

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:45 Total Workout Tuesday w/ Daryl & Lisa 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Canada Day: Anytown Tuesday Presentation 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Daryl & Lisa 2:30 Maple Leaf Coloring with Lisa 2:30 Table Bowling Tuesday with Daryl 3:00 Happy Hour 3:30 Safari Ring Toss & Word in a Word 3:30 Tuesday Table Games & VR Cafe with Lisa 6:00 Movie Night ~ TV Room Canada Day	9:45 Workout Wednesdays w/ Daryl & Isha 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles 1:30 Walking Club ~ Weather Permitting 2:00 Pool Noodle Day: Balloon Volleyball 2:30 Waffle Wednesday 2:30 Live Performance by Steve Barke! 3:00 Happy Hour 3:30 Birthday Celebration for Bob E & Tiv R! 3:45 Whiteboard Pictionary & Tricky Trivia 3:45 Watercolor Wednesday with Isha 6:00 Movie Night ~ TV Room	9:45 Total Training Thursdays with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Word Games 1:30 Walking Club ~ Weather Permitting 2:00 Table Bowling Thursday 2:45 Afternoon Chair Exercises with Daryl 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... 3:30 Thursday Tabletop Games & Puzzles with Care Team 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays with Daryl & Kenitra 10:30 Scenic Ride & Hydration 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 History of Independence Day 1:30 Walking Club ~ Weather Permitting 2:00 4th of July Cross Campus Celebration ~ Parking Lot 3:30 Bold Baskets & Crazy Categories w/ Kenitra and Isha 3:30 Independence Day Craft with Daryl 6:00 Movie Night ~ TV Room Independence Day (U.S.)	9:45 Sculpt & Sweat Saturdays w/Alyssa & Isha 10:30 Hydration Station 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Noodle Volleyball Tournament 1:30 Walking Club ~ Weather Permitting 2:00 Garden Club with Alyssa ~ Woodlands 2:00 Live Performance by Rita & Richard Clarke! ~ Bistro 3:00 Happy Hour 3:30 Beanbag Toss & Word Association with Isha 3:30 Blazin' Bingo with Alyssa ~ Art Room 6:00 Movie Night ~ TV Room
9:45 Meditative Yoga with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Happy Birthday Frida Kahlo: Biography 1:30 Walking Club ~ Weather Permitting 2:00 Giant Jenga with Daryl 2:45 Afternoon Chair Exercises 3:00 Happy Hour 3:30 The Aim Game & Guess That Song 3:30 Frida Kahlo Coloring with Care Team 6:00 Movie Night ~ TV Room	9:45 Move & Groove Mondays with Cissel 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Hawaiian Day: Exploring Hawaii 1:30 Walking Club ~ Weather Permitting 2:00 National Strawberry Sundae Day: Ice Cream Demo ~ Sunroom 2:45 Afternoon Chair Exercises with Priscilla 3:00 Happy Hour 3:30 Mini Golf & Tricky Trivia with Priscilla ~ Bistro 3:30 Monday Manicures with Care Team 6:00 Movie Night ~ TV Room	9:45 Total Workout Tuesday w/Priscilla & Isha 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Liberty Bell Day: AnyTown Tuesday Presentation on Philadelphia 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Sara & Isha 2:45 Cow Appreciation Day: Fun Facts & Cow Trivia 3:00 Happy Hour 3:30 Safari Ring Toss & Word in a Word 3:30 Cow Coloring & VR Cafe with Isha ~ Art Room 6:00 Movie Night ~ TV Room	9:45 Workout Wednesdays w/ Daryl & Isha 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Argentina Independence Day: Argentina Fun Facts 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Waffle Wednesday 2:30 Live Performance by Serhii Morozov! 3:00 Happy Hour 3:30 Whiteboard Pictionary & Tricky Trivia 3:30 Watercolor Wednesday with Daryl 6:00 Movie Night ~ TV Room	9:45 Total Training Thursdays w/Sara & Isha 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Word Games 11:30 Outing to Windridge Vineyards ~ Lobby 1:30 Walking Club ~ Weather Permitting 2:00 Connections & K-Club Get-Together: National Pina Colada Day 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... ~ Bistro 3:30 VR Cafe with Isha ~ Art Room 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays with Kenitra 10:30 Scenic Ride ~ Lobby 10:35 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Jumpin' Jeopardy with Kenitra 1:30 Walking Club ~ Weather Permitting 2:00 National French Fry Day: Loaded Fries Culinary Demo 2:45 Afternoon Chair Exercises with Kenitra 3:00 Happy Hour 3:30 Bold Baskets & Crazy Categories 3:30 Summer Art with Care Team 6:00 Evening Performance by Howie Jung ~ Bistro	9:45 Sculpt and Sweat Saturdays Isha 10:30 Hydration Station 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Family Feud Day: Group Game 1:30 Walking Club ~ Weather Permitting 2:00 Garden Club with Care Team ~ Woodlands 2:30 Live Performance by Frank Plumer! 3:00 Happy Hour 3:30 Beanbag Toss & Word Association with Isha 3:30 Soothing Saturday Manicures & Coloring w/Care Team 6:00 Movie Night ~ TV Room
9:45 Meditative Yoga with Daryl & Lisa 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 National Delaware Day: Presentation 1:30 Walking Club ~ Weather Permitting 2:00 Giant Jenga with Daryl 2:00 Sunday Manicures with Lisa 2:30 Afternoon Chair Exercises 3:00 Happy Hour 3:30 The Aim Game & Guess That Song 3:30 National Barn Day: Coloring with Farm Animals ~ Art Room 6:30 Groves Summer Concert Series ~ Parking Lot	9:45 Move & Groove Mondays/ Cissel 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Book Club 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Sara 2:45 Shark Awareness Day: Fun Facts About Sharks 3:00 Happy Hour 3:30 Mini Golf & Tricky Trivia ~ Bistro 3:30 Monday Manicures with Care Team 6:00 Movie Night ~ TV Room	9:45 Total Workout Tuesday w/Priscilla and Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday Presentation Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Noodle Volleyball 2:30 Outdoor Chair Yoga with Lia Mai 3:00 Happy Hour 3:30 Safari Ring Toss & Word in a Word 3:30 Tuesday Table Games & VR Cafe with Isha ~ Art Room 6:00 Movie Night ~ TV Room	9:45 Workout Wednesdays w/ Daryl & Isha 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles 11:30 World Snake Day: Fun Facts 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Waffle Wednesday 2:30 Live Performance by Chris Covell! ~ Bistro 3:00 Happy Hour 3:30 Whiteboard Pictionary & Tricky Trivia 3:30 Watercolor Wednesday with Isha 6:00 Movie Night ~ TV Room	9:45 Total Training Thursdays w/Sara & Isha 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Word Games 11:30 Lunch Outing to Summer House Santa Monica ~ Lobby 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Table Bowling Thursday 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... ~ Bistro 3:30 VR Cafe with Priscilla ~ Art Room 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays with Kenitra 10:30 Scenic Ride ~ Lobby 10:35 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Wheel of Fortune with Kenitra 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Kenitra 2:45 Friday Opposites Whiteboard Game 3:00 Happy Hour 3:30 Birthday Celebration for Bridie M! 3:45 Bold Baskets & Crazy Categories 3:45 Summer Art with Care Team 6:00 Movie Night ~ TV Room	9:45 Sculpt and Sweat Saturdays Isha 10:30 Hydration Station 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Saturday Short Stories 1:30 Walking Club ~ Weather Permitting 2:00 Garden Club with Care Team ~ Woodlands 2:30 Live Performance by Darryl Nichols! ~ Bistro 3:00 Happy Hour 3:30 Beanbag Toss & Word Association with Isha 3:30 Soothing Saturday Manicures & Coloring w/Care Team 6:00 Movie Night ~ TV Room
9:45 Meditative Yoga with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 National Moon Day: Remembering Neil Armstrong 1:30 Walking Club ~ Weather Permitting 2:00 National Ice Cream Day: Ice Cream Demo with Daryl 2:45 Afternoon Chair Exercises 3:00 Happy Hour 3:30 The Aim Game & Guess That Song 3:30 Ice Cream Coloring with Care Team 6:00 Movie Night ~ TV Room	9:45 Move & Groove Mondays w/ Cissel 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Book Club 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Sara 2:45 Happy Birthday Robin Williams: Biography 3:00 Happy Hour 3:30 Mini Golf & Tricky Trivia ~ Bistro 3:30 Monday Manicures with Care Team 6:00 Movie Night ~ TV Room	9:45 Total Workout Tuesday w/Priscilla & Isha 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday Presentation Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Sara & Isha 2:45 National Mango Day: History of the Fruit 3:00 Happy Hour 3:30 Birthday Celebration for Clare M & Live Performance by Gabe Hutter! ~ Bistro 4:30 Word in a Word ~ Bistro 6:00 Movie Night ~ TV Room	9:45 Workout Wednesdays with Daryl and Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Waffle Wednesday 2:30 Live Performance by Stephen Kenley! ~ Bistro 3:00 Happy Hour 3:30 Whiteboard Pictionary & Tricky Trivia 3:30 Watercolor Wednesday with Daryl 6:00 Movie Night ~ TV Room	9:45 Total Training Thursdays with Sara and Isha 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Women Aviators Day: Presentation 12:00 Outing to Class 520: Coffee & Ice Cream 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Table Bowling Thursday 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... ~ Bistro 3:30 VR Cafe with Isha ~ Art Room 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays with Kenitra 10:30 Scenic Ride ~ Lobby 10:35 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Jumpin' Jeopardy with Kenitra 1:30 Walking Club ~ Weather Permitting 2:00 National Wine & Cheese Day: Charcuterie Board Demo 2:45 Afternoon Chair Exercises with Kenitra 3:00 Happy Hour 3:30 Live Performance by Evelyn Song! ~ Bistro 4:30 Crazy Categories ~ Bistro 6:00 Movie Night ~ TV Room	9:45 Sculpt and Sweat Saturdays Isha 10:30 Hydration Station 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Saturday Short Stories 1:30 Walking Club ~ Weather Permitting 2:00 Garden Club with Care Team ~ Woodlands 2:00 Afternoon Chair Exercise with Isha 2:45 Happy Birthday New York State: Trivia 3:00 Happy Hour 3:30 Beanbag Toss & Word Association with Isha 3:30 Soothing Saturday Manicures w/Care Team 6:00 Movie Night ~ TV Room
9:45 Meditative Yoga with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Happy Parents Day: Discussion Corner 1:30 Walking Club ~ Weather Permitting 2:00 Giant Jenga with Daryl 2:45 Afternoon Chair Exercises 3:00 Happy Hour 3:30 The Aim Game & Guess That Song 3:30 Tabletop Games & July Coloring with Care Team 6:00 Movie Night ~ TV Room	9:45 Move & Groove Mondays w/ Cissel 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Book Club 1:30 Walking Club ~ Weather Permitting 2:00 National Milk Chocolate Day: Chocolate Cupcakes Baking Demo 2:45 Afternoon Chair Exercises with Sara 3:00 Happy Hour 3:30 Mini Golf & Tricky Trivia ~ Bistro 3:30 Monday Manicures with Care Team 6:00 Movie Night ~ TV Room	9:45 Total Workout Tuesday w/Priscilla & Isha 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday Presentation Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Sara & Isha 2:45 Table Bowling Tuesday with Isha 2:45 Nasa Day: Nasa Trivia & Fun Facts 3:00 Happy Hour 3:30 Safari Ring Toss & Word in a Word 3:30 Tuesday Table Games & VR Cafe with Isha 6:00 Movie Night ~ TV Room	9:45 Workout Wednesdays w/ Daryl & Isha 10:30 Hydration Station & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles 11:30 International Day of Friendship: Froot-Loop Bracelets 1:30 Walking Club & Chair Exercises 2:30 Waffle Wednesday 2:30 Live Performance by Empty Ecstasy! ~ Bistro 3:00 Happy Hour 3:30 Whiteboard Pictionary & Tricky Trivia 3:30 Wooden Watermelon Canvas Paintings with Isha ~ Art Room 6:00 Movie Night ~ TV Room	9:45 Total Training Thursdays with Sara & Isha 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 National Mutt Day! Mutt Trivia 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Table Bowling Thursday 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... ~ Bistro 3:30 VR Cafe with Priscilla ~ Art Room 6:00 Movie Night ~ TV Room	<div>Happy Birthday!</div> <div>7/2 Bob E 7/2 Tiv R 7/18 Bridie M 7/22 Clare M</div> 	