

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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9:45 Meditative Yoga with Daryl & Jenna 10:30 Catholic Mass at Holy Redeemer 10:45 Hydration Station & Walking Club 11:00 Daily Chronicle Discussion 11:30 Black History Month Begins! Presentation 1:30 Walking Club ~ Weather Permitting 2:00 National Dark Chocolate Day: Brownies 2:00 Giant Word Search with Daryl 2:30 Afternoon Chair Exercises 3:30 Birthday Celebration for Mary Ellen M! 3:30 Sunday Spa Day with Jenna ~ Art Room 3:45 Water Pong & Guess That Song with Daryl 6:00 Movie Night Tu B'Shevat Begins	9:45 Move & Groove Mondays w/Sara & Cissel 10:30 Scenic Ride ~ Lobby 10:40 Walking Club & Hydration Station 11:00 The Daily Chronicle Discussion 11:30 Groundhog Day! Presentation Reading 12:00 Men's Lunch Monday ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:00 National Tater Tot Day: Culinary Demo 2:30 Afternoon Chair Exercises 3:00 Happy Hour 3:30 Mini Golf Monday & Tic Tac Toe with Sara 3:30 Monday Manicures & Mandalas 6:00 Movie Night Groundhog Day	9:45 Total Workout Tuesday w/Daryl & Priscilla 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Tuesday Tunes with Daryl ~ Sunroom 11:30 Book Club with Priscilla ~ TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Chair Yoga with Lia Mai! ~ Sunroom 3:00 Happy Hour 3:30 Tuesday Tunes with Elaine O ~ Bistro 3:30 Meditative Coloring with the Care Team 4:00 Safari Ring Toss & Word in a Word ~ Bistro 6:00 Evening Fun with Isha: Storytelling & Q-Tip Painting	9:45 Workout Wednesdays with Daryl & Isha 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Happy Birthday Rosa Parks: Biography 1:30 Walking Club ~ Weather Permitting 1:30 Catholic Service ~ TV Room 2:00 Waffle Wednesday ~ Sunroom 2:30 Live Performance by Steve Barke! ~ Bistro 3:00 Happy Hour 3:30 Giant Connect Four & Whiteboard Pictionary 3:30 Valentines Day Art: 3D Valentines Day Cards with Isha ~ Art Room 6:00 Movie Night	9:45 Total Training Thursdays with Sara & Isha 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:15 Valentines Day Bingo with Isha ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:00 Chocolate Fondue Day: Baking Demo with Isha ~ Sunroom 2:00 Hot Topics with Priscilla ~ TV Room 2:30 Afternoon Chair Exercises with Isha & Priscilla 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... 3:30 Puzzle Club & VR Cafe ~ Art Room 6:00 Movie Night	9:45 Fresh & Fit Fridays with Isha 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Winter Olympics Opening Ceremony: Winter Olympics 2026 ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Isha 2:00 Shabbat Service with Rabbi Adam ~ Sunroom 3:00 Happy Hour 3:30 Bold Baskets & Crazy Categories with Isha 3:30 Fun Friday Art with the Care Team ~ Art Room 6:00 Movie Night	9:45 Sculpt and Sweat Saturdays with Sara 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Ballet Day: History Presentation 1:30 Walking Club ~ Weather Permitting 2:00 Live Performance by Rita & Richard Clarke! ~ Bistro 3:00 Happy Hour ~ Bistro 3:30 Beanbag Toss & Word Association with Sara 3:30 Soothing Saturday Manicures with Care Team ~ Art Room 6:00 Pinocchio Movie Night Day
9:45 Meditative Yoga with Daryl & Jenna 10:30 Catholic Mass at Holy Redeemer 10:40 Walking Club ~ Weather Permitting 10:45 Hydration Station 11:00 Daily Chronicle Discussion 11:30 National Iowa Day: State Trivia 1:30 Walking Club ~ Weather Permitting 2:00 Giant Jenga with Jenna 2:00 Giant Word Search with Daryl 2:30 Afternoon Chair Exercises 3:00 Happy Hour 3:30 Water Pong & Guess That Song with Daryl 3:30 Sunday Spa Day with Jenna ~ Art Room 6:00 Super Bowl Sunday LX Party	9:45 Move & Groove Mondays w/Lisa & Cissel 10:30 Scenic Ride ~ Lobby 10:40 Walking Club & Hydration Station 11:00 The Daily Chronicle Discussion 11:30 Noodle Volleyball Tournament 11:30 Book Club with Cissel ~ TV Room 12:00 Men's Lunch Monday ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:00 National Pizza Day: Culinary Demo 2:30 Afternoon Chair Exercises 3:00 Happy Hour 3:30 Mini Golf Monday & Tic Tac Toe with Lisa 3:30 Monday Manicures & Mandalas 6:00 Movie Night	9:45 Total Workout Tuesday w/Daryl & Priscilla 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Tuesday Tunes with Daryl ~ Sunroom 11:30 Tricky Tuesday Trivia w/Priscilla ~ TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Weight Training Exercises with Daryl 2:30 Live Performance by Jerry Roman! ~ Bistro 3:00 Happy Hour 3:30 Tuesday Tunes with Elaine O ~ Bistro 3:30 Meditative Coloring with the Care Team 4:00 Safari Ring Toss & Word in a Word ~ Bistro 6:00 Movie Night	9:45 Workout Wednesdays with Daryl & Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 National Inventors' Day: Inventions That Changed the World ~ Sunroom & TV Room 1:30 Walking Club ~ Weather Permitting 1:30 Catholic Service ~ TV Room 2:00 Waffle Wednesday ~ Sunroom 2:30 Live Performance by Julie Hall! ~ Bistro 3:00 Happy Hour 3:30 Giant Connect Four & Whiteboard Pictionary 3:30 Valentines Day Glitter Heart Paintings on Canvas ~ Art Room 6:00 Movie Night	9:45 Total Training Thursdays with Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Happy Birthday Charles Darwin: Biography 12:15 Valentines Day Couple's Outing to Tatte Bakery & Cafe ~ Lobby 1:30 Walking Club ~ Weather Permitting 2:00 Table Bowling Thursday with Priscilla ~ Sunroom 2:30 Afternoon Chair Exercises 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... 3:30 Puzzle Club & VR Cafe ~ Art Room 6:00 Movie Night	9:45 Fresh & Fit Fridays with Isha 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Wheel of Fortune with Isha ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:00 National Cheddar Day: Cheddar Fries Culinary Demo ~ Sunroom 2:30 Afternoon Chair Exercises ~ Sunroom 3:00 Happy Hour 3:30 Bold Baskets & Crazy Categories with Isha 6:00 Evening Performance by Vince Borrelli!	9:45 Sculpt and Sweat Saturdays with Isha 10:30 Scenic Ride ~ Lobby 10:40 Walking Club & Hydration Station 11:00 The Daily Chronicle Discussion 11:30 History of Valentines Day: Presentation 1:30 Walking Club ~ Weather Permitting 2:00 Simon Says Chair Exercises ~ Bistro 2:30 Live Performance by Frank Plumer! ~ Bistro 3:00 Happy Hour ~ Bistro 3:30 Beanbag Toss & Word Association with Isha 3:30 Valentines Day Manicures with Care Team 5:00 Valentines Day Sweetheart Dinner ~ Dining 6:00 Movie Night Valentine's Day
9:45 Meditative Yoga with Daryl & Jenna 10:30 Catholic Mass at Holy Redeemer 10:40 Walking Club ~ Weather Permitting 10:45 Hydration Station 11:00 Daily Chronicle Discussion 11:30 National Wisconsin Day: State Trivia 1:30 Walking Club ~ Weather Permitting 2:00 Giant Jenga with Jenna 2:00 Giant Word Search with Daryl 2:30 Afternoon Chair Exercises 3:30 Birthday Celebration for Cindy C! ~ Bistro 3:30 Sunday Spa Day with Jenna ~ Art Room 3:45 Water Pong & Guess That Song with Daryl 6:00 Movie Night	9:45 Move & Groove Mondays w/Daryl & Cissel 10:30 Scenic Ride ~ Lobby 10:40 Walking Club & Hydration Station 11:00 The Daily Chronicle Discussion 11:30 Presidents' Day History Presentation 12:00 Men's Lunch Monday ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:00 Make Music Monday with Daryl 3:00 Happy Hour 2:30 Afternoon Chair Exercises 3:30 Birthday Celebration for Hermine K! ~ Bistro 3:45 Mini Golf Monday & Tic Tac Toe with Daryl 6:00 Movie Night Presidents' Day (U.S.)	9:45 Total Workout Tuesday w/Daryl & Priscilla 10:30 Hydration Station & Walking Club 11:00 Daily Chronicle & Ramadan Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Weight Training Exercises w/Sara & Daryl 2:30 Chinese New Year History Presentation 3:30 Tuesday Tunes with Elaine O ~ Bistro 4:00 Safari Ring Toss & History of Mardi Gras 5:00 Mardi Gras Themed Dinner Party ~ Dining 6:00 Movie Night Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	9:45 Workout Wednesdays with Daryl & Isha 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Word Games 1:30 Walking Club ~ Weather Permitting 1:30 Ash Wednesday Catholic Prayer & Communion Service ~ TV Room 2:00 Waffle Wednesday ~ Sunroom 2:30 Live Performance by Empty Ecstasy! ~ Bistro 3:00 Happy Hour 3:30 Giant Connect Four & Whiteboard Pictionary 3:30 Watercolor Wednesday with Isha ~ Art Room 6:00 Movie Night	9:45 Total Training Thursdays with Sara & Isha 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Lunch Outing to El Golfo Restaurant ~ Lobby 1:30 Walking Club ~ Weather Permitting 2:00 National Chocolate Mint Day: Ice Cream Demo 2:00 Hot Topics with Priscilla ~ TV Room 2:30 Afternoon Chair Exercises with Sara & Priscilla 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... 3:30 Puzzle Club & VR Cafe ~ Art Room 6:00 Movie Night	9:45 Fresh & Fit Fridays with Isha 10:15 Hydration Station 10:30 Afrofitness & Wellness with Anastasia from KultureShockMovement ~ Bistro 11:00 The Daily Chronicle Reading 11:30 National Caregivers Day: DIY Thank You Cards 1:30 Walking Club ~ Weather Permitting 2:00 National Muffin Day! Baking Demo 2:30 Afternoon Chair Exercises 3:00 Happy Hour 3:30 Bold Baskets & Crazy Categories with Isha 3:30 Fun Friday Art with Care Team ~ Art Room 6:00 Movie Night	9:45 Sculpt and Sweat Saturdays with Isha 10:15 Hydration Station 10:30 Scenic Ride ~ Lobby 10:40 Walking Club 11:00 The Daily Chronicle Discussion 11:15 International Mother Language Day: Languages of the World Crossword Puzzle 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Bistro 2:30 Live Performance by Darryl Nichols! ~ Bistro 3:00 Happy Hour ~ Bistro 3:30 Beanbag Toss & Word Association with Isha 3:30 Soothing Saturday Manicures ~ Art Room 6:00 Movie Night
9:45 Meditative Yoga with Daryl & Jenna 10:30 Catholic Mass at Holy Redeemer 10:40 Walking Club ~ Weather Permitting 10:45 Hydration Station 11:00 Daily Chronicle Discussion 11:30 National California Day: State Trivia 1:30 Walking Club ~ Weather Permitting 2:00 National Margarita Day: Drink Demo 2:00 Giant Word Search with Daryl 2:30 Afternoon Chair Exercises 3:00 Happy Hour 3:30 Water Pong & Guess That Song with Daryl 3:30 Sunday Spa Day with Jenna ~ Art Room 6:00 Movie Night	9:45 Move & Groove Mondays w/Lisa & Cissel 10:30 Scenic Ride ~ Lobby 10:40 Walking Club & Hydration Station 11:00 The Daily Chronicle Discussion 11:30 National Tile Day: Ceramic Tile Painting 11:30 Book Club with Cissel ~ TV Room 12:00 Men's Lunch Monday ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:00 Mad Monday Trivia & Make Music Monday 3:00 Happy Hour 2:30 Afternoon Chair Exercises 3:30 Tic Tac Toe with Lisa ~ Bistro 3:50 Live Performance by Bernie Horn ~ Bistro 6:00 Movie Night	9:45 Total Workout Tuesday w/Daryl & Priscilla 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Mexican Flag Day: Día de la Bandera 1:30 Walking Club ~ Weather Permitting 2:00 Weight Training Exercises w/Sara & Daryl 2:30 Table Bowling Tuesday with Daryl 2:30 Tricky Trivia Tuesday with Sara 3:00 Happy Hour 3:30 Tuesday Tunes with Elaine O ~ Bistro 3:30 Meditative Coloring with the Care Team 4:00 Safari Ring Toss & Word in a Word ~ Bistro 5:00 Chinese New Year Themed Dinner Party 6:00 Movie Night	9:45 Workout Wednesdays with Daryl & Isha 10:30 Hydration Station 10:40 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Word Games 1:30 Walking Club ~ Weather Permitting 1:30 Catholic Service ~ TV Room 2:00 Waffle Wednesday ~ Sunroom 2:30 Live Performance by Stephen Kenley! ~ Bistro 3:00 Happy Hour 3:30 Giant Connect Four & Whiteboard Pictionary with Isha ~ Bistro 3:30 Watercolor Wednesday with Daryl ~ Art Room 6:00 Movie Night	9:45 Total Training Thursdays with Sara & Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 12:15 Outing to Dov & Company for Fake Cake Decorating Workshop ~ Lobby 1:30 Walking Club ~ Weather Permitting 2:00 National Tell A Fairy Tale Day: Remembering Common Fairy Tales with Sara ~ Sunroom 2:00 Hot Topics with Priscilla ~ TV Room 2:30 Afternoon Chair Exercises with Isha & Priscilla 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... 3:30 Puzzle Club & VR Cafe ~ Art Room 6:00 Movie Night	9:45 Fresh & Fit Fridays with Isha 10:30 Scenic Ride ~ Lobby 10:40 Walking Club & Hydration Station 11:00 The Daily Chronicle Reading 11:30 Polar Bear Day: Animal Facts 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Live Performance by Jon Watkins! ~ Bistro 3:00 Happy Hour 3:30 Fun Friday Art: Coloring with Polar Bears 3:30 Birthday Celebration for Carol D! ~ Bistro 3:45 February Art Show ~ Bistro 4:00 Bold Baskets & Crazy Categories with Isha 6:00 Movie Night	9:45 Sculpt and Sweat Saturdays with Isha 10:30 Scenic Ride ~ Lobby 10:40 Walking Club & Hydration Station 11:00 The Daily Chronicle Discussion 11:30 Silly Saturday Games: Are You Smarter Than a 5th Grader ~ Sunroom 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Floral Design Day: Heart Shaped Paper Flowers 3:00 Happy Hour 3:30 Live Performance by Evelyn & Annabelle Song 4:30 Word Association with Isha~ Bistro 6:00 Movie Night