

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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9:45 Meditative Yoga with Kenitra & Lisa 10:30 Hydration Station & Walking Club 11:00 Daily Chronicle Discussion ~ Sunroom <b>11:30 National Sisters Day: Conversation Corner</b> 1:30 Walking Club ~ Weather Permitting 2:00 Giant Jenga with Lisa <b>2:00 International Friendship Day: Froot-Loop Bracelets</b> 2:30 Afternoon Chair Exercises <b>3:00 National Watermelon Day: Snack Social</b> 3:30 The Aim Game & Guess That Song <b>3:30 Tissue Paper &amp; Coffee Beans Sunflowers with Lisa</b> 6:30 Movie Night	9:45 Move & Groove Mondays with Cissel and Nancy 10:30 Hydration Station & Scenic Ride 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30: MemPics Monday</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 National Chocolate Chip Cookie Day</b> 2:45 Afternoon Chair Exercises with Sara 3:30 Mini Golf Monday & Tricky Trivia 3:30 Monday Manicures with Care Team 6:00 Movie Night	9:45 Total Workout Tuesday w/ Priscilla & Daryl 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion & AnyTown Tuesday 1:30 Walking Club ~ Weather Permitting 2:00 Weight Training Exercises w/ Sara & Daryl 2:45 Table Bowling Tuesday with Daryl 2:45 Tuesday Tune Sing-along with Sara <b>3:30 Birthday Celebration for Anne C!</b> 3:45 Safari Ring Toss & Word in a Word with Daryl 3:45 Tuesday Table Games & VR Cafe <b>6:00 National Night Out: Performance by Daryl Davis</b>	9:45 Workout Wednesdays w/ Daryl & Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion <b>11:30 Happy Birthday Lucille Ball! Biography</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Sunroom <b>2:30 National Root Beer Float Day: Demo</b> <b>2:30 Live Performance by Steve Barke!</b> 3:00 Happy Hour 3:30 Giant Connect Four & Whiteboard Pictionary 3:30 Wednesday Watercolors with Isha ~ Art Room 6:00: Movie Night	9:45 Total Training Thursdays with Sara & Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion <b>11:30 Outing to Green Meadows Petting Farm</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 Table Bowling Thursday with Isha ~ Sunroom</b> <b>2:00 Hot Topics with Priscilla ~ TV Room</b> 2:45 Afternoon Chair Exercises with Isha & Priscilla 3:30 Air Hockey & Words That Start With... 3:30 Thursday Tabletop Games with Priscilla 6:00 Movie Night	9:45 Fresh & Fit Fridays with Kenitra <b>10:30 Scenic Ride ~ Lobby</b> 10:35 Hydration Station & Walking Club 11:00 The Daily Chronicle Reading <b>11:30 Wheel of Fortune with Kenitra</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 National Frozen Custard Day: Sundae Demo</b> 2:45 Afternoon Chair Exercises with Kenitra 3:00 Happy Hour 3:30 Bold Baskets & Crazy Categories 3:30 Fun Friday Coloring with Care Team 6:00 Movie Night	9:45 Sculpt and Sweat Saturdays Isha 10:30 Hydration Station & Scenic Ride 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 Painting a Birthday Banner for Mildred D!</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 Garden Club with Care Team ~ Woodlands</b> <b>2:30 Live Performance by Frank Plumer!</b> <b>3:30 Birthday Celebration for Mildred D!</b> 3:45 Beanbag Toss & Word Association 3:30 Soothing Saturday Manicures w/Care Team 6:00 Movie Night
9:45 Meditative Yoga with Daryl 10:30 Hydration Station & Walking Club 11:00 Daily Chronicle Discussion ~ Sunroom <b>11:30 World Lion Day: Lion Trivia/Fun Facts</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 Giant Word Search with Daryl</b> 2:30 Afternoon Chair Exercises <b>3:00 Happy Hour</b> 3:30 The Aim Game & Guess That Song <b>3:30 August Art: Lion Paintings with Care Team</b> <b>6:30 Summer Evening Concert by Julia, Marie, &amp; Blessy ~ Parking Lot</b>	9:45 Move & Groove Mondays with Cissel and Nancy 10:30 Hydration Station & Scenic Ride 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 Book Club with Cissel</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 Afternoon Tea Week: Summer Iced Tea Party</b> 2:45 Chair Exercises 3:30 Mini Golf Monday & Tricky Trivia 3:30 Monday Manicures with Care Team 6:00 Movie Night	9:45 Total Workout Tuesday with Priscilla and Daryl 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion <b>11:30 Celebrate Puerto Rico Day: Presentation</b> 1:30 Walking Club ~ Weather Permitting 2:00 Weight Training Exercises with Sara & Daryl <b>2:45 World Elephant Day: Trivia/Fun Facts</b> 3:00 Happy Hour 3:30 Safari Ring Toss & Word in a Word <b>3:30 Paint by Number: Elephants ~ Art Room</b> 6:00 Movie Night	9:45 Workout Wednesdays w/ Daryl & Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Sunroom <b>2:30 Waffle Wednesday</b> <b>2:30 Live Performance by Julie Hall!</b> 3:00 Happy Hour 3:30 Giant Connect Four & Whiteboard Pictionary 3:30 Wednesday Watercolors with Daryl ~ Art Room 6:00: Movie Night	9:45 Total Training Thursdays with Sara & Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion <b>12:00 Lunch Outing to Thai Chef ~ Lobby</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 Table Bowling Thursday with Isha</b> <b>2:00 Happy Birthday Steve Martin with Priscilla ~ TV Room</b> 2:45 Afternoon Chair Exercises with Isha & Priscilla 3:30 Air Hockey & Words That Start With... 3:30 Thursday Tabletop Games with Priscilla 6:00 Movie Night	9:45 Fresh & Fit Fridays with Kenitra <b>10:30 Scenic Ride ~ Lobby</b> 10:35 Hydration Station & Walking Club 11:00 The Daily Chronicle Reading <b>11:30 Jumpin' Jeopardy with Kenitra</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 National Relaxation Day: History of Yoga</b> 2:45 Afternoon Chair Yoga with Kenitra 3:00 Happy Hour 3:30 Bold Baskets & Crazy Categories 3:30 Fun Friday Coloring with Care Team 6:00 Movie Night	9:45 Sculpt and Sweat Saturdays Isha 10:30 Hydration Station & Scenic Ride 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 Remembering Elvis Day: Biography</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 Garden Club with Care Team ~ Woodlands</b> <b>2:30 Live Performance by Darryl Nichols!</b> 3:00 Happy Hour 3:30 Beanbag Toss & Word Association 3:30 Soothing Saturday Manicures w/Care Team 6:00 Movie Night
9:45 Meditative Yoga with Lisa 10:30 Hydration Station & Walking Club 11:00 Daily Chronicle Discussion ~ Sunroom <b>11:30 National Massachusetts Day</b> 1:30 Walking Club ~ Weather Permitting 2:00 Giant Jenga with Lisa 2:30 Afternoon Chair Exercises <b>3:00 Happy Hour</b> 3:30 The Aim Game & Guess That Song 3:30 Color by Number w/the Care Team 6:30 Movie Night	9:45 Move & Groove Mondays with Cissel and Nancy 10:30 Hydration Station & Scenic Ride 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 MemPics Monday</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Sara <b>2:45 Anniversary of the 19th Amendment</b> 3:30 Mini Golf Monday & Tricky Trivia 3:30 Monday Manicures with Care Team 6:00 Movie Night	9:45 Total Workout Tuesday w/Priscilla & Daryl 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday Presentation 1:30 Walking Club ~ Weather Permitting <b>2:00 National Potato Day: Loaded Tater Tots Culinary Demo</b> <b>2:00 National Aviation Day with Daryl: Bessie Coleman</b> 2:45 Weight Training Exercises w/Sara & Daryl 3:00 Happy Hour 3:30 Safari Ring Toss & Word in a Word 3:30 Tuesday Table Games & VR Cafe 6:00 Movie Night	9:45 Workout Wednesdays w/ Daryl & Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles 1:30 Walking Club & Chair Exercises <b>2:00 National Bacon Lovers' Day: Pancakes &amp; Bacon</b> <b>2:30 Live Performance by Eric Ulreich!</b> 3:00 Happy Hour 3:30 Giant Connect Four & Whiteboard Pictionary 3:30 Wednesday Watercolors with Isha ~ Art Room 6:00: Movie Night	9:45 Total Training Thursdays w/ Sara & Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion <b>11:30 Poet's Day: Poetry Corner</b> <b>11:45 Outing to the Amazing Art Studio ~ Lobby</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 Connections &amp; K-Club Get-Together: National Senior Citizens Day Jeopardy Competition</b> 3:30 Air Hockey & Words That Start With... 3:30 Thursday Tabletop Games with Priscilla <b>6:30 Hawaian Luau Night ~ Parking Lot</b>	9:45 Fresh & Fit Fridays with Kenitra <b>10:30 Scenic Ride ~ Lobby</b> 10:35 Hydration Station & Walking Club 11:00 The Daily Chronicle Reading <b>11:30 Wheel of Fortune with Kenitra</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Kenitra 2:45 Friday Opposites Whiteboard Game 3:00 Happy Hour 3:30 Bold Baskets & Crazy Categories <b>3:30 Color by Number: Sunflower Bouquet</b> 6:00 Movie Night	9:45 Sculpt and Sweat Saturdays Isha 10:30 Hydration Station & Scenic Ride 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 Singin' in the Rain Day: Gene Kelly Trivia</b> 1:30 Walking Club& Chair Exercises <b>2:00 Garden Club with Care Team ~ Woodlands</b> 3:00 Happy Hour <b>3:30 Woodlands Summer Series Concert: The Melonheads ~ Parking Lot</b> 4:30 Beanbag Toss & Word Association 6:00 Movie Night
9:45 Meditative Yoga with Daryl 10:30 Hydration Station & Walking Club 11:00 Daily Chronicle Discussion ~ Sunroom <b>11:30 National Maryland Day: Presentation</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 Giant Word Search with Daryl</b> 2:30 Afternoon Chair Exercises <b>3:00 Happy Hour</b> 3:30 The Aim Game & Guess That Song <b>3:30 Maryland Flag Coloring with Care Team</b> 6:30 Movie Night	9:45 Move & Groove Mondays with Cissel and Nancy 10:30 Hydration Station & Scenic Ride 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 MemPics Monday</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Sara <b>2:45 Wizard of Oz Day: Trivia</b> 3:30 Mini Golf Monday & Tricky Trivia 3:30 Monday Manicures with Care Team 6:00 Movie Night	9:45 Total Workout Tuesday with Priscilla and Daryl 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion <b>11:30 National Dog Day: Dog Trivia</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 National Women's Equality Day</b> 2:45 Weight Training Exercises w/Sara & Daryl 3:00 Happy Hour 3:30 Safari Ring Toss & Word in a Word <b>3:30 Paint by Number: Dogs ~ Art Room</b> 6:00 Movie Night	9:45 Workout Wednesdays w/ Daryl & Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises ~ Sunroom <b>2:30 Waffle Wednesday</b> <b>2:30 Live Performance by Stephen Kenley!</b> 3:00 Happy Hour 3:30 Giant Connect Four & Whiteboard Pictionary 3:30 Wednesday Watercolors with Daryl ~ Art Room 6:00: Movie Night	9:45 Total Training Thursdays with Sara and Isha 10:30 Hydration Station & Walking Club 11:15 The Daily Chronicle Discussion 1:30 Walking Club ~ Weather Permitting <b>2:00 Art Corner: Beautiful Beading with Isha</b> <b>2:00 Hot Topics with Priscilla ~ TV Room</b> 2:45 Afternoon Chair Exercises with Isha & Priscilla 3:30 Air Hockey & Words That Start With... 3:30 Thursday Tabletop Games with Priscilla 6:00 Movie Night	9:45 Fresh & Fit Fridays with Kenitra <b>10:30 Scenic Ride ~ Lobby</b> 10:35 Hydration Station & Walking Club 11:00 The Daily Chronicle Reading <b>11:30 Jumpin' Jeopardy with Kenitra</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 Happy Birthday Ingrid Bergman: Biography</b> 2:45 Afternoon Chair Exercises with Kenitra 3:00 Happy Hour 3:30 Bold Baskets & Crazy Categories <b>3:30 World Daffodil Day: Painting ~ Art Room</b> 6:00 Movie Night	9:45 Sculpt and Sweat Saturdays Isha 10:30 Hydration Station & Scenic Ride 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 National Beach Day: Beach Ball Toss</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 Garden Club with Care Team ~ Woodlands</b> <b>2:30 Live Performance by Bob Clark!</b> 3:00 Happy Hour 3:30 Beanbag Toss & Word Association <b>3:30 Painting Beach Shells ~ Art Room</b> 6:00 Movie Night
9:45 Meditative Yoga with Daryl & Lisa 10:30 Hydration Station & Walking Club 11:00 Daily Chronicle Discussion ~ Sunroom <b>11:30 National South Carolina Day: Landmarks</b> 1:30 Walking Club ~ Weather Permitting <b>2:00 Giant Jenga with Lisa</b> 2:00 Giant Word Search with Daryl 2:30 Afternoon Chair Exercises <b>3:00 Happy Hour</b> 3:30 The Aim Game & Guess That Song <b>3:30 August Art with Lisa: Summer Ceramics</b> 6:30 Movie Night	<div>  <div> <h1>Happy Birthday!</h1> <p>8/5 Anne C</p> <p>8/9 Mildred D</p> </div>  </div>					