

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:45 Meditative Yoga with Kenitra 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 National Bird Day: Bird Trivia/Facts 1:30 Walking Club ~ Weather Permitting 2:00 Kenitra's Spring Recipe: Sombrero Snickerdoodles 2:45 Afternoon Chair Exercises 3:00 National Lemonade Day 3:30 The Aim Game & Guess That Song 3:30 Color by Number: Gardening Tools & Plants 6:00 Movie Night w/Care Team	9:45 Move & Groove Mondays with Kenitra 10:30 Hydration Station w/Care Team 10:30 Scenic Ride & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Cinco de Mayo History Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Cinco de Mayo Celebration & Margarita Demo 2:45 Afternoon Chair Exercises 3:00 Snack Social 3:30 Mariachi Band Performance ~ Bistro 4:00 Mini Golf & Tricky Trivia Happy Hour ~ Bistro 4:00 Color by Number: Talavera Mexican Tiles 6:00 Movie Night w/ Care Team Cinco de Mayo	9:45 Total Workout Tuesday with Sara and Priscilla 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday Presentation Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 National Nurses Week: Thank You Cards 3:00 Snack Social 3:30 Birthday Celebration for Mary D! ~ Bistro 3:45 Safari Ring Toss & Word in a Word Happy Hour 3:45 VR Cafe & Coloring with the Care Team 6:00 Movie Night w/ Care Team	9:45 Workout Wednesdays with Kenitra 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Waffle Wednesday 2:30 Live Performance by Steve Barke! 3:30 Whiteboard Pictionary & Tricky Trivia 3:30 May Flower Coloring: Peonies w/the Care Team 6:00 Movie Night w/Care Team	9:45 Total Training Thursdays with Sara 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Word Games 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 KP Annual Butterfly Release Event 3:30 Air Hockey & Words That Start With... Happy Hour 3:30 VR Cafe & Color by Number: Butterflies 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays with Kenitra 10:30 Scenic Ride ~ Lobby 10:35 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Friday Opposites Whiteboard Game 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Europe Day: Tourist Attractions, Monuments, & Landmarks 3:00 Snack Social 3:30 Bold Baskets & Crazy Categories Happy Hour 3:30 Tabletop Games & Puzzles w/Care Team 6:00 Evening Performance by Howie Jung	9:45 Sculpt and Sweat Saturdays w/ Daryl 10:30 Hydration Station 10:30 Scenic Ride & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Kentucky Derby: History Presentation 1:30 Walking Club ~ Weather Permitting 2:00 National Chocolate Custard Day: Demo 2:00 Garden Club w/the Care Team 2:00 Live Performance by Rita & Richard Clarke! 3:00 Snack Social 3:30 Beanbag Toss & Word Association Happy hour 3:30 Tabletop Games & Puzzles w/the Care Team 6:00 Movie Night w/Care Team
9:45 Meditative Yoga w/ Kenitra & Daryl 10:30 Hydration Station & Walking Club 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Mother's Day Conversation Corner & Brunch 12:00 Julie & Natalee Hall Mother/Daughter Duo 1:30 Kenitra's Spring Recipe: Mother's Day Themed Heart Shaped Cookies 2:00 Afternoon Walk & Afternoon Chair Exercises 3:30 The Aim Game& Guess That Song 3:30 Tabletop Games & Puzzles 6:00 Movie Night w/Care Team Mother's Day National Skilled Nursing Care Week	9:45 Move & Groove Mondays with Daryl 10:30 Hydration Station w/Care Team 10:30 Scenic Ride & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Blazin' Bingo w/ Daryl ~ Sunroom 11:30 Book Club with Cissel ~ TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Happy Birthday Katharine Hepburn: Biography 3:00 Snack Social 3:30 Mini Golf & Tricky Trivia Happy Hour ~ Bistro 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night w/ Care Team	9:45 Total Workout Tuesday with Sara and Priscilla 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday Presentation Discussion 1:30 Walking Club ~ Weather Permitting 2:00 National Apple Pie Day: Baking Demo 2:45 Afternoon Chair Exercises 3:30 Birthday Celebration for Edith K! 3:45 Safari Ring Toss & Word in a Word Happy Hour 3:45 VR Cafe & Coloring with the Care Team 6:00 Movie Night w/ Care Team	9:45 Workout Wednesdays with Kenitra 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Robin Hood Day: Olivia de Havilland Biography Reading 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 National Buttermilk Biscuit Day 2:30 Live Performance by Chris Covell! 3:30 Whiteboard Pictionary & Tricky Trivia 3:30 May Flower Coloring: Iris w/the Care Team 6:00 Movie Night w/Care Team	9:45 Total Training Thursdays with Sara 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Outing to the United States Botanic Garden 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 May Coloring with Priscilla: Honey Bees Social 3:00 National Chocolate Chip Day: Cookie Snack Social 3:30 Air Hockey & Words That Start With Happy Hour 3:30 VR Cafe & Puzzles with Priscilla 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays with Kenitra 10:30 Scenic Ride ~ Lobby 10:35 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Fantastic Friday: Shark Trivia 1:30 Walking Club ~ Weather Permitting 2:00 National Pizza Party Day: Homemade Pizza 2:45 Afternoon Chair Exercises 3:00 Snack Social 3:30 Bold Baskets & Crazy Categories Happy Hour 3:30 National Drawing Day: Art Corner w/the Care Team 6:00 National Classic Movie Day: Casablanca	9:45 Sculpt and Sweat Saturdays w/ Alyssa 10:30 Hydration Station 10:30 Scenic Ride & Walking Club 11:00 The Daily Chronicle Discussion 11:30 National Armed Forces Day: Presentation 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:00 Garden Club w/the Care Team 2:30 Live Performance by Darryl Nichols! 3:00 Snack Social 3:30 Beanbag Toss & Word Association Happy hour 3:30 Tabletop Games & Puzzles w/the Care Team 6:00 Movie Night w/Care Team Armed Forces Day
9:45 Meditative Yoga w/ Daryl & Kenitra 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Silly Sunday Riddles 1:30 Walking Club ~ Weather Permitting 2:00 Kenitra's Spring Recipe: Salted Dark Chocolate Popcorn 2:45 Afternoon Chair Exercises 3:30 The Aim Game& Guess That Song 3:30 Tabletop Games & Puzzles 6:00 Movie Night w/Care Team	9:45 Move & Groove Mondays with Kenitra 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Queen Victoria Day: Presentation Reading 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Outdoor Chair Yoga with Lia Mail! ~ Groves Garden 3:00 Snack Social 3:30 Mini Golf & Tricky Trivia Happy Hour ~ Bistro 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night w/ Care Team Victoria Day (Canada)	9:45 Total Workout Tuesday with Sara and Priscilla 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday Presentation Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Happy Birthday Jimmy Stewart: Biography 3:00 Snack Social 3:30 Safari Ring Toss & Word in a Word Happy Hour 3:30 VR Cafe with the Care Team 6:00 Movie Night w/ Care Team	9:45 Workout Wednesdays with Daryl & Kenitra 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Amelia Earhart's Atlantic Flight Anniversary: Biography 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Waffle Wednesday 2:30 Live Performance by Empty Ecstasy! 3:30 Whiteboard Pictionary & Tricky Trivia 3:30 May Flower Coloring: Tulips 6:00 Movie Night w/Care Team	9:45 Total Training Thursdays with Sara 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 National Vanilla Pudding Day Demo 12:00 Outing to Brookside Gardens 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 May Coloring with Priscilla: Lilacs 3:00 Vanilla Pudding Snack Social 3:30 Air Hockey & Words That Start With Happy Hour 3:30 VR Cafe & Puzzles with Priscilla 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays with Daryl 10:30 Scenic Ride ~ Lobby 10:35 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Friday Opposites Whiteboard Game 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 World Turtle Day: Trivia & Fun Facts 3:00 Snack Social 3:30 Bold Baskets & Crazy Categories Happy Hour 3:30 Tabletop Games & Puzzles w/Care Team 6:00 Movie Night w/Care Team	9:45 Sculpt and Sweat Saturdays w/ Sara 10:30 Hydration Station 10:30 Scenic Ride & Walking Club 11:00 The Daily Chronicle Discussion 11:30 Scavenger Hunt Day: Indoor Spring Scavenger Hunt 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:00 Garden Club w/the Care Team 2:30 Live Performance by Eduardo Garcia 3:00 Snack Social 3:30 Beanbag Toss & Word Association Happy hour 3:30 Tabletop Games & Puzzles w/the Care Team 6:00 Movie Night w/Care Team
9:45 Meditative Yoga w/ Daryl & Kenitra 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 National Tap Dance Day: History Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Kenitra's Spring Recipe: Strawberry Cupcakes 2:45 Afternoon Chair Exercises 3:30 The Aim Game & Guess That Song 3:30 Tabletop Games & Puzzles 6:00 Movie Night w/Care Team	9:45 Move & Groove Mondays with Kenitra 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Memorial Day History Discussion & Giant Crosswords 1:30 Walking Club ~ Weather Permitting 2:00 Memorial Day Celebration & Live Performance by Susan Jones Jazz Quartet ~ Parking Lot 3:30 Mini Golf & Tricky Trivia Happy Hour ~ Bistro 3:30 Memorial Day Art Craft ~ Art Room 6:00 Movie Night w/ Care Team Memorial Day	9:45 Total Workout Tuesday with Sara and Priscilla 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Tuesday Tunes with Sara 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Star of the Month: Vincent Price Biography 3:00 Snack Social 3:30 Safari Ring Toss & Word in a Word Happy Hour 3:30 VR Cafe with the Care Team 6:00 Movie Night w/ Care Team	9:45 Workout Wednesdays with Daryl and Kenitra 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Waffle Wednesday 2:30 Live Performance by Stephen Kenley! 3:30 Whiteboard Pictionary & Tricky Trivia 3:30 May Flower Coloring: Azaleas 6:00 Movie Night w/Care Team	9:45 Total Training Thursdays with Sara 10:30 Hydration Station 10:35 Walking Club 11:00 The Daily Chronicle Discussion 11:30 Lunch Outing to Zinnia Restaurant 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 National Pattern Day: Beading with Priscilla 3:00 Snack Social 3:30 Air Hockey & Words That Start With Happy Hour 3:30 VR Cafe & Puzzles with Priscilla 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays with Sara 10:30 Scenic Ride ~ Lobby 10:35 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Fable Friday 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 National Creativity Day: Abstract Painting 3:00 Snack Social 3:30 Bold Baskets & Crazy Categories Happy Hour 3:30 National Manicure Day w/the Care Team 6:00 Movie Night w/Care Team	9:45 Sculpt and Sweat Saturdays w/ Alyssa 10:30 Hydration Station 10:30 Scenic Ride & Walking Club 11:00 The Daily Chronicle Discussion 11:30 National Utah Day: Presentation 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:00 Garden Club w/the Care Team 2:30 Live Performance by Bob Clark! 3:00 Snack Social 3:30 Beanbag Toss & Word Association Happy hour 3:30 Tabletop Games & Puzzles w/the Care Team 6:00 Movie Night w/Care Team