

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

HAPPY BIRTHDAY!

2/16 Pinta B 2/18 Maureen T 2/19 Robert L

"The arc of the moral universe is long, but it bends toward justice."

— Dr. Martin Luther King, Jr



9:30 Catholic Service (Bistro) 10:00 Walking Club (Weather Permitting) 10:30 Exercise 11:15 Daily and Current topics and discussion Harriet Tubman 12:00 Lunch 1:30 Walking Club (Weather Permitting) 2:00 Remember When 3:00 True Crime Series 4:00 Happy Hour 5:00 Dinner 6:00 Comedy Cinema: The Other Guys AY Tu B'Shevat Begins	10:00 Walking Club (Weather Permitting) 10:30 Exercise 11:15 Daily and Current topics and discussion Jackie Robinson 12:00 Lunch 1:30 Walking Club (Weather Permitting) 2:00 Slingz Brain Game 3:00 Bell Choir w/Marie/Bridge Club 3:00 Password 4:00 Happy Hour with Suzi 5:00 Dinner 6:00 Monday Night Kate & Leopold Groundhog Day	10:00 Walking Club (Weather Permitting) 10:30 Toning Tuesday 11:00 Daily Chronicles and Discussion 11:15 Explore Historic Places of the Civil Rights Movement 12:00 Lunch 1:30 Walking Club (Weather Permitting) 2:00 You Should Have Known That 2:45 Just Bead It with Cindy 4:00 Happy Hour 5:00 Dinner 6:00 Action Movie Night: Indiana Jones and the Kingdom of the Crystal Skull	10:00 Walking Club (Weather Permitting) 10:30 Wellness Wednesday 11:00 Daily Chronicles and Discussion 11:15 History of Motown Music 11:30 K-Club Movie & Lunch to Rio AMC Theater 1:30 Walking Club 2:00 Winter Craft Snowflake decorations 2:30 Catholic Service 3:00 Crossword Puzzles 4:00 Happy Hour 5:00 Dinner 6:00 Drama Movie Night: Harriet	10:00 Walking Club (Weather Permitting) 10:30 Thriving Thursday Fitness 11:00 Daily Chronicles and Discussion 11:15 Harlem Renaissance Watercolor Painting 12:15 Men's Pizza Lunch 1:30 Walking Club 2:00 Montgomery Montage: A 250-Year Tapestry of Time, People, and Place with Ralph Buglass 3:00 Card Games 4:00 Happy Hour 5:00 Dinner 6:30 Live Opera Performance with Alex Albuquerque	10:00 Walking Club (Weather Permitting) 10:30 Flexibility Friday 11:00 Daily Chronicles and News Discussion 11:15 Winter Olympics (opening ceremony) 12:00 Lunch 1:25 Music Trivia with Jerry Roman 2:00 Shabbat Service 2:00 Book Club Remarkable Creatures by Shelby Van Pelt 3:00 The Story of the Winter Olympics 4:00 Happy Hour 5:00 Dinner 6:00 Friday Western Flicks: High Noon	10:00 Walking Club (Weather Permitting) 10:30 Strength Saturday 11:00 Pet Therapy with Cooper 11:15 Chinese New Year Paper Lantern 12:00 Lunch 1:30 Walking Club OR Scenic Ride 2:00 Chinese Homemade Dumpling Social with Kyoko and Sandy 3:00 Trivia Pursuit 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: HONDO
9:30 Catholic Service (Bistro) 10:00 Walking Club (Weather Permitting) 10:30 Exercise 11:15 Daily Chronicles & News Discussion Ruby Bridges 12:00 Lunch 1:30 Walking Club (Weather Permitting) 2:00 Yoga with Ashish 2:00 Puppy Bowl 3:00 Superbowl Happy Hour 4:00 Happy Hour 5:00 Dinner 6:00 Sunday Cinema: What Women Want 6:00 Superbowl Watch Party	10:00 Walking Club (Weather Permitting) 10:30 Exercise 11:00 Daily Chronicle & News Discussion Rosa Parks 11:15 Hot Topic 12:00 Lunch 1:30 Dr. Jenner Hot Topics 3:00 Bell Choir w/Marie/Bridge Club 3:00 Virtual Reality 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Monday Night Cinema	10:00 Walking Club (Weather Permitting) 10:30 Toning Tuesday 10:45 Daily Chronicles and Discussion 11:15 Putting the Path in Order Black History 12:00 Lunch 1:30 Walking Club (Weather Permitting) 2:00 Opera with Bill 2:00 Memory Match 3:00 Betsy's Fireside Chat 4:00 Happy Hour w/Karen 5:00 Dinner 6:00 Action Movie Night: The Tuskegee Airmen	10:00 Walking Club (Weather Permitting) 10:30 Wellness Wednesday Fitness 11:00 Daily Chronicles and Discussion 11:15 K-Club Valentin's Day Outing to Mosaic Cuisine 12:00 Lunch 1:30 Walking Club (Weather Permitting) 2:00 Catholic Service 2:00 Washington DC History and Culture The National Gallery of Art Museum 3:00 Tech Support w/Lakesha 3:30 Scrabble 4:00 Happy Hour 5:00 Dinner 6:00 Action Movie Night: The Thin Man	10:00 Walking Club (Weather Permitting) 10:30 Thriving Thursday Fitness 11:00 Daily Chronicles and News Discussion 11:15 Happy Birthday Abraham Lincoln 12:00 Lunch 2:00 Chocolate-Dipped Strawberries 2:00 Be Mine: Dessert Date Couples Event 2:00 Washington DC History and Culture The National Gallery of Art Museum 3:00 Tech Support w/Lakesha 3:30 Scrabble 4:00 Happy Hour 5:00 Dinner 6:30 Interactive Murder Mystery: The Disappearance of The Woodlands Heart Diamond	10:00 Walking Club (Weather Permitting) 10:30 Flexibility Friday 11:00 Daily Chronicles and discussion 11:15 Mardi Gras Mask Project 12:00 Lunch 1:30 Walking Club 2:00 Book Club Remarkable Creatures by Shelby Van Pelt 3:00 Virtual Reality Cafe 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:00 Friday Western Flicks: SHANE	10:00 Walking Club (Weather Permitting) 10:30 Strength Saturday 11:00 Daily Chronicles and News 11:15 10 Pastel Rainbow Hearts Decor 12:00 Lunch 1:30 Walking Club OR Scenic Ride 2:00 Valentine's Day Bingo 3:00 Chocolate Fondu 4:00 Valentine's Happy Hour Live Music w/ Julie Hall 5:00 Dinner 6:00 Saturday Classics: It Happened One Night (itting) Valentine's Day
9:30 Catholic Service (Bistro) 10:00 Walking Club (Weather Permitting) 10:30 Exercise 11:15 Daily and Current topics and discussion Emmett Till 12:00 Lunch 1:30 Walking Club (Weather Permitting) 2:00 Count Down to 250 3:00 Presidents who were they 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Sunday Cinema : Presidents' Day	10:00 Walking Club (Weather Permitting) 10:30 Exercise 11:00 Daily Chronicles & News Discussion 12:00 Lunch 1:30 Walking Club (Weather Permitting) 2:00 Count Down to 250 3:00 Presidents who were they 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Monday Night Cinema	10:00 Walking Club (Weather Permitting) 10:30 Toning Tuesday 10:45 Daily Chronicle & News Discussion 11:15 Travelogue New Orleans for Mardi Gras 12:00 K-Club Chinese Luncheon Carryout 1:30 Walking Club (Weather Permitting) 2:00 Remember When 3:00 Mardi Gras Happy Hour Party 4:00 Happy Hour 5:00 Dinner 6:30 Live Fiddle Music w/Jeffrey Steinberg	10:00 Walking Club (Weather Permitting) 10:30 Wellness Wednesday 10:45 Daily Chronicle & News Discussion 11:15 Travelodge New Orleans 12:00 Lunch 1:30 Smithsonian Black & African American Art History, Part 1 2:00 Catholic Service 3:00 Virtual Reality Cafe 4:00 Happy Hour 5:00 Dinner 6:30 Live Music with Rita and Richard	10:00 Walking Club (Weather Permitting) 10:30 Resident Council 11:00 Language Fun -Learn greetings in another language 11:15 Travelodge New Orleans 12:15 Ladies Pizza Lunch 1:30 Walking Club (Weather Permitting) 2:00 Baking Club Heart-Shaped Sugar Cookies 3:00 Great Courses Series 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:00 Movie Mystery Night: The Maltese Falcon	10:00 Walking Club (Weather Permitting) 10:30 Flexibility Friday 11:00 Daily Chronicle & News Discussion 11:15 Love Your Pet Day Homemade Treats for Cats and Dogs 12:00 Lunch 2:00 Shabbat Service 2:00 Book Club Remarkable Creatures by Shelby Van Pelt 3:00 Virtual Reality Cafe 4:00 Happy Hour 5:00 Dinner 6:30 Live Music with Jesse Palidofsky Love Your Pet Day	10:00 Walking Club (Weather Permitting) 10:30 Strength Saturday 11:00 Daily Chronicle & News Discussion 11:15 Black History Month Alvin Ailey 12:00 Lunch 1:30 Walking Club OR Scenic Ride 2:00 Garden Club with Kyoko and Sandy Chines Zodiac Wheel animals and its meaning 3:00 Great Courses Series 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: Meet Me in St. Louis
9:30 Catholic Service (Bistro) 10:00 Walking Club (Weather Permitting) 10:30 Exercise 11:15 Daily and Current topics and discussion MLK 12:00 Lunch 1:30 Woodlands Store 3:00 Slingz Memory Game 3:00 Virtual Reality 3:00 Bell Choir w/Marie/Bridge Club 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Sunday Cinema : National Margarita Day	10:00 Walking Club (Weather Permitting) 10:30 Exercise 11:15 Daily and Current topics and discussion Thurgood Marshall 12:00 Lunch 1:30 Walking Club (Weather Permitting) 2:00 Password 3:00 Fire Side Chat with Betsy 4:00 Happy Hour w/Karen 5:00 Dinner 6:00 Action Movie Night: Hidden Figures	10:00 Walking Club (Weather Permitting) 10:30 Toning Tuesday 11:00 Daily Chronicles and News Discussion 11:15 Winter Birds & Backyard Wildlife 12:00 Lunch 1:30 Walking Club (Weather Permitting) 2:00 Password 3:00 Fire Side Chat with Betsy 4:00 Happy Hour w/Karen 5:00 Dinner 6:00 Action Movie Night: Hidden Figures	9:30 K-Club Museum Outing to the National Gallery of Art Tour with Nan Shapiro & Lunch at Cascade Cafe 1:30 Walking Club (Weather Permitting) 2:00 Smithsonian Black & African American Art History, Part 2 2:00 Catholic Rosary 2:30 Catholic Mass 3:00 Watercolor Class 4:00 Happy Hour 5:00 Dinner 6:00 Drama Movie Night: Freedom Riders	10:00 Walking Club (Weather Permitting) 10:30 Thriving Thursday Fitness 11:00 Daily Chronicles and News Discussion 11:15 Oven Ready Clay Jewelry Making 12:00 Lunch 1:30 Walking Club (Weather Permitting) 2:00 Ladies Mardi Gras Tea Party with Bonnie 3:00 Watercolor Class 4:00 Happy Hour 5:00 Dinner 6:30 History Talk with Gena: Female Pirates	10:00 Walking Club (Weather Permitting) 10:30 Flexibility Friday 11:00 Daily Chronicle & News Discussion 11:15 Interesting Facts about U.S. Presidents 12:00 Lunch 1:30 Dr. Jenner The Life of Marco Polo 2:00 Book Club Remarkable Creatures by Shelby Van Pelt 3:00 Virtual Reality Cafe 4:00 Happy Hour 5:00 Dinner 6:00 Friday Western Flicks: True Grit	10:00 Walking Club (Weather Permitting) 10:30 Strength Saturday 11:00 Daily Chronicles and News 11:15 Food and Culture Baking Corn Bread 12:00 Lunch 1:30 Walking Club OR Scenic Ride 2:00 Garden Club with Kyoko and Sandy 3:00 Great Courses Series 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: Guess Who's Coming to Dinner