

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discuss & Hot Topic: Jamie Farr 12:00 Lunch 1:30 Walking Group 2:00 Trivia Games 2:30 Catholic Service 3:15 Table Games 4:00 Canadian Happy Hour with Trivia 5:00 Dinner 6:00 Movie Magic: Nuremberg Canada Day	2 10:00 Walking Group 10:30 Mahjong Club 10:30 Chair Exercise 11:15 Daily Chronicle & News Discussion & Hot Topic: Polly Holiday 12:00 Lunch 2:00 BINGO 3:00 Trivia Games 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:00 Movie Night: A Letter to my Youth	3 10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:00 Pet Therapy w/Elfie 11:30 Daily, News Discuss & Hot Topic: Betty Buckley 12:00 Lunch 1:25 Jerry Roman Live Music Trivia 2:00 Shabbat Service 2:30 Trivia Games 3:00 POKENO 4:00 Happy Hour 5:00 Dinner 6:00 Friday Flicks: Flags of Our Fathers	4 10:00 Walking Group 10:30 Chair Exercise 11:0 Daily, News Discuss & Hot Topic: 250th Anniversary-4th of July 12:00 Lunch 2:30 4th of July Celebration & Concert with Jumpin Joe (Concert inside) 4:00 Red, White & Blue Happy Hour: Wear Your American Pride 5:00 Dinner 6:00 Saturday Classics: 4th of July Special Movie Surprise! 250th Independence Day (U.S.)
5 9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Trivia 11:00 Chair Exercise: Zumba 11:30 Daily, News Discuss & Hot Topic: Cape Verde Islands 12:00 Lunch 1:30 Walking Group 2:00 Bill's Opera: Pirates Of Penzance Part 2 3:00 Card Sharks Club 3:00 Puzzle Club 4:00 Happy Hour with Live Music: Tom Stringer 5:00 Dinner 6:00 Sunday Cinema: The Karate Kid	6 10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News Discus & Hot Topic: Janet Leigh 12:00 Lunch 1:30 Walking Group 2:00 Cornhole Game 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi & Live Music: Howard Samtur 5:00 Dinner 6:00 Movie Magic: Hamilton	7 10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discuss & Hot Topic: Shelly Duvall 11:00 Lunch Outing to The Irish Inn-Glen Echo 12:00 Lunch 1:30 Master Gardeners Project 4:00 Happy Hour Live Music: Steven Barke & Chocolate Fondue Flights 5:00 Dinner 6:00 Movie Night: Proposal National Chocolate Day	8 10:00 Walking Group 10:30 Daily Chronicle, News Discuss & Hot Topic: Nan Aspinwall 12:00 Lunch 1:00 Flower Arranging with Friends 2:30 Catholic Service 3:15 Bocce Ball 4:00 Trivia Happy Hour 5:00 Dinner 6:30 Live Opera Performance with Alex Albuquerque	9 10:00 Walking Group 10:30 Mahjong Club 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Jimmy Smits 11:15 Giant Group Crossword Puzzle 12:00 Lunch 12:15 Ladies Pizza Lunch 2:00 Echos of Nature 4:00 Happy Hour w/ Bonnie & Live Music: Julie Hall 6:00 Movie Night: Hardball	10 10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Daniel Hale Williams 11:15 Brain Teasers 12:00 Lunch 1:30 Walking Group 2:00 POKENO 4:00 Classical Happy Hour 5:00 Dinner 6:30 Live Music Performance with Rita & Richard	11 10:00 Walking Club 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: <i>To Kill A Mockingbird</i> 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club: Tie Dye T-Shirts 3:00 BINGO 4:00 Country Happy Hour 5:00 Dinner 6:00 Saturday Classics: Blue Hawaii
12 9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Trivia 11:00 Chair Exercise: Zumba 11:30 Daily Chronicle, News Discussion & Hot Topic: Disco Demolition Night 12:00 Sunday Brunch & Live Music with Julie Hall 1:30 Walking Group 2:00 Yoga with Ashish 3:00 General Store 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance with Jackson Caesar	13 10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discuss & Hot Topic: James Cook 12:00 Lunch 1:30 Dr. Jenner: Hot Topics 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Sinatra Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: Chef	14 10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discuss & Hot Topic: Bastille Day 11:00 Postal Services at The Woodlands 11:00 Lunch Outing to Matchbox 12:00 Lunch 1:30 Walking Group 2:00 Cooking Demo, Talk & Tasting: French Style Crepes with Chef Morissa 4:00 Bastille Day Happy Hour w/Karen 5:00 Dinner 6:00 Movie Night: Once Upon a Crime Bastille Day	15 10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: "Longest Walk" 12:00 Lunch 1:30 Walking Group 2:30 Catholic Service 3:00 Rummikub Game 4:00 Trivia Happy Hour 5:00 Dinner 6:30 Live Music Performance: Vince Borrelli	16 10:00 Walking Group 10:30 Resident Town Hall Meeting 12:00 Lunch 12:15 Men's Pizza Lunch 1:30 Just Bead it with Cindy 3:00 Country of the Month Club: 1st Month Surprise 4:00 Jazz Happy Hour w/Bonnie 5:00 Dinner 6:00 Movie Night: Almost Famous	17 10:30 Exercise-Friday Flex 11:00 Daily Chronicle, News Discussion & Hot Topic: Ginger Rogers 12:00 Lunch 1:30 Walking Group 2:00 Shabbat Service 2:00 Origami Swan's with Kyoko 4:00 Nat King Cole Happy Hour 5:00 Dinner 6:30 Live Music Performance with Susan Jones	18 10:00 Walking Group 10:30 Daily, News Discuss & Hot Topic: Nadia Comaneci 11:00 Yoga with Ashish 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club: Hello Summer-Popsicles Decor 4:00 Adele Happy Hour 5:00 Dinner 6:00 Saturday Classics: Days of Thunder National Hot Dog Day
19 9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Trivia 11:00 Chair Exercise: Zumba 11:30 Daily Chronicle & News Discussion & Hot Topic: Lady Jane Grey 12:00 Lunch 1:30 Walking Group 2:00 Summer Concert Series #2 with The Melonheads Band 4:00 Happy Hour 5:00 Dinner 6:00 Sunday Cinema: Being the Ricardos	20 10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News & Hot Topic: Landing on the Moon 12:00 Lunch 1:30 Jewish Art History Talk w/Nancy Kotz 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Painting Project: Moon Scenes 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: Apollo 11 National Moon Day	21 10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: Robin Williams 10:30 Outing to Lunch at Clyde's-Rockville & The Strathmore Mansion: Connecting with Nature-Studio Art Quilt Exhibition 12:00 Lunch 1:30 Walking Group 1:30 Afternoon Matinee: Bridge of Spies 4:00 Happy Hour w/Karen & Ice Cream Flights 5:00 Dinner 6:30 Live Fiddle Music: Jeffrey Steinberg	22 10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discuss & Hot Topic: Louise Fletcher 11:15 Big Word Little Word Game 12:00 Lunch 1:30 Walking Group 2:00 Country of the Month 2:30 Catholic Service 3:15 Virtual Reality Cafe 4:00 Trivia Happy Hour 5:00 Dinner 6:30 Family BINGO Night with Super Cool Prizes!	23 10:00 Walking Group 10:30 Mahjong Club 10:30 Chair Exercise 11:00 Daily Chronicle, News Discuss & Hot Topic: Edie McClurg 11:15 Giant Group Crossword Puzzle 12:00 Lunch 1:30 Walking Group 2:30 Ladies Beach Tea Party w/Bonnie 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:00 Movie Night: The Aviator	24 10:00 Walking Group 10:30 Trivia Games 11:00 Stay Sharp with DANA 11:00 Chair Exercise , Daily Chronicle, News Discussion 12:00 Lunch 1:30 Dr. Jenner: The Legacy of John Adams 2:30 Trivia Games 3:00 POKENO 4:00 Aretha Franklin Happy Hour 5:00 Dinner 6:30 Friday Flicks: The Greatest Showman	25 10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Rosalind Franklin 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club:Garden Cooking w/Kyoko 3:00 Museum Tours around the World 4:00 Happy Hour with Wine & Cheese Tastings 5:00 Dinner 6:00 Saturday Classics: The English Patient National Wine & Cheese Day
26 9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Daily, News Discuss & Hot Topic: American Disabilities Act 11:00 Yoga with Ashish 12:00 Lunch 1:30 Walking Group 2:00 Chocolate History Talk & Tasting with Valerie 3:30 Puzzle Club 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Sunday Cinema: ALI	27 10:00 Walking Group 10:30 Exercise-Cardio Drumming Cardio Drumming 11:15 Daily Chronicle, News Discussion & Hot Topic: Peggy Fleming 12:00 Lunch 1:30 Walking Group 2:00 Gena's Auction Alcove 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 4:00 Oldies Rock and Roll Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: House of Mirth	28 10:00 Walking Group 10:30 Outing to Tour & Lunch at The Phillips Museum 10:30 Tone It Up Tuesday Workout 11:00 Postal Services at The Woodlands 11:15 Daily Chronicle, News Discussion & Hot Topic: Grizzly Bears 12:00 Lunch 1:30 Walking Group 2:00 Get Crafty: Design Your Own Bags 4:00 Classical Happy Hour w/Karen 5:00 Dinner 6:00 Movie Night: Barbra	29 10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discuss & Hot Topic: Prince Charles & Diana Spencer's Wedding 11:15 Big Word Little Word Game 12:00 Lunch 1:30 Walking Group 2:00 Catholic Rosary 2:30 Catholic Mass 3:15 Virtual Reality Cafe 4:00 Trivia Happy Hour 5:00 Dinner 6:30 History Talk with Gena: Famous Female Pirates	30 10:00 Walking Group 10:30 Mahjong Club 10:30 Chair Exercise 11:00 Daily Chronicle/News Discuss/ Hot Topic: Friendship 11:15 Giant Group Crossword Puzzle 12:00 Lunch 1:00 Friendship Bracelets 2:00 <i>Mistress of Collingwood</i> Book Discussion, Q&A & Book Signing with Jane DeMouy 4:00 Oldies Rock and Roll Happy Hour w/Bonnie 6:00 Movie Night: Dreamer National Friendship Day	31 10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Bruce Springstein 11:15 Brain Teasers 12:00 Lunch 1:30 Walking Group 2:00 Talk with MJ: Hubble & James Webb Telescopes 3:00 POKENO 4:00 Classical Happy Hour 5:00 Dinner 6:00 Friday Flicks: The Life List	

