

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025 Celebrating Women's History Month

"Women belong in all places where decisions are being made. It shouldn't be that women are the exception." – Ruth Bader Ginsburg, former US Supreme Court Justice

11:15 Fitness with Jennifer
12:00 KP on the Go
1:30 Rumikub
2:00 Smoothies with Amel
3:00 Weekly Wordle
4:30 Happy Hour
7:15 Silver Screen Movie

2
9:00 Shuttle to Holy Redeemer Catholic Church
11:15 Shuttle to Regal Majestic, A Complete Unknown Bob Dylan Story
4:30 Happy Hour
7:00 97th Academy Awards Watch Party

3
10:00 Grocery Shuttle
11:15 Move it with Maria
1:30 Music History with Roy Justice
4:30 Happy Hour
7:00 Needlework Group

4
Happy Mardi Gras
10:00 Shuttle Library/ CVS/ Bank
11:00 Live Music Trivia with Jerry Roman
1:30 Just Bead It with Cindy
3:00 Balance in Action
4:30 Mardi Gras Happy Hour
7:00 Mah Jongg Mavens

5
Ash Wednesday
11:15 Move It with Maria
1:15 Documentary: Secrets of the Mona Lisa
1:30 Bridge Club
3:00 Highlands Book Club Review with Sheryl
4:30 Happy Hour
7:15 KP Binge: Your Honor

6
11:15 Balance in Action
1:00 KP on the Go
1:30 Hilarity for Charity Film Event
4:30 Happy Hour
7:00 Mah Jongg Mavens

7
10:00 Shopping Shuttle: Target
11:15 Strength Fitness
1:30 Trivia with Mary Ruth
3:00 Shabbat Service
4:30 Happy Hour
7:15 SNL Anniversary Special

8
11:15 Fitness with Jennifer
12:00 KP on the Go
1:30 Jewish Art Education by Nancy Kotz
3:00 Weekly Wordle
4:30 Happy Hour
7:15 Silver Screen Movie

9
9:00 Shuttle to Holy Redeemer Catholic Church
11:15 Chair Yoga with Ashish
1:30 Shuttle to Potomac Sweets
4:30 Happy Hour
7:15 Sunday Movie Classic: Auntie Mame

10
10:00 Grocery Shuttle
10:15 News & Views with Karen
11:15 Move it with Maria
1:15 Checkers & Chess
3:00 American History by Dr. Robert Jenner
4:30 Happy Hour
7:00 Needlework Group

11
10:00 Shuttle Library/ CVS/ Bank
12:00 Mobile Post Office
1:30 Balance in Action
3:00 Scattergories
4:30 Happy Hour
6:30 Game Night with Betsy
7:00 Mah Jongg Mavens

12
11:15 Move It with Maria
1:30 Bridge Club
1:30 Kensington Public Library Resource Presentation
3:00 Bill Young Presents on Uganda Expedition
4:30 Happy Hour
7:15 KP Binge: Your Honor

13
11:15 Balance in Action
1:00 KP on the Go
1:15 Word in a Word
3:15 Intergenerational Choir
4:30 Happy Hour
7:00 Mah Jongg Mavens

14
10:00 Shopping Shuttle: Harris Teeter
11:15 Strength Fitness
1:00 Documentary
1:30 Tech Support with Andrew
3:00 Shabbat Service
4:30 Happy Hour

15
11:15 Fitness with Jennifer
12:00 KP on the Go
1:30 Rumikub
2:00 Smoothies with Amel
3:00 Weekly Wordle
4:30 Happy Hour
7:15 Silver Screen Movie

16
9:00 Shuttle to Holy Redeemer Catholic Church
1:15 Shuttle to Kennedy Center Power of Poetry IN-Q
4:30 Happy Hour
7:15 Sunday Movie Classic: 7 Year Itch

17
Happy St. Patrick's Day
10:00 Grocery Shuttle
10:15 News & Views with Karen
11:15 Move it with Maria
3:30 Live Performance by Corned Beef Hash Band St. Patty's Celebration
4:30 St. Patty's Day Happy Hour
7:00 Needlework Group

18
10:00 Shuttle Library/ CVS/ Bank
11:30 Lunch Bunch to La Ferme French Cuisine
1:30 Balance in Action
3:15 Intergenerational Program with Holy Redeemer Catholic School
4:30 Happy Hour
7:00 Mah Jongg

19
11:15 Move It with Maria
1:30 Bridge Club
2:30 Book Lecture: The Chief Rabbi's Funeral by Author Scott Seligman
4:30 Happy Hour

Happy First Day of Spring
20
11:15 Balance in Action
1:00 KP on the Go
1:30 Tech Support with Andrew
3:15 Intergenerational Choir
4:30 Happy Hour
6:45 Mah Jongg Mavens
7:15 Buddhist Faith Chat

21
10:00 Shopping Shuttle: Montgomery Mall
11:15 Strength Fitness
1:00 Watercolor Art with Martina
3:00 Shabbat Service
4:30 Happy Hour
7:15 KP Binge: Your Honor

22
11:15 Fitness with Jennifer
12:00 KP on the Go
1:30 Rumikub
3:00 Weekly Wordle
4:30 Happy Hour
7:15 Silver Screen Movie

23
9:00 Shuttle to Holy Redeemer Catholic Church
11:15 Chair Yoga with Ashish
1:30 Scenic Ride
2:30 Community Service Project with the Bethesda Food Pantry
4:30 Happy Hour
7:15 Sunday Movie Classic: Gigi

24
10:00 Grocery Shuttle
10:15 News & Views with Karen
11:15 Move it with Maria
1:15 Shuttle to Hirshhorn Museum
3:00 Nature Documentary: Our Ocean
4:30 Happy Hour
7:00 Needlework Group

25
10:00 Shuttle Library/ CVS/ Bank
11:00 Art History by Roshna Kapadia
12:00 Mobile Post Office
1:30 Balance in Action
3:00 Highlands Resident Meeting
4:30 Happy Hour
7:00 Mah Jongg Mavens

26
11:15 Move It with Maria
12:30 Sharing Resources About the Woodlands
1:30 Bridge Club
2:00 History Alive Presents Julia Childs Celebrating Women's History Month
4:00 Happy Hour
7:15 KP Binge: Your Honor

27
11:15 Balance in Action
1:00 KP on the Go
1:30 Chronology with Mary Ruth
3:15 Intergenerational Choir
4:30 Happy Hour
7:00 Mah Jongg Mavens

28
10:00 Shopping Shuttle: Wal Mart, Kohls, Michaels
11:15 Strength Fitness
3:00 Shabbat Service
4:30 Happy Hour
7:15 Live Music by Pianist Darryl Nichols

29
11:15 Fitness with Jennifer
12:00 KP on the Go
1:15 British Players: One Man, Two Guvnors
1:30 Rumikub
3:00 Weekly Wordle
4:30 Happy Hour
7:15 Silver Screen Movie

30
11:00-1:00 Sunday Brunch Music by Pianist RoCube
9:00 Shuttle to Holy Redeemer Catholic Church
1:30 Scenic Ride
3:30 Music Appreciation
4:30 Happy Hour
7:15 Sunday Movie Classic: Funny Girl

31
10:00 Grocery Shuttle
10:15 News & Views with Karen
11:15 Move it with Maria
1:15 Checkers & Chess
3:00 Reading Circle with Mary Ruth
4:30 Happy Hour
7:00 Needlework Group

Happy Birthday 3/24 Marianne S.

Spring: a lovely reminder of how beautiful change can truly be...

