

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2026

"April hath put a spirit of youth in everything" ~ William Shakespeare
"Anyone who keeps learning stays young" ~ Unknown

<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle & News Discussion 12:00 Easter Lunch w/Live Music: Sunny Trippel 1:30 Walking Group 2:00 Yoga with Ashish 3:00 Card Sharks Club 3:00 Puzzle Club 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Sunday Cinema: Lilly Easter Sunday</p>	<p>10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discussion & Hot Topic: Marilu Henner 12:00 Lunch 1:30 Walking Group 2:00 Volleyball 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: Skyfall</p>	<p>10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: Ravi Shankar 12:00 Lunch 1:30 Walking Group 2:00 Non-Denominational Bible Study Group 3:00 BINGO 4:00 National Beer Day Happy Hour 4:30 Outing to Dinner & Bingo Night at Quincy's Bar & Grill-Potomac 5:00 Dinner 6:00 Movie Night: Fried Green Tomatoes</p>	<p>10:00 National Walking Day: Group Walk 10:30 Chair Exercise 11:15 Daily Chronicle, News Discuss & Hot Topic: April Fools Day 12:00 Lunch 1:30 Just Bead it with Cindy 2:30 Catholic Service 3:00 Card Sharks Club 3:15 Virtual Reality Cafe 4:00 Happy Hour 5:00 Dinner 6:00 Movie Night: Facing the Giant</p> <p>Passover Begins</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Sir Alec Guinness 1:30 Walking Group 2:00 Pet Therapy with Cooper 2:30 BINGO 4:00 Happy Hour Root Beer Floats Social w/Bonnie 5:00 Dinner 6:30 Movie Night: Casino</p>	<p>10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Marlon Brando 12:00 Lunch 1:25 Jerry Roman Live Music Trivia 2:00 Shabbat Service 2:00 Great Courses Series 3:00 Watercolor Wonders Project 4:00 Happy Hour 5:00 Dinner 6:00 Friday Flicks: The Prince of Egypt</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: NATO 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club: Rock Painting 2:00 BINGO 3:00 Live Music Performance w/Bob Sykes 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: Mrs. Harris Goes to Paris</p>
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<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle, News Discussion & Hot Topic: Terry Fox 12:00 Sunday Brunch w/Live Music 2:00 Yoga with Ashish 3:00 Card Sharks Club 3:00 Jewelry with Gena: Spring Pendants 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Sunday Cinema: Bridge of Spies</p>	<p>10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discuss & Hot Topic: Eudora Welty 12:00 Lunch 1:30 Dr. Jenner: Hot Topics 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Wii Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: Darkest Hours</p>	<p>10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: Loretta Lynn 11:00 Lunch Outing to Martin's Tavern, Tour Dumbarton Oaks Museum & View DC's Cherry Blossoms 12:00 Lunch 2:00 Opera with Bill 3:00 Gardening Project: Teacup Planting 4:00 Happy Hour 5:00 Dinner 6:00 Movie Night: Grease</p> <p>National Gardening Day</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Jackie Robinson Day 11:15 Big Word Little Word 12:00 Lunch 1:30 Walking Group 2:30 Catholic Service 3:15 Virtual Reality Cafe 4:00 Meet Your Neighbor: 50's Sock Hop Happy Hour 5:00 Dinner 6:30 Movie Night: Catch Me if You Can</p>	<p>10:00 Walking Group 10:30 Resident Town Hall Meeting 12:00 Lunch 1:00-3:00 The Landon School 3:15 Silver Creek Middle School 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 History Talk with Gena: Famous Female Pirates</p>	<p>10:30 Exercise-Friday Flex 11:15 Daily Chronicle, News Discussion & Hot Topic: Ellis Island 12:00 Lunch 1:30 Walking Group 2:00 Shabbat Service 2:00 Great Courses Series 3:00 Get Crafty: Design Your Own Frame 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance w/Jesse Palifdofsky</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: 1906 San Francisco Earthquake 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club: Sensory Garden Experience w/Herbs 2:00 BINGO 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: Shane</p>
<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle, News Discussion & Hot Topic: Senator Tammy Duckworth: 2018 12:00 Lunch 1:30 Walking Group 2:00 Live Music Performance: Tom Stringer 3:00 Card Sharks Clubs 3:00 Cornhole Game 4:00 Happy Hour 5:00 Dinner 6:00 Sunday Cinema: Harold Fry</p> <p>National Volunteers Week</p>	<p>10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily, News Discuss & Hot Topic: Margaret Thatcher 12:00 Lunch 1:30 Jewish Art History Talk with Nancy Kotz; Marc Chagall Series 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: Red Joan</p>	<p>9:30 Outing to United States Botanical Gardens: Orchids Exhibition & Lunch at The Parkway Deli 10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: Charlotte Bronte 12:00 Lunch 2:00 Non-Denominational Bible Study Group 2:30 Ax & Star Throwing Game 4:00 Happy Hour 5:00 Dinner 6:30 Live Fiddle Music: Jeffrey Steinberg</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Earth Day 11:15 Big Word Little Word Game 12:00 Lunch 1:00 Get Crafty: Sparkling Spring Seashells 2:30 Catholic Mass 4:00 Happy Hour Live Music: Julie Hall 5:00 Dinner 6:00 Movie Night: Otherhood</p> <p>Earth Day</p> <p>Administrative Professionals Day</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Hubble Space Telescope 11:15 Giant Group Crossword Puzzle 12:00 Lunch 2:00 Ladies Spring Honeybee Tea w/Bonnie 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 K.P.'s Got Talent: Woodlands Talent Show</p>	<p>10:00 Walking Group 10:30 Friday Flex Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: The Library of Congress 12:00 Lunch 1:30 Dr. Jenner: The Humor of Bob Hope 2:00 Great Courses Series 3:00 Painting Project: Trees 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance w/Susan Jones</p> <p>Arbor Day</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:15 Daily, News Discussion & Hot Topic: Ella Fitzgerald 12:00 Lunch 1:30 Walking Group or Scenic Ride 2:00 Cross Campus Garden Club: Garden Tea Party 2:00 BINGO 3:00 Museum Tours around the World 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: The Maltese Falcon</p>
<p>9:30 Catholic Service Live TV 10:00 Walking Group 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle, News & Hot Topic: Carol Burnett 12:00 Lunch 1:30 Walking Group 2:00 Woodlands Bookworms Club 3:00 Card Sharks Club 3:00 Badminton game 4:00 Pretzel Day Happy Hour w/Karaoke 5:00 Dinner 6:00 Sunday Cinema: Bridget Jones: Mad About the Boy</p>	<p>10:00 Walking Group 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discussion & Hot Topic: Casey Kasem 12:00 Lunch 1:30 Woodlands General Store 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Bread Making: Banana 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: The Rookie</p>	<p>10:00 Walking Group 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: Harper Lee 11:00 Lunch Outing to Tea About Town-DC 12:00 Lunch 1:30 Walking Group 2:00 POKENO 3:00 Mixology 101: Spring Cocktails 3:30 Country of the Month: Ireland 4:00 Happy Hour 5:00 Dinner 6:00 Movie Night: Shakespeare in Love</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Duke Ellington 11:15 Big Word Little Word 12:00 Lunch 1:30 Walking Group 2:00 Catholic Rosary 2:30 Catholic Mass 3:15 Virtual Reality Cafe 4:00 Happy Hour 5:00 Dinner 6:00 Movie Night: La La Land</p>	<p>10:00 Walking Group 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Eve Arden 11:15 Giant Group Crossword Puzzle 12:00 Lunch 12:15 Men's Pizza Lunch 1:30 Walking Group 3:15 Silver Creek Middle School 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 Interactive Murder Mystery: Murder on the Woodlands Express!</p>	<p>HAPPY BIRTHDAY!!! April 8th Jennie H. April 22nd Neil B. April 24th Fran K. April 26th James M.</p>	

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