Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	B	евгис На	ven			10:00 Morning Exercise110:30 Daily Chronicle Reading111:00 Morning Refreshments111:15 National Texas Day: Presentation11:30 Post Lunch Exercises with Kenitra!22:00 National Dark Chocolate Day: HeartShaped Cookies2:30 Silly Saturday Short Stories33:15 Live Performance by Rita & RichardClarke!4:15 Plush Snowball Bucket Toss6:00 Movie Night w/Care Team
10:00 Chair Aerobics210:35 Daily Chronicle Reading11:00 Morning Refreshments1:30 Post-Lunch Exercises with Daryl2:00 National Tater Tot Day: LoadedTots Culinary Demo2:45 Groundhog Day Discussion3:00 Afternoon Refreshments3:15 Coloring Corner: Groundhogs3:45 Sing-a-long Sunday with Daryl6:00 Movie Night w/Care TeamGroundhog Day	10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Post-Lunch Exercises with Daryl 	10:00 Chair Yoga 4 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 AnyTown Tuesday 1:30 Post Lunch Exercise with Daryl! 2:00 Table Bowling Tuesday 2:30 Crazy Categories 3:00 Afternoon Refreshments 3:00 Tuesday Tunes with Daryl 3:45 Valentines Day Art: Tissue Paper Hearts on Canvas 6:00 Movie Night w/Care Team	10:00 Move & Groove Exercises 5 10:30 Morning Refreshments 10:35 Daily Chronicle Reading 11:15 Wacky Wednesday Word Games 1:30 Post-Lunch Exercise with Sara 1:30 Catholic Mass 2:00 Waffle Wednesday 3:00 Noodle Volleyball 3:00 Afternoon Refreshments 3:35 Live Performance by Steve Barke! 6:00 Movie Night w/Care Team	10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Words That Start With 1:30 Post-Lunch Exercise with Daryl 2:00 National Frozen Yogurt Day: Demo 2:30 Tuesday Tunes with Daryl 3:00 Table Bowling Thursday 3:00 Afternoon Refreshments 3:45 Make Music with Marie 6:00 Movie Night w/Care Team	10:00 Morning Exercise710:30 Daily Chronicle Reading11:00 Morning Refreshments11:15 Friday Opposites Word Game1:30 Post Lunch Exercises with Alyssa2:00 Plush Snowball Bucket Toss2:45 Fairytale Friday3:00 Afternoon Refreshments3:00 Art Corner: Fruit Loop Bracelets3:35 Marvelous Manicures & Puzzles6:00 Movie Night w/Care Team	10:00 Morning Exercise810:30 Daily Chronicle Reading11:00 Morning Refreshments11:15 Word Games1:30 Post Lunch Exercises with Kenitra!2:00 Drink Demo: Peppermint Hot Chocolate2:30 National Iowa Day: Presentation3:00 Crazy Cornhole3:00 Afternoon Refreshments3:35 Live Performance by Frank Plumer!6:00 Movie Night w/Care Teams
	10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Post-Lunch Exercises with Daryl 2:00 National Cream Cheese Brownie Day Baking Demo 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:35 Make Music Monday with Daryl 6:00 Movie Night w/Care Team	10:00 Chair Yoga1110:30 Daily Chronicle Reading11:00 Morning Refreshments11:00 AnyTown Tuesday1:30 Post Lunch Exercise with Daryl!2:00 Table Bowling Tuesday2:30 Crazy Categories3:00 Afternoon Refreshments3:00 Tuesday Tunes with Daryl3:45 Making Valentines Day Cards6:00 Movie Night w/Care Team	10:00 Move & Groove Exercises 10:30 Morning Refreshments 10:35 Daily Chronicle Reading 11:15 Wacky Wednesday Word Games 1:30 Post-Lunch Exercise with Sara 1:30 Catholic Mass 2:00 Waffle Wednesday 2:30 Poetry Analysis by Nina S: The Brownings 3:00 Afternoon Refreshments 3:35 Live Performance by Julie Hall! 6:00 Movie Night w/Care Team Tu B'Shevat Begins12	11:00 Morning Refreshments 11:15 Words That Start With 1:30 Valentines Day Couples Outing to Tatte bakery & Cafe 1:30 Post-Lunch Exercise with Daryl	10:00 Morning Exercise 14 10:30 Daily Chronicle Reading 14 11:00 Morning Refreshments 11:15 Friday Opposites Word Game 1:30 Post Lunch Exercises with Alyssa 2:00 History of Valentines Day Presentation Discussion & Chocolate Rose Gifts 2:45 Fairytale Friday 3:00 Afternoon Refreshments 3:00 Art Corner: Valentines Day Craft Kit 3:35 Valentines Day Themed Manicures 6:00 Valentines Day Evening Performance by Harper Denhard! Valentine's Day	10:00 Morning Exercise1510:30 Daily Chronicle Reading11:00 Morning Refreshments11:15 National Wisconsin Day1:30 Post Lunch Exercises with Kenitra!2:00 National Gumdrop Day: GumdropTowers3:00 Cornhole Tournament3:35 Live Performance by DarrylNichols!6:00 Movie Night w/Care Teams
10:00 Chair Aerobics1610:35 Daily Chronicle Reading11:00 Morning Refreshments11:00 Morning Refreshments1:30 Post-Lunch Exercises with Sara2:00 Sugar Cookie Sunday BakingDemo2:30 Snowball in a Bucket Toss3:00 Afternoon Refreshments3:00 Color by Number: FebruaryMandalas3:35 Sing-a-long Sunday with Sara6:00 Movie Night w/Care Team	10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Post-Lunch Exercises with Daryl 2:00 Presidents' Day History Discussion 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:35 Make Music Monday with Daryl 6:00 Movie Night w/Care Team Presidents' Day (U.S.)	10:00 Chair Yoga 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 AnyTown Tuesday 1:30 Post Lunch Exercise with Daryl! 2:00 Table Bowling Tuesday 2:30 Crazy Categories 3:00 Afternoon Refreshments 3:00 Tuesday Tunes with Daryl 3:45 February Abstract Coloring 6:00 Movie Night w/Care Team	10:00 Move & Groove Exercises 19 10:30 Morning Refreshments 19 10:35 Daily Chronicle Reading 11:15 11:15 Wacky Wednesday Word Games 1:30 Post-Lunch Exercise with Sara 1:30 Catholic Mass 2:00 National Chocolate Mint Day: Chocolate Mint Ice Cream Demo 3:00 Noodle Volleyball 3:00 Afternoon Refreshments 3:35 Live Performance by Empty Ecstasy! 6:00 Movie Night w/Care Team	10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Words That Start With 1:30 Outing to Tout de Sweet Pastry Shop 1:30 Post-Lunch Exercise with Daryl 2:00 National Muffin Day: Baking Demo 2:30 Table Bowling Thursday 3:00 Afternoon Refreshments 3:45 Make Music with Marie 6:00 Movie Night w/Care Team		10:00 Morning Exercise2210:30 Daily Chronicle Reading2111:00 Morning Refreshments2111:15 Word Games230 Post Lunch Exercises with Ivonne2:00 National Margarita Day: Drink200Demo3:00 National California Day:Presentation Discussion3:35 Cornhole Tournament6:00 Movie Night w/Care Teams
10:00 Chair Aerobics2310:35 Daily Chronicle Reading11:00 Morning Refreshments11:00 Morning Refreshments1:30 Post-Lunch Exercises with Sara2:00 Sugar Cookie Sunday BakingDemo2:30 Snowball in a Bucket Toss3:00 Afternoon Refreshments3:00 Afternoon Refreshments3:00 National Tile Day: PaintingCeramic Tiles3:35 Sing-a-long Sunday with Sara6:00 Movie Night w/Care Team	10:00 Tone & Sculpt Monday 24 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 Morning Refreshments 1:30 Post-Lunch Exercises with Daryl 2:00 National Tortilla Chip Day: Loaded Nachos 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:35 Make Music Monday with Daryl 6:00 Movie Night w/Care Team Community, 3616 Littledale Reference	10:00 Chair Yoga 25 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 AnyTown Tuesday 1:30 Post Lunch Exercise with Daryl! 2:00 Table Bowling Tuesday 2:30 Crazy Categories 3:00 Afternoon Refreshments 3:00 Tuesday Tunes with Daryl 3:45 Flower of the Month Coloring: Violets 6:00 Movie Night w/Care Team	10:00 Move & Groove Exercises 10:30 Morning Refreshments 10:35 Daily Chronicle Reading 11:15 National Tell a Fairy Tale Day 1:30 Post-Lunch Exercise with Sara 1:30 Catholic Mass 2:00 Waffle Wednesday 3:00 Noodle Volleyball 3:00 Afternoon Refreshments 3:35 Live Performance by Stephen Kenley! 6:00 Movie Night w/Care Team26	10:00 Chair Dancing Exercise 27 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Words That Start With 1:30 Post-Lunch Exercise with Daryl 2:00 National Strawberry Day: Strawberry Cupcake Demo 2:30 Table Bowling Thursday 3:00 Afternoon Refreshments 3:00 National Polar Bear Day: Fun Facts 3:45 Make Music with Marie 6:00 Movie Night w/Care Team	10:00 Morning Exercise2810:30 Daily Chronicle Reading11:00 Morning Refreshments11:15 Friday Opposites Word Game1:30 Post Lunch Exercises with Alyssa2:00 National Floral Design Day: DIY FlowerCraft Kit2:45 History of Ramadan: PresentationDiscussion3:00 Afternoon Refreshments3:00 Marvelous Manicures & Puzzles3:35 Live Performance!6:00 Movie Night w/Care Team Ramadan Begins	Happy Valentines Day!

Kensington Senior Living Community, 3616 Littledale Rd, 20895