

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:45 Meditative Yoga with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Happy Shavuot! History & Traditions 1:30 Walking Club ~ Weather Permitting 2:00 Giant Jenga with Daryl 2:45 Afternoon Chair Exercises 3:00 Happy Hour 3:30 The Aim Game & Guess That Song 3:30 National Nail Polish Day: Manicures w/Care Team 6:00 Movie Night Shavuot Begins	9:45 Move & Groove Mondays with Cissel 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Book Club 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Spring Poetry Analysis with Sara 3:00 Happy Hour 3:30 Mini Golf & Tricky Trivia Happy Hour ~ Bistro 3:30 Monday Manicures with Care Team 6:00 Movie Night w/ Care Team	9:45 Total Workout Tuesday w/Priscilla & Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday Presentation Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Daryl 2:45 America's First Spacewalk: Space Exploration Milestones 3:00 Happy Hour 3:30 Safari Ring Toss & Word in a Word 3:30 Tuesday Table Games & VR Cafe w/Care Team 6:00 Movie Night w/ Care Team	9:45 Workout Wednesdays with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Waffle Wednesday 2:30 Live Performance by Steve Barket! 3:00 Happy Hour 3:30 Whiteboard Pictionary & Tricky Trivia 3:30 Watercolor Wednesday w/Care Team 6:00 Movie Night w/Care Team	9:45 Total Training Thursdays with Sara 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Word Games 1:30 Walking Club ~ Weather Permitting 2:00 National Gingerbread Day: Baking Demo 2:45 Afternoon Chair Exercises with Sara 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... 3:30 VR Cafe & Tabletop Games 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays 10:30 Scenic Ride ~ Lobby 10:35 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Fable Friday 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 National Doughnut Day: History of the WWI Doughnut Girls 3:00 Happy Hour 3:30 Bold Baskets & Crazy Categories 3:30 Coloring with Doughnuts 6:00 Movie Night w/Care Team	9:45 Sculpt and Sweat Saturdays with Alyssa 10:30 Hydration Station 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 National Oklahoma Day: Presentation 1:30 Walking Club ~ Weather Permitting 2:00 National Chocolate Ice Cream Day 2:00 Garden Club w/the Care Team 2:00 Live Performance by Rita & Richard Clarke! 3:00 Happy Hour 3:30 Beanbag Toss & Word Association 3:30 Tabletop Games & Puzzles w/the Care Team 6:00 Movie Night w/Care Team
9:45 Meditative Yoga with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 World Oceans Day: Coral Reef Exploration 1:30 Walking Club ~ Weather Permitting 2:00 Giant Jenga with Daryl 2:45 Afternoon Chair Exercises 3:00 Happy Hour 3:30 The Aim Game & Guess That Song 3:30 Tabletop Games & Puzzles w/Care Team 6:00 Movie Night	9:45 Move & Groove Mondays with Cissel 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Book Club 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Happy Birthday Donald Duck: Remembering Disney 3:00 Happy Hour 3:30 Mini Golf & Tricky Trivia Happy Hour ~ Bistro 3:30 Monday Manicures with Care Team 6:00 Movie Night w/ Care Team	9:45 Total Workout Tuesday with Priscilla 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday Presentation Discussion 1:30 Walking Club ~ Weather Permitting 2:00 National Frosted Cookie Day: Baking Demo 2:45 Afternoon Chair Exercises with Sara 3:00 Happy Hour 3:30 Safari Ring Toss & Word in a Word 3:30 Tuesday Table Games & VR Cafe w/Care Team 6:00 Movie Night w/ Care Team	9:45 Workout Wednesdays with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Happy Birthday Gene Wilder: Biography 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Waffle Wednesday 2:30 Live Performance by Julie Hall! 3:00 Happy Hour 3:30 Whiteboard Pictionary & Tricky Trivia 3:30 Watercolor Wednesday w/Care Team 6:00 Movie Night w/Care Team	9:45 Total Training Thursdays with Sara 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Word Games 12:00 Outing to Brookside Gardens 1:30 Walking Club ~ Weather Permitting 2:00 Connections & K-Club Get-Together: National Red Rose Day: Painting Roses on Canvas 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... 3:30 VR Cafe & Tabletop Games 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays 10:30 Scenic Ride ~ Lobby 10:35 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Fable Friday 1:30 Walking Club ~ Weather Permitting 2:00 Fun Friday Recipe: Poppin' Popcorn 2:45 Afternoon Chair Exercises 3:00 Happy Hour 3:30 Bold Baskets & Crazy Categories 3:30 Tabletop Games & Puzzles w/Care Team 6:00 Evening Performance with Howie Jung	9:45 Sculpt and Sweat Saturdays with Alyssa 10:30 Hydration Station 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Flag Day: True or False Game 1:30 Walking Club & Afternoon Chair Exercises 2:00 Garden Club w/the Care Team 2:30 Live Performance by Frank Plumer! 3:00 Happy Hour 3:30 Beanbag Toss & Word Association 3:30 Tabletop Games & Puzzles w/the Care Team 6:00 Movie Night w/Care Team Flag Day (U.S.)
9:45 Meditative Yoga with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Father's Day Wit & Wisdom 12:00 Father's Day Performance by Daniel Murray! 1:30 Walking Club ~ Weather Permitting 2:00 Giant Jenga with Daryl 2:45 Afternoon Chair Exercises 3:00 Happy Hour 3:30 The Aim Game & Guess That Song 3:30 Tabletop Games & Puzzles w/Care Team 6:00 Movie Night Father's Day	9:45 Move & Groove Mondays with Cissel 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Book Club 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 National Sea Turtle Day: Fun Facts & Coloring 3:00 Happy Hour 3:30 Mini Golf & Tricky Trivia Happy Hour ~ Bistro 3:30 Monday Manicures with Care Team 6:00 Movie Night w/ Care Team	9:45 Total Workout Tuesday with Priscilla 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 On This Day: Amelia Earhart's Flight Across the Atlantic 1:30 Walking Club ~ Weather Permitting 2:00 National Root Beer Day: Root Beer Floats 2:45 Afternoon Chair Exercises with Sara 3:00 Happy Hour 3:30 Safari Ring Toss & Word in a Word 3:30 Tuesday Table Games & VR Cafe w/Care Team 6:00 Movie Night w/ Care Team	9:45 Workout Wednesdays with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Happy Birthday Paul McCartney: Biography 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Waffle Wednesday 2:30 Live Performance by Empty Ecstasy! 3:00 Happy Hour 3:30 Whiteboard Pictionary & Tricky Trivia 3:30 Watercolor Wednesday w/Care Team 6:00 Movie Night w/Care Team	9:45 Total Training Thursdays with Sara 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Juneteenth: A Celebration of Freedom 11:30 Outing to Sugarloaf Mountain Vineyard 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Juneteenth Coloring 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... 3:30 VR Cafe & Tabletop Games 6:00 Movie Night ~ TV Room Juneteenth	9:45 Fresh & Fit Fridays 10:30 Scenic Ride ~ Lobby 10:35 Hydration Station & Walking Club 11:00 The Daily Chronicle Reading 11:30 International Tennis Day: Famous Players 1:30 Walking Club ~ Weather Permitting 2:00 Spring into Summer Day: Summer Themed Cupcakes 2:45 Afternoon Chair Exercises 3:00 Happy Hour 3:30 Bold Baskets & Crazy Categories 3:30 National Seashell Day: Painting Seashells 6:00 Movie Night w/Care Team Summer Begins	9:45 Sculpt and Sweat Saturdays with Alyssa 10:30 Hydration Station 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Star of the Day: Maureen Stapleton Biography 1:30 Walking Club ~ Weather Permitting 2:00 National Smoothie Day: Demo 2:00 Garden Club w/the Care Team 2:30 Live Performance by Darryl Nichols! 3:00 Happy Hour 3:30 Beanbag Toss & Word Association 3:30 Tabletop Games & Puzzles w/the Care Team 6:00 Movie Night w/Care Team
9:45 Meditative Yoga with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 World Rainforest Day: Rainforest Exploration 1:30 Walking Club ~ Weather Permitting 2:00 Giant Jenga with Daryl 2:45 Afternoon Chair Exercises 3:00 Happy Hour 3:30 Birthday Celebration for Gloria D! 3:45 The Aim Game & Guess That Song 3:45 Tabletop Games & Puzzles w/Care Team 6:00 Movie Night	9:45 Move & Groove Mondays with Cissel 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Book Club 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 National Pink Day: Whiteboard Game 3:00 Happy Hour 3:30 Birthday Celebration for Virginia D & Live Performance by Kent Marcoux! 4:30 Mad Monday Trivia 6:00 Movie Night w/ Care Team	9:45 Total Workout Tuesday with Priscilla 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Hot Topics with Priscilla 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises with Sara 2:45 The Lion King Anniversary: Discussion Corner 3:00 Happy Hour 3:30 Safari Ring Toss & Word in a Word 3:30 Tuesday Table Games & VR Cafe w/Care Team 6:00 Movie Night w/ Care Team	9:45 Workout Wednesdays with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Wacky Wednesday Riddles 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:30 Waffle Wednesday 2:30 Live Performance by Stephen Kenley! 3:00 Happy Hour 3:30 Whiteboard Pictionary & Tricky Trivia 3:30 Watercolor Wednesday w/Care Team 6:00 Movie Night w/Care Team	9:45 Total Training Thursdays with Sara 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Word Games 11:30 Lunch Outing to Bacchus of Lebanon 1:30 Walking Club ~ Weather Permitting 2:00 National Chocolate Pudding Day: Baking Demo 2:45 Afternoon Chair Exercises 3:00 Happy Hour 3:30 Air Hockey & Words That Start With... 3:30 VR Cafe & Tabletop Games 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays 10:30 Scenic Ride ~ Lobby 10:35 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:00 The Daily Chronicle Discussion 11:30 Happy Birthday Hellen Keller: Biography 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 National Sunglasses Day: DIY Craft Kit 3:00 Happy Hour 3:30 Bold Baskets & Crazy Categories 3:30 Tabletop Games & Puzzles w/Care Team 6:00 Movie Night w/Care Team	9:45 Sculpt and Sweat Saturdays with Alyssa 10:30 Hydration Station & Scenic Ride 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 National Alaska Day: Presentation 1:30 Walking Club ~ Weather Permitting 2:00 Garden Club w/the Care Team 2:00 Afternoon Chair Exercises 2:45 Happy Birthday Mel Brooks: Biography 3:00 Happy Hour 3:30 Birthday Celebration for Ginnie R! 3:45 Beanbag Toss & Word Association 3:45 Tabletop Games & Puzzles w/the Care Team 6:00 Movie Night w/Care Team
9:45 Meditative Yoga with Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Silly Sunday Riddles 1:30 Walking Club ~ Weather Permitting 2:00 Giant Jenga with Daryl 2:45 Afternoon Chair Exercises 3:00 Happy Hour 3:30 The Aim Game & Guess That Song 3:30 Tabletop Games & Puzzles w/Care Team 6:00 Movie Night	9:45 Move & Groove Mondays with Cissel 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Book Club 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Happy Birthday Lena Horne: Biography 3:00 Happy Hour 3:30 Birthday Celebration for Belva F & Live Performance by Chris Covell! 4:30 Mad Monday Trivia 6:00 Movie Night w/ Care Team					