

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:45 Workout Wednesdays with Lisa & Daryl 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles with Lisa 11:30 Song Jumble with Daryl 1:30 Walking Club ~ Weather Permitting 1:30 Catholic Service ~ TV Room 2:00 Waffle Wednesday ~ Sunroom 2:00 Afternoon Chair Exercises 2:30 Live Performance by Steve Barke! ~ Bistro 3:30 Giant Connect Four & Whiteboard Pictionary 3:30 Canada Day: Discussion Circle ~ Art Room 6:00 Movie Night Canada Day	9:45 Total Training Thursdays with Sara & Isha 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Anniversary of the Civil Rights Act: Civil Rights Heroes ~ Sunroom & TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Exercises ~ Sunroom & TV Room 2:30 Table Bowling Thursday ~ Sunroom 2:30 Hot Topics with Priscilla: National Geo 3:30 Hula Hoop Toss & Names That Start With...with Isha ~ Bistro 3:30 Teacups Club Talk with Priscilla ~ Art Room 6:00 Movie Night	9:45 Fresh & Fit Fridays with Isha & Daryl 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Radio City Music Hall: Photos & History 1:30 Walking Club ~ Weather Permitting 2:00 Fact of Fiction Friday ~ Sunroom & TV Room 2:30 Afternoon Chair Exercises 3:30 Bold Baskets & Crazy Categories with Daryl 3:30 Portrait Painter Day: Portrait Painting Class with Isha~ Art Room 6:00 Movie Night	9:45 Sculpt and Sweat Saturdays with Isha & Daryl 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Happy 4th of July! History Presentation 1:30 Independence Day Performance by Jumpin' Joe ~ Bistro 2:15 Walking Club ~ Weather Permitting 2:30 Afternoon Chair Exercises 3:30 Beanbag Toss & Word Association ~ Bistro 3:30 Independence Day Bingo with Daryl 6:00 Movie Night Independence Day (U.S.)
9:30 Catholic Service Live Stream ~ TV Room 9:45 Meditative Yoga with Jenna 10:15 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion 11:30 National Hawaii Day: History & Landmarks 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Live Performance by Josh Earls! ~ Bistro 3:30 Ring Toss & Guess That Song with Jenna 3:30 Sunday Spa Day with Care Team ~ Art Room 6:00 Movie Night 6:00 Rhythmic Musical Exercises with Blessy	9:45 Move & Groove Mondays w/ Sara & Cissel 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Book Club with Cissel ~ TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Star Birthday of the Month: Sylvester Stallone Biography Reading 2:30 Afternoon Chair Exercises 3:30 Mini Golf & Tic Tac Toe with Sara ~ Bistro 3:30 Monday Mandala Coloring ~ Art Room 6:00 Movie Night 6:00 Rhythmic Musical Exercises with Blessy	9:45 Total Workout Tuesday w/Isha & Priscilla 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday: Ocean City Maryland 12:00 Men's Lunch Club with Daryl ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Sunroom 2:30 National Strawberry Sundae Day Ice Cream Demo ~ Sunroom 3:00 Tuesday Teacups Art Project with Isha & Maura: Hip Hip Hooray Headwear ~ Art Room 3:30 Live Performance by Evelyn Song ~ Bistro 6:00 Movie Night	9:45 Workout Wednesdays with Lisa & Daryl 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles with Lisa 11:30 Song Jumble with Daryl 1:30 Walking Club ~ Weather Permitting 1:30 Catholic Service ~ TV Room 2:00 Waffle Wednesday 2:30 Live Performance by Julie Hall! ~ Bistro 3:30 Giant Connect Four & Whiteboard Pictionary 3:30 Liberty Bell Day: History Discussion Circle ~ Art Room 6:00 Movie Night	9:45 Total Training Thursdays with Sara & Isha 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 12:00 Women's Group Outing to Jimmie Cone ~ Lobby 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Exercises ~ Sunroom & TV Room 2:30 National Sugar Cookie Day: Baking Demo 2:30 Hot Topics with Priscilla: National Geo 3:30 Hula Hoop Toss & Names That Start With...with Isha ~ Bistro 3:30 Teacups Club Talk with Priscilla ~ Art Room 6:00 Movie Night	9:45 Fresh & Fit Fridays with Isha & Daryl 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 National Kitten Day: Fun Facts & Photos 2:00 National French Fries Day: Culinary Demo 2:00 Fact or Fiction Friday with Daryl 2:30 Afternoon Chair Exercises 3:30 Bold Baskets & Crazy Categories with Daryl 3:30 Beautiful Beading ~ Art Room 6:00 Evening Performance by Vince Borrelli! ~ Bistro	9:45 Sculpt and Sweat Saturdays with Isha and Daryl 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 World Population Day: U.S. Baby Boomers 1:30 Walking Club ~ Weather Permitting 2:00 National Blueberry Muffin Day: Baking Demo 2:00 Garden Club ~ Woodlands 2:30 Live Performance by Frank Plumer! ~ Bistro 3:30 Beanbag Toss & Word Association ~ Bistro 3:30 Blazin' Bingo with Isha~ Art Room 6:00 Movie Night
9:30 Catholic Service Live Stream ~ TV Room 9:45 Meditative Yoga with Jenna & Blessy 10:15 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion 11:30 Family Feud Day: Let's Play! 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Giant Word Search with Blessy ~ Sunroom 2:30 Giant Jenga with Jenna ~ TV Room 3:30 Ring Toss & Guess That Song with Blessy 3:30 Sunday Spa Day with Jenna ~ Art Room 6:00 Movie Night 6:00 Rhythmic Musical Exercises with Blessy	9:45 Move & Groove Mondays w/Lisa & Cissel 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 National Delaware Day! History Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Chair Yoga with Lia Mai ~ Sunroom 3:30 Mini Golf & Tic Tac Toe with Lisa ~ Bistro 3:30 Making Patriotic Bookmarks with Sara ~ Art Room 6:00 Movie Night 6:00 Rhythmic Musical Exercises with Blessy	9:45 Total Workout Tuesday w/Isha & Priscilla 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 World Orca Day: Animal Facts & History 12:00 Men's Lunch Club with Daryl ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:15 Musical Trivia with Jerry Roman! ~ Bistro 3:00 Tuesday Teacups Tea Party with Isha & Maura ~ Art Room 3:30 Water Pong & Word in a Word with Sara 6:00 Movie Night Bastille Day	9:45 Workout Wednesdays with Lisa & Daryl 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 National I Love Horses Day: Animal Facts 1:30 Walking Club ~ Weather Permitting 1:30 Catholic Service ~ TV Room 2:00 Waffle Wednesday 2:30 Classical Opera Performance by Voices of Vets! ~ Bistro 3:30 Giant Connect Four & Whiteboard Pictionary 3:30 Watercolor Wednesday: Horses ~ Art Room 6:00 Movie Night	9:45 Total Training Thursdays with Sara & Isha 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Men's Lunch Outing to Bar Taco ~ Lobby 2:00 National Cherry Day: Cherry Pie Baking Demo 2:30 Afternoon Chair Exercises ~ Sunroom 2:30 Hot Topics with Priscilla: National Geo 3:30 Hula Hoop Day: Hula Hoop Toss & Names That Start With...with Isha ~ Bistro 3:30 Teacups Club Talk with Priscilla ~ Art Room 6:00 Movie Night	9:45 Fresh & Fit Fridays with Isha & Daryl 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Fact or Fiction Friday ~ Sunroom & TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Froot-Loop Friday Friendship Bracelets with Isha ~ Sunroom 2:00 Fable Friday with Daryl ~ TV Room 2:30 Afternoon Chair Exercises 3:30 Bold Baskets & Crazy Categories with Daryl 3:30 Robin Hood Day: Paper Robin Hood Hats 6:00 Movie Night	9:45 Sculpt and Sweat Saturdays with Isha and Daryl 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Happy Birthday Nelson Mandela: Biography 1:30 Walking Club ~ Weather Permitting 2:00 Garden Club ~ Woodlands 2:30 Live Performance by Darryl Nichols ~ Bistro 3:30 Birthday Celebration for Bridie M! ~ Bistro 3:30 Blazin' Bingo with Daryl ~ Art Room 3:45 Beanbag Toss & Word Association ~ Bistro 6:00 Movie Night
9:30 Catholic Service Live Stream ~ TV Room 9:45 Meditative Yoga with Jenna & Blessy 10:15 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion 11:30 Foreign Language Day: Language Lessons 1:30 Walking Club ~ Weather Permitting 2:00 Summer Concert Series #2: The Melonheads! ~ Parking Lot 2:00 National Ice Cream Day ~ Parking Lot 3:30 Ring Toss & Guess That Song with Blessy 3:30 Sunday Spa Day with Jenna ~ Art Room 6:00 Movie Night 6:00 Rhythmic Musical Exercises with Blessy	9:45 Move & Groove Mondays w/ Sara & Cissel 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Book Club with Cissel ~ TV Room 1:30 Walking Club ~ Weather Permitting 2:00 National Pennsylvania Day: History & Landmarks 2:30 Afternoon Chair Exercises 3:30 Mini Golf & Tic Tac Toe with Sara ~ Bistro 3:30 Monday Mandala Coloring ~ Art Room 6:00 Movie Night 6:00 Rhythmic Musical Exercises with Blessy	9:45 Total Workout Tuesday w/Isha & Priscilla 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Wonders of the World Day: 7 Wonders of the Ancient World ~ Sunroom & TV Room 12:00 Men's Lunch Club with Daryl ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:00 Live Performance by Rita & Richard Clarke! 3:00 Tuesday Teacups Food Art/Baking Class with Isha & Maura: Star Spangled Sugar Cookies ~ Art Room 3:30 Water Pong & Word in a Word with Sara 6:00 Movie Night	9:45 Workout Wednesdays with Lisa & Daryl 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles with Lisa 11:30 Song Jumble with Daryl 1:30 Walking Club ~ Weather Permitting 1:30 Catholic Service ~ TV Room 2:00 Waffle Wednesday 2:30 Live Performance by Stephen Kenley! ~ Bistro 3:30 Giant Connect Four & Whiteboard Pictionary 3:30 Would You Rather Whiteboard Game & Puzzle Club ~ Art Room 6:00 Movie Night	9:45 Total Training Thursdays with Sara & Isha 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:15 Movie Theater Outing: Carmen Jones ~ Lobby 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Exercises ~ Sunroom & TV Room 2:30 National Vanilla Ice Cream Day: Demo 2:30 Hot Topics with Priscilla: National Geo 3:30 Hula Hoop Toss & Names That Start With...with Isha ~ Bistro 3:30 Teacups Club Talk with Priscilla ~ Art Room 6:00 Movie Night	9:45 Fresh & Fit Fridays with Isha & Daryl 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Antibiotic Anniversary Day: Discovery of Penicillin ~ Sunroom & TV Room 1:30 Walking Club ~ Weather Permitting 2:00 National Amelia Earhart Day: Biography 2:00 Tell An Old Joke Day with Daryl ~ TV Room 2:30 Afternoon Chair Exercises 3:30 Bold Baskets & Crazy Categories with Daryl 3:30 Beautiful Beading ~ Art Room 6:00 Movie Night	9:45 Sculpt and Sweat Saturdays with Isha and Daryl 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Day of the Cowboy: Cowboy Crosswords 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:00 Garden Club ~ Woodlands 2:30 Live Performance by Empty Ecstasy! ~ Bistro 3:30 Beanbag Toss & Word Association ~ Bistro 3:30 Blazin' Bingo with Isha ~ Art Room 6:00 Movie Night
9:30 Catholic Service Live Stream ~ TV Room 9:45 Meditative Yoga with Jenna 10:15 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion 11:30 National Disability Independence Day: Americans with Disabilities Act 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Giant Jenga with Jenna ~ Sunroom 3:30 Ring Toss & Guess That Song with Jenna 3:30 Sunday Spa Day with Care Team ~ Art Room 6:00 Movie Night	9:45 Move & Groove Mondays w/Lisa & Cissel 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Mad Monday Trivia & Book Club 1:30 Walking Club ~ Weather Permitting 2:00 National New Jersey Day: History & Landmarks 2:30 Afternoon Chair Exercises 3:30 Mini Golf & Tic Tac Toe with Lisa ~ Bistro 3:30 Melted Ice Cream Canvas Paintings with Sara ~ Art Room 6:00 Movie Night	9:45 Total Workout Tuesday w/Isha & Priscilla 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Sculpture Day: Famous Sculptors in History 12:00 Men's Lunch Club with Daryl ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:00 National Milk Chocolate Day: Chocolate Chip Cupcake Baking Demo ~ Sunroom 2:30 Afternoon Chair Exercises 3:00 Tuesday Teacups Literary Lounge with Isha: Celebrating Sculpture Day. Art History Discussion Group ~ Art Room 3:30 Beanbag Day: Toss & Match with Sara ~ Bistro 6:00 Movie Night	9:45 Workout Wednesdays with Lisa & Daryl 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles with Lisa 11:30 Song Jumble with Daryl 1:30 Walking Club ~ Weather Permitting 1:30 Catholic Service ~ TV Room 2:00 Waffle Wednesday 2:30 Live Performance by Jon Watkins! ~ Bistro 3:30 Giant Connect Four & Whiteboard Pictionary 3:30 Would You Rather Whiteboard Game & Puzzle Club with Lisa ~ Art Room 6:00 National Documentary Day: Being Mary Tyler Moore (Max) ~ TV Room	9:45 Total Training Thursdays with Sara & Isha 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Happy Birthday Paul Anka: Biography Reading ~ Sunroom & TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Exercises ~ Sunroom & TV Room 2:30 Table Bowling Thursday ~ Sunroom 2:30 Hot Topics with Priscilla: National Geo 3:30 Hula Hoop Toss & Names That Start With...with Isha ~ Bistro 3:30 Teacups Club Talk with Priscilla ~ Art Room 6:00 Movie Night	9:45 Fresh & Fit Fridays with Isha & Daryl 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Fact or Fiction Friday ~ Sunroom & TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Wheel of Fortune with Isha ~ Sunroom 2:00 Fun Friday Sing-along with Daryl ~ TV Room 2:30 Afternoon Chair Exercises 3:30 Bold Baskets & Crazy Categories with Daryl 3:30 DIY Craft: Forkwork Fireworks ~ Art Room 6:00 Movie Night	Happy Birthday! 7/18 Bridie M 