

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Connections



9:30 Catholic Service Live Stream ~ TV Room **3**
 9:45 Meditative Yoga with Jenna
 10:40 Hydration Station & Walking Club
 11:00 Daily Chronicle Discussion
11:30 National Montana Day: State Trivia/Facts
 1:30 Walking Club ~ Weather Permitting
 2:00 Afternoon Chair Exercises
2:30 National Chocolate Custard Day! Ice Cream Party ~ Sunroom
 3:30 Water Pong & Guess That Song with Jenna
 3:30 Sunday Spa Day with Care Team ~ Art Room
 6:00 Movie Night

9:45 Move & Groove Mondays w/ Lisa & Cissel **4**
10:30 Scenic Ride ~ Lobby
 10:40 Hydration Station & Walking Club
 11:00 The Daily Chronicle Discussion
 11:30 Mad Monday Trivia & Book Club
 1:30 Walking Club ~ Weather Permitting
2:00 National Bird Day: Birds Around the World
 2:30 Afternoon Chair Exercises
 3:30 Mini Golf & Tic Tac Toe with Lisa ~ Bistro
3:30 Coloring with Tropical Birds ~ Art Room
 6:00 Movie Night

9:45 Total Workout Tuesday w/Daryl & Priscilla **5**
 10:30 Hydration Station & Walking Club
 11:00 The Daily Chronicle Discussion
11:30 Happy Cinco de Mayo! Presentation
12:00 Men's Lunch Club with Daryl ~ Sunroom
 1:30 Walking Club ~ Weather Permitting
 2:00 Afternoon Chair Exercises & Anytown Tuesday
3:00 Cinco De Mayo Mariachi Band: Los Amigos
 3:45 Safari Ring Toss & Word in a Word
 6:00 Movie Night

Cinco de Mayo

9:45 Workout Wednesdays with Lisa **6**
 10:30 Hydration Station & Walking Club
 11:00 The Daily Chronicle Discussion
11:30 National Nurses Day: DIY Thank You Cards
 1:30 Walking Club ~ Weather Permitting
 1:30 Catholic Service ~ TV Room
2:00 Waffle Wednesday ~ Sunroom
2:30 Live Performance by Steve Barke and Birthday Celebration for Mary D! ~ Bistro
 3:30 Giant Connect Four & Whiteboard Pictionary
 3:30 Watercolor Wednesday
 6:00 Movie Night

9:45 Total Training Thursdays with Sara & Isha **7**
 10:30 Hydration Station & Walking Club
 11:00 The Daily Chronicle Discussion
11:30 National Tourism Day: Popular Destinations Around the World
 1:30 Walking Club ~ Weather Permitting
2:00 Table Bowling Thursday ~ Sunroom
 2:00 Hot Topics with Priscilla ~ TV Room
 2:30 Afternoon Chair Exercises with Sara & Priscilla
 3:30 Air Hockey & Words That Start With...
 3:30 Puzzle Club & VR Cafe ~ Art Room
 6:00 Movie Night

9:45 Fresh & Fit Fridays with Isha & Daryl **8**
 10:15 Hydration Station & Walking Club
10:30 Scenic Ride ~ Lobby
 11:00 The Daily Chronicle Reading
11:30 National Inventors Hall of Fame Day: Famous Inventions Presentation Discussion
 1:30 Walking Club ~ Weather Permitting
 2:00 Fable Friday & Friday Opposites
 2:30 Afternoon Chair Exercises ~ Sunroom
 3:30 Bold Baskets & Crazy Categories with Daryl
3:30 Blazin' Bingo Friday with Isha ~ Art Room
6:00 Evening Performance by Vince Borrelli!

May Day

9:45 Sculpt and Sweat Saturdays with Isha and Daryl **9**
 10:15 Hydration Station & Walking Club
10:30 Scenic Ride ~ Lobby
 11:00 The Daily Chronicle Discussion
11:30 Peter Pan Day: Movie Overview & Songs
 1:30 Walking Club & Afternoon Chair Exercises
 2:00 Garden Club ~ Woodlands
2:30 Live Performance by Frank Plumer! ~ Bistro
 3:30 Beanbag Toss & Word Association ~ Bistro
 3:30 Soothing Saturday Art with Daryl ~ Art Room
6:00 Movie Night: Peter Pan

9:30 Catholic Service Live Stream ~ TV Room **10**
 9:45 Meditative Yoga with Jenna & Blessy
 11:00 Daily Chronicle Discussion
11:30 Mothers Day Brunch & Mother/Daughter Performance Duo by Julie & Natalie Hall
2:00 National Washington Day: State Trivia/Facts
 3:30 Water Pong & Guess That Song with Blessy
 6:00 Movie Night
6:00 Rhythmic Musical Exercises w/Blessy
Mother's Day
National Skilled Nursing Care Week

9:45 Move & Groove Mondays w/ Sara & Cissel **11**
10:30 Scenic Ride ~ Lobby
 10:40 Walking Club & Hydration Station
 11:00 The Daily Chronicle Discussion
 11:30 Mad Monday Trivia & Book Club
 1:30 Walking Club ~ Weather Permitting
2:00 Happy Birthday Martha Graham! Biography
 2:30 Afternoon Chair Exercises
 3:30 Mini Golf & Tic Tac Toe with Sara ~ Bistro
 3:30 Monday Mandala Coloring ~ Art Room
 6:00 Movie Night
6:00 Rhythmic Musical Exercises w/Blessy

9:45 Total Workout Tuesday w/Daryl & Priscilla **12**
 10:30 Hydration Station
 10:40 Walking Club ~ Weather Permitting
 11:00 The Daily Chronicle Discussion
11:30 Happy Birthday Steve Winwood: Biography
12:00 Men's Lunch Club with Daryl ~ Sunroom
 1:30 Walking Club ~ Weather Permitting
2:15 Musical Trivia with Jerry Roman! ~ Bistro
 3:30 Safari Ring Toss & Word in a Word ~ Bistro
 3:30 Meditative Coloring with the Care Team
 6:00 Movie Night

9:45 Workout Wednesdays with Lisa & Isha **13**
 10:30 Hydration Station & Walking Club
 11:00 The Daily Chronicle Discussion
11:30 Wacky Wednesday Riddles
 1:30 Walking Club ~ Weather Permitting
 1:30 Catholic Service ~ TV Room
2:00 National Apple Pie Day: Baking Demo ~ Sunroom
2:30 Live Performance by Howard Samtur! ~ Bistro
 3:30 Giant Connect Four & Whiteboard Pictionary
 3:30 Watercolor Wednesday
 6:00 Movie Night

9:45 Total Training Thursdays with Sara & Isha **14**
 10:30 Hydration Station
 10:40 Walking Club ~ Weather Permitting
 11:00 The Daily Chronicle Discussion
11:30 Wacky Wednesday Riddles
 1:30 Walking Club ~ Weather Permitting
2:00 Table Bowling Thursday ~ Sunroom
 2:00 Hot Topics with Priscilla ~ TV Room
 2:30 Afternoon Chair Exercises with Sara & Priscilla
 3:30 Air Hockey & Words That Start With...
 3:30 Puzzle Club & VR Cafe ~ Art Room
 6:00 Movie Night

9:45 Fresh & Fit Fridays with Isha & Daryl **15**
 10:15 Hydration Station & Walking Club
10:30 Scenic Ride ~ Lobby
 11:00 The Daily Chronicle Reading
11:30 Endangered Species Day: Presentation
 1:30 Walking Club ~ Weather Permitting
2:00 National Chocolate Chip Day: Chocolate Chip Cookie Demo with Isha! ~ Sunroom
 2:30 Afternoon Chair Exercises ~ Sunroom
 3:30 Bold Baskets & Crazy Categories with Isha
 3:30 Blazin' Bingo Friday with Daryl ~ Art Room
 6:00 Movie Night

9:45 Sculpt & Sweat Saturdays w/Isha & Daryl **16**
 10:15 Hydration Station & Walking Club
10:30 Scenic Ride ~ Lobby
 11:00 The Daily Chronicle Discussion
11:30 Armed Forces Day: Presentation
 1:30 Walking Club
2:30 City Singers Spring Concert ~ Parking Lot
 3:30 Beanbag Toss & Word Association ~ Bistro
 3:30 Soothing Saturday Art ~ Art Room
6:00 National Classic Movie Day: Gone w/the Wind
Armed Forces Day

9:30 Catholic Service Live Stream ~ TV Room **17**
 9:45 Meditative Yoga with Jenna & Blessy
 10:30 Catholic Mass at Holy Redeemer
 10:40 Hydration Station & Walking Club
 11:00 Daily Chronicle Discussion
11:30 National Idaho Day: State Facts/Trivia
 1:30 Walking Club & Afternoon Chair Exercises
2:30 Live Performance by Josh Earls! ~ Bistro
 3:30 Water Pong & Guess That Song with Blessy
 3:30 Sunday Spa Day with Jenna ~ Art Room
 6:00 Movie Night
6:00 Rhythmic Musical Exercises w/Blessy

9:45 Move & Groove Mondays w/ Lisa & Cissel **18**
10:30 Scenic Ride ~ Lobby
 10:40 Walking Club & Hydration Station
 11:00 The Daily Chronicle Discussion
11:30 International Museum Day: Popular Museums
 1:30 Walking Club & Afternoon Chair Exercises
2:30 Comet Day: Learn About Comets
 3:30 Mini Golf & Tic Tac Toe with Lisa ~ Bistro
6:00 Rhythmic Musical Exercises w/Blessy
Victoria Day (Canada)

9:45 Total Workout Tuesday w/Daryl & Priscilla **19**
 10:30 Hydration Station
 10:40 Walking Club ~ Weather Permitting
 11:00 The Daily Chronicle Discussion
11:30 Happy Birthday George Lucas! Biography
 12:00 Men's Lunch Club with Daryl ~ Sunroom
2:00 KP Annual Butterfly Release Event & Live Performance by Beyan Cagri Trock ~ Parking Lot
 3:30 Tuesday Tunes with Elaine O ~ Bistro
 3:30 Safari Ring Toss & Word in a Word
 6:00 Movie Night

9:45 Workout Wednesdays with Lisa & Isha **20**
 10:30 Hydration Station & Walking Club
 11:00 The Daily Chronicle Discussion
11:30 Happy Birthday Cher! Biography & Familiar Tunes
 1:30 Walking Club ~ Weather Permitting
 1:30 Catholic Service ~ TV Room
2:00 Waffle Wednesday ~ Sunroom
2:30 Live Performance by Empty Ecstasy ~ Bistro
 3:30 Giant Connect Four & Whiteboard Pictionary
3:30 Flower of the Month Paintings: Hawthorns
 6:00 Movie Night

Shavuot Begins

9:45 Total Training Thursdays with Sara & Isha **21**
 10:30 Hydration Station & Walking Club
 11:00 The Daily Chronicle Discussion
11:30 Lunch Outing to Zinnia! ~ Lobby
 1:30 Walking Club ~ Weather Permitting
2:00 Shavuot Begins: History Presentation
 2:30 Afternoon Chair Exercises with Sara & Priscilla
 3:30 Air Hockey & Words That Start With...
 3:30 Puzzle Club & VR Cafe ~ Art Room
 6:00 Movie Night

9:45 Fresh & Fit Fridays with Jenna **22**
 10:15 Hydration Station & Walking Club
10:30 Scenic Ride ~ Lobby
 11:00 The Daily Chronicle Reading
11:30 Fable Friday: What's the Moral? ~ Sunroom
 1:30 Walking Club ~ Weather Permitting
2:00 National Vanilla Pudding Day with Jenna: Culinary Demo ~ Sunroom
 2:30 Afternoon Chair Exercises
 3:30 Bold Baskets & Crazy Categories with Jenna
 3:30 Blazin' Bingo Friday with Care Team
 6:00 Movie Night

9:45 Sculpt and Sweat Saturdays with Daryl **23**
 10:15 Hydration Station & Walking Club
10:30 Scenic Ride ~ Lobby
 11:00 The Daily Chronicle Discussion
11:30 World Turtle Day: Trivia/Facts
 1:30 Walking Club & Afternoon Chair Exercises
 2:00 Garden Club ~ Woodlands
2:30 Live Performance by Jon Watkins! ~ Bistro
 3:30 Beanbag Toss & Word Association with Daryl
3:30 Coloring with Sea Turtles with Care Team
 6:00 Movie Night

9:30 Catholic Service Live Stream ~ TV Room **24**
 9:45 Meditative Yoga with Jenna & Blessy
 10:30 Catholic Mass at Holy Redeemer
 10:40 Hydration Station & Walking Club
 11:00 Daily Chronicle Discussion
11:30 National Brothers Day: Conversation Corner
 1:30 Walking Club & Afternoon Chair Exercises
2:30 National Wyoming Day: State Trivia
 3:30 Water Pong & Guess That Song with Blessy
 3:30 Sunday Spa Day with Jenna ~ Art Room
 6:00 Movie Night
6:00 Rhythmic Musical Exercises w/Blessy

9:45 Move & Groove Mondays w/ Sara & Cissel **25**
10:30 Scenic Ride ~ Lobby
 10:40 Walking Club & Hydration Station
 11:00 The Daily Chronicle Discussion
11:30 History of Memorial Day: Presentation
 1:30 Walking Club ~ Weather Permitting
2:30 Memorial Day Concert by Voices of Vets ~ Parking Lot
 3:45 Memorial Day Trivia with Sara ~ Bistro
6:00 Rhythmic Musical Exercises w/Blessy
Memorial Day

9:45 Total Workout Tuesday w/Daryl & Priscilla **26**
 10:30 Hydration Station
 10:40 Walking Club ~ Weather Permitting
 11:00 The Daily Chronicle Discussion
 11:30 Tricky Tuesday Trivia
12:00 Men's Lunch Club with Daryl ~ Sunroom
 1:30 Walking Club ~ Weather Permitting
2:00 Women's Golf Day: Patty Berg Biography
 2:30 Weight Training Tuesday Exercises
3:30 Tuesday Tunes with Elaine O ~ Bistro
 3:30 Safari Ring Toss & Word in a Word
 6:00 Movie Night

9:45 National Senior Health & Fitness Day **27**
 10:30 Hydration Station & Walking Club
 11:00 The Daily Chronicle Discussion
11:30 Golden Gate Bridge Day: Presentation
 1:30 Walking Club ~ Weather Permitting
 1:30 Catholic Service ~ TV Room
2:00 Waffle Wednesday ~ Sunroom
2:30 Live Performance by Stephen Kenley & Birthday Celebration for Bebe B! ~ Bistro
 3:30 Giant Connect Four & Whiteboard Pictionary
3:30 Watercolor Wednesday: Golden Gate Bridge
 6:00 Movie Night

9:45 Total Training Thursdays with Sara & Isha **28**
 10:30 Hydration Station & Walking Club
 11:00 The Daily Chronicle Discussion
 11:30 Tricky Thursday Trivia ~ Sunroom & TV Room
12:15 Outing to the National Building Museum!
 1:30 Walking Club ~ Weather Permitting
2:00 Table Bowling Thursday ~ Sunroom
 2:00 Hot Topics with Priscilla ~ TV Room
 2:30 Afternoon Chair Exercises with Sara & Priscilla
 3:30 Air Hockey & Words That Start With...
 3:30 Puzzle Club & VR Cafe ~ Art Room
 6:00 Movie Night

9:45 Fresh & Fit Fridays with Isha & Daryl **29**
 10:15 Hydration Station & Walking Club
10:30 Scenic Ride ~ Lobby
 11:00 The Daily Chronicle Reading
11:30 National Alligator Day: Animal Facts
 1:30 Walking Club ~ Weather Permitting
2:00 Rosie the Riveter Day: Presentation Discussion
 2:30 Afternoon Chair Exercises ~ Sunroom
 3:30 Bold Baskets & Crazy Categories with Isha
 3:30 Blazin' Bingo Friday with Daryl ~ Art Room
 6:00 Movie Night

9:45 Sculpt and Sweat Saturdays with Isha and Daryl **30**
 10:15 Hydration Station & Walking Club
10:30 Scenic Ride ~ Lobby
 11:00 The Daily Chronicle Discussion
11:30 Short Story Saturday ~ Sunroom & TV Room
 1:30 Walking Club & Afternoon Chair Exercises
 2:00 Garden Club ~ Woodlands
2:30 Live Performance by Gabe Hutter! ~ Bistro
 3:30 Beanbag Toss & Word Association ~ Bistro
3:30 National Creativity Day: Spring Craft
 6:00 Movie Night

9:30 Catholic Service Live Stream ~ TV Room **31**
 9:45 Meditative Yoga with Jenna & Blessy
 10:30 Catholic Mass at Holy Redeemer
 10:40 Hydration Station & Walking Club
 11:00 Daily Chronicle Discussion
11:30 National Utah Day: State Trivia
 1:30 Walking Club & Afternoon Chair Exercises
2:30 Happy Birthday Clint Eastwood: Biography
 3:30 End of the Month Art Show & Guess That Song with Blessy
 3:30 Sunday Spa Day with Jenna ~ Art Room
6:00 Rhythmic Musical Exercises w/Blessy

Happy Birthday!

5/6 Mary D
5/27 Bebe B