30 Walking Club or Scenic Ride<br>2:00 Garden Club Baking Hand Apple Pie with Kyoko and Sandy<br>3:00 Chocolate Tasting & Fun Facts<br>6:30 Movie Night Ticket to Paradise (N)<br>National Bittersweet Chocolate & Almond Day |
| 8<br>9:30 Catholic Service (Living Room)<br>10:00 Walking Club<br>10:30 Chair Strength Exercise<br>11:15 Daily Discussion & Hot Topics<br>12:00 Sunday Brunch with Live Music-Rita & Richard<br>1:00 Commanders v Rams (Living Room)<br>1:30 Walking Club<br>2:00 Conversation Cards<br>3:00 Memory Match<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Sunday Cinema: Nonnas (N)<br>Happy Birthday Gladwyn D! | 9<br>10:00 Walking Club<br>10:30 Exercise<br>11:15 Daily Discussion & Hot Topics<br>12:00 Lunch<br>1:30 Dr. Jenner Hot Topics<br>2:45 Walking Club<br>3:00 Bell Choir w/Marie/Bridge Club<br>3:00 You Be the Judge and Jury<br>4:00 Happy Hour w/Suzi<br>5:00 Dinner<br>6:00 Movie Night: Straw (N) | 10<br>10:00 Walking Club<br>10:30 Toning Tuesday<br>11:00 Daily Chronicles & News Discussion<br>11:30 Wheel of Fortune<br>12:00 Lunch<br>1:30 Walking Club<br>2:00 Theme Round Table Game<br>3:00 What Does It Cost (Exploring the cost of groceries)<br>4:00 Happy Hour with Karen<br>5:00 Dinner<br>6:30 Movie Night 50 First Dates (Par)<br>Happy Birthday Lelia H! | 11<br>F10:00 K-Club Outing to National Museum of Natural History and Lunch at Atrium Cafe<br>11:00 Yoga with Ashish<br>1:30 Walking Club<br>2:00 Veterans Day Poppy Pin Craft<br>2:30 Catholic Service<br>3:00 Veterans Day Service with Betsy<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Movie Night Chicago (Par)<br>Veterans Day<br>Happy Birthday Joe S! | 12<br>10:00 Walking Club<br>10:30 Thriving Thursday Fitness<br>11:15 Daily Chronicles & News Discussion Princess Grace<br>12:15 Burgers & Fries Social<br>1:30 Walking Group<br>2:00 Travel Thursday Series 2 America's National Park<br>3:15 Silver Creek Middle School<br>4:00 Happy Hour Live Music with Julie Hall<br>5:00 Dinner<br>6:00 Movie Night: Dear John (Par)ark<br>Happy Birthday Sandy G! | 13<br>10:00 Walking Club<br>10:30 Flexibility Friday<br>11:00 Daily Chronicles & News Discussion<br>11:15 Turkey Bingo with Prices<br>12:00 Lunch<br>1:30 Waling Club<br>2:00 Book Club T*he Calamity Club by Kathryn Stockett*<br>3:00 Thankful Memories Sharing Circle with Pho<br>4:00 Happy Hour<br>5:00 Dinner<br>6:30 Live Music with Rita & Richard | 14<br>10:00 Walking Club<br>10:30 Daily Chronicles & News Discussion Aaron Copland<br>11:00 Yoga with Ashish<br>12:00 Lunch<br>1:30 Walking Club or Scenic Ride<br>2:00 Garden Club Indoor Herb Garden Basil, mint and Chives with Kyoko and Sandy<br>3:00 Card Games and Scrabble<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Saturday Classics: Double Jeopardy (Par) |
| 15<br>9:30 Catholic Service (Living Room)<br>10:00 Walking Club<br>10:30 Exercise<br>11:15 Daily Discussion & Hot Topics<br>12:00 Lunch<br>1:30 Walking Club<br>2:00 Ice Breaker Cards<br>3:00 Would You Rather Card Game<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Movie Night: A Few Good Men(Max)<br>Happy Birthday Carol V! | 16<br>$10:00 Walking Club<br>10:30 Exercise<br>11:15 Daily Discussion & Hot Topics<br>12:00 Lunch<br>1:30 Jewish Art History Talk w/ Nancy Kotz<br>2:45 Walk<br>3:00 Bell Choir w/Marie/Bridge Club<br>3:00 Virtual Reality<br>4:00 Happy Hour w/Suzi<br>5:00 Dinner<br>6:00 Movie Night: The Revenant (Max) | 17<br>10:00 Walking Club<br>10:30 Toning Tuesday<br>11:15 Daily Discussion & Hot Topics<br>12:00 Lunch<br>1:30 Walking Club<br>2:00 What's in your Brown Bag<br>3:00 Scrabble, Sorry and Rummikub<br>4:00 Happy Hour<br>5:00 Dinner<br>6:30 Sing Along Tunes with Napat | 18<br>10:00 Walking Club<br>10:30 Wellness Wednesday<br>11:00 Lunch Outing to Spicelife Indian Fare at Downtown Crown<br>1:30 Walking Club<br>2:00 Celebrate National Princess Day Princess Diana<br>2:30 Catholic Service<br>4:00 Happy Hour with Live Music: Tom Stringer<br>5:00 Dinner<br>6:30 Live Music Performance: Empty Ecstasy | 19<br>10:00 Walking Club<br>10:30 Resident Town H<br>all Meeting<br>11:30 Daily Discussion & Hot Topics<br>12:00 Lunch<br>1:30 Walking Club<br>2:00 Fall Tea Party with Bonnie<br>3:00 Civic 101!<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Movie Night: Contact (Max) | 20<br>10:00 Walking Club<br>10:30 Flexibility Friday&<br>11:00 Daily Discussion & Hot Topics<br>11:15 Fun Facts about Chrysanthemums<br>12:00 Lunch<br>1:30 Walking Club<br>2:00 Shabbat Service<br>2:30 Fall Tea Party with Bonnie<br>3:30 Book Club T*he Calamity Club by Kathryn Stockett*<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Movie Night Casablanca (Max) | 21<br>10:00 Walking Club<br>10:30 Strength Saturday<br>11:15 Daily Discussion & Hot Topics<br>12:00 Lunch<br>1:30 Walking Club or Scenic Ride<br>2:00 Trip to Rome Italy Presentation with Kyoko<br>3:00 Smithonian Channel Hidden Treasures<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Saturday Classics: Gone with the Wind (Max) |
| 22<br>9:30 Catholic Service (Living Room)<br>10:00 Walking Club (Weather Permitting)<br>10:30 Daily Chronicles & Hot Topics<br>11:00 Yoga with Ashish<br>12:00 Lunch<br>1:30 Walking Club<br>2:00 Landon Boys Visiting<br>3:00 Pictionary<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Movie Night The First Wife's Club (Par)<br>Happy Birthday Ray G! | 23<br>10:00 Walking Club<br>10:30 Exercise<br>11:15 Daily Discussion & Hot Topics<br>12:00 Lunch<br>1:30 Walking Club<br>2:00 You be the Judge and Jury<br>3:00 Linkity (Word Association Game)<br>3:00 Bell Choir w/Marie/Bridge Club<br>3:30 Happy Hour<br>5:00 Dinner<br>6:00 Movie Night: Elvis GI Blues (Par)<br>8:15 Commander v Bengles (Sling) | 24<br>10:00 Walking Club<br>10:30 Toning Tuesday<br>11:00 Mobile Postal Service at The Woodlands<br>11:15 Daily Discussion & Hot Topics<br>12:00 Lunch<br>1:30 Walking Club<br>2:00 Conversation with Friends<br>3:00 What are you Thankful for<br>4:00 Happy Hour w/Karen<br>5:00 Dinner<br>6:00 Movie Night Sing in the Rain (Max) | 25<br>10:00 Walking Club<br>10:30 Wellness Wednesday<br>11:00 K-Club Scenic Fall Foliage Tour and Lunch at Costal Flats<br>1:30 Walking Club:<br>2:00 Catholic Rosary<br>2:00 Thanksgiving Trivia Challenge<br>2:30 Catholic Mass<br>3:00 Trivia Pursuit<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Movie Night The Wizard of Oz (Max) | 26<br>10:00 Walking Club<br>10 :30 Thriving Thursday<br>11:15 Thanksgiving Day Macy's Parade<br>11:30 Thanksgiving Day Lunch Live Music with Dave & Paula<br>3:00 Travel Thursday Japan from Above<br>4:00 Happy Hour with Bonnie<br>5:00 Dinner<br>6:00 Movie Night: The Man Who Knew Too Much (Max)<br>Thanksgiving Day (U.S.)<br>Happy Birthday Will K!<br>Happy Birthday Mary Jane S! | 27<br>10:00 Walking Club<br>10:30 Flexibility Friday<br>11:15 Daily Discussion and Hot Topics<br>12:00 Lunch<br>1:30 Dr. Jenner<br>2:30 Origami Class with Kyoko<br>3:30 Book Club T*he Calamity Club by Kathryn Stockett*<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Movie Night Anatomy of a Fall (Max) | 28<br>10:00 Walking Club<br>10:30 Strength Saturday<br>11:15 Daily Discussion & Hot Topics<br>11:30 Jeopardy Trivia<br>12:00 Lunch<br>1:30 Walking Club or Scenic Ride<br>2:00 Garden Club Holiday Card Project with Kyoko and Sandy<br>3:00 Virtual Reality Cafe<br>4:00 Happy Hour<br>5:00 Dinner<br>6:00 Saturday Classics: The Vinci Code (Max) |
| 29<br>9:30 Catholic Service (Living Room)<br>10:00 Walking Club (Weather Permitting)<br>11:15 Exercise and Strength Training<br>12:00 Lunch<br>1:30 Walking Club<br>2:00 Left, Right Center<br>3:00 Count Down 250<br>4:00 Happy Hour<br>4:25 Commanders v Cardinals (Sling)<br>5:00 Dinner<br>6:00 Movie Night Seven Years in Tibet(Max)<br>Happy Birthday Marcia D! | 30<br>10:00 Walking Club<br>10:30 Exercise<br>11:15 Daily Discussion & Hot Topics<br>12:00 Lunch<br>1:30 Walking Club<br>2:00 Brain Games<br>3:00 Group Crossword<br>3:00 Bell Choir w/Marie/Bridge Club<br>3:30 Happy Hour w/Suzi<br>5:00 Dinner<br>6:00 Movie Night: Point Break (N)<br>Happy Birthday Dave D! |  | | | | |

Kensington Park Senior Living 3618 Littledale Road Kensington MD 20895