

| Sunday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Friday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Saturday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| 9:45 Meditative Yoga with Daryl & Jenna<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 Daily Chronicle Discussion ~ Sunroom<br><b>11:30 National Rhode Island Day: Fun Facts/Landmarks</b><br><b>1:30 KP Annual Car Show ~ Parking Lot</b><br>2:30 Afternoon Chair Exercises<br><b>3:00 Happy Hour</b><br>3:30 The Aim Game & Guess That Song<br><b>3:30 Rhode Island State Flag Coloring with Jenna ~ Art Room</b><br>6:30 Movie Night                                                                                            | 9:45 Move & Groove Mondays w/ Cissel & Daryl<br>10:30 Hydration Station & Scenic Ride<br>10:40 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>11:30 Book Club</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 National Mad Hatter Day: Pumpkin Spiced Tea Party with Sara</b><br>2:00 Afternoon Chair Exercises<br><b>3:30 Make Music Monday with Blessy! ~ Bistro</b><br>3:30 Monday Manicures with Care Team<br>4:15 Mini Golf Monday<br>6:00 Movie Night<br><b>Sukkot Begins</b>                    | 9:45 Total Workout Tuesday with Priscilla and Daryl<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br>11:30 Spooky Town Tuesday<br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 Weight Training Exercises w/ Sara &amp; Daryl</b><br>2:30 Table Bowling Tuesday with Daryl<br><b>3:30 Tuesday Tunes with Elaine O ~ Bistro</b><br>3:30 Tuesday Table Games ~ Art Room<br>4:00 Spooky Ring Toss & Word in a Word with Daryl<br>6:00 Movie Night                                              | 9:45 Workout Wednesdays w/ Daryl & Isha<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br>11:30 Wednesday Word Games with Isha<br>1:30 Wacky Wednesday Riddles with Daryl<br>1:30 Walking Club ~ Weather Permitting<br>2:00 Afternoon Chair Exercises ~ Sunroom<br><b>2:30 Waffle Wednesday</b><br><b>2:30 Live Performance by Julie Hall! ~ Bistro</b><br>3:00 Happy Hour<br>3:30 Giant Connect Four & Whiteboard Pictionary<br>3:30 Wednesday Watercolors with Isha ~ Art Room<br>6:00: Movie Night<br><b>Yom Kippur Begins</b> | 9:45 Total Training Thursdays with Sara & Isha<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>11:30 Happy Birthday, Sting: Biography Reading</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 Table Bowling Thursday with Isha ~ Sunroom</b><br><b>2:00 Hot Topics with Priscilla ~ TV Room</b><br>2:45 Afternoon Chair Exercises with Isha & Priscilla<br>3:30 Air Hockey & Words That Start With...<br><b>3:30 VR Cafe ~ Art Room</b><br>6:00 Movie Night                                                          | 9:45 Fresh & Fit Fridays with Isha & Kenitra<br><b>10:30 Scenic Ride ~ Lobby</b><br>10:35 Hydration Station<br>10:40 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Reading<br><b>11:30 Jumpin' Jeopardy with Isha</b><br><b>11:30 Wheel of Fortune with Kenitra</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 World Smile Day: October Humor</b><br>2:30 Afternoon Chair Exercises<br><b>3:00 Happy Hour</b><br>3:30 Bold Baskets & Crazy Categories with Isha<br><b>3:30 Blazin' Bingo with Kenitra ~ Art Room</b><br>6:00 Movie Night                | 9:45 Sculpt and Sweat Saturdays with Isha and Kenitra<br>10:30 Hydration Station<br><b>10:35 Scenic Ride ~ Lobby</b><br>10:40 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>11:30 National Golf Lovers Day: Famous Golfers in History</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 Live Performance by Rita &amp; Richard Clarke!</b><br>3:00 Happy Hour<br>3:30 Beanbag Toss & Word Association with Kenitra<br>3:30 Soothing Saturday Manicures with Isha<br>6:00 Movie Night                                        |
| 9:45 Meditative Yoga with Daryl & Lisa<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 Daily Chronicle Discussion ~ Sunroom<br><b>11:30 National Vermont Day: Fun Facts/Landmarks</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 Giant Word Search</b><br>2:00 Beautiful Beading<br>2:30 Afternoon Chair Exercises<br><b>3:00 Happy Hour</b><br><b>3:30 Birthday Celebration for Wynne W! ~ Bistro</b><br>3:45 The Aim Game & Guess That Song<br><b>3:45 Vermont State Flower Paining: Red Clover</b><br>6:30 Movie Night | 9:45 Move & Groove Mondays with Cissel and Daryl<br>10:30 Hydration Station & Scenic Ride<br>10:40 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>11:30 Book Club</b><br>1:30 Walking Club & Afternoon Chair Exercises<br><b>2:30 Indigenous People's Day: Presentation</b><br><b>3:30 Make Music Monday with Blessy &amp; Mini Golf</b><br>6:00 Movie Night<br><b>Thanksgiving Day (Canada)</b><br><b>Indigenous Peoples' Day</b><br><b>Columbus Day (U.S.)</b>                                                | 9:45 Total Workout Tuesday with Priscilla and Daryl<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br>11:30 Spooky Town Tuesday<br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 Weight Training Exercises w/ Sara &amp; Daryl</b><br>2:30 Table Bowling Tuesday with Daryl<br><b>3:30 Tuesday Tunes with Elaine O ~ Bistro</b><br>3:30 Tuesday Table Games ~ Art Room<br>4:00 Spooky Ring Toss & Word in a Word with Daryl<br>6:00 Movie Night<br><b>Simchat Torah Begins</b>               | 9:45 Workout Wednesdays w/ Daryl & Isha<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>11:00 Outing to Bethesda with K-Club ~ Lobby</b><br><b>11:30 National I Love Lucy Day: Biography</b><br>1:30 Walking Club ~ Weather Permitting<br>2:00 Afternoon Chair Exercises ~ Sunroom<br><b>2:30 Waffle Wednesday</b><br><b>2:30 Live Performance by Kent Marcoux! ~ Bistro</b><br>3:00 Happy Hour<br>3:30 Giant Connect Four & Whiteboard Pictionary<br>3:30 Wednesday Watercolors with Isha ~ Art Room<br>6:00: Movie Night   | 9:45 Total Training Thursdays with Sara and Isha<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>11:30 National Sports Day: History of the NFL</b><br><b>11:30 Brookeville Beer Farm ~ Lobby</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 Table Bowling Thursday with Isha ~ Sunroom</b><br><b>2:00 Hot Topics with Priscilla ~ TV Room</b><br>2:45 Afternoon Chair Exercises with Isha & Priscilla<br>3:30 Air Hockey & Words That Start With...<br><b>3:30 VR Cafe ~ Art Room</b><br>6:00 Movie Night           | 9:45 Fresh & Fit Fridays with Isha & Kenitra<br><b>10:30 Scenic Ride ~ Lobby</b><br>10:35 Hydration Station<br>10:40 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Reading<br><b>11:30 Jumpin' Jeopardy with Isha</b><br><b>11:30 Wheel of Fortune with Kenitra</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 National Black Poetry Day: Maya Angelou</b><br>2:30 Afternoon Chair Exercises<br><b>3:00 Happy Hour</b><br>3:30 Bold Baskets & Crazy Categories with Isha<br><b>3:30 Blazin' Bingo with Kenitra ~ Art Room</b><br>6:00 Movie Night       | 9:45 Sculpt and Sweat Saturdays with Isha and Kenitra<br>10:30 Hydration Station & Scenic Ride<br>10:40 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>11:30 International Archaeology Day: Discoveries That Changed the World</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 National Chocolate Cupcake Day: Spooky Spider Designs</b><br><b>2:00 Live Performance by Daryl Nichols! ~ Bistro</b><br>3:30 Beanbag Toss & Word Association with Kenitra<br>3:30 Soothing Saturday Manicures with Isha<br>6:00 Movie Night |
| 9:45 Meditative Yoga with Daryl & Jenna<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 Daily Chronicle Discussion ~ Sunroom<br><b>11:30 National Kentucky Day: Fun Facts/Landmarks</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 Oktoberfest Party &amp; Performance by TKO Polka Band! ~ Parking Lot</b><br>3:00 Happy Hour<br>3:30 The Aim Game & Guess That Song<br><b>3:30 October Tissue Paper Trees with Jenna</b><br>6:30 Movie Night                                                                            | 9:45 Move & Groove Mondays with Cissel and Daryl<br>10:30 Hydration Station<br><b>10:35 Scenic Ride ~ Lobby</b><br>10:40 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>11:30 Happy Birthday Mickey Mantle: Biography</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 Autumn Themed Poetry Analysis with Nina S! ~ Sunroom</b><br><b>3:30 Holy Redeemer Student Choir ~ Bistro</b><br><b>4:00 Make Music Monday with Blessy! ~ Bistro</b><br>4:45 Mini Golf Monday<br>6:00 Movie Night                 | 9:45 Total Workout Tuesday with Priscilla and Daryl<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>11:30 National Reptile Awareness Day: Presentation</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 Weight Training Exercises w/ Sara &amp; Daryl</b><br>2:30 Table Bowling Tuesday with Daryl<br><b>3:30 Tuesday Tunes with Elaine O ~ Bistro</b><br>3:30 Tuesday Table Games ~ Art Room<br>4:00 Spooky Ring Toss & Word in a Word with Daryl<br>6:00 Movie Night              | 9:45 Workout Wednesdays w/ Daryl & Isha<br>10:30 Hydration Station & Walking Club<br>11:00 The Daily Chronicle Discussion<br>11:30 Wednesday Word Games with Isha<br>1:30 Wacky Wednesday Riddles with Daryl<br>1:30 Walking Club ~ Weather Permitting<br>2:00 Afternoon Chair Exercises ~ Sunroom<br><b>2:30 Waffle Wednesday</b><br><b>2:30 Live Performance by Stephen Kenley!</b><br>3:00 Happy Hour<br>3:30 Giant Connect Four & Whiteboard Pictionary<br><b>3:30 National Color Day: Autumn Watercolors with Isha ~ Art Room</b><br>6:00: Movie Night                                      | 9:45 Total Training Thursdays with Sara and Isha<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>12:00 Butler's Orchard Pumpkin Festival</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 Table Bowling Thursday with Isha ~ Sunroom</b><br><b>2:00 Hot Topics with Priscilla ~ TV Room</b><br>2:45 Afternoon Chair Exercises with Isha & Priscilla<br>3:30 Air Hockey & Words That Start With...<br><b>3:30 VR Cafe ~ Art Room</b><br>6:00 Movie Night                                                               | 9:45 Fresh & Fit Fridays with Isha & Kenitra<br><b>10:30 Scenic Ride ~ Lobby</b><br>10:35 Hydration Station<br>10:40 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Reading<br><b>11:30 Jumpin' Jeopardy with Kenitra</b><br><b>11:30 Wheel of Fortune with Isha</b><br>1:30 Walking Club ~ Weather Permitting<br>2:00 Afternoon Chair Exercises<br><b>2:00 World Origami Day: Animal Faces</b><br>3:30 Bold Baskets & Crazy Categories with Kenitra<br>3:30 Fun Friday Art Crafts with Isha ~ Art Room<br>6:00 Movie Night                                        | 9:45 Sculpt and Sweat Saturdays with Isha and Kenitra<br>10:30 Hydration Station<br><b>10:35 Scenic Ride ~ Lobby</b><br>10:40 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>11:30 Happy Birthday Pablo Picasso: Biography</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 Live Performance by Rita &amp; Richard Clarke!</b><br>3:00 Happy Hour<br>3:30 Beanbag Toss & Word Association with Isha<br><b>3:30 Paint like Picasso with Kenitra ~ Art Room</b><br>6:00 Movie Night                                           |
| 9:45 Meditative Yoga with Daryl & Lisa<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 Daily Chronicle Discussion ~ Sunroom<br><b>11:30 National Tennessee Day: Fun Facts/Landmarks</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 National Pumpkin Day: Pumpkin Pie Demo</b><br>2:00 Beautiful Beading<br>2:30 Afternoon Chair Exercises<br><b>3:00 Happy Hour</b><br>3:30 The Aim Game & Guess That Song<br><b>3:30 National Pumpkin Day DIY Craft with Daryl</b><br>6:30 Movie Night                                   | 9:45 Move & Groove Mondays w/ Cissel and Daryl<br>10:30 Hydration Station & Scenic Ride<br>10:40 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>11:30 Book Club</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 National Black Cat Day: Painting with Sara</b><br>2:30 Afternoon Chair Exercises<br><b>3:30 Birthday Celebration for Sally F! ~ Bistro</b><br><b>3:45 Make Music Monday with Blessy! ~ Bistro</b><br>3:45 Monday Manicures with Care Team<br>4:15 Mini Golf Monday<br>6:00 Movie Night | 9:45 Total Workout Tuesday with Priscilla and Daryl<br>10:30 Hydration Station & Walking Club<br>11:00 The Daily Chronicle Discussion<br>11:30 Spooky Town Tuesday<br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 National Chocolate Day: Chocolate Chip Mummy Cookies</b><br>2:00 Weight Training Exercises w/ Sara & Daryl<br><b>3:30 Birthday Celebration for Carl R! ~ Bistro</b><br><b>3:45 Tuesday Tunes with Elaine O ~ Bistro</b><br>3:45 Tuesday Table Games ~ Art Room<br>4:00 Spooky Ring Toss & Word in a Word with Daryl<br>6:00 Movie Night | 9:45 Workout Wednesdays w/ Daryl & Isha<br>10:30 Hydration Station & Walking Club<br>11:00 The Daily Chronicle Discussion<br>11:30 Wednesday Word Games with Isha<br>11:30 Wacky Wednesday Riddles with Daryl<br>1:30 Walking Club ~ Weather Permitting<br>2:00 Afternoon Chair Exercises ~ Sunroom<br><b>2:30 Waffle Wednesday</b><br><b>2:30 Live Performance by Bob Clark!</b><br>3:00 Happy Hour<br>3:30 Giant Connect Four & Whiteboard Pictionary<br><b>3:30 National Cat Day: Cat Trivia &amp; Coloring with Daryl ~ Art Room</b><br>6:00: Movie Night                                    | 9:45 Total Training Thursdays with Sara and Isha<br>10:30 Hydration Station<br>10:35 Walking Club ~ Weather Permitting<br>11:00 The Daily Chronicle Discussion<br><b>12:00 Butler's Orchard Pumpkin Festival</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 Table Bowling Thursday with Isha ~ Sunroom</b><br><b>2:00 Hot Topics with Priscilla ~ TV Room</b><br>2:45 Afternoon Chair Exercises with Isha & Priscilla<br>3:30 Air Hockey & Words That Start With...<br><b>3:30 National Candy Corn Day: Craft Kit with Priscilla ~ Art Room</b><br>6:00 Movie Night<br><b>Halloween</b> | 9:45 Fresh & Fit Fridays with Isha & Kenitra<br><b>10:30 Scenic Ride ~ Lobby</b><br>10:35 Hydration Station & Walking Club<br>11:00 The Daily Chronicle Reading<br><b>11:30 Jumpin' Jeopardy with Isha</b><br><b>11:30 Wheel of Fortune with Kenitra</b><br>1:30 Walking Club ~ Weather Permitting<br><b>2:00 National Caramel Apple Day: Halloween Caramel Apples &amp; Spooky Punch Demo</b><br><b>2:30 Halloween Performance by Vince Borelli!</b><br>3:30 Bold Baskets & Crazy Categories with Isha<br><b>3:30 Halloween Bingo with Kenitra ~ Art Room</b><br>6:00 Movie Night | <b>Happy Birthday!</b><br><br><i>10/9 Joanne L</i><br><i>10/12 Wynne W</i><br><i>10/27 Sally F</i><br><i>10/28 Carl R</i>                                                                                                                                                                                                                                                                                                                                                       |