

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>9:00 Shuttle to Holy Redeemer Catholic Church</div> <div>1:30 Scenic Ride</div> <div>2:30 Nickel Bingo</div> <div>4:30 Happy Hour</div> <div>6:30 Summer Concert Series with Blue Funk Band</div> <div>1</div>	<div>10:00 Grocery Shuttle</div> <div>10:15 News & Views with Karen</div> <div>11:15 Move It with Maria</div> <div>1:30 Music History with Roy Justice</div> <div>4:30 Happy Hour</div> <div>7:15 Needlework Group</div> <div>2</div>	<div>10:00 Shuttle Library/ CVS/ Bank</div> <div>11:00 Live Music Trivia with Jerry Roman</div> <div>1:30 Just Bead It with Cindy</div> <div>3:00 Balance in Action</div> <div>4:30 Happy Hour</div> <div>7:00 Mah Jongg Mavens</div> <div>3</div>	<div>11:15 Move It with Maria</div> <div>1:30 Bridge Club</div> <div>3:00 Weekly Wordle</div> <div>4:30 Happy Hour</div> <div>7:15 KP Binge: Your Honor Season 2</div> <div>4</div>	<div>11:15 Balance in Action</div> <div>1:00 KP on the Go</div> <div>1:30 Ye Auld Chimers Choir Rehearsal</div> <div>3:15 Word in a Word</div> <div>4:30 Happy Hour</div> <div>7:00 Mah Jongg Mavens</div> <div>5</div>	<div>10:00 Shopping Shuttle: Aldi's</div> <div>11:15 Morning Exercise</div> <div>3:00 Shabbat Service</div> <div>4:30 Happy Hour</div> <div>7:00 Live Broadway Play (CNN): Good Night and Good Luck</div> <div>6</div>	<div>11:15 Fitness with Jennifer</div> <div>12:00 KP on the Go</div> <div>1:15 Cornhole</div> <div>1:30 Bridge Club</div> <div>3:00 Trivia with Mary Ruth</div> <div>4:30 Happy Hour</div> <div>7:15 Silver Screen Movie</div> <div>7</div>
<div>9:00 Shuttle to Holy Redeemer Catholic Church</div> <div>2:00 Symphony of the Potomac Concert at Montgomery College Cultural Arts Center</div> <div>4:30 Happy Hour</div> <div>7:15 Sunday Movie Classic</div> <div>8</div>	<div>10:00 Grocery Shuttle</div> <div>10:15 News & Views with Karen</div> <div>11:15 Move It with Maria</div> <div>1:15 Weekly Wordle</div> <div>3:00 American History with Dr. Jenner</div> <div>4:30 Happy Hour</div> <div>7:15 Needlework Group</div> <div>9</div>	<div>10:00 Shuttle Library/ CVS/ Bank</div> <div>11:30 Lunch Bunch to Vola's Dockside Grill Old Town Alexandria</div> <div>12:00 Mobile Postal Service</div> <div>1:30 Balance in Action</div> <div>4:30 Happy Hour</div> <div>7:00 Mah Jongg Mavens</div> <div>7:30 Live Music Performance by Violist David Pedraza</div> <div>10</div>	<div>11:15 Move It with Maria</div> <div>1:30 Bridge Club</div> <div>3:00 Highlands Book Club with Sheryl</div> <div>4:30 Happy Hour</div> <div>7:15 KP Binge: Your Honor Season 2</div> <div>11</div>	<div>11:15 Balance in Action</div> <div>1:00 KP on the Go</div> <div>1:30 Ye Auld Chimers Choir Rehearsal</div> <div>3:15 Word in a Word</div> <div>4:30 Happy Hour</div> <div>7:00 Mah Jongg Mavens</div> <div>12</div>	<div>10:00 Shopping Shuttle: MOMS Organic Market</div> <div>11:15 Strength Fitness</div> <div>1:15 Documentary: Searching for Secrets - London</div> <div>1:30 Tech Support with Andrew</div> <div>3:00 Shabbat Service</div> <div>4:30 Happy Hour</div> <div>7:15 Book Club Binge: My Brilliant Friend</div> <div>13</div>	<div>11:15 Fitness with Jennifer</div> <div>12:00 KP on the Go</div> <div>1:00 Juneteenth Celebration Sponsored by the Town of Kensington</div> <div>1:30 Bridge Club</div> <div>1:30 Creating American Culture: WWII by Nancy Kotz</div> <div>2:00 Smoothies with Amel</div> <div>4:30 Happy Hour</div> <div>7:15 Pre-Father's Day Concert: Harmony Express Men's Choir</div> <div>14</div>
<div>Happy Father's Day</div> <div>9:00 Shuttle to Holy Redeemer Catholic Church</div> <div>10:00 Dads, Donuts & Laughs</div> <div>2:00 Verdi's Aida at Strathmore Music Center</div> <div>7:15 Sunday Movie Classic</div> <div>15</div>	<div>10:00 Grocery Shuttle</div> <div>10:15 News & Views with Karen</div> <div>11:15 Move It with Maria</div> <div>2:00 Crafternoons with Annie: Designing Silk Fans</div> <div>4:30 Happy Hour</div> <div>7:15 Needlework Group</div> <div>16</div>	<div>10:00 Shuttle Library/ CVS/ Bank</div> <div>11:00 Chair Fitness (Streaming)</div> <div>1:15 Watercolor Art with Martina</div> <div>3:00 Balance in Action</div> <div>4:30 Happy Hour</div> <div>7:00 Mah Jongg Mavens</div> <div>17</div>	<div>11:15 Move It with Maria</div> <div>1:15 Weekly Wordle</div> <div>1:30 Bridge Club</div> <div>3:00 Afternoon Jazz with Vocalist Julie Hall</div> <div>4:30 Happy Hour</div> <div>7:15 KP Binge: Your Honor Season 2</div> <div>18</div>	<div>11:15 Balance in Action</div> <div>1:00 KP on the Go</div> <div>2:00 KP Speaker Series: How to Get the Most Out of Medicare Presented by Kevin Chaikin</div> <div>4:30 Happy Hour</div> <div>6:30 Bethesda Big Train Baseball Game</div> <div>7:00 Mah Jongg Mavens</div> <div>19</div>	<div>10:00 Shopping Shuttle: Dollar Tree</div> <div>11:15 Strength Fitness</div> <div>1:15 Ask the Expert: Dinosaur Park Presentation by Sarah Kulis</div> <div>1:30 Tech Support with Andrew</div> <div>3:00 Shabbat Service</div> <div>4:30 Happy Hour</div> <div>7:15 Book Club Binge: My Brilliant Friend</div> <div>20</div>	<div>11:15 Fitness with Jennifer</div> <div>12:00 KP on the Go</div> <div>1:15 Cornhole</div> <div>1:30 Bridge Club</div> <div>3:00 Chronology with Mary Ruth</div> <div>4:30 Happy Hour</div> <div>7:15 Silver Screen Movie</div> <div>21</div>
<div>9:00 Shuttle to Holy Redeemer Catholic Church</div> <div>1:30 Scenic Ride</div> <div>3:00 Weekly Wordle</div> <div>4:30 Happy Hour</div> <div>7:15 Sunday Movie Classic</div> <div>22</div>	<div>10:00 Grocery Shuttle</div> <div>10:15 News & Views with Karen</div> <div>11:15 Move It with Maria</div> <div>3:00 Reading Circle with Mary Ruth</div> <div>4:30 Happy Hour</div> <div>7:15 Needlework Group</div> <div>23</div>	<div>10:00 Shuttle Library/ CVS/ Bank</div> <div>11:00 Art History by Roshna Kapadia</div> <div>12:00 Mobile Postal Service</div> <div>1:30 Balance in Action</div> <div>3:00 Highlands Resident Meeting</div> <div>4:30 Happy Hour</div> <div>6:00 Shuttle to Carmen's Italian Ice Kensington</div> <div>7:00 Mah Jongg Mavens</div> <div>24</div>	<div>11:15 Move It with Maria</div> <div>1:30 Bridge Club</div> <div>2:30 A Talk About The Virginia Governess Historical Fiction About Charlotte Martin Namesake with Author Liz Carson Keith</div> <div>4:30 Happy Hour</div> <div>7:15 KP Binge: Your Honor Season 2</div> <div>25</div>	<div>11:15 Balance in Action</div> <div>1:00 KP on the Go</div> <div>1:30 Ye Auld Chimers Choir Rehearsal</div> <div>3:15 Word in a Word</div> <div>4:30 Happy Hour</div> <div>7:00 Mah Jongg Mavens</div> <div>26</div>	<div>10:00 Shopping Shuttle: Wal-Mart</div> <div>11:15 Strength Fitness</div> <div>1:15 Nature Documentary: Birds & Words Part 2</div> <div>1:30 Tech Support with Andrew</div> <div>3:00 Shabbat Service</div> <div>4:30 Happy Hour</div> <div>7:15 Book Club Binge: My Brilliant Friend</div> <div>27</div>	<div>11:15 Fitness with Jennifer</div> <div>12:00 KP on the Go</div> <div>1:30 Bridge Club</div> <div>2:00 Smoothies with Amel</div> <div>4:30 Happy Hour</div> <div>7:15 Silver Screen Movie</div> <div>28</div>
<div>Sunday Brunch Music by RoCube 11:00-1:30</div> <div>9:00 Shuttle to Holy Redeemer Catholic Church</div> <div>1:30 Scenic Ride</div> <div>3:30 Music Appreciation: Eva Cassidy</div> <div>4:30 Happy Hour</div> <div>7:15 Sunday Movie Classic</div> <div>29</div>	<div>10:00 Shuttle to US Naval Academy Museum & Lunch at Carrol's Creek Cafe on the Waterfront</div> <div>10:15 News & Views with Karen</div> <div>11:15 Move It with Maria</div> <div>12:00 Grocery Shuttle</div> <div>4:30 Happy Hour</div> <div>7:15 Needlework Group</div> <div>30</div>	<div>June 2025</div> <div>Highlands Independent Living</div> <div>Happy Birthday</div> <div>Bob A. 6/2, Milton G. 6/3, Donna M. 6/17, Glenn B. 6/18, Meg K. 6/24</div>				

