

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>HAPPY BIRTHDAY! Juliet S. 6/7 Natalie M. 6/24</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News Discus & Hot Topic: Andy Griffith 12:00 Lunch 1:30 Walking Group 2:00 Cornhole Game 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Donuts & Suzi 5:00 Dinner 6:00 Movie Magic: The Starling National Donut Day</p>	<p>9:30 Outing to Brookside Gardens: The Butterfly Experience 10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: President Grover Cleveland 12:00 Lunch 1:30 Walking Group 3:00 Country of the Month: El Salvador Inspired Jewelry with Savannah 3:00 Happy Hour 5:00 Dinner 6:00 Movie Night: Tootsie</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discuss & Hot Topic: Ellen Corby 12:00 Lunch 1:30 Walking Group 2:00 Trivia Games 2:30 Catholic Service 3:15 Table Games 4:00 Trivia Happy Hour 5:00 Dinner 6:30 Summer Frame Project with Gena</p>	<p>10:00 Walking Group 10:30 Mahjong Club 10:30 Chair Exercise 11:15 Daily Chronicle & News Discussion & Hot Topic: 19th Amendment 12:00 Lunch 12:15 Ladies Pizza Lunch with Mixology 101: Hemingway Daiquiris 1:30 Walking Group 2:00 Pet Therapy w/Cooper 4:00 Happy Hour w/Bonnie & Live Music: Julie Hall 5:00 Dinner 6:00 Movie Night: Crocodile Dundee</p>	<p>10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:00 Pet Therapy w/Elfie 11:30 Daily, News Discuss & Hot Topic: Colm Wilkinson 12:00 Lunch 1:25 Jerry Roman Live Music Trivia 2:00 Shabbat Service 2:30 Trivia Games 3:00 POKENO 4:00 Happy Hour 5:00 Dinner 6:00 Friday Flicks: Miracle</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:0 Daily, News Discuss & Hot Topic: D-DAY 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club Colorful Paper Spinner Craft 2:00 BINGO 4:00 Dean Martin Happy Hour 5:00 Dinner 6:00 Saturday Classics: True Grit</p> <p>Remembering D-Day</p>
<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise, Daily & News Discussion 12:00 Lunch 1:30 Walking Group 2:00 Yoga with Ashish 3:00 Card Sharks Club 3:00 Puzzle Club 4:00 Happy Hour w/Live Music Howard Samtur & Chocolate Ice Cream Flights 6:30 KP Summer Concert Series with Irish Inmates of Glenn Echo National Chocolate Ice Cream Day</p>	<p>10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discuss & Hot Topic: Joan Rivers 12:00 Lunch 1:30 Dr. Jenner: Hot Topics 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Friend Games 4:00 Sinatra Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: Soul of Fire</p> <p>National Best Friends Day</p>	<p>9:30 Outing to The Phillips Museum & Lunch Bread Furst Cafe, DC 10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discuss & Hot Topic: Michael J. Fox 12:00 Lunch 2:00 Bill's Opera: Pirates of Penzance 3:00 Country of the Month: Tastes of El Salvador with Savannah 4:00 Jazz Happy Hour w/Karen 5:00 Dinner 6:00 Movie Night: And So it Goes</p>	<p>10:00 Walking Group 10:30 Daily Chronicle, News Discuss & Hot Topic: Hattie McDaniel 12:00 Lunch 1:00 Flower Arranging with Friends 2:30 Catholic Service 3:15 Bocce Ball 4:00 Trivia Happy Hour 5:00 Dinner 6:30 Family Night BINGO BLITZ</p>	<p>10:00 Walking Group 10:30 Mahjong Club 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Joe Montana 11:15 Giant Group Crossword Puzzle 12:00 Lunch 2:30 Ballet Mobile Live Performance 4:00 Oldies Rock and Roll Happy Hour w/Bonnie 6:00 Movie Night: Top Gun Maverick</p>	<p>10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Barbara Hillary 11:15 Brain Teasers 12:00 Lunch 1:30 Walking Group 2:00 Fun Talk with MJ 3:00 POKENO 4:00 Classical Happy Hour 5:00 Dinner 6:30 Live Music Performance with Rita & Richard</p>	<p>10:00 Walking Club 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Route 66 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club Herbs Fragrant Sachets 3:00 BINGO 4:00 Country Happy Hour 5:00 Dinner 6:00 Saturday Classics: Rocky IV</p>
<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle, News Discussion & Hot Topic: Flag Day-Salute to the Flag 12:00 Sunday Brunch with Live Music 2:00 Yoga with Ashish 3:00 Card Sharks Club 4:00 Flag Day Happy Hour w/Live Music Steven Barke 5:00 Dinner 6:00 Sunday Cinema: Air Force One</p> <p>Flag Day (U.S.)</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:00 Stay Sharp with DANA 11:15 Daily, News Discuss & Hot Topic: Helen Hunt 12:00 Lunch 1:30 Jewish Art History Talk w/Nancy Kotz, Marc Chagall Series 3:00 Handbell Choir w/ Marie 3:00 Table Air Hockey 3:00 Bridge Club 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: The Best You Can</p>	<p>10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:00 Outing to Lunch at The Silver Diner & Movie at The Rio-Gaithersburg 11:15 Daily Chronicle, News Discussion & Hot Topic: Noor Inayat Khan 12:00 Lunch 1:30 Walking Group 2:00 BINGO 4:00 Music Happy Hour w/Karen 5:00 Dinner 6:30 Live Fiddle Music: Jeffrey Steinberg</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Venus Williams 12:00 Lunch 1:30 Walking Group 2:30 Catholic Service 3:00 Rummikub Game 4:00 Trivia Happy Hour 5:00 Dinner 6:30 Live Music Performance: Empty Ecstasy</p>	<p>10:00 Walking Group 10:30 Resident Town Hall Meeting 12:00 Lunch 1:30 Just Bead it with Cindy 2:30 Ladies Garden Tea Party w/Bonnie 3:00 Museum Tours Around the World 4:00 Jazz Happy Hour w/Bonnie 5:00 Dinner 6:30 Live Music Performance: Jesse Padliofsky</p>	<p>10:30 Exercise-Friday Flex 11:00 Daily Chronicle, News Discussion & Hot Topic: Juneteenth 12:00 Lunch 1:30 Walking Group 2:00 Shabbat Service 3:00 BINGO 4:00 Nat King Cole Happy Hour 5:00 Dinner 6:00 Longest Day Bingo Alzheimer's Fundraiser 6:00 Friday Flicks: The Rosa Parks Story</p> <p>Juneteenth</p>	<p>10:00 Walking Group 10:30 Daily, News Discuss & Hot Topic: Errol Flynn 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club Watermelon Cucumber Salad 2:00 Write the Soldiers Project 4:00 Adele Happy Hour 5:00 Dinner 6:00 Saturday Classics: Urban Cowboy</p>
<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle & News Discussion 12:00 Father's Day Lunch with Live Music: Julie Hall 1:30 Walking Group 2:00 Book Club: Reading Circle 3:00 Corn hole Game 4:00 Sports Happy Hour for Dads 5:00 Dinner 6:00 Sunday Cinema: Like Father</p> <p>Father's Day</p>	<p>10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discussion & Hot Topic: Lindsay Wagner 12:00 Lunch 1:30 Walking Group 2:00 Gena's Auction Alcove 3:00 Bridge Club 4:00 Oldies Rock and Roll Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: The Best of Enemies</p>	<p>10:00 Walking Group 10:30 Outing to The Lavender Farm & Lunch 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: Alan Turing 12:00 Lunch 1:30 Walking Group 2:00 Fun Talk with MJ 3:00 Country of the Month: El Salvador Inspired Craft by Savannah 4:00 Classical Happy Hour w/Karen 5:00 Dinner 6:00 Movie Night: Fabulous Four</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discuss & Hot Topic: Sally Ride 11:15 Big Word Little Word Game 12:00 Lunch 1:00 Create Your Own Hand Scrub 2:00 Catholic Rosary 2:30 Catholic Mass 3:15 Virtual Reality Cafe 4:00 Trivia Happy Hour 5:00 Dinner 6:30 History Talk w/Gena: Famous Female Pirate</p>	<p>10:00 Walking Group 10:30 Mahjong Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Giant Group Crossword Puzzle 12:00 Lunch 12:15 Men's Pizza Lunch 1:30 Walking Group 2:00 Montgomery History Speaker: I Am Not Content An Hour with Frances Perkins with Kathie Mark & Steve LaRocque 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:00 Movie Night: Big Jake</p>	<p>10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Pearl S. Buck 12:00 Lunch 1:30 Dr. Jenner: The Life of Nellie Bly 2:30 Trivia Games 3:00 POKENO 4:00 Aretha Franklin Happy Hour 5:00 Dinner 6:30 Live Music Performance: Vince Borrelli</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle & News Discussion 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 BINGO 3:00 Museum Tours around the World 4:00 Happy Hour w/Wear Your Most Awesome Sunglasses Day Contest 5:00 Dinner 6:00 Saturday Classics: Hondo</p> <p>National Sunglasses Day</p>
<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise: Zumba 11:15 Daily, News Discuss & Hot Topic: Richard Rodgers 12:00 Lunch 1:30 Walking Group 3:00 Card Sharks Club 3:00 Bocce Ball Game 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Sunday Cinema: Pretty Woman</p>	<p>10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle & News Discussion 12:00 Lunch 1:30 Echos of Nature 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 All Things Summer Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: JBJ</p>	<p>10:00 Walking Group 9:30 Outing to National Museum of the American Indian & Lunch at Mitsitam Cafe 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle & News Discussion 12:00 Lunch 1:30 Walking Group 2:00 POKENO 3:00 Presentation on El Salvador by Savannah 4:00 Classical Happy Hour w/Karen 5:00 Dinner 6:00 Movie Night: The Come Back Trail</p>	 <p>June 2026</p> <p>"Growing old is mandatory, but growing up is optional." - Walt Disney "Age is an issue of mind over matter. If you don't mind, it doesn't matter." - Mark Twain</p> 			

