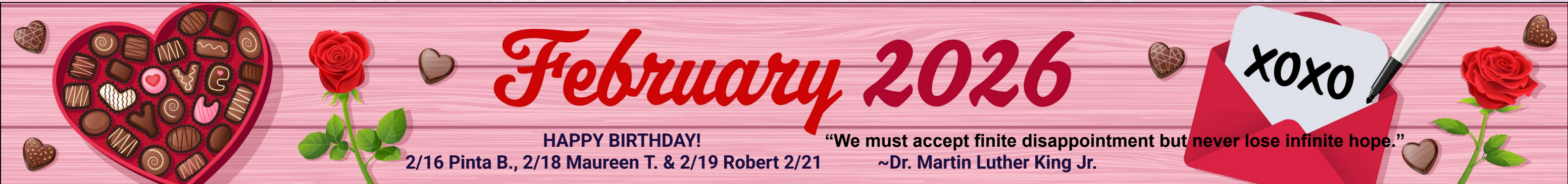


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 February 2026 HAPPY BIRTHDAY! 2/16 Pinta B., 2/18 Maureen T. & 2/19 Robert 2/21 “We must accept finite disappointment but never lose infinite hope.” ~Dr. Martin Luther King Jr.						
9:30 Catholic Service Live TV 10:00 Walking Club 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle, News Discussion & Hot Topic: Tu B'Shevat 12:00 Lunch 1:30 Walking Club 2:00 Ax & Star Throwing Game 3:00 Card Sharks Club 3:00 Puzzle Club 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Comedy Cinema: The Other Guys Tu B'Shevat Begins 1	10:00 Walking Club 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discussion & Hot Topic: Groundhog Day 12:00 Lunch 1:30 Walking Club 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Get Crafty: Groundhogs 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: Groundhog Day Groundhog Day 2	10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: W.E.B. Du Bois 12:00 Lunch 1:30 Walking Club 2:00 Get Crafty 3:00 BINGO 4:00 Happy Hour with Karen 5:00 Dinner 6:00 Action Movie Night: Indiana Jones and the Kingdom of the Crystal Skull 3	10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle, News Discuss & Hot Topic: Rosa Parks 11:15 Big Word Little Word 12:00 Lunch 1:30 Walking Club 2:30 Catholic Service 3:00 Tech Hour with Lakeisha 3:15 Interactive Demonstration & Tasting: Fondue Fun 4:00 Happy Hour 5:00 Dinner 6:00 Drama Movie Night: Harriet 4	10:00 Walking Club 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Kwame Brathwaite 12:15 Men's Pizza Lunch 1:30 Walking Club 2:00 Montgomery History Speaker Ralph Burglass: Montgomery Montage 4:00 Happy Hour w/Bonnie: Best Sweater Contest 5:00 Dinner 6:30 Live Music Performance: Opera with Alex Alburqueque Wear Sweater Day! 5	10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: History of The Olympics 12:00 Lunch 1:25 Jerry Roman Live Music Trivia 2:00 Shabbat Service 2:00 Great Courses Series 2:00 Winter Olympics Begin 3:00 Painting Project: Science Fiction 4:00 Winter Olympics Happy Hour 5:00 Dinner 6:00 Friday Western Flicks: High Noon 6	10:00 Walking Club 10:30 Chair Exercise 11:00 Pet Therapy with Copper 11:30 Hot Topic: Eubie Blake 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 BINGO 3:00 Museums Around the World 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: HONDO 7
9:30 Catholic Service Live TV 10:00 Walking Club 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle, News & Hot Topic: Martin R. Delaney 12:00 Sunday Brunch w/Live Music 1:30 Walking Club 2:00 Yoga with Ashish 3:00 Card Sharks Club 3:00 Puzzle Club 4:00 Super Bowl Happy Hour 5:00 Dinner 6:00 Comedy Cinema: What Women Want 8	10:00 Walking Club 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discuss & Hot Topic: Alice Walker 12:00 Lunch 1:30 Dr. Jenner: Hot Topics 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Romance Magic: The Terminal 9	10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: Greg Norman 11:00 Lunch Outing to La Diplomate & Tour Dumbarton Oaks Museum 12:00 Lunch 2:00 Opera with Bill: Carmen 3:00 Table Games 4:00 Happy Hour with Karen 5:00 Dinner 6:00 Action Movie Night: The Tuskegee Airman 10	10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle, News Discuss & Hot Topic: Nelson Mandela 11:15 Big Word Little Word 12:00 Lunch 1:30 Flower Arranging Club: Valentine's Bouquet 2:30 Catholic Service 3:15 Virtual Reality Cafe 4:00 Happy Hour 5:00 Dinner 6:00 Drama Movie Night: The Bridge of Spies 11	10:00 Walking Club 10:30 Chair Exercise 11:00 Community Service Project 12:00 Lunch 1:30 Walking Club 2:00 Be Mine: A Desert Date Couples Event 2:00 Makeup 101 with Savannah: Dazzle like Dior! 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 Confectionery Candy Making: I Love Lucy Style Dior Day & Giving Hearts Day 12	10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Ruby Foster 11:15 Brain Teasers 12:00 Lunch 1:30 Walking Club 2:00 Great Courses Series 3:00 Painting Project 4:00 Happy Hour 5:00 Dinner 6:00 Friday Western Flicks: SHANE 13	10:00 Walking Club 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Aretha Franklin 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 POKENO 3:00 Valentine's Day Happy Hour w/ Live Music Performance Julie Hall 5:00 Dinner 6:00 Saturday Classics: It Happened One Night Valentine's Day 14
9:30 Catholic Service Live TV 10:00 Walking Club 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle, News Discussion & Hot Topic: Cesar Romero 12:00 Lunch 2:00 Yoga with Ashish 3:00 Puzzle Club 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Comedy Cinema: Footloose 15	10:00 Walking Club 10:30 Daily Chronicle, News Discussion & Hot Topic: President's Day 12:00 Lunch 1:30 Walking Club 2:00 Tribute to Our Presidents 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Romance Magic: The American President Presidents' Day (U.S.) 16	9:30 Outing to United States Botanic Garden 10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: Madri Gras 12:00 Lunch 1:30 Walking Club 2:00 Get Crafty: Mardi Gras Masks 4:00 Mardi Gras Happy Hour 5:00 Dinner 6:30 Live Fiddle Music: Jeffrey Steinberg Mardi Gras 17	10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Adventures of Huckleberry Finn 11:15 Big Word Little Word 12:00 Lunch 1:30 Walking Club 2:30 Catholic Service with Ashes 3:15 Virtual Reality Cafe 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance with Empty Ecstasy Ash Wednesday 18	10:00 Walking Club 10:30 Resident Town Hall Meeting 12:00 Lunch 12:15 Ladies Pizza Lunch 1:30 Just Bead it with Cindy 2:30 Gena's Live Auction Alcove 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 KP's Got Talent: Talent Show 19	10:00 Walking Club 10:30 Exercise-Friday Flex 11:00 Daily Chronicle, News Discuss & Hot Topic: John Glenn 11:15 Brain Teasers 12:00 Lunch 2:00 Shabbat Service 2:00 Great Courses Series 3:00 Painting Project 4:00 Happy Hour 5:00 Dinner 6:30 Live Music with Jesse Palidofsky National Caregivers Day! 20	10:00 Walking Club 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: The Jackson 5 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 BINGO 3:00 Mah Jong Club: Introduction 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: Meet Me in St. Louis 21
9:30 Catholic Service Live TV 10:00 Walking Club 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle, News & Hot Topic: Bill "Bojangles" Robinson 12:00 Lunch 1:30 Walking Club 1:00 The Landon School 3:00 History Talk with Gena: Female Pirates 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Comedy Cinema: Foul Play 22	10:00 Walking Club 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discussion & Hot Topic: Victor Flemming 12:00 Lunch 1:30 Woodlands General Store 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 4:00 Happy Hour w/Suzi 5:00 Dinner 6:30 Live Music with Sunny Trippel 23	10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: Persian Gulf War 12:00 Lunch 1:30 Walking Club 2:00 Woodlands Book Club 3:00 Get Crafty 4:30 Outing to Dinner & Bingo Night at Quincy's Bar 4:00 Happy Hour with Karen 5:00 Dinner 6:00 Action Movie Night: Hidden Figures 24	10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle, News Discussion & Hot Topic: Hiram Rhodes Revels 11:15 Big Word Little Word 12:00 Lunch 1:30 Walking Club 2:00 Catholic Rosary 2:30 Catholic Mass 3:15 Virtual Reality Cafe 4:00 Happy Hour 5:00 Dinner 6:00 Drama Movie Night: Freedom Riders 25	10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Giant Group Crossword Puzzle 12:00 Lunch 2:00 Ladies Tea Party: Mardi Gras 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 Interactive Murder Mystery: The Disappearance of The Woodlands Diamond 26	10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Leser vs Garnett 12:00 Lunch 1:30 Dr. Jenner:The Life of Marco Pollo 2:00 Great Courses Series 3:00 Painting Project 4:00 Happy Hour 5:00 Dinner 6:00 Friday Western Flicks: True Grit 27	10:00 Walking Club 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Impact of MASH 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 POKENO 3:00 Travel Series 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: Guess Who's Coming to Dinner 28

