

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1> <h2>Haven</h2>				<div> 10:00 Chair Dancing Exercise 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 What's New in 2026? Presentation 1:30 New Years Day Fireworks Canvas Paintings 2:00 Afternoon Chair Exercises with Daryl 2:30 New Years Fill In the Blank 3:00 Afternoon Refreshments 3:15 Table Bowling Thursday 3:30 Make Music with Marie 6:00 Movie Night </div> <div>1</div>	<div> 10:00 Morning Exercise 10:35 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Art Corner: Painting Winter Snow Globes 2:00 Afternoon Chair Exercises with Kenitra 2:45 National Science Fiction Day: Remembering E.T the Extra Terrestrial 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:35 Marvelous Manicures 6:00 Evening Performance by Vince Borrelli! </div> <div>2</div>	<div> 10:00 Morning Exercises 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Alaska Day: 49th State History 1:30 Alaska State Flag Coloring 2:00 Afternoon Chair Exercises with Daryl 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:15 Live Performance by Rita & Richard Clarke! 4:15 Silly Saturday Word Games 6:00 Movie Night </div> <div>3</div>
<div> 10:00 Chair Aerobics 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Sugar Cookie Sunday with Sara 2:30 Afternoon Chair Exercises 3:00 Afternoon Refreshments 3:15 National Missouri Day: Fun Facts/Landmarks 3:30 Scenic Ride 4:00 Sing-along Sunday with Sara 6:00 Movie Night </div> <div>4</div>	<div> 10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 National Bird Day: Birds Around the World 1:30 National Whipped Cream Day: Hot Chocolate Demo 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:15 Afternoon Chair Exercises 3:30 Scenic Ride 3:45 Art Corner: Winter Bird Canvas Paintings 6:00 Movie Night </div> <div>5</div>	<div> 10:00 Chair Yoga with Isha 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Tricky Tuesday Word Games 1:30 Happy Birthday New Mexico! AnyTown Tuesday Presentation 2:00 Afternoon Chair Exercises 2:30 Table Bowling Tuesday 3:00 Afternoon Refreshments 3:15 Color by Number: Arctic Wildlife 3:30 VR Cafe 4:15 Marvelous Manicures 6:00 Movie Night </div> <div>6</div>	<div> 10:00 Move & Groove Exercises 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Catholic Mass 1:30 Conversation Corner 2:00 Waffle Wednesday 2:45 Afternoon Chair Exercises with Lisa 3:00 Afternoon Refreshments 3:35 Live Performance by Steve Barke! 6:00 Movie Night </div> <div>7</div>	<div> 10:00 Chair Dancing Exercise 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Elvis Day! Biography & Familiar Tunes 1:30 Winter Art: Snowman Canvas Paintings 2:00 Afternoon Chair Exercises with Daryl 2:30 Table Bowling Thursday 3:00 Afternoon Refreshments 3:15 Words That Start With... 3:30 Make Music with Marie 6:00 Movie Night </div> <div>8</div>	<div> 10:00 Morning Exercise 10:35 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Art Corner: Northern Lights Canvas Paintings 2:00 Shabbat Service with Rabbi Adam ~ 1st Floor 2:30 Afternoon Chair Exercises with Jenna 3:00 Afternoon Refreshments 3:15 Marvelous Manicures 3:30 Scenic Ride 4:00 Fairytale Friday Storytelling 6:00 Movie Night </div> <div>9</div>	<div> 10:00 Morning Exercises with Jenna 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 National Bittersweet Chocolate Day: Cookie Demo 2:00 Afternoon Chair Exercises 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:35 Live Performance by Frank Plumer! 6:00 Movie Night </div> <div>10</div>
<div> 10:00 Chair Aerobics 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 National Milk Day: Chocolate Milkshakes 2:30 Afternoon Chair Exercises 3:00 Afternoon Refreshments 3:15 National Arkansas Day: Fun Facts 3:30 Scenic Ride 4:00 Sing-along Sunday with Sara 6:00 Movie Night </div> <div>11</div>	<div> 10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Winter Poetry 1:30 Hot Tea Day: Tea Party 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:15 Afternoon Chair Exercises 3:30 Scenic Ride 3:45 Make Music Monday with Daryl: Rhythmic Movement Exercises 6:00 Movie Night </div> <div>12</div>	<div> 10:00 Chair Yoga 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 AnyTown Tuesday 1:30 National Sticker Day: Gemstone Sticker Art 2:00 Afternoon Chair Exercises with Isha 2:30 Live Performance by Jerry Roman! 3:00 Afternoon Refreshments 3:30 VR Cafe 4:15 Marvelous Manicures 6:00 Movie Night </div> <div>13</div>	<div> 10:00 Move & Groove Exercises 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Catholic Mass 1:30 Wintertime Memories Day: Discussion Corner 2:00 Waffle Wednesday 2:45 Afternoon Chair Exercises with Lisa 3:00 Afternoon Refreshments 3:35 Live Performance by Julie Hall! 6:00 Movie Night </div> <div>14</div>	<div> 10:00 Chair Dancing Exercise 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Winter Poetry 1:30 National Strawberry Ice Cream Day: Ice Cream Demo 2:00 Afternoon Chair Exercises with Daryl 2:30 Table Bowling Thursday 3:00 Afternoon Refreshments 3:15 Words That Start With... 3:30 Make Music with Marie 6:00 Movie Night </div> <div>15</div>	<div> 10:00 Morning Exercise 10:35 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Art Corner: Winter Snowman Canvas Paintings 2:30 Afternoon Chair Exercises with Jenna 3:00 Afternoon Refreshments 3:15 Marvelous Manicures 3:30 Scenic Ride 4:00 Fairytale Friday Storytelling 6:00 Movie Night </div> <div>16</div>	<div> 10:00 Morning Exercises with Jenna 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Snowflake Day: Popsicle Stick Snowflake Craft 2:30 Afternoon Chair Exercises 3:00 Crazy Cornhole 3:00 Afternoon Refreshments 3:35 Live Performance by Darryl Nichols! 6:00 Movie Night </div> <div>17</div>
<div> 10:00 Chair Aerobics 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Sugar Cookie Sunday with Sara 2:30 Afternoon Chair Exercises 3:00 Afternoon Refreshments 3:15 National Michigan Day: Fun Facts 3:30 Scenic Ride 4:00 Sing-along Sunday with Sara 6:00 Movie Night </div> <div>18</div>	<div> 10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Martin Luther King Jr Day: Biography 1:30 National Popcorn Day: Poppin' Popcorn 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:15 Afternoon Chair Exercises 3:30 Scenic Ride 3:45 Make Music Monday with Daryl: Rhythmic Movement Exercises 6:00 Movie Night Martin Luther King Jr. Day </div> <div>19</div>	<div> 10:00 Chair Yoga 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Penguin Awareness Day: Animal Facts 1:30 National Cheese Lovers Day: Grilled Cheese Culinary Demo 2:00 Afternoon Chair Exercises with Isha 2:30 Table Bowling Tuesday 3:00 Afternoon Refreshments 3:15 Painting Birthday Banner for Nancy B! 3:30 VR Cafe 4:15 Marvelous Manicures 6:00 Movie Night </div> <div>20</div>	<div> 10:00 Move & Groove Exercises 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Catholic Mass 1:30 Squirrel Appreciation Day: Animal Trivia 2:00 Waffle Wednesday Birthday Party for Nancy B! 2:45 Afternoon Chair Exercises with Lisa 3:00 Afternoon Refreshments 3:45 Live Performance Empty Ecstasy! 6:00 Movie Night </div> <div>21</div>	<div> 10:00 Chair Dancing Exercise 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Winter Poetry 12:30 Outing to Bethesda Chocolates 1:30 Table Bowling Thursday 2:00 Afternoon Chair Exercises with Daryl 2:30 National Polka Dot Day: Polka Dot Pom Pom Trees 3:00 Afternoon Refreshments 3:15 Words That Start With... 3:30 Make Music with Marie 6:00 Movie Night </div> <div>22</div>	<div> 10:00 Morning Exercise 10:35 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 National Pie Day: Baking Demo 2:00 Afternoon Chair Exercises with Jenna 2:30 First Rock & Roll Hall of Fame Inductions 3:00 Afternoon Refreshments 3:15 Marvelous Manicures 3:30 Scenic Ride 4:00 Fairytale Friday Storytelling 6:00 Movie Night </div> <div>23</div>	<div> 10:00 Morning Exercises with Jenna 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Silly Saturday Word Games 2:00 Afternoon Chair Exercises 2:45 Crazy Cornhole 3:00 Afternoon Refreshments 3:45 Live Performance by Gabe Hutter! 6:00 Movie Night </div> <div>24</div>
<div> 10:00 Chair Aerobics 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Sugar Cookie Sunday with Sara 2:30 Afternoon Chair Exercises 3:00 Afternoon Refreshments 3:15 National Florida Day: Fun Facts 3:30 Scenic Ride 4:00 Sing-along Sunday with Sara 6:00 Movie Night </div> <div>25</div>	<div> 10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Australia Day: History Presentation 1:30 Australian Art Corner: Felt Koalas 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:15 Afternoon Chair Exercises with Sara 3:45 Live Performance by Jon Watkins! 6:00 Movie Night Australia Day (Observed) </div> <div>26</div>	<div> 10:00 Chair Yoga 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 National Geographic Society Day 1:30 National Chocolate Cake Day: Baking Demo with Sara 2:00 Afternoon Chair Exercises with Isha 2:30 Table Bowling Tuesday 3:00 Afternoon Refreshments 3:15 Color by Number: Snowy Owls 3:30 VR Cafe 4:15 Marvelous Manicures 6:00 Movie Night </div> <div>27</div>	<div> 10:00 Move & Groove Exercises 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Catholic Mass 1:30 Conversation Corner 2:00 National Blueberry Pancake Day 2:45 Afternoon Chair Exercises with Lisa 3:00 Afternoon Refreshments 3:35 Live Performance by Stephen Kenley! 6:00 Movie Night </div> <div>28</div>	<div> 10:00 Chair Dancing Exercise 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Winter Poetry 1:30 Table Bowling Thursday 2:00 Afternoon Chair Exercises with Daryl 2:30 Sleeping Beauty Anniversary: Movie Overview & Original Soundtrack 3:00 Afternoon Refreshments 3:15 Words That Start With... 3:30 Make Music with Marie 6:00 Movie Night </div> <div>29</div>	<div> 10:00 Morning Exercise 10:35 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Favorite Sports Team Day: Discussion Activity 2:00 Afternoon Chair Exercises with Jenna 2:30 Froot-Loop Jewelry Making 3:00 Afternoon Refreshments 3:15 Marvelous Manicures 3:30 Scenic Ride 4:00 Fairytale Friday Storytelling 6:00 Movie Night </div> <div>30</div>	<div> 10:00 Morning Exercises with Jenna 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 National Hot Chocolate Day: Drink Demo 2:00 Afternoon Chair Exercises 2:45 Crazy Cornhole 3:00 Afternoon Refreshments 3:45 Live Performance by Bob Clark! 6:00 Movie Night </div> <div>31</div>