

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Highlands Independent Living

Happy Birthday

2/8 Myles L, 2/10 Ellie S, 2/20 Joe M, 2/23 Jay F

<p>Sunday Brunch Music Empty Ecstasy 11:00-1:30 8:45 Shuttle to Holy Redeemer Catholic Church 1:30 Scenic Ride 4:30 Happy Hour 7:15 Sunday Silver Screen: Stand By Me</p>	<p>10:00 Grocery Shuttle 10:15 News & Views 11:15 Move it! 1:30 Music History with Roy Justice 4:30 Happy Hour 7:00 Just Enough (Needlework Group)</p>	<p>10:00 Shuttle Library/ CVS/ Bank 11:00 Live Music Trivia with Jerry Roman 1:30 Just Bead It with Cindy 3:00 Balance in Action 4:30 Happy Hour 7:00 Mah Jongg Mavens</p>	<p>11:15 Move It! 1:15 Chronology with Mary Ruth 1:30 Bridge Club 3:00 Highlands Book Club with Sheryl 4:30 Happy Hour 7:15 KP Binge: Yellowstone</p>	<p>11:15 Move It! 1:15 Chronology with Mary Ruth 1:30 Bridge Club 3:00 Highlands Book Club with Sheryl 4:30 Happy Hour 7:15 KP Binge: Yellowstone</p>	<p>11:15 Balance in Action 1:00 KP on the Go 1:30 Ye Auld Chimers Handbell Choir 2:30 Mah Jongg Mavens 4:30 Happy Hour</p>	<p>10:00 Shopping Shuttle: TBD 11:15 Strength Fitness 1:15 Documentary" All That Breathes 2:30 Tech Support with Emily 3:00 Shabbat Service 4:30 Happy Hour</p>	<p>11:15 Fitness with Jennifer 12:00 KP on the Go 1:30 Bridge Club 2:30 Weekly Wordle 4:30 Happy Hour 7:15 2026 Academy Nominated Movie: Train Dreams Starring Joel Edgerton</p>
<p>8:45 Shuttle to Holy Redeemer Catholic Church 1:30 Scenic Ride 4:30 Happy Hour 6:30 Super Bowl LX(60) Party</p>	<p>10:00 Grocery Shuttle 10:15 News & Views 11:15 Move it! 3:00 The Life of Marco Polo by Dr. Robert Jenner 4:30 Happy Hour 7:00 Just Enough (Needlework Group)</p>	<p>10:00 Shuttle Library/ CVS/ Bank 11:30 Lunch Bunch to Dok Kho Thai Eatery 12:00 Mobile Post Office 1:30 Balance in Action 4:30 Happy Hour 7:00 Mah Jongg Mavens</p>	<p>11:15 Move It! 1:30 Bridge Club 2:00 Crepe Day Cooking Demo with Alagie 4:30 Happy Hour 7:15 KP Binge: Yellowstone</p>	<p>11:15 Move It! 1:30 Bridge Club 2:00 Book Event with Author Chris Kuehn, Presents "Family of Spies" 2:30 Mah Jongg Mavens 4:30 Happy Hour</p>	<p>10:00 Shopping Shuttle: Kohl's/ Michael's, Aspen Hill 11:15 Strength Fitness 1:15 Weekly Wordle with Emily 2:30 Tech Support with Emily 3:00 Shabbat Service 4:30 Happy Hour</p>	<p>11:15 Fitness with Jennifer 12:00 KP on the Go 1:30 Jewish Art Education by Nancy Kotz 4:30 Valentine's Day Happy Hour 7:15 Silver Screen Movie: Valentine's Day Starring Julia Roberts</p>	<p>11:15 Fitness with Jennifer 12:00 KP on the Go 1:30 Jewish Art Education by Nancy Kotz 4:30 Valentine's Day Happy Hour 7:15 Silver Screen Movie: Valentine's Day Starring Julia Roberts</p>
<p>8:45 Shuttle to Holy Redeemer Catholic Church 1:30 Scenic Ride 4:30 Happy Hour 7:15 Sunday Silver Screen: Mahogany Starring Diana Ross</p>	<p>10:00 Grocery Shuttle 10:15 News & Views 11:15 Move it! 2:00 Crafternoon with Annie 4:30 Happy Hour 7:00 Just Enough (Needlework Group)</p>	<p>10:00 Shuttle Library/ CVS/ Bank 2:00 Yoga with Beth Meyer 4:30 Mardi Gras Happy Hour Celebration 7:00 Mah Jongg Mavens</p>	<p>11:15 Move It! 1:30 Bridge Club 2:00 Presidents Day Presentation: Former White House Butler Alan DeValero 4:30 Happy Hour 7:15 KP Binge: Yellowstone</p>	<p>11:15 Move It! 1:30 Bridge Club 2:00 Presidents Day Presentation: Former White House Butler Alan DeValero 4:30 Happy Hour 7:15 KP Binge: Yellowstone</p>	<p>11:15 Balance in Action 1:00 KP on the Go 1:30 Ye Auld Chimers Handbell Choir 2:30 Mah Jongg Mavens 4:30 Happy Hour 7:15 Movie Night: The Butler Starring Oprah Winfrey</p>	<p>10:00 Shopping Shuttle: Wegman's 11:15 Strength Fitness 1:15 Weekly Wordle with Emily 2:30 Tech Support with Emily 3:00 Shabbat Service 4:30 Happy Hour</p>	<p>11:15 Fitness with Jennifer 12:00 KP on the Go 1:30 Bridge Club 2:00 Nickel Bingo 4:30 Happy Hour 7:15 2026 Academy Nominated Movie: Frankenstein Starring Jacob Elordi</p>
<p>8:45 Shuttle to Holy Redeemer Catholic Church 1:30 Scenic Ride 2:00 Youth Violin Group 4:30 Happy Hour 7:15 Sunday Silver Screen: Carmen Jones Starring Dorothy Dandridge</p>	<p>10:00 Grocery Shuttle 10:15 News & Views 11:15 Move it! 2:00 Ask the Pharmacists with Dr. Z, Kensington Pharmacy 4:30 Happy Hour 7:00 Just Enough (Needlework Group)</p>	<p>10:00 Shuttle Library/ CVS/ Bank 11:00 Art History by Roshna Kapadia 12:00 Mobile Post Office 1:30 Balance in Action 3:00 Ukelele Residency 4:30 Chinese New Year Happy Hour 7:00 Mah Jongg Mavens</p>	<p>11:15 Move It! 1:30 Bridge Club 3:00 Highlands Resident Meeting 4:30 Happy Hour 7:15 KP Binge: Yellowstone</p>	<p>11:15 Move It! 1:30 Bridge Club 3:00 Highlands Resident Meeting 4:30 Happy Hour 7:15 KP Binge: Yellowstone</p>	<p>11:15 Balance in Action 1:00 KP on the Go 1:30 Ye Auld Chimers Handbell Choir 2:30 Mah Jongg Mavens 4:30 Happy Hour</p>	<p>10:00 Shopping Shuttle: Wal-Mart 11:15 Strength Fitness 1:15 Documentary: 2:30 Weekly Wordle with Emily 3:00 Shabbat Service 4:30 Happy Hour</p>	<p>11:15 Fitness with Jennifer 12:00 KP on the Go 1:30 Bridge Club 2:30 Weekly Wordle with Emily 4:30 Happy Hour 7:15 2026 Academy Nominated Movie: Sinners Starring Michael B Jordan</p>