Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Chair Aerobics 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Post-Lunch Exercises with Sara 2:00 National Pie Day: Baking Demo 2:30 Sing-a-long Sunday with Sara 3:00 Afternoon Refreshments 3:00 Painting a Birthday Banner for Patrick 3:30 Scenic Ride 3:35 Color by Number: Winter Cabin 4:00 Rosa Parks Day 6:00 Movie Night w/Care Team	10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Post-Lunch Exercises with Daryl 2:00 Crazy Cornhole 3:00 Afternoon Refreshments 3:00 Ice Cream Birthday Party for Patrick N! 3:30 Scenic Ride 3:35 Make Music Monday with Daryl 6:00 Movie Night w/Care Team2	10:00 Chair Yoga310:30 Daily Chronicle Reading11:00 Morning Refreshments11:00 AnyTown Tuesday1:30 Post Lunch Exercise with Swaysen!2:00 Table Bowling Tuesday2:30 Decorating the Haven Christmas Tree3:00 Afternoon Refreshments3:00 Ice Cream Birthday Party for Mabel B!3:30 Hanukkah Coloring & Puzzles6:00 Movie Night w/Care Team	10:00 Move & Groove Exercises410:30 Morning Refreshments111:00 Morning Refreshments111:00 Daily Chronicle Reading11:30 Post-Lunch Exercise with Daryl11:30 Catholic Mass22:00 National Cookie Day: HolidaySnickerdoodles3:00 Afternoon Refreshments3:00 Noodle Volleyball3:35 Live Performance by Steve Barke!6:00 Movie Night w/Care Team	10:00 Chair Dancing Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Words That Start With 	10:00 Morning Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Friday Opposites Word Game 1:30 Post Lunch Exercises with Alyssa 2:00 National Bartender Day: Hot Apple Cider 2:45 Fairytale Friday 3:00 Afternoon Refreshments 3:00 Craft Kit: Frosted Pinecone Ornaments 3:35 Marvelous Manicures & Puzzles 6:00 Movie Night w/Care Team	10:00 Morning Exercise710:30 Church Carolers (Youth Group)12:00 Lunch ~ Dining Room1:30 Post Lunch Exercises withSwaysen!2:00 Daily Chronicle Reading2:30 Silly Saturday Short Stories3:15 Live Performance by Rita &Richard Clarke!4:15 Noodle Volleyball6:00 Movie Night w/Care Team
10:00 Chair Aerobics810:30 Daily Chronicle Reading11:00 Morning Refreshments1:30 Post-Lunch Exercises with Sara2:00 National Brownie Day: PeppermintBrownies Baking Demo2:30 Sing-a-long Sunday with Sara3:00 Afternoon Refreshments3:00 Word Games & Riddles3:30 Scenic Ride3:35 Color by Number: Snowman Design6:00 Movie Night w/Care Team	10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 Star of the Day: Judi Dench, Biography 1:30 Post-Lunch Exercises with Daryl 2:00 Crazy Cornhole 2:30 National Christmas Card Day: Making Christmas Cards 3:00 Afternoon Refreshments 3:00 Ice Cream Birthday Party for Loretta S! 3:30 Scenic Ride 3:35 Make Music Monday with Daryl 6:00 Movie Night w/Care Team	10:00 Chair Yoga1010:30 Daily Chronicle Reading11:00 Morning Refreshments11:00 AnyTown Tuesday1:30 Post Lunch Exercise with Swaysen!2:00 Table Bowling Tuesday2:30 Crazy Categories3:00 Afternoon Refreshments3:00 Manicures & Hand Massages3:30 DIY Winter Bookmarks & Puzzles6:00 Movie Night w/Care Team	10:00 Move & Groove Exercises 10:30 Morning Refreshments 11:00 Morning Refreshments 11:00 Daily Chronicle Reading 1:30 Post-Lunch Exercise with Daryl 1:30 Catholic Mass 2:00 Waffle Wednesday 3:00 Afternoon Refreshments 3:00 Live Performance by Julie Hall! 4:00 Noodle Volleyball 6:00 Julia & Marie Evening Carols ~ 1st floor	10:00 Chair Dancing Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Words That Start With 1:30 Post-Lunch Exercise with Daryl 2:00 National Gingerbread House Day: Building Gingerbread Houses 2:30 Table Bowling Thursday 3:00 Afternoon Refreshments 3:45 Make Music with Marie 6:00 Movie Night w/Care Team	10:00 Morning Exercise1310:30 Daily Chronicle Reading11:00 Morning Refreshments11:15 Friday Opposites Word Game1:30 Post Lunch Exercises with Alyssa2:00 National Cocoa Day: HotChocolate & Marshmallows2:45 Fairytale Friday3:00 Afternoon Refreshments3:00 Art Corner: Hanukkah Craft Kit3:35 Marvelous Manicures & Puzzles6:00 Movie Night w/Care Team	10:00 Morning Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 National Alabama Day 1:30 Post Lunch Exercises with Swaysen! 2:00 National Monkey Day: Fun Facts About Monkeys 2:30 Finish That Christmas Carol 3:15 Live Performance by Frank Plumer! 4:15 Plush Snowball Bucket Toss 6:00 Movie Night w/Care Teams
10:00 Chair Aerobics1510:30 Daily Chronicle Reading11:00 Morning Refreshments1:30 Post-Lunch Exercises with Sara2:00 National Cupcake Day: Christmas TreeCupcake Demo!2:30 Sing-a-long Sunday Carols with Sara3:00 Afternoon Refreshments3:00 Word Games & Riddles3:30 Scenic Ride3:35 DIY Christmas Ornaments6:00 Movie Night w/Care Team	10:00 Tone & Sculpt Monday1610:45 Daily Chronicle Reading11:00 Morning Refreshments11:00 Phil Schwarz Harmonica Performance~ Dining Room1:30 Post-Lunch Exercises with Daryl2:00 National Chocolate Covered Anything Day:Strawberries2:30 Crazy Cornhole3:00 Afternoon Refreshments3:00 Make Music Monday with Daryl3:35 Live Performance by Rob Tomaro!6:00 Movie Night w/Care Team	10:00 Chair Yoga1710:30 Daily Chronicle Reading11:00 Morning Refreshments11:00 Wright Brothers Day: HistoryDiscussion1:30 Post Lunch Exercise with Swaysen!2:00 National Maple Syrup Day: PancakeDemo2:30 Crazy Categories3:00 Afternoon Refreshments3:00 Manicures & Hand Massages3:45 Table Bowling Tuesday6:00 Movie Night w/Care Team	10:00 Move & Groove Exercises1810:30 Morning Refreshments11:00 Morning Refreshments11:00 Daily Chronicle Reading1:30 Post-Lunch Exercise with Daryl1:30 Catholic Mass2:00 Waffle Wednesday!3:00 Afternoon Refreshments3:00 Noodle Volleyball3:30 Live Performance by the HolyRedeemer Carolers6:00 KP Winterfest Drive Through~ Parking Lot	10:00 Chair Dancing Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Words That Start With 1:30 Post-Lunch Exercise with Daryl 2:00 Robert Frost Winter Poetry Analysis 2:30 Table Bowling Thursday 3:00 Afternoon Refreshments 3:45 Make Music with Marie 4:00 Ugly Christmas Sweater Competition 5:20 Seneca Valley Winter Lights Drive Through ~ Lobby 6:00 Movie Night w/Care Team	10:00 Morning Exercise2010:30 Daily Chronicle Reading11:00 Morning Refreshments11:15 Friday Opposites Word Game1:30 Post Lunch Exercises with Alyssa2:00 Holiday Recipe: Hershey Kiss BlossomCookies2:45 Fairytale Friday3:00 Afternoon Refreshments3:00 Marvelous Manicures & Puzzles3:35 Harp Performance by Anne Apynys!6:00 Movie Night w/Care Team	10:00 Morning Exercise 21 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Ice Cream Birthday Party for Joan K! 1:30 Post Lunch Exercises with Swaysen! 2:00 Holiday Party Instrumental Performance by Evelyn Song! 3:35 Live Performance by Darryl Nichols! 6:00 Movie Night w/Care Team Winter Begins
10:00 Chair Aerobics2210:30 Daily Chronicle Reading11:00 Morning Refreshments11:00 Morning Refreshments1:30 Post-Lunch Exercises with Sara2:00 Sugar Cookie Sunday Baking Demo2:30 Sing-a-long Sunday with Sara3:00 Afternoon Refreshments3:00 Afternoon Refreshments3:00 Word Games & Riddles3:30 Scenic Ride3:35 Color by Number: Christmas Stockings6:00 Movie Night w/Care Team	10:00 Tone & Sculpt Monday 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Post-Lunch Exercises with Daryl 2:00 Crazy Cornhole 3:00 Afternoon Refreshments 3:00 Build Your Own Snowman Craft Kit 3:30 Scenic Ride 3:35 Make Music Monday with Daryl 6:00 Movie Night w/Care Team23	10:00 Chair Yoga 24 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 AnyTown Tuesday 1:30 Post Lunch Exercise with Swaysen! 2:00 National Eggnog Day: Holiday Drink Demo 2:30 Plush Snowball Bucket Toss 3:00 Afternoon Refreshments 3:00 Manicures & Hand Massages 3:45 Christmas Eve Traditions & Carols 6:00 Movie Night w/Care Team	10:00 Move & Groove Exercises 25 10:30 Morning Refreshments 11:00 Morning Refreshments 11:00 Morning Refreshments 11:00 Morning Refreshments 11:00 Daily Chronicle Reading 1:30 Post-Lunch Exercise with Daryl 1:30 Catholic Mass 2:00 Waffle Wednesday Birthday Party for Nayer W! 2:35 Christmas Day Performance by Darryl Nichols! 3:15 Christmas & Hanukkah Discussion 3:30 Christmas Prayer & Communion ~ 1st Floor 6:00 Movie Night w/Care Team Hanukkah Begins Christmas	10:00 Chair Dancing Exercise 26 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Words That Start With 13:0 Post-Lunch Exercise with Daryl 2:00 National Candy Cane Day: Craft Kit 2:30 Table Bowling Thursday 3:00 Afternoon Refreshments 3:15 Hanukkah Performance by Caron Dale ~ 1st Floor 3:45 Make Music with Marie 6:00 Movie Night w/Care Team Boxing Day (Canada) Kwanzaa	10:00 Morning Exercise2710:30 Daily Chronicle Reading11:00 Morning Refreshments11:15 Friday Opposites Word Game1:30 Post Lunch Exercises with Alyssa2:00 Holiday Recipe: Reindeer Pretzel M&MBrownies2:45 Fairytale Friday3:00 Afternoon Refreshments3:00 Plush Snowball Bucket Toss3:35 Marvelous Manicures & Puzzles6:00 Evening Performance by Vince Borrelli	10:00 Morning Exercise2810:30 Daily Chronicle Reading11:00 Morning Refreshments11:15 Finish That Common Phrase WordGame1:30 Post Lunch Exercises with Swaysen!2:00 Gingerbread Man Cookies: CookieCutter Craft2:30 Silly Saturday Short Stories3:35 Art Corner: Giant New Year ColoringPoster6:00 Evening Performance by Julia Plumer!
10:00 Chair Aerobics2910:30 Daily Chronicle Reading11:00 Morning Refreshments1:30 Post-Lunch Exercises with Sara2:00 Sugar Cookie Sunday Baking Demo2:30 Sing-a-long Sunday with Sara3:00 Afternoon Refreshments3:00 Word Games & Riddles3:30 Scenic Ride3:35 Color by Number: NYE PartyDecorations6:00 Movie Night w/Care Team	10:00 Tone & Sculpt Monday3010:45 Daily Chronicle Reading11:00 Morning Refreshments1:30 Post-Lunch Exercises with Daryl2:00 National Bacon Day: Bacon &Pancakes Demo3:00 Afternoon Refreshments3:00 Crazy Cornhole3:30 Scenic Ride3:35 Make Music Monday with Daryl6:00 Movie Night w/Care Team	10:00 Chair Yoga 31 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 AnyTown Tuesday 1:30 Post Lunch Exercise with Swaysen! 2:00 Table Bowling Tuesday 2:30 Crazy Categories 3:00 Afternoon Refreshments 3:00 Ice Cream Birthday Party for Carol K! 3:35 New Years Eve Performance 6:00 Movie Night w/Care Team New Year's Eve		DECEME Ha	BER 20 2 ven	4

Kensington Senior Living Community, 3616 Littledale Rd, 20895

