Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **8:45 Shuttle to Holy Redeemer Catholic Church** **12:00 Shuttle to Les Misérables at Olney Theater** 4:30 Happy Hour	2 **10:00 Grocery Shuttle** 10:15 News & Views with Karen 11:15 Yoga with Beth **1:30 Documentary: The Last First Winter K2** 4:30 Happy Hour	**ELECTION DAY** 3 **10:00 KP on the Go** 11:00 Live Music Trivia with Jerry Roman 1:30 Just Bead It with Cindy **3:00 Highlands Resident Meeting** 4:30 Happy Hour 7:00 Mah Jongg Mavens	4 11:15 Yoga with Beth 1:30 Bridge Club 4:30 Happy Hour 7:15 KP Binge: Yellowstone	5 11:15 Balance in Action **1:00 KP on the Go** 2:00 Mah Jongg Mavens **3:15 Highlands Intergenerational Choir Rehearsal** 4:30 Happy Hour	6 **10:00 Shopping Shuttle: Butler's Orchard Market** 11:15 Strength Fitness 1:30 Weekly Wordle 3:00 Shabbat Service 4:30 Happy Hour	7 11:15 Fitness with Jennifer **12:00 KP on the Go** 1:30 Bridge Club 3:00 Nickel Bingo 4:30 Happy Hour **7:15 Silver Screen Movie: I'll See You in My Dreams Starring Blythe Danner**
8 **8:45 Shuttle to Holy Redeemer Catholic Church** 4:30 Happy Hour 7:15 Sunday Movie Classic: Casablanca Starring Humphrey Bogart	9 **10:00 Grocery Shuttle** 10:15 News & Views with Karen 11:15 Move It! **3:00 American History Lecture with Dr. Robert Jenner** 4:30 Happy Hour	10 **10:00 KP on the Go** 12:00 Mobile Post Office 1:30 Balance in Action 3:00 Trivia 4:30 Happy Hour **7:15 Pre-Veteran's Day Concert with J Train Band**	11 11:15 Yoga with Beth 1:30 Bridge Club 3:00 Highlands Book Club **4:00 Honoring Our Veterans** 7:15 KP Binge: Yellowstone	12 11:15 Balance in Action **10:00 Museum & Makers Holiday Market Strathmore Mansion** 2:00 Mah Jongg Mavens **3:15 Highlands Intergenerational Choir Rehearsal** 4:30 Happy Hour	13 **10:00 Shopping Shuttle: Amish Market** 11:15 Strength Fitness 1:30 Documentary: AI Gone Wild 3:00 Shabbat Service 4:30 Happy Hour	14 11:15 Fitness with Jennifer **12:00 Annual Danish Christmas Bazaar St. Elizabeth's Church** **1:30 Jewish Art Education by Nancy Kotz** 1:30 Bridge Club 4:30 Happy Hour **7:15 Silver Screen Movie: Tenzing Starring Genden Phuntsok**
15 **8:45 Shuttle to Holy Redeemer Catholic Church** **2:00 Shuttle to DC Concert Orchestra Society at Church of Epiphany American Discoveries** 4:30 Happy Hour 7:15 Sunday Movie Classic: The Adventures of Robin Hood Starring Errol Flynn	16 **10:00 Grocery Shuttle** 10:15 News & Views with Karen 11:15 Move It! **3:30 Crafternoons with Annie** 4:30 Happy Hour	17 **10:00 KP on the Go** 1:30 Balance in Action **3:00 Supreme Court Matters Workshop** 4:30 Happy Hour 7:00 Mah Jongg Mavens	18 10:00 Yoga with Beth **11:30 Lunch Bunch to Il Pizzico Italian Cuisine** 1:30 Bridge Club 4:30 Happy Hour 7:15 KP Binge: Yellowstone	19 11:15 Balance in Action **1:00 KP on the Go** **1:15 Watercolor Art with Martina** **3:15 Highlands Intergenerational Choir Rehearsal** 4:30 Happy Hour	20 **10:00 Shopping Shuttle: Boscov's & Lunch at The Orchard** 11:15 Strength Fitness 3:00 Shabbat Service 4:30 Happy Hour	21 11:15 Fitness with Jennifer **12:00 KP on the Go** 1:30 Bridge Club 3:00 Weekly Wordle 4:30 Happy Hour **7:15 Silver Screen Movie: The Sun Never Sets Starring Dakota Fanning**
22 **8:45 Shuttle to Holy Redeemer Catholic Church** **2:00 Ethiopian Coffee Presentation** 4:30 Happy Hour 7:15 Sunday Movie Classic: Guess Who's Coming to Dinner Starring Spencer Tracy	23 **10:00 Grocery Shuttle** 10:15 News & Views with Karen 11:15 Yoga with Beth 1:30 Weekly Wordle 4:30 Happy Hour	24 **10:00 KP on the Go** **11:00 Art History Lecture with the Wandering Docent** 12:00 Mobile Post Office 1:30 Balance in Action 4:30 Happy Hour **7:15 Broadway History with Steve Friedman**	25 **10:00 Shuttle to National Museum of Women in Arts** 11:15 Yoga with Beth 1:30 Bridge Club 3:00 Chronology 7:15 KP Binge: Yellowstone	**Happy Thanksgiving** **Thanksgiving Dinner** **3:00-5:00** **Music by Violinist Susan Jones** 26 11:15 Chair Fitness (Streaming) 2:30 Mah Jongg Mavens 4:30 Happy Hour **7:15 Holiday Movie: The Family Stone**	27 **10:00 Shopping Shuttle: Congressional Plaza Nordstrom Rack** 11:15 Strength Fitness 3:00 Shabbat Service 4:30 Happy Hour	28 11:15 Fitness with Jennifer **12:00 KP on the Go** **1:00 Community Service with Bethesda Help Snack Pack Project** 1:30 Bridge Club 4:30 Happy Hour **7:15 Silver Screen Movie: She Said Starring Zoe Kazan**
29 **8:45 Shuttle to Holy Redeemer Catholic Church** 4:30 Happy Hour 7:15 Sunday Movie Classic: Auntie Mame Starring Rosalind Russell	30 **10:00 Grocery Shuttle** 10:15 News & Views with Karen 11:15 Yoga with Beth **3:00 Reading Circle with Mary Ruth** 4:30 Happy Hour					

November 2026
Highlands Independent Living

Celebrating November Birthdays

11/1 Mary W, 11/2 Ina Rae K, 11/3 Marjorie S, 11/3 Lynn N, 11/5 Beverly P, 11/18 Rosanne G, and 11/19 Leticia S