

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026



**"There is a fountain of youth: it is your mind, your talents, the creativity you bring to your life and the lives of people you love. When you learn to tap this source, you will truly have defeated age." ~Sophia Loren**

<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion &amp; Hot Topic: Mary Astor 12:00 Lunch 1:30 Walking Group 3:00 Card Sharks Club 3:00 Puzzle Club 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Sunday Cinema: Fences</p> <p style="text-align: right;"><b>3</b></p>	<p>10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle &amp; News Discussion 12:00 Lunch 1:30 Walking Group 2:00 Soccer Game 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Elvis Happy Hour w/Suzi 5:00 Dinner 6:30 Live Music Performance: Vince Borelli</p> <p style="text-align: right;"><b>4</b></p>	<p>10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion &amp; Hot Topic: Cinco de Mayo 12:00 Lunch 1:00 Documentary: Cinco de Mayo 1:30 Master Gardeners Project 3:00 Cinco de Mayo Happy Hour Los Amigos Mariachi Band 5:00 Dinner 6:00 Movie Night: Selena, Cinco de Mayo</p> <p style="text-align: right;"><b>5</b></p>	<p>10:00 National Walking Day: Group Walk 10:30 Chair Exercise 11:15 Daily Chronicle, News Discuss &amp; Hot Topic: 12:00 Lunch 1:30 Walking Group 1:30 Get Crafty 2:30 Catholic Service 3:15 Table Games 4:00 Trivia Happy Hour 5:00 Dinner 6:00 Movie Night: Remember the Titans</p> <p style="text-align: right;"><b>6</b></p>	<p>10:00 Walking Group 10:30 Chair Exercise 10:30 Mahjong Club 11:00 Pet Therapy w/Cooper 11:15 Daily Chronicle &amp; News Discussion 12:00 Lunch 1:30 Walking Group 2:00 Ancient Egypt Presentation with MJ 3:15 Silver Creek Middle School 4:00 Classical Happy Hour w/Bonnie 5:00 Dinner 6:30 Live Opera Performance with Alex</p> <p style="text-align: right;"><b>7</b></p>	<p>10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle &amp; News Discussion 11:15 Brain Teasers 12:00 Lunch 1:30 Walking Group 2:00 Great Courses Series 3:00 POKENO 4:00 Classical Happy Hour 5:00 Dinner 6:30 Live Music Performance with Rita &amp; Richard</p> <p style="text-align: right;"><b>8</b></p>	<p>10:00 Walking Club 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion &amp; Hot Topic: Transfer Plants 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club: 3:00 BINGO 4:00 Country Happy Hour 5:00 Dinner 6:00 Saturday Classics: Fabulous Four</p> <p style="text-align: right;"><b>9</b></p>
<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise: Zumba 11:30 or 12:45 Mother's Day Lunch w/Live Music: Steve Barke 2:00 Yoga with Ashish 3:00 Card Sharks Club 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Sunday Cinema: The Joy Luck Club</p> <p style="text-align: right;"><b>10</b></p> <p style="text-align: center;">Mother's Day</p>	<p>10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discuss &amp; Hot Topic: Eudora Welty 12:00 Lunch 1:30 Dr. Jenner: Hot Topics 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Wii Games 4:00 Sinatra Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: Stravs</p> <p style="text-align: right;"><b>11</b></p>	<p>10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discuss &amp; Hot Topic: 12:00 Lunch 2:00 Bill's Opera 3:00 Gardening Project: Teacup Planting 4:00 Outing to Dinner &amp; Bingo Night at Quincy's Bar &amp; Grill 4:00 Jazz Happy Hour w/Karen 5:00 Dinner 6:00 Movie Night: Spotlight</p> <p style="text-align: right;"><b>12</b></p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discuss &amp; Hot Topic: Mozart 11:15 Big Word Little Word 12:00 Lunch 1:00 Flower Arranging: Friend Bouquets 2:30 Catholic Service 3:15 Bocce Ball 4:00 Trivia Happy Hour 5:00 Dinner 6:00 Movie Night: I'll Be Right There</p> <p style="text-align: right;"><b>13</b></p>	<p>10:00 Walking Group 10:30 Chair Exercise 10:30 Mahjong Club 11:15 Daily Chronicle, News Discussion &amp; Hot Topic: 11:15 Giant Group Crossword Puzzle 12:00 Lunch 12:15 Ladies Pizza Lunch 1:30 Walking Group 2:00 Montgomery History Talk 3:15 Silver Creek Middle School 4:00 Oldies Rock and Roll Happy Hour w/Bonnie 6:30 Family Night BINGO BLITZ</p> <p style="text-align: right;"><b>14</b></p>	<p>10:30 Exercise-Friday Flex 11:15 Daily Chronicle, News Discussion &amp; Hot Topic: K.T. Oslin 12:00 Lunch 1:30 Walking Group 2:00 Shabbat Service 2:00 Great Courses Series 3:00 BINGO 4:00 Nat King Cole Happy Hour 5:00 Dinner 6:30 Live Music Performance w/Susan Jones</p> <p style="text-align: right;"><b>15</b></p>	<p>10:00 Walking Group 10:30 Daily, News Discuss/Hot Topic: Liberate 11:00 Yoga with Ashish 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club: 2:00 Write the Soldiers Project: Armed Forces Day 5:00 Dinner 6:00 Saturday Classics: Band of Brothers</p> <p style="text-align: right;"><b>16</b></p> <p style="text-align: center;">Armed Forces Day</p>
<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle &amp; News Discussion 12:00 Lunch 1:30 Walking Group 2:00 Book Club: Heartland Reading Circle 3:00 Cornhole Game 4:00 Happy Hour w/Live Music Jackson Caesar 5:00 Dinner 6:00 Sunday Cinema: 80 on Brady</p> <p style="text-align: right;"><b>17</b></p>	<p>10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 News Discuss &amp; Hot Topic: Brooks Robinson 12:00 Lunch 1:30 Jewish Art History Talk w/Nancy Kotz, Marc Chagall 3:00 Handbell Choir w/ Marie 3:00 Table Hockey 3:00 Bridge Club 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: Let Him Go</p> <p style="text-align: right;"><b>18</b></p>	<p>9:30 Outing to The Butterfly Experience 10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion &amp; Hot Topic: 12:00 Lunch 2:00 KP Butterfly Release Experience w/Music: City Singers 4:00 Caribbean Music Happy Hour w/Karen 5:00 Dinner 6:30 Live Fiddle Music: Jeffrey Steinberg</p> <p style="text-align: right;"><b>19</b></p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion &amp; Hot Topic: David Letterman 11:15 Big Word Little Word 12:00 Lunch 1:30 Walking Group 1:30 Virtual Reality Cafe 2:30 Catholic Service 4:00 Trivia Happy Hour 5:00 Dinner 6:30 Live Music Performance: Empty Ecstasy</p> <p style="text-align: right;"><b>20</b></p>	<p>10:00 Walking Group 10:30 Resident Town Hall Meeting 12:00 Lunch 2:00 Kentucky Derby Ladies Tea Garden Party w/Bonnie 3:00 Museum Tours Around the World 3:00 Virtual Reality Cafe 4:00 Jazz Happy Hour w/Bonnie 5:00 Dinner 6:00 Movie Night: Ghostbusters</p> <p style="text-align: right;"><b>21</b></p> <p style="text-align: center;">Shavuot Begins</p>	<p>10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:00 Trivia Games 11:00 Stay Sharp with DANA 12:00 Lunch 1:30 Dr. Jenner: The Humor of Bob Hope 3:00 POKENO 4:00 Aretha Franklin Happy Hour 5:00 Dinner 6:00 Friday Flicks: Glory</p> <p style="text-align: right;"><b>22</b></p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News Discussion &amp; Hot Topic: Drew Carey 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club: 2:00 BINGO 3:00 Museum Tours around the World 4:00 Classical Happy Hour 5:00 Dinner 6:00 Saturday Classics: The Highwayman</p> <p style="text-align: right;"><b>23</b></p>
<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise: Zumba 11:15 Daily, News Discuss &amp; Hot Topic: Jack Paar 12:00 Lunch 1:30 Walking Group 2:00 Yoga with Ashish 3:00 Card Sharks Club 3:00 Badminton Game 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Sunday Cinema: The Back Up Plan</p> <p style="text-align: right;"><b>24</b></p>	<p>10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discussion &amp; Hot Topic: Memorial Day 12:00 Lunch 2:00 Memorial Day Live Music with The Core Band 3:00 Bridge Club 4:00 Oldies Rock and Roll Happy Hour w/Suzi 5:00 Dinner 6:30 Live Music Performance w/Vince Borelli</p> <p style="text-align: right;"><b>25</b></p> <p style="text-align: center;">Memorial Day</p>	<p>10:00 Walking Group 10:00 In Person Election Voting 11:30 Outing to Lunch &amp; Wine Tasting at Sugarloaf Mountain Winery 12:00 Lunch 1:30 Walking Group 2:00 POKENO 3:00 Mixology 101: Lavender &amp; Mint Collins 3:30 Country of the Month: Belgium 4:00 Classical Happy Hour w/Karen 5:00 Dinner 6:00 Movie Night: Bridge of Spies</p> <p style="text-align: right;"><b>26</b></p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle &amp; News Discussion 11:15 Big Word Little Word Game 12:00 Lunch 1:00 Get Crafty: Sparkling Spring Seashells 2:30 Catholic Mass 3:15 Virtual Reality Cafe 4:00 Trivia Happy Hour 5:00 Dinner 6:30 Live Music Performance: Jesse Padllofsky</p> <p style="text-align: right;"><b>27</b></p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle &amp; News Discuss 11:15 Giant Group Crossword Puzzle 12:00 Lunch 12:15 Men's Club Five Guys Lunch: Nat. Hamburger Day 1:30 Walking Group 2:00 Gena's Auction Alcove 4:00 1980's Happy Hour w/Bonnie 5:00 Dinner 6:30 History Talk w/Gena: Famous Female Pirates</p> <p style="text-align: right;"><b>28</b></p>	<p>10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle, News Discussion &amp; Hot Topic: George W. Bush 11:15 Brain Teasers 12:00 Lunch 1:30 Walking Group 2:00 Great Courses Series 3:00 BINGO 4:00 R &amp; B Happy Hour 5:00 Dinner 6:00 Friday Flicks: Hamnet</p> <p style="text-align: right;"><b>29</b></p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News Discussion &amp; Hot Topic: 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club 3:00 Museum Tours around the World 4:00 Rat Pack Happy Hour 5:00 Dinner 6:00 Saturday Classics: Hacksaw Ridge</p> <p style="text-align: right;"><b>30</b></p>
<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise: Zumba 11:15 Daily, News &amp; Hot Topic: Sharon Gless 12:00 Lunch 1:00 The Landon School: Cornhole &amp; Karaoke 3:00 Woodlands General Store 3:00 Card Sharks Club 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Sunday Cinema: American Hustle</p> <p style="text-align: right;"><b>31</b></p>	<p><b>"The longer I live the more beautiful life becomes." ~ Frank Lloyd Wright</b></p> <p><b>Happy Birthday!</b>        May 2 Dan M.        May 8 Sue C.        May 19 Jean H.        May 20 Mary H.        May 28 Sue W.        May 29 Mary Lou</p>					

