

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 OCTOBER 2026 HAPPY BIRTHDAY: 10/8 Jackie P. 10/15 Mary Lou G. "Autumn...the year's last, loveliest smile." ~William Cullen Bryant						
9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Trivia 11:15 Daily Chronicle & News Discussion 11:30 K.P.'s Vintage Car Show 12:00 Lunch 3:00 Card Sharks Club 4:00 Happy Hour 5:00 Dinner 6:00 Sunday Cinema: Best in Show	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News Discuss, & Hot Topic: Sean Connery 12:00 Lunch 1:30 Stay Sharp with Dana 2:30 Jewelry Art Project 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Trivia Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Night: Respect	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discuss & Hot Topic: Moulin Rouge 11:30 Outing to Lunch at Attman's Deli 12:00 Lunch 1:30 Talk with MJ 3:00 BINGO 4:00 Happy Hour 5:00 Dinner 6:00 Movie Night: You Gotta Believe	10:00 Walking Group 10:30 Daily Chronicle & News Discussion 11:00 Yoga with Ashish 12:00 Lunch 1:30 Walking Group 2:00 Trivia Games 2:30 Catholic Service 3:15 Table Games/Card Sharks Club 4:00 Happy Hour with Julie Hall Live Music 5:00 Dinner 6:00 Movie Night: The Laundromat	10:00 Walking Group 10:30 Mahjong Club 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Frank Herbert 12:00 Lunch 12:15 Ladies Pizza Lunch 4:00 Happy Hour w/ Bonnie 5:00 Dinner 6:00 Movie Night: Regarding Henry	10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Sharon Osbourne 12:00 Lunch 2:00 Ethiopian Coffee Presentation with Free 4:00 Classical Happy Hour 5:00 Dinner 6:30 Live Music Performance with Rita & Richard	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News Discuss & Hot Topic: Chubby Checker 12:00 Lunch 1:30 Walking Group or Scenic Ride 3:30 Jeopardy & Card Games 4:00 Happy Hour 5:00 Dinner 6:30 Live 4-Finger Piano Music Performance with Allison & Tae Simchat Torah Begins
9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Trivia 11:00 Chair Exercise: Zumba 11:30 Daily, News & Hot Topic: Eleanor Roosevelt 12:00 Sunday Brunch Live Music: Steven Barke 1:30 Walking Group 2:00 Painting Project: Halloween Scenes 4:00 Happy Hour 5:00 Dinner 6:00 Sunday Cinema: Changing Lanes	10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily, News & Hot Topic: Luciano Pavarotti 12:00 Lunch 1:30 Dr. Jenner: Hot Topics 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Night: Home Team	10:00 Walking Group 10:30 Chair Exercise 11:00 Mobile Postal Service at The Woodlands 11:15 Daily, News Discuss, & Hot Topic: Dorothy Moore 12:00 Lunch 1:00 Outing to The Strathmore Mansion: Landscapes Art Exhibition 1:30 Walking Group 3:00 Tech Assistance Time 4:00 Happy Hour w/Karen 5:00 Dinner 6:30 Live Music Performance: Vince Borelli	10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Lee Iacocca 11:15 Giant Group Crossword Puzzle 12:00 Lunch 1:30 Walking Group 2:30 Catholic Service 3:15 Card Sharks Club 4:00 Happy Hour 5:00 Dinner 6:30 Family Bingo Night with Prizes	10:00 Walking Group 10:30 Resident Town Hall Meeting 12:00 Lunch 1:30 Just Bead it with Cindy 2:30 Get Crafty: Design Your Own Bags 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:00 Movie Night: Up in the Air	10:30 Exercise-Friday Flex 11:15 Daily, News Discuss & Hot Topic: Oscar Wilde 12:00 Lunch 1:30 Walking Group 2:00 Shabbat Service 2:00 Origami with Kyoko 3:00 Pokeno 4:00 Happy Hour 5:00 Dinner 6:30 Live Classical Music Performance with Junghoon Park	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Jean Arthur 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:30 Trivia Games 3:00 Bingo 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: His Girl Friday
9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Trivia 11:00 Chair Exercise: Zumba 11:30 Daily, News & Hot Topic: Martina Navratilova 12:00 Lunch 1:00 The Landon School 4:00 Happy Hour with Live Guitar Music Tom Lagana 5:00 Dinner 6:00 Movie Night: Regarding Henry	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News & Hot Topic: John le Carre 12:00 Lunch 1:30 Jewish Art History Talk w/ Nancy Kotz 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Night: Juror #2	10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily, News Discuss & Hot Topic: Micky Mantle 11:30 Outing to Strathmore Tea Party 12:00 Lunch 1:30 Walking Group 4:00 Outing to Quincey's Bar for Dinner & BINGO Night 4:00 Happy Hour w/Karen 5:00 Dinner 6:30 Live Fiddle Music: Jeffrey Steinberg	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Carrie Fisher 12:00 Lunch 1:00 Live Music Program w/Sheldon Lehner 2:30 Catholic Service 3:15 Mixology 101: Purple People Eater Martini 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance: Empty Ecstasy	10:00 Walking Group 10:30 Mahjong Club 10:30 Chair Exercise 11:00 Daily, News Discuss & Hot Topic: Brian Boitano 11:15 Giant Group Crossword Puzzle 12:00 Lunch 12:15 Men's Pizza Lunch 1:30 Walking Group 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:00 Movie Night: Top Gun: Maverick	10:00 Walking Group 10:30 Exercise-Friday Flex 11:15 Daily, News Discuss & Hot Topic: Johnny Carson 12:00 Lunch 1:30 Dr. Jenner: U.S. Depressions and McKinley Reconsidered 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance with Susan Jones	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: J.P. "The Big Bopper" Richardson 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Museum Tours around the World 3:00 Jewelry Project: Cats & Dogs 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: An Officer and a Gentleman
9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Trivia 11:00 Yoga with Ashish 12:00 Lunch 2:00 Gena's Live Auction Alcove 3:00 Card Sharks Club 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:30 Live Music Performance: Geoff-Name That Tune	10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily, News Discuss & Hot Topic: Jaclyn Smith 12:00 Lunch 1:30 General Store 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:30 Happy Hour with Live Jazz Duo Music: Kassie & Tom 5:00 Dinner 6:00 Movie Night: Catch Me if You Can	10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:00 Mobile Postal Service at The Woodlands 10:45 Lunch Outing to Tea About Town DC 11:15 Daily, News & Hot Topic: Ruby Dee 12:00 Lunch 1:30 Walking Group 2:00 Talk with MJ 3:00 Tech Assistance Time 4:00 Root Beer Floats Happy Hour w/Karen 5:00 Dinner 6:30 Interactive Live Murder Mystery: The Woodlands Witch Awakens	10:00 Walking Group 10:30 Chair Exercise 11:00 Daily, News Discuss & Hot Topic: Jack Benny 11:15 Big Word Little Word Game: 12:00 Lunch 1:30 Walking Group 2:00 Catholic Rosary 2:30 Catholic Mass 3:15 Virtual Reality Cafe 4:00 Happy Hour with Pumpkin Decorating Contest Plus Awards 5:00 Dinner 6:30 Live Music Performance with Jesse Paliodofsky	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News Discuss & Hot Topic: Fanny Brice 12:00 Lunch 1:30 Walking Group 2:00 Halloween Tea Party w/Bonnie 3:00 Riddle Me This Game 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:00 Movie Night: The Truman Show	10:30 Exercise-Friday Flex 11:00 Daily, News Discuss & Hot Topic: Henry Winkler 12:00 Lunch 1:30 Walking Group 2:00 Pokeno 4:00 Happy Hour with Halloween Karaoke 5:00 Dinner 6:30 Friday Flick: Judy	10:00 Walking Group 10:30 Trivia 11:00 Yoga with Ashish 12:00 Lunch 1:30 Walking Group or Scenic Ride 3:00 Museum Tours around the World 3:30 Halloween Party Happy Hour & Costume Contest Plus Awards 4:00 Magic Performance Featuring Nuria 5:00 Dinner 6:00 Saturday Classics: Primal Fear Halloween