

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: Women & Education 12:00 Lunch 1:30 Walking Club 2:00 Afternoon Matinee: Summer Rental 4:00 Happy Hour with Karen 5:00 Dinner 6:30 Music Performance & Trivia with Jerry Roman! Canada Day	2 10:00 Walking Club 10:30 Chair Exercise: Tai Chi 11:00 Daily Chronicle & News Discussion 11:15 Flower Arranging Club 12:00 Lunch 1:30 Walking Club 2:00 Men's Cool Club-Putting Party! 2:30 Catholic Mass 3:30 VR Cafe 4:00 Happy Hour w/Trivia 5:00 Dinner 6:30 Movie Night: Little Miss Sunshine	3 10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discussion 11:15 4th of July Craft 12:00 Lunch 1:30 Walking Club 2:00 Montgomery History Speakers Bureau C & O Canal with Ralph Buglass! 3:30 Karaoke with Friends 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 Movie Classics: Rear Window	4 10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Big Word Little Word 12:00 Lunch 2:00 4th of July Celebration with Live Music: Jumping Joe Band! 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance: Jackson Caesar! Independence Day (U.S.)	5 10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: Sharks 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 K.P. Garden Club 2025 3:00 Live Music w/Bob Sykes 4:00 Happy Hour 5:00 Dinner 6:30 Saturday Classics: Freedom Writer
6 10:00 Walking Club 10:30 Zumba-Chair Exercise 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: The Wright Brothers 12:00 Lunch 1:30 Walking Club 2:00 Yoga with Ashish 3:00 Cardsharks: Kings in the Corner 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:30 Live Music with Pablo	7 10:00 Walking Club 10:30 Exercise-Cardio Drumming 11:00 Daily Chronicle & News Discussion 11:15 Poetry Club 12:00 Lunch 1:30 Walking Club 2:00 Big Word Little Word 3:00 Handbell Choir w/ Marie 3:00-4:30 Bridge Club 3:00 Table Games 4:00 Happy Hour 5:00 Dinner 6:30 Movie Magic: UP	8 10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:00 Pet Therapy with Watson 12:00 Lunch 1:00 NOVA Wild Zoo Outing! 1:30 Walking Club 2:00 Afternoon Matinee: Pink Panther 4:00 Happy Hour with Karen 5:00 Dinner 6:30 Live Music Opera Performance: Alex Albuquerque!	9 10:00 Walking Club 10:30 Chair Exercise: Tai Chi 11:00 Daily Chronicle & News Discuss 11:15 Bocce Ball 12:00 Lunch 12:00 Men's Pizza & Beer Lunch! 1:30 Walking Club 2:30 Catholic Mass 3:30 VR Cafe 4:00 Happy Hour w/Trivia 5:00 Dinner 6:30 Movie Night: Sandlot	10 10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:30 Carnival Games 12:00 Lunch 1:30 Walking Club 2:00 Get Crafty: Flower Arranging 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 Movie: Snow White	11 10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:00 Pet Therapy with Cooper 11:30 Card Club 12:00 Lunch 1:30 Walking Club 2:00 Painting Party 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance: Rita and Richard	12 10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle, News Discuss & Hot Topic: 11:15 Get Crafty: Flags 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 K.P. Garden Club 2025 3:00 Watermelon Smoothies & Scrabble 4:00 Happy Hour 5:00 Dinner 6:30 Saturday Classics: The Notebook
13 10:00 Walking Club 10:30 Zumba-Chair Exercise 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: Benjamin Franklin 12:00 Sunday Brunch 3:30-Trivia Games 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:30 Summer Concert Series #2 Mystic Ya Ya Band	14 10:00 Walking Club 10:30 Exercise-Cardio Drumming 11:00 Warrior Canine Connection Service Dogs Visiting! 12:00 Lunch 1:30 Dr. Jenner: Hot Topics 3:00 Handbell Choir w/ Marie 3:00-4:30 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:30 Movie Magic: Rescued by Ruby	15 10:00 Walking Club 10:00 Strathmore Art Exhibit & Lunch at Attmans Deli Outing! 10:30 Tone It Up Tuesday Workout 11:00 Daily Chronicle & News Discuss 11:15 Hot Topic: Impact of Music 12:00 Lunch 1:30 Walking Club 2:00 Afternoon Matinee: Weekend at Bernie's 4:00 Happy Hour with Karen 5:00 Dinner 6:30 Pokeno Game Night: Play & Prize	16 10:00 Walking Club 10:30 Chair Exercise: Tai Chi 11:00 Daily Chronicle & News Discuss 11:15 Big Word Little Word 12:00 Lunch 1:30 Walking Club 2:30 Catholic Mass 3:30 VR Cafe 4:00 Happy Hour w/Trivia 5:00 Dinner 6:30 Fiddle Music w/Jeffrey Steinbreg	17 10:00 Walking Club 10:30 Resident Council 11:30 Chair Exercise 12:00 Lunch 1:30 Walking Club 1:30 Just Bead it with Cindy 3:00 Gena's Auction Alcove 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 Movie Classics: Wizard of Oz	18 10:00 Walking Club 10:30 Exercise-Friday Flex 11:00 Stay Sharp with DANA 12:00 Lunch 1:30 Walking Club 2:00 Shabbat Service 2:00 Summer Art Craft 3:00 VR Cafe 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance: Jesse Palidofsky	19 10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Create Your Own Bookmark Craft 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 K.P. Garden Club 2025 2:00 Balloon Volleyball 3:00 Root Beer Floats Social 4:00 Happy Hour 5:00 Dinner 6:30 Saturday Classics: Misty
20 10:00 Walking Club 10:30 Zumba-Chair Exercise 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: Amelia Earhart 12:00 Lunch 1:30 Walking Club 2:00 Balloon Volleyball 3:00 Cardsharks: Kings in the Corner 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:30 Live Music Performance with Frank Plumer	21 10:00 Walking Club 10:30 Chair Exercise: Cardio Drumming 11:00 Daily Chronicle & News Discussion 11:30 Mixology 101:Summer Sunset 12:00 Lunch 1:30 Walking Club 2:00 Opera with Bill 3:00 Handbell Choir w/ Marie 3:00-4:30 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 6:30 Movie Magic: Two Weeks Notice	22 10:00 Walking Club 10:00 Baltimore Museum of Industry Tour & Lunch at Nick's Fish House Outing! 10:30 Tone It Up Tuesday Workout 11:00 Daily Chronicle & News Discuss 11:15 Big Word Little Word 12:00 Lunch 1:30 Walking Club 2:00 Afternoon Matinee: Where the Boys Are 4:00 Happy Hour with Karen 5:00 Dinner 6:30 Get Crafty: Pressed Flower Jewelry Pendants!	23 10:00 Walking Club 10:30 Chair Exercise: Tai Chi 11:00 Daily Chronicle & News Discuss 11:15 Bocce Ball 12:00 Lunch 12:00 Lady's Pizza & Beer Lunch! 1:30 Woodlands Store 2:30 Catholic Mass 3:30 VR Cafe 4:00 Happy Hour with Local Beer Tasting 5:00 Dinner 6:30 Movie Night: Double Jeopardy	24 10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Beach Art Project 12:00 Lunch 1:30 Cooking Demo with Chef Morissa 3:00 Woodlands Book Club 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 Movie Classics: Some Like It Hot	25 10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle & News Discussion 11:15 Jeopardy Game 12:00 Lunch 1:30 Dr. Jenner: The Tragedy of Pompeii 3:00 British TV Comedies 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance w/Darryl Nichols	26 10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Name that Tune Game 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 K.P. Garden Club 2025 3:00 Shaved Ice Social 4:00 Happy Hour 5:00 Dinner 6:30 Saturday Classics: Mary Poppins
27 10:00 Walking Club 10:30 Zumba-Chair Exercise 11:00 Daily Chronicle & News Discussion 11:15 Make Your Own Jewelry Gems 12:00 Lunch 1:30 Walking Club 2:00 Yoga with Ashish 3:00 Get Crafty with Gena 4:00 Happy Hour w/Karaoke 5:00 Dinner 6:30 Live Music: Steve Barke	28 10:00 Walking Club 10:30 Chair Exercise 10:30 Exercise-Cardio Drumming 11:00 Daily Chronicle & News Discussion 11:30 Mixology 101: Rum Punch 12:00 Lunch 1:30 Walking Club 2:00 Opera w/ Bill 3:00 Handbell Choir w/ Marie 3:00-4:30 Bridge Club 3:00 Table Games 4:00 Happy Hour w/Suzi 5:00 Dinner 6:30 Movie Magic: Star Wars	29 10:00 Walking Club 10:00 Red Door Escape Room & Lunch at Copper Canyon Grill Rio Outing! 10:30 Tone It Up Tuesday Workout 11:00 Daily Chronicle & News Discuss 12:00 Lunch 1:30 Walking Club 2:00 Matinee: Singing in the Rain 4:00 Happy Hour with Karen 5:00 Dinner 6:30 Interactive Murder Mystery: The Resurrection of The Woodlands Wolf!	30 10:30 Chair Exercise: Tai Chi 11:00 Daily Chronicle & News Discuss 11:30 Big Word Little Word 12:00 Lunch 1:30 Walking Club 2:00 Catholic Rosary 2:30 Catholic Mass 3:30 VR Cafe 4:00 Happy Hour 5:00 Dinner 6:30 Movie Night: Les Miserables	31 10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Watercolor Wonders: Step by Step Painting 12:00 Lunch 2:00 Ladies English Tea Party with Bonnie: Dress to Impress-Wear a Hat! 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 Movie Classics: Mr. Smith Goes to Washington	HAPPY BIRTHDAY: Gwendolyn V. 7/5 William M. 7/14 George S. 7/17 Jeanette A. 7/24 	

