

Sunday

Monday

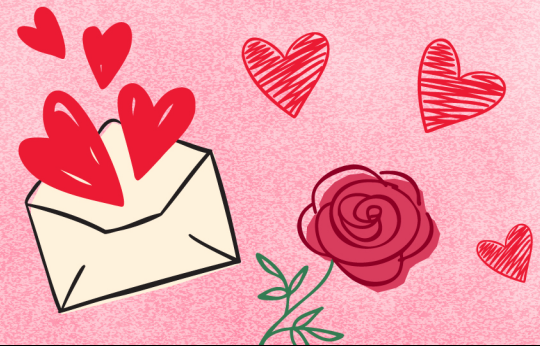
Tuesday

Wednesday

Thursday

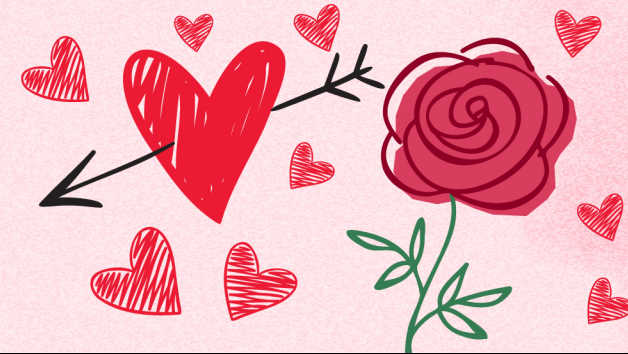
Friday

Saturday



# February 2025

## Connections



<p>9:45 Meditative Yoga with Kenitra 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom <b>11:30 Painting a Birthday Banner for Mary Ellen M</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 National Tater Tot Day: Culinary Demo</b> <b>2:45 Groundhog Day Discussion</b> <b>3:30 Birthday Celebration for Mary Ellen M!</b> 3:40 The Aim Game Happy Hour 4:30 Guess That Song Happy Hour 6:00 Movie Night w/Care Team <b>Groundhog Day</b></p>	<p>9:45 Move &amp; Groove Mondays w/ Ivonne &amp; Kenitra 10:30 Hydration Station w/Care Team <b>10:30 Scenic Ride ~ Lobby</b> 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 Blazin' Bingo with Kenitra &amp; Ivonne ~ Sunroom</b> <b>11:30 Book Club with Cissel ~ TV Room</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 National Carrot Cake Day: Baking Demo</b> <b>2:45 Winter Poetry Analysis with Ivonne</b> 3:30 Mini Golf &amp; Tricky Trivia Happy Hour ~ Bistro 3:30 Tabletop Games &amp; Puzzles with Ivonne ~ Art Room 6:00 Movie Night w/Care Team ~ TV Room</p>	<p>9:45 Total Workout Tuesday w/Ivonne &amp; Sara 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 AnyTown Tuesday Presentation Discussion</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:45 Tissue Paper Hearts on Canvas with Ivonne</b> 2:45 Tuesday Tunes with Sara ~ TV Room 3:00 Snack Social! 3:30 Safari Ring Toss &amp; Word in a Word Happy Hour <b>3:30 VR Cafe with Sara</b> 6:00 Movie Night ~ TV Room</p>	<p>9:45 Workout Wednesdays with Daryl &amp; Kenitra 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Guess That Song 11:30 Wacky Wednesday Riddles 1:30 Catholic Service ~ TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 Waffle Wednesday</b> <b>2:30 Live Performance by Steve Barke!</b> 3:30 Whiteboard Pictionary &amp; Tricky Trivia 3:30 Tabletop Games &amp; Puzzles ~ Art Room 6:00 Movie Night</p>	<p>9:45 Total Training Thursdays with Sara &amp; Tiara 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Word Games <b>11:30 Painting a Birthday Banner for Ilana R!</b> 1:30 Walking Club 2:00 Afternoon Chair Exercises <b>2:30 National Frozen Yogurt Day: Demo</b> <b>3:30 Birthday Celebration for Ilana R! ~ Bistro</b> 3:40 Air Hockey &amp; Words That Start With... Happy Hour with Tiara <b>3:30 VR Cafe &amp; Puzzles with Sara</b> 6:00 Movie Night ~ TV Room</p>	<p>9:45 Fresh &amp; Fit Fridays with Ivonne &amp; Kenitra <b>10:30 Scenic Ride ~ Lobby</b> 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Friday Opposites &amp; Noodle Volleyball 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Fable Friday <b>2:45 Fruit-Loop Friendship Bracelets</b> 3:00 Snack Social 3:30 Bold Baskets &amp; Crazy Categories Happy Hour 3:30 Tabletop Games &amp; Puzzles 6:00 Movie Night &amp; Nail Care w/Care Team</p>	<p>9:45 Sculpt and Sweat Saturdays with Alyssa and Ivonne 10:30 Hydration Station <b>10:30 Scenic Ride ~ Lobby</b> 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 National Iowa Day: History Presentation</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 Live Performance by Frank Plumer! ~ Bistro</b> 3:00 Snack Social 3:30 Beanbag Toss &amp; Word Association Happy Hour 3:30 Tabletop Games &amp; Puzzles 6:00 Movie Night ~ TV Room</p>
<p>9:45 Meditative Yoga w/ Daryl &amp; Kenitra 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom <b>11:30 Happy Birthday Mia Farrow! Biography Reading</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 National Pizza Day: Culinary Demo</b> <b>2:30 Super Bowl Sunday History Discussion</b> 3:00 Snack Social! ~ Sunroom &amp; TV Room 3:30 The Aim Game&amp; Guess That Song 3:30 Tabletop Games &amp; Puzzles 6:00 Movie Night w/Care Team</p>	<p>9:45 Move &amp; Groove Mondays w/ Ivonne &amp; Kenitra 10:30 Hydration Station w/Care Team <b>10:30 Scenic Ride ~ Lobby</b> 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 Blazin' Bingo with Kenitra &amp; Ivonne ~ Sunroom</b> <b>11:30 Book Club with Cissel ~ TV Room</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 National Cream Cheese Brownie Day with Kenitra</b> <b>2:45 Winter Poetry Analysis with Ivonne</b> 3:30 Mini Golf &amp; Tricky Trivia Happy Hour ~ Bistro 3:30 Tabletop Games &amp; Puzzles with Daryl ~ Art Room 6:00 Movie Night w/Care Team ~ TV Room</p>	<p>9:45 Total Workout Tuesday w/Ivonne &amp; Sara 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 AnyTown Tuesday Presentation Discussion</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:45 Making Valentines Day Cards with Ivonne</b> 2:45 Tuesday Tunes with Sara ~ TV Room 3:00 Snack Social! 3:30 Safari Ring Toss &amp; Word in a Word Happy Hour <b>3:30 VR Cafe with Ivonne</b> 6:00 Movie Night ~ TV Room</p>	<p>9:45 Workout Wednesdays with Daryl &amp; Kenitra 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Guess That Song 11:30 Wacky Wednesday Riddles 1:30 Catholic Service ~ TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 Waffle Wednesday &amp; Live Performance by Julie Hall</b> 3:30 Whiteboard Pictionary &amp; Tricky Trivia 3:30 Tabletop Games &amp; Puzzles ~ Art Room 6:00 Movie Night <b>Tu B'Shevat Begins</b></p>	<p>9:45 Total Training Thursdays w/ Ivonne &amp; Daryl 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Table Bowling Thursday 11:30 Word Games <b>1:30 Valentines Day Couples Outing to Tatte Bakery &amp; Cafe</b> <b>2:00 Connections &amp; K-Club Get Together: Chair Yoga with Lia Mai ~ Bistro</b> <b>2:30 National Pancake Day: Baking Demo ~ Sunroom</b> <b>3:30 Poetry Analysis by Nina S: The Brownings ~ Bistro</b> 4:00 Air Hockey &amp; Words That Start With... <b>4:00 VR Cafe with Ivonne</b> 6:00 Movie Night ~ TV Room</p>	<p>9:45 Fresh &amp; Fit Fridays with Ivonne <b>10:30 Scenic Ride ~ Lobby</b> 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading <b>11:30 Happy Valentines Day! History Discussion</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Fable Friday &amp; Fruit-Loop Friendship Bracelets 3:00 Snack Social <b>3:30 Valentines Day Performance by Evelyn Song ~ Bistro</b> 4:30 Crazy Categories Happy Hour ~ Bistro <b>6:00 Evening Performance by Howard Jung ~ Bistro</b> <b>Valentine's Day</b></p>	<p>9:45 Sculpt and Sweat Saturdays with Alyssa and Ivonne 10:30 Hydration Station <b>10:30 Scenic Ride ~ Lobby</b> 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 National Wisconsin Day: Presentation</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 Live Performance by Darryl Nichols! ~ Bistro</b> 3:00 Snack Social 3:30 Beanbag Toss &amp; Word Association <b>3:30 National Gumdrop Day: Gumdrop Towers</b> 6:00 Movie Night ~ TV Room</p>
<p>9:45 Meditative Yoga w/ Daryl &amp; Kenitra 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom <b>11:30 Painting a Birthday Banner for Hermine K!</b> 11:30 Sing-along Sunday with Daryl 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises <b>2:30 Kenitra's Winter Recipe</b> 2:45 Giant Jenga <b>3:30 Birthday Celebration for Hermine K! ~ Bistro</b> 3:40 The Aim Game&amp; Guess That Song 3:30 Tabletop Games &amp; Puzzles 6:00 Movie Night w/Care Team</p>	<p>9:45 Move &amp; Groove Mondays w/ Ivonne &amp; Kenitra 10:30 Hydration Station w/Care Team <b>10:30 Scenic Ride ~ Lobby</b> 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 Blazin' Bingo with Kenitra &amp; Ivonne ~ Sunroom</b> <b>11:30 Book Club with Cissel ~ TV Room</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:45 Presidents' Day Discussion</b> 3:30 Mini Golf &amp; Tricky Trivia Happy Hour ~ Bistro 3:30 Tabletop Games &amp; Puzzles with Ivonne ~ Art Room 6:00 Movie Night w/Care Team ~ TV Room <b>Presidents' Day (U.S.)</b></p>	<p>9:45 Total Workout Tuesday w/Ivonne &amp; Sara 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 AnyTown Tuesday Presentation Discussion</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Table Bowling Tuesday with Ivonne ~ Sunroom <b>2:45 Tuesday Tunes with Sara ~ TV Room</b> 3:00 Snack Social! 3:30 Safari Ring Toss &amp; Word in a Word Happy Hour <b>3:30 VR Cafe with Ivonne</b> 6:00 Movie Night ~ TV Room</p>	<p>9:45 Workout Wednesdays with Daryl &amp; Kenitra 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Guess That Song 11:30 Wacky Wednesday Riddles 1:30 Catholic Service ~ TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 National Chocolate Mint Day: Ice Cream Demo</b> <b>2:30 Live Performance by Empty Ecstasy! ~ Bistro</b> 3:30 Whiteboard Pictionary &amp; Tricky Trivia 3:30 Tabletop Games &amp; Puzzles ~ Art Room 6:00 Movie Night</p>	<p>9:45 Total Training Thursdays with Sara 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Word Games <b>1:30 Outing to Tout de Sweet Pasty Shop ~ Lobby</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 National Muffin Day Baking Demo</b> 3:30 Air Hockey &amp; Words That Start With... Happy Hour <b>3:30 VR Cafe &amp; Puzzles with Priscilla</b> 6:00 Movie Night ~ TV Room</p>	<p>9:45 Fresh &amp; Fit Fridays with Ivonne <b>10:30 Scenic Ride ~ Lobby</b> 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Friday Opposites &amp; Noodle Volleyball 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 Live Performance ~ Bistro</b> 3:00 Snack Social 3:30 Bold Baskets &amp; Crazy Categories Happy Hour 3:30 Tabletop Games &amp; Puzzles 6:00 Movie Night &amp; Nail Care w/Care Team</p>	<p>9:45 Sculpt and Sweat Saturdays w/ Kenitra and Alyssa 10:30 Hydration Station <b>10:30 Scenic Ride ~ Lobby</b> 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 National California Day: History Presentation</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 Live Performance</b> <b>2:30 National Margarita Day: Drink Demo</b> 3:30 Beanbag Toss &amp; Word Association Happy Hour 3:30 Tabletop Games &amp; Puzzles 6:00 Movie Night ~ TV Room</p>
<p>9:45 Meditative Yoga w/ Daryl &amp; Kenitra 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Conversation Cards <b>11:30 Sing-along Sunday with Daryl</b> 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises <b>2:30 Kenitra's Winter Recipe</b> 2:45 Giant Jenga 3:00 Snack Social! ~ Sunroom &amp; TV Room 3:30 The Aim Game&amp; Guess That Song <b>3:30 National Tile Day: Painting Ceramic Tiles</b> 6:00 Movie Night w/Care Team</p>	<p>9:45 Move &amp; Groove Mondays w/ Ivonne &amp; Kenitra 10:30 Hydration Station w/Care Team <b>10:30 Scenic Ride ~ Lobby</b> 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 Blazin' Bingo with Kenitra &amp; Ivonne ~ Sunroom</b> <b>11:30 Book Club with Cissel ~ TV Room</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 National Tortilla Chip Day: Homemade Queso</b> <b>2:45 Winter Poetry Analysis with Ivonne</b> 3:30 Mini Golf &amp; Tricky Trivia Happy Hour ~ Bistro 3:30 Tabletop Games &amp; Puzzles with Daryl ~ Art Room 6:00 Movie Night w/Care Team ~ TV Room</p>	<p>9:45 Total Workout Tuesday w/Ivonne &amp; Sara 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion <b>11:30 AnyTown Tuesday Presentation Discussion</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises 2:45 Table Bowling Tuesday with Sara ~ Sunroom <b>2:45 Flower of the Month Painting: Violets</b> 3:00 Snack Social! 3:30 Safari Ring Toss &amp; Word in a Word Happy Hour <b>3:30 VR Cafe with Ivonne</b> 6:00 Movie Night ~ TV Room</p>	<p>9:45 Workout Wednesdays with Daryl &amp; Kenitra 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Guess That Song <b>11:30 National Tell a Fairy Tale Day</b> 1:30 Catholic Service ~ TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 Waffle Wednesday</b> <b>2:30 Live Performance by Stephen Kenley ~ Bistro</b> 3:30 Whiteboard Pictionary &amp; Tricky Trivia 3:30 Tabletop Games &amp; Puzzles ~ Art Room 6:00 Movie Night</p>	<p>9:45 Total Training Thursdays with Ivonne and Sara 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Word Games <b>11:30 National Polar Bear Day: Trivia &amp; Fun Facts</b> <b>12:00 Outing to he Hirshhorn Museum ~ Lobby</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 National Strawberry Day: Strawberry Cupcakes</b> 3:30 Air Hockey &amp; Words That Start With... <b>3:30 VR Cafe &amp; Puzzles with Sara</b> 6:00 Movie Night ~ TV Room</p>	<p>9:45 Fresh &amp; Fit Fridays with Ivonne <b>10:30 Scenic Ride ~ Lobby</b> 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading <b>11:30 Ramadan History Discussion</b> 1:30 Walking Club ~ Weather Permitting 2:00 Afternoon Chair Exercises <b>2:30 Live Performance ~ Bistro</b> 3:00 Snack Social 3:30 Bold Baskets &amp; Crazy Categories Happy Hour <b>3:30 National Floral Design Day: Coloring</b> 6:00 Movie Night &amp; Nail Care w/Care Team <b>Ramadan Begins</b></p>	<p><b>Happy Birthday!</b>  2/2 Mary Ellen M  2/6 Ilana R  2/16 Hermine K</p> 