

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2026 "Age is strictly a case of mind over matter. If you don't mind, It doesn't matter" - Mark Twain		10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discuss & Hot Topic: Conway Twitty 12:00 Lunch 1:30 Master Gardner's Project 1:30 Trivia Games 2:30 BINGO 4:00 Happy Hour w/ Live Music: Howard Samtur 5:00 Dinner 6:30 Live Music Performance with Vince Borelli	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discuss & Hot Topic: Mark Harmon 12:00 Lunch 1:30 Walking Group 2:00 Trivia Games 2:30 Catholic Service 3:15 Table Games 4:00 Happy Hour with Trivia 5:00 Dinner 6:00 Movie Night: Spiderman	10:00 Walking Group 10:30 Chair Exercise 11:00 Stay Sharp with Dana 11:15 Daily, News Discuss & Hot Topic: Aretha Franklin 12:00 Lunch 1:30 Walking Group 2:00 Ax & Star Throwing Game 3:00 Riddle Me This Game 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:00 Movie Night: 13 going on 30	10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:15 Daily, News Discuss & Hot Topic: Mitzi Gaynor 12:00 Lunch 1:25 Jerry Roman Live Music Trivia 2:00 Shabbat Service 2:30 Trivia Games 3:00 POKENO 4:00 Happy Hour 5:00 Dinner 6:00 Friday Flick: Silver Linings Playbook	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News Discuss & Hot Topic: Mother Teresa 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club Workshop 3:00 Fall Baking Homemade Apple Pie w/Kyoko 3:30 Jeopardy & Card Games 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: Singing in the Rain Cheese Pizza Day
9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Trivia 11:00 Yoga with Ashish 12:00 Lunch 2:00 Woodlands Book Club: The Mistress of Collingwood 3:00 Card Sharks Club 4:00 Happy Hour 5:00 Dinner 6:00 Sunday Cinema: Remarkably Bright Creatures National Read a Book	9:30 Town of Kensington Labor Day Parade 10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News Discuss, & Hot Topic: Grandma Moses 12:00 Lunch 1:30 Walking Group 2:00 Labor Day Concert Celebration with Live Music Performance by The Mystic Ya-Ya Band 3:00 Trivia Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Night: A League of Their Own Labor Day	9:30 Outing to Escape Room & Lunch at The Copper Canyon Grill 10:00 Walking Group 10:30 Chair Exercise 11:00 Mobile Postal Service at The Woodlands 11:15 Daily, News Discuss, & Hot Topic: Ruby Bridges Hall 12:00 Lunch 1:30 Walking Group 2:00 General Store 3:00 Tech Assistance Time 4:00 Happy Hour w/Karen 5:00 Dinner 6:30 Live Music Performance with Vince Borelli	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Colonel Harland Sanders 12:00 Lunch 1:30 Walking Group 2:30 Catholic Service 3:15 Card Sharks Club 4:00 Trivia Happy Hour 5:00 Dinner 6:30 Get Crafty with Gena	10:00 Walking Group 10:30 Mahjong Club 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Roger Maris 11:15 Giant Group Crossword Puzzle 12:00 Lunch 12:15 Ladies Pizza Lunch 2:00 Echoes of Nature 4:00 Happy Hour w/ Bonnie 5:00 Dinner 6:00 Movie Night: The First Wives Club	10:00 Salute to the Flag with Betsy in Remembrance of 9/11 25th Anniversary 10:30 Friday Flex Chair Exercise 11:15 Daily Chronicles & News Discussion & Topic: 25th Anniversary of the attacks on 9/11 12:00 Lunch 1:30 Fire Department coming by to receive lunch from KP in honor 9/11 with Betsy 2:30 Talk with MJ: Labor Day Trivia 4:00 Classical Happy Hour 5:00 Dinner 6:30 Live Music Performance with Rita & Richard Rosh Hashanah Begins & Patriot Day	10:00 Walking Club 10:30 Chair Exercise 11:15 Daily, News Discuss & Hot Topic: Jesse Owens 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club Clay Leaf Workshop 2:00 You Be the Judge 3:00 Round Table Games 4:00 Country Happy Hour 5:00 Dinner 6:00 Saturday Classics: Gone with the Wind
9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Trivia 11:00 Chair Exercise: Zumba 11:30 Daily, News & Hot Topic: Claudette Colbert 12:00 Sunday Brunch & Live Music with Rita & Richard 1:30 Walking Group 2:00 KP Grandparents Day Celebration 4:00 Happy Hour 4:30 Commanders vs Eagles Football on TV 5:00 Dinner 6:30 Live Music Performance with Frank Plumber Grandparents & Positivity Day	10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discuss & Hot Topic: The Golden Girls 12:00 Lunch 1:30 Dr. Jenner: Hot Topics 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Night: Worth	10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:00 Tea About Town DC Outing 11:15 Daily, News Discuss & Hot Topic: Fay Wray 12:00 Lunch 1:30 Walking Group 2:00 Talk with MJ: The Rat Pack 4:00 Happy Hour w/Karen 5:00 Dinner 6:30 Live Fiddle Music: Jeffrey Steinberg	10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: B.B. King 12:00 Lunch 1:30 Walking Group 2:30 Catholic Service 3:15 Mixology 101: Apple Cider Margaritas 3:15 Virtual Reality Cafe 4:00 Happy Hour with Live Music: Tom Stringer 5:00 Dinner 6:30 KP's Got Talent Show	10:00 Walking Group 10:30 Resident Town Hall Meeting 12:00 Lunch 1:30 Walking Group 2:00 Pet Therapy with Cooper 2:30 Tailgate Tea Party with Bonnie 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:00 Movie Night: The Firm	10:30 Exercise-Friday Flex 11:00 Daily, News Discuss & Hot Topic: Hank Williams 12:00 Lunch 1:30 Walking Group 2:00 Shabbat Service 2:00 Origami with Kyoko 3:00 POKENO 4:00 Happy Hour 5:00 Dinner 6:30 Friday Flick: Good Will Hunting Cheeseburger Day	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: History of Dance 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Yoga with Ashish 3:00 BINGO 4:00 Dance Party Happy Hour 5:00 Dinner 6:00 Saturday Classics: Dirty Dancing National Dance Day
9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Trivia 11:00 Chair Exercise: Zumba 11:30 Daily, News & Hot Topic: Sophia Loren 12:00 Lunch 1:30 Walking Group 2:00 Seated Soccer Game 3:00 Cornhole Game 4:00 Happy Hour with Live Music: Jackson Caesar 4:30 Commanders vs Dallas Football on TV 5:00 Dinner 6:00 Sunday Cinema: Rainmaker	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News & Hot Topic: Faith Hill 12:00 Lunch 1:30 Walking Group 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Night: Frankie and Johnny	10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:00 Mobile Postal Service at The Woodlands 11:15 Daily, News Discussion & Hot Topic: Bonnie Hunt 12:00 Lunch 1:00 Outing to Strathmore Mansion Art Exhibition 1:30 Walking Group 2:00 Get Crafty: Design Your Own Bag 3:00 Tech Assistance Time 4:00 Root Beer Floats Happy Hour w/Karen 5:00 Dinner 6:00 Movie Night: 27 Dresses Autumn Begins & Ice Cream Day	10:00 Walking Group 10:30 Jazzy Chair Exercise 11:00 Daily, News Discuss & Hot Topic: New Orleans 11:15 Big Word Little Word Game: Louisiana 12:00 Lunch 1:30 Walking Group 2:30 Catholic Service 3:15 Virtual Reality Cafe 4:00 Happy Hour with Live Music by Julie Hall 5:00 Dinner with New Orleans Epicurean Adventure 6:30 Family Bingo Night w/ Prizes New Orleans Day	10:00 Walking Group 10:30 Mahjong Club 10:30 Chair Exercise 11:00 Daily, News Discuss & Hot Topic: F. Scott Fitzgerald 11:15 Giant Group Crossword Puzzle 12:00 Lunch 12:15 Men's Pizza Lunch 1:30 Walking Group 1:30 Jewish Art History Talk w/Nancy Kotz 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:00 Movie Night: The Breakfast Club	10:00 Walking Group 10:30 Exercise-Friday Flex 11:15 Daily, News Discuss & Hot Topic: Shel Silverstein 12:00 Lunch 1:30 Dr. Jenner: The Life of George M. Cohan 3:00 Live Piano Music Performance with Yomi Takahash 4:00 Happy Hour 5:00 Dinner 6:30 Friday Flick: Mother's Day Sukkot Begins & National Daughters Day	10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Serena Williams 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club: Mums & Fall Flower Arrangements 3:00 Museum Tours around the World 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: Citizen Cane
9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Trivia 11:00 Yoga with Ashish 12:00 Lunch 1:00 Commanders vs Seattle Football on TV 1:30 Walking Group 2:00 Movie Matinee: Witness 3:00 Card Sharks Club 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Sunday Cinema: Mrs. Harris Goes to Paris	10:00 Walking Group 10:30 Exercise-Cardio Drumming Cardio Drumming 11:15 Daily, News Discuss & Hot Topic: Ed Sullivan 12:00 Lunch 1:30 Walking Group 2:00 Echoes of Nature 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 4:00 Happy Hour: w/Suzi 5:00 Dinner 6:00 Movie Night: Faith in the Flames National Drink Beer Day	10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily, News Discuss & Hot Topic: Greer Garson 12:00 Lunch 1:30 Walking Group 2:00 Ethiopian Coffee Demonstration 3:00 Tech Assistance Time 4:00 Outing to Quincey's: Dinner & BINGO Night 4:00 Classical Happy Hour w/Karen 5:00 Dinner 6:00 Movie Night: Witness for the Prosecution National Coffee Day	9:30 Holy Child School Visiting for Day of Service 10:00 Walking Group 10:30 Chair Exercise 11:00 Daily, News Discuss & Hot Topic: Frank Lymon 11:15 Big Word Little Word Game 12:00 Lunch 1:30 Walking Group 2:00 Catholic Rosary 2:30 Catholic Service 3:15 Gena's Auction Alcove 4:00 Trivia Happy Hour 6:00 Movie Night: West Side Story	HAPPY BIRTHDAY September 6th: Theresa A. September 6th: Carol G. September 13th: Mike B. September 16th: Kit P.		

