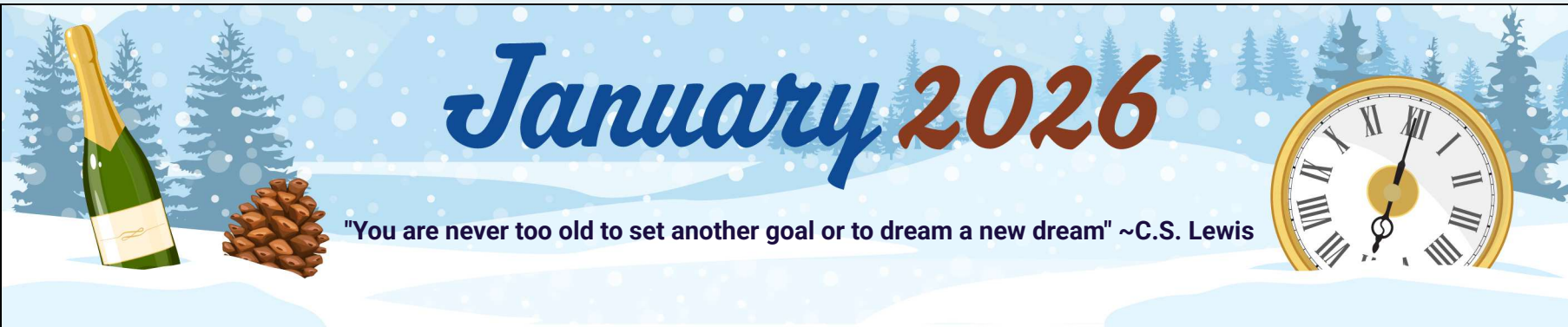


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 January 2026 "You are never too old to set another goal or to dream a new dream" ~C.S. Lewis						
9:30 Catholic Service Live TV 10:00 Walking Club 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle, News Discussion & Hot Topic: Floyd Patterson 12:00 Lunch 1:30 Walking Club 2:00 Ax & Star Throwing Game 3:00 Card Sharks Club 3:00 Puzzle Club 4:00 Happy Hour w/Karaoke 4:25 Commanders vs Eagles Football Game 5:00 Dinner 6:30 Live Music Performance: Ariel	10:00 Walking Club 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discussion & Hot Topic: Diane Keaton 12:00 Lunch 1:30 Walking Club 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Get Crafty: Birds 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: Indiana Jones and the Dial of Destiny	10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: Rowan Atkinson 12:00 Lunch 1:00 Outing to The Strathmore Mansion: Art Exhibition-Fine Art in Miniature! 1:30 Walking Club 2:00 Get Crafty 2:00 Billiards Tournament 4:00 Happy Hour with Karen 5:00 Dinner 6:00 Movie Night: The Martian	10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discussion 11:15 Big Word Little Word 12:00 Lunch 2:30 Catholic Mass 3:15 Interactive Cooking Demonstration & Tasting: Fondue Fun 4:00 Happy Hour 5:00 Dinner 6:00 Movie Night: Hoosiers	10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Group Crossword Puzzle 12:00 Lunch 12:15 Men's Pizza Lunch 2:30 Make Your Own Lip Gloss 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 History Talk with Gena: Female Pirates	10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Brain Teasers 12:00 Lunch 1:30 Walking Club 2:00 Great Courses Series 3:00 Painting Project 4:00 Happy Hour 5:00 Dinner 6:00 Friday Flicks: The Truman Show	10:00 Walking Club 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Victor Borge 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 BINGO 3:00 Museums Around the World 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: Die Hard
9:30 Catholic Service Live TV 10:00 Walking Club 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle, News & Hot Topic: Naomi Judd 12:00 Lunch 1:30 Walking Club 2:00 Balloon Volleyball 3:00 Card Sharks Club 3:00 Puzzle Club 4:00 Happy Hour w/Milk Mocktail Special 5:00 Dinner 6:00 Sunday Cinema: The Cutting Edge Milk Day	10:00 Walking Club 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discussion & Hot Topic: Tim Horton 12:00 Lunch 1:30 Flower Arranging Club: Winter Bouquet 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: Jay Kelly	9:30 Outing to Glen Eco Aquarium & Lunch at The Irish Inn! 10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:00 Pet Therapy with Watson 11:30 News Discussion & Hot Topic: Julia Louis-Dreyfus 12:00 Lunch 2:00 Opera with Bill 3:00 Table Games: Rubber Ducky Races 4:00 Happy Hour with Karen 5:00 Dinner 6:00 Movie Night: All Saints Rubber Ducky Day	10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Big Word Little Word 12:00 Lunch 1:30 Walking Club 2:30 Catholic Mass 2:30 Tech Hour with Lakeisha 3:15 Virtual Reality Cafe 4:00 Happy Hour 5:00 Dinner 6:00 Movie Night: The Breakfast Club	10:00 Walking Club 10:30 Resident Town Hall Meeting 12:00 Lunch 1:30 Just Bead it with Cindy 2:30 Gena's Live Auction Alcove 4:00 Happy Hour with Hats: Wear a Hat Day & Best Hat Contest 5:00 Dinner 6:30 Live Music Performance	10:00 Walking Club 10:30 Exercise-Friday Flex 11:00 Daily Chronicle, News Discuss & Hot Topic: Religious Freedom 11:15 Brain Teasers 12:00 Lunch 2:00 Shabbat Service 2:00 Great Courses Series 3:00 Painting Project 4:00 Happy Hour 5:00 Dinner 6:30 Live Music with Jesse Palidofsky	10:00 Walking Club 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: James Earl Jones 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 BINGO 3:00 Museums Around the World 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: The Untouchables
9:30 Catholic Service Live TV 10:00 Walking Club 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle, News Discussion & Hot Topic: Barry Manilow 12:00 Lunch 1:00 The Landon School 3:00 Card Sharks Club 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:00 Sunday Cinema: Notting Hill	10:00 Walking Club 10:30 Daily Chronicle & News Discussion 11:00 Yoga with Ashish 12:00 Lunch 1:30 Walking Club 2:00 Tribute to Dr. Martin Luther King Jr. 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Night: Selma	10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:15 Daily Chronicle, News Discussion & Hot Topic: Jimmy Carter 12:00 Lunch 1:30 Walking Club 2:00 Get Crafty 3:00 Special Happy Hour: Wine & Cheese Tasting with Karen 5:00 Dinner 6:30 Live Fiddle Music: Jeffrey Steinberg	10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Big Word Little Word 12:00 Lunch 1:30 Walking Club 2:30 Catholic Mass 2:30 Tech Hour with Lakeisha 3:15 Virtual Reality Cafe 4:00 Happy Hour 5:00 Dinner 6:00 Movie Night: Me Before You	10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Giant Group Crossword Puzzle 12:00 Lunch 12:15 Ladies Pizza Lunch 2:00 Woodlands Book Club 4:00 Happy Hour 5:00 Dinner 6:30 Interactive Murder Mystery: The Disappearance of The Woodlands Diamond	10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Mariska Hargitay 12:00 Lunch 1:30 Walking Club 2:00 Great Courses Series 3:00 Painting Project 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance with Susan Jones	10:00 Walking Club 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Jackie Robinson 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 POKENO 3:00 Travel Series 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: ET
9:30 Catholic Service Live TV 10:00 Walking Club 10:30 Chair Exercise: Zumba 11:15 Daily Chronicle, News & Hot Topic: Virginia Woolf 12:00 Lunch 1:30 Walking Club 2:00 Yoga with Ashish 3:00 Card Sharks Club 3:00 Puzzle Club 4:00 Happy Hour with Irish Coffee Special 5:00 Dinner 6:00 Sunday Cinema: How to Lose a Guy in 6 Days	10:00 Walking Club 10:30 Exercise-Cardio Drumming 11:15 Daily Chronicle, News Discussion & Hot Topic: Paul Newman 12:00 Lunch 1:30 Woodlands General Store 3:00 Handbell Choir w/ Marie 3:00 Bridge Club 4:00 Happy Hour w/Suzi 5:00 Dinner 6:00 Movie Magic: The Fabelmans	9:30 Outing to Croydon Creek Nature Center 10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:15 Table Games 12:00 Lunch 1:30 Walking Club 2:00 Get Crafty 3:00 Holocaust Remembrance 4:00 Happy Hour with Karen 5:00 Dinner 6:00 Movie Night: Nicky's Family	10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Big Word Little Word 12:00 Lunch 1:30 Walking Club 2:00 Catholic Rosary 2:30 Catholic Mass 3:15 Virtual Reality Cafe 4:00 Happy Hour 5:00 Dinner 6:00 Movie Night: Batman	10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Giant Group Crossword Puzzle 12:00 Lunch 2:00 Ladies Tea Party with Bonnie 4:00 Happy Hour 5:00 Dinner 6:30 Resident Talent Show	10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Sir Winston Churchill 12:00 Lunch 1:30 Walking Club 2:00 Great Courses Series 3:00 Painting Project 4:00 Happy Hour 5:00 Dinner 6:00 Friday Flicks: The Switch	10:00 Walking Club 10:30 Chair Exercise 11:15 Daily Chronicle, News Discussion & Hot Topic: Carol Channing 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 Get Artsy 3:00 Great Courses Series 4:00 Happy Hour 5:00 Dinner 6:00 Saturday Classics: Sunset Boulevard
Irish Coffee Day	Happy Birthday Joe Z.!	Holocaust Remembrance Day		Puzzle Day Happy Birthday Nora G.!	Inspire Your Heart with Art Day	

