

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Move & Groove Exercises 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Catholic Mass & Noodle Volleyball 2:00 National Homemade Cookies Day: Spooky Designs 2:45 Afternoon Chair Exercises with Jenna 3:00 Afternoon Refreshments 3:35 Live Performance by Steve Barke! 6:00 Movie Night Yom Kippur Begins	2 10:00 Chair Dancing Exercise 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Happy Birthday Sting: Biography Reading 1:30 Table Bowling Thursday 2:30 Afternoon Chair Exercises with Daryl 3:00 Afternoon Refreshments 3:15 Words That Start With... 3:45 Make Music with Marie 6:00 Movie Night	3 10:00 Morning Exercise 10:35 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Painting a Birthday Banner for Ellen D! 2:00 Afternoon Chair Exercises with Jenna 2:45 Bullet in a Bucket 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:35 Marvelous Manicures & Puzzles 6:00 Movie Night	4 10:00 Morning Exercise 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Crazy Cornhole 2:00 Afternoon Chair Exercises with Jenna 2:45 Ice Cream Birthday Party for Ellen! 3:00 Afternoon Refreshments 3:15 Live Performance by Rita & Richard Clarke! 4:15 Noodle Volleyball Tournament 6:00 Movie Night
5 10:00 Chair Aerobics 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 KP Annual Car Show ~ Parking Lot 2:30 Afternoon Chair Exercises 3:00 Afternoon Refreshments 3:15 National Rhode Island Day: Fun Facts/Landmarks 4:00 Sing-along Sunday with Sara & Rhode Island State Flag Coloring 6:30 Movie Night	6 10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 MemPics Monday 2:00 Afternoon Chair Exercises with Kenitra 2:35 Crazy Cornhole 3:00 National Mad Hatter Day: Pumpkin Spiced Tea Party 3:30 Scenic Ride 3:35 Make Music Monday with Kenitra: Rhythmic Movement Exercises 6:00 Movie Night Sukkot Begins	7 10:00 Chair Yoga with Isha 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Spooky Town Tuesday 2:00 Afternoon Chair Exercises 2:45 Table Bowling Tuesday 3:30 Tuesday Tissue Paper Tree Craft 4:15 Marvelous Manicures & VR Cafe 6:00 Movie Night	8 10:00 Move & Groove Exercises 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Catholic Mass 1:30 Noodle Volleyball 2:00 Waffle Wednesday 2:45 Afternoon Chair Exercises with Jenna 3:00 Afternoon Refreshments 3:35 Live Performance by Julie Hall! 6:00 Movie Night	9 10:00 Chair Dancing Exercise 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Table Bowling Thursday 2:30 Afternoon Chair Exercises with Daryl 3:00 Afternoon Refreshments 3:15 Happy Birthday John Lennon: Biography Reading & Beatle 3:45 Make Music with Marie 6:00 Movie Night	10 10:00 Morning Exercise 10:35 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 October Watercolors: Pumpkins 2:00 Afternoon Chair Exercises with Jenna 2:00 Shabbat Service with Rabbi Adam 2:45 Bullet in a Bucket 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:35 Marvelous Manicures & Puzzles 6:00 Movie Night	11 10:00 Morning Exercises with Jenna 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Noodle Volleyball Tournament 2:00 Walk to End Alzheimer's ~ Parking Lot 3:00 Afternoon Refreshments 3:15 Crazy Cornhole 4:15 Afternoon Chair Exercises with Jenna 6:00 Movie Night
12 10:00 Chair Aerobics 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Sugar Cookie Sunday with Sara 2:30 Afternoon Chair Exercises 3:00 Afternoon Refreshments 3:15 National Vermont Day: Fun Facts/Landmarks 3:30 Scenic Ride 4:00 Sing-along Sunday with Sara & Vermont State Flower Coloring 6:30 Movie Night	13 10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 MemPics Monday 2:00 Afternoon Chair Exercises with Kenitra 2:35 Indigenous People's Day: Presentation 3:00 Crazy Cornhole 3:35 Make Music Monday with Kenitra: Rhythmic Movement Exercises 6:00 Movie Night Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	14 10:00 Chair Yoga with Isha 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Painting a Birthday Banner for Eddie C! 2:00 Afternoon Chair Exercises 2:45 Table Bowling Tuesday 3:30 Tuesday Tissue Paper Pumpkin Craft 4:15 Marvelous Manicures & VR Cafe 6:00 Movie Night Simchat Torah Begins	15 10:00 Move & Groove Exercises 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Catholic Mass & National I Love Lucy Day 2:00 Waffle Wednesday 2:45 Afternoon Chair Exercises with Lisa 3:00 Afternoon Refreshments 3:30 Birthday Celebration for Eddie C! 3:35 Live Performance by Kent Marcoux! 6:00 Movie Night	16 10:00 Chair Dancing Exercise 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:30 Outing to Brookeville Beer Farm! ~ Lobby 1:30 Table Bowling Thursday 2:30 Afternoon Chair Exercises with Daryl 3:00 Afternoon Refreshments 3:15 Words That Start With... 3:45 Make Music with Marie 6:00 Movie Night	17 10:00 Morning Exercise with Jenna 10:35 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Painting a Birthday Banner for Vern A! 2:00 Afternoon Chair Exercises 2:45 Bullet in a Bucket 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:35 National Black Poetry Day: Maya Angelou 6:00 Movie Night	18 10:00 Morning Exercises with Jenna 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 National Chocolate Cupcake Day: Spooky Spider Designs 2:00 Afternoon Chair Exercises 2:45 Crazy Cornhole 3:00 Afternoon Refreshments 3:15 Birthday Party for Vern! 3:35 Live Performance by Darryl Nichols! 6:00 Movie Night
19 10:00 Chair Aerobics 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 2:00 Oktoberfest Party & Celebration by TKO Polka Band ~ Parking Lot 3:00 Afternoon Refreshments 3:30 Afternoon Chair Exercises 4:00 Sing-along Sunday with Sara 4:15 National Kentucky Day: Fun Facts/Landmarks 6:30 Movie Night	20 10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 MemPics Monday 2:00 Afternoon Chair Exercises 2:35 Crazy Cornhole 3:00 Afternoon Refreshments 3:00 Happy Birthday Mickey Mantle: Biography 3:30 Scenic Ride 3:30 Holy Redeemer Student Choir 4:00 Make Music Monday with Kenitra: Rhythmic Movement Exercises 6:00 Movie Night	21 10:00 Chair Yoga with Isha 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Afternoon Chair Exercises 2:00 Autumn Themed Poetry Analysis by Nina S! 2:45 Table Bowling Tuesday 3:30 National Reptile Awareness Day: Presentation & Iguana Coloring 4:15 Marvelous Manicures & VR Cafe 6:00 Movie Night	22 10:00 Move & Groove Exercises 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Catholic Mass 1:30 National Color Day: Autumn Coloring 2:00 Waffle Wednesday 2:45 Afternoon Chair Exercises with Lisa 3:00 Afternoon Refreshments 3:35 Live Performance by Stephen Kenley! 6:00 Movie Night	23 10:00 Chair Dancing Exercise 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 12:00 Outing to Butler's Orchard Pumpkin Festival! ~ Lobby 1:30 Table Bowling Thursday 2:30 Afternoon Chair Exercises with Daryl 3:00 Afternoon Refreshments 3:15 Words That Start With... 3:45 Make Music with Marie 6:00 Movie Night	24 10:00 Morning Exercise 10:35 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Painting Jack-O-Lantern Flower Pots 2:00 Afternoon Chair Exercises with Jenna 2:45 Bullet in a Bucket 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:35 Marvelous Manicures & Puzzles 6:00 Movie Night	25 10:00 Morning Exercise 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Happy Birthday Pablo Picasso! Biography 2:00 Afternoon Chair Exercises with Jenna 2:45 Crazy Cornhole 3:00 Afternoon Refreshments 3:30 Paint Like Picasso! 6:00 Movie Night
26 10:00 Chair Aerobics 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 National Pumpkin Day: Pumpkin Pie Demo & Coloring 2:30 Afternoon Chair Exercises 3:00 Afternoon Refreshments 3:15 National Tennessee Day: Fun Facts 3:30 Scenic Ride 4:00 Sing-along Sunday with Sara 6:30 Movie Night	27 10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 National Black Cat Day: Painting 2:00 Afternoon Chair Exercises 2:35 Crazy Cornhole 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:35 Make Music Monday with Kenitra: Rhythmic Movement Exercises 6:00 Movie Night	28 10:00 Chair Yoga with Isha 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 National Chocolate Day: Chocolate Chip Mummy Cookies 2:00 Afternoon Chair Exercises 2:45 Table Bowling Tuesday 3:30 Statue of Liberty Anniversary: Fun Facts & Coloring 4:15 Marvelous Manicures & VR Cafe 6:00 Movie Night	29 10:00 Move & Groove Exercises 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Catholic Mass 1:30 National Cat Day: Cat Trivia 2:00 Waffle Wednesday 2:45 Afternoon Chair Exercises with Lisa 3:00 Afternoon Refreshments 3:45 Live Performance by Bob Clark! 6:00 Movie Night	30 10:00 Chair Dancing Exercise 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Table Bowling Thursday 2:30 Afternoon Chair Exercises with Daryl 3:00 Afternoon Refreshments 3:15 Words That Start With... 3:45 Make Music with Marie 6:00 Movie Night	31 10:00 Morning Exercise with Jenna 10:35 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Halloween Spiderweb Craft 2:00 Afternoon Chair Exercises 2:45 Bullet in a Bucket 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:35 Halloween Performance by Vince Borrelli! 6:00 Movie Night Halloween	Happy Birthday! <i>10/4 Ellen D</i> <i>10/15 Eddie C</i> <i>10/18 Vern A</i>