

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2025



SUE C 5/8
AUDREY C. 5/13
JEAN H. 5/19

HAPPY BIRTHDAY!

MARY H. 5/20
NORMA O. 5/23

SUZANNE W. 5/28
MARY LOU W. 5/29

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| <p>10:00 Walking Club 10:30 Zumba-Chair Exercise w/Gena 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: Cats or Dogs: Who is Smarter 12:00 Lunch 1:30 Walking Club 2:00 Get Crafty with Gena 3:00-Karaoke with Friends 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance w/Pablo Gabriel</p> <p>4</p> | <p>10:00 Walking Club 10:30 Exercise-Cardio Drumming w/Gena 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: Italy 11:30 Mixology 101: Watermelon Aqua Fresca 12:00 Lunch 1:30 Walking Club 3:00 Handbell Choir w/ Marie 3:00-4:30 Bridge Club 3:00 Seated Football 4:00 Cinco de Mayo Happy Hour w/Mariachi Band 5:00 Dinner 6:30 TV Series: Yellowstone Cinco de Mayo</p> <p>5</p> | <p>10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: JFK 12:00 Lunch 1:00 The Kennedy Center Museum Outing 1:30 Walking Club 2:00 Mrs.Winthrop Mystery Series Marathon 3:00 Trivia Games 4:00 Happy Hour with Karen 5:00 Dinner 6:30 Live Music Performance: Vince Borelli</p> <p>6</p> | <p>10:00 Walking Club 10:30 Chair Exercise: Tai Chi w/Gena 11:00 Daily Chronicle & News Discussion 11:15 Flower Arranging Club 12:00 Lunch 1:30 Walking Club 2:00 Men's Cool Club-Putting Party! 2:30 Catholic Mass 3:00 VR Cafe 4:00 Happy Hour 5:00 Dinner 6:30 Movie Night: Life or Something Like It</p> <p>7</p> | <p>10:00 Walking Club 10:30 Chair Exercise 11:00 Pet Therapy with Cooper 11:30 Carnival Games 12:00 Lunch 1:30 Walking Club 2:00 Butterfly Art Project 2:30 Butterfly Release Event 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 Movie Night: Two Weeks Notice</p> <p>May Day</p> <p>8</p> | <p>10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: Bigfoot 11:30 Create 12:00 Lunch 3:00 Jeopardy Game 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance: Rita & Richard</p> <p>9</p> | <p>10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle, News Discuss & Hot Topic: Royals 11:15 Get Crafty 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 K.P. Garden Club 2025 3:00 Live Music w/Bob Sykes 4:00 Happy Hour 5:00 Dinner 6:30 Saturday Classics: The Crown</p> <p>10</p> |
| <p>10:00 Walking Club 10:30 Zumba-Chair Exercise w/Gena 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: Mother's Day History 11:30-12:45 Mother's Day Lunch Live Music: Rita and Richard 1:30 Walking Club 2:00 Yoga with Ashish 3:00 Fun with Science 3:30-Group Crossword Puzzle 4:00 Happy Hour 5:00 Dinner 6:30 Sunday Cinema: The Miracle Club Mother's Day</p> <p>11</p> | <p>10:00 Walking Club 10:30 Exercise-Cardio Drumming w/Gena 11:00 Daily Chronicle & News Discussion 11:15 Poetry Club 11:30 Mixology 101: Root Beer Floats with a Twist 12:00 Lunch 1:30 Dr. Jenner: Hot Topics 3:00 Handbell Choir w/ Marie 3:00-4:30 Bridge Club 3:00 Seated Basketball 4:00 Happy Hour w/Suzi 5:00 Dinner 6:30 TV Series: Yellowstone</p> <p>12</p> | <p>10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: The Importance of Insects 12:00 Lunch 1:00 Brookside Gardens Butterfly Experience Outing! 1:30 Walking Club 4:00 Happy Hour with Karen 5:00 Dinner 6:30 Murder Mystery: Return of the Woodlands Wolf!</p> <p>13</p> | <p>10:00 Walking Club 10:30 Chair Exercise: Tai Chi w/Gena 11:00 Daily Chronicle & News Discuss 11:30 Group Crossword Puzzle 12:00 Lunch 12:00 Men's Pizza Lunch -Wear a Hat! 1:30 Walking Club 2:30 Catholic Mass 4:00 Happy Hour w/Trivia 5:00 Dinner 6:30 Movie Night: My Big Fat Greek Wedding 2</p> <p>14</p> | <p>10:00 Walking Club 10:30 Resident Council 11:30 Chair Exercise 12:00 Lunch 1:30 Walking Club 1:30 Just Bead-it with Cindy 2:30 Gena's Auction Alcove 3:30-Karaoke with Friends 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 Movie Night: Runaway Bride</p> <p>15</p> | <p>10:00 Walking Club 10:30 Exercise-Friday Flex 11:00 Presentation Stay Sharp with DANA 12:00 Lunch 1:30 Walking Club 2:00 Shabbat Service 2:00 Make Your Own Bookmark Craft 3:00 VR Cafe 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance: Jesse Palldofski</p> <p>16</p> | <p>10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle, News Discuss & Hot Topic: Depression 11:15 Cornhole 12:00 Lunch 1:30 Walking Club or Scenic Ride 2:00 K.P. Garden Club 2025 2:00 Art Project 3:00 VR Cafe 4:00 Happy Hour 5:00 Dinner 6:30 Saturday Classics: Pride and Prejudice</p> <p>17</p> |
| <p>10:00 Walking Club 10:30 Zumba-Chair Exercise w/Gena 11:00 Daily Chronicle & News Discussion 11:00 Craft Project: Create Your Own Lip Gloss 1:30 Walking Club 3:00 Fun with Science 3:30 Brain Games 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance: Frank Plumer</p> <p>18</p> | <p>10:00 Walking Club 10:30 Exercise-Cardio Drumming w/Gena 11:00 Daily Chronicle & News Discussion 11:15 Book Club 12:00 Lunch 1:00 SCMS Kids Reading Short Stories & Games 1:30 Walking Club 2:15 Opera w/ Bill 3:00 Handbell Choir w/ Marie 3:00-4:30 Bridge Club 4:00 Happy Hour w/Suzi 6:30 TV Series: Yellowstone</p> <p>19</p> | <p>10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: Do Fish belong in an Aquarium 12:00 Lunch 1:00 Glen Echo Aquarium Outing! 1:30 Walking Club 2:00 Travel Series: Trains of Maryland 3:00 Big Word Little Word 4:00 Happy Hour with Karen 5:00 Dinner 6:30 AL Resident Art Show & Reception</p> <p>20</p> | <p>10:00 Walking Club w/Scavenger Hunt 10:30 Chair Exercise: Tai Chi w/Gena 11:00 Daily Chronicle & News Discuss 11:15 Country of the Month Club: Mexico 11:30 Group Crossword Puzzles 12:00 Lunch 1:30 Cooking Demo with Chef Morissa 2:30 Catholic Mass 3:30 VR Cafe 4:00 Happy Hour 5:00 Dinner 6:30 Live Performance: Fiddle Music with Jeffrey Steinberg</p> <p>21</p> | <p>10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Pressed Flower Art Craft 12:00 Lunch 1:30 Ladies Tea Party & Fashion Show-Dress to Impress-Wear a Hat! 3:30 Card Club 4:00 Happy Hour w/Bonnie 5:00 Dinner 6:30 Movie Night: 13 going on 30</p> <p>22</p> | <p>10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: Importance of Self-Confidence 11:30 Sudoku Game 12:00 Lunch 1:30 Dr. Jenner: The History of Las Vegas 3:00 Arbor Day Walking Club 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance: Daryl Nichol</p> <p>Arbor Day</p> <p>23</p> | <p>10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle, News Discuss & Hot Topic: The Fountain of Youth 11:15 Art Project 12:00 Lunch 1:30 Walking Club 3:00 Name that Tune Game 4:00 Happy Hour 5:00 Dinner 6:30 Saturday Classics: Beverly Hills Cop AXEL F</p> <p>24</p> |
| <p>10:00 Walking Club 10:30 Zumba-Chair Exercise w/Gena 11:00 Daily Chronicle & News Discussion 11:00 Make Your Own Jewelry Gems 12:00 Lunch 1:30 Walking Club 2:00 Yoga with Ashish 3:00 Fun With Science 3:30 Pokeno 4:00 Happy Hour 5:00 Dinner 6:30 Live Music Performance: Steve Burks</p> <p>25</p> | <p>10:00 Walking Club 10:30 Chair Exercise 10:30 Exercise-Cardio Drumming w/Gena 11:00 Daily Chronicle & News Discussion 11:15 Memorial Day Tribute to the Soldiers 12:00 Lunch 1:30 Walking Club 2:00 Outdoor Concert 2:15 Opera w/ Bill 3:00 Handbell Choir w/ Marie 3:00-4:30 Bridge Club 4:00 Happy Hour w/Suzi 5:00 Dinner 6:30 TV Series: Yellowstone Memorial Day</p> <p>26</p> | <p>10:00 Walking Club 10:30 Tone It Up Tuesday Workout 11:00 Daily Chronicle & News Discussion 11:15 Bocce Ball 12:00 Lunch 1:00 National Museum of American History Outing! 1:30 Walking Club 2:00 Afternoon Matinee: Raiders of the Lost Ark 4:00 Happy Hour with Karen 5:00 Dinner 6:30 K-Club Art Exhibition & Presentation</p> <p>27</p> | <p>10:00 Walking Club 10:30 Chair Exercise: Tai Chi w/Gena 11:00 Daily Chronicle & News Discuss 11:30 Group Crossword Puzzle 12:00 Lunch 12:00 Lady's Pizza Lunch! 1:30 Woodlands Store 2:30 Tech Hour W/ Lakesha 2:30 Catholic Mass 3:30 VR Cafe 4:00 Happy Hour 5:00 Dinner 6:30 Movie Night: The Holiday</p> <p>28</p> | <p>10:00 Walking Club 10:30 Chair Exercise 11:00 Daily Chronicle & News Discuss 11:15 Step by Step Painting Project 12:00 Lunch 2:00 Montgomery County History Speakers Ralph Buglass: Off the Beaten Path in the Montgomery County 4:00 Dress 50's Happy Hour w/Bonnie 5:00 Dinner 6:30 Movie Night: The Guns of Navarone</p> <p>29</p> | <p>10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: Arbor Day History & Trees 11:30 Puzzle Club 12:00 Lunch 1:30 Walking Club 3:00 Jeopardy Game 4:00 Happy Hour 5:00 Dinner 6:30 Movie Night: Batman Begins</p> <p>30</p> | <p>10:00 Walking Club 10:30 Friday Flex Chair Exercise 11:00 Daily Chronicle & News Discussion 11:15 Hot Topic: Climate Change 11:30-Trivia Games 12:00 Lunch 1:30 Walking Club 3:00 Karaoke with Friends 4:00 Happy Hour 5:00 Dinner 6:30 Saturday Classics: Everest</p> <p>31</p> |

Woodlands Kensington Park Senior Living 3618 Littledale Road Kensington MD 20895

