

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:45 Meditative Yoga with Daryl & Kenitra 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Rosa Parks Day: History Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises with Daryl 2:45 Giant Jenga 2:45 National Pie Day: Baking Demo with Kenitra 3:00 Snack Social! ~ Sunroom & TV Room 3:30 The Aim Game & Guess That Song Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night w/Care Team	9:45 Move & Groove Mondays w/ Ivonne & Kenitra 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Pretty Poetry Analysis with Ivonne 11:30 Book Club with Kenitra 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:45 Blazin' Bingo with Ivonne 2:45 Velcro Ball Toss with Kenitra 3:30 Mini Golf & Tricky Trivia Happy Hour ~ Bistro 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night w/Care Team ~ TV Room	9:45 Total Workout Tuesday with Ivonne & Daryl 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday Presentation Discussion 11:30 Decorating the Christmas Tree with Ivonne 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:45 Table Bowling Tuesday 2:45 Holiday Sweet Treat Demo: Peppermint Hot Chocolate 3:00 Snack Social! 3:30 Safari Ring Toss & Word in a Word Happy Hour 3:30 VR Cafe with Ivonne 6:00 Movie Night ~ TV Room	9:45 Workout Wednesdays w/Sara & Kenitra 10:30 Hydration Station 11:00 Walking Club ~ Weather Permitting 11:30 The Daily Chronicle Discussion 11:30 Guess That Song 11:30 Wacky Wednesday Riddles 1:30 Catholic Service ~ TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:30 National Cookie Day: Holiday Snickerdoodles 2:30 Live Performance by Steve Barke! 3:30 Whiteboard Pictionary & Tricky Trivia 3:35 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night & Coloring w/Care Team	9:45 Total Training Thursdays w/Sara & Ivonne 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 1:00 Cow Cuddling at Mary's Land Farm ~ Lobby 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises ~ Sunroom 2:30 National Sacher Torte Day: Austrian Baking Demo with Sara 2:45 Art Corner: Frosted Pinecone Ornaments with Ivonne 3:30 Air Hockey & Words That Start With Happy Hour 4:30 VR Cafe with Ivonne 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays with Ivonne & Swaysen 10:30 Scenic Ride ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Friday Opposites & Noodle Volleyball 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:45 Fable Friday 2:45 National Bartender Day: Hot Apple Cider 3:30 Birthday Celebration for Harriet S! 3:35 Bold Baskets & Crazy Categories Happy Hour 3:30 Tabletop Games & Puzzles 6:00 Movie Night & Nail Care w/Care Team	9:45 Sculpt and Sweat Saturdays with Alyssa & Kenitra 10:30 Hydration Station 10:30 Church Carolers (Youth Group) ~ Bistro 11:00 Walking Club ~ Weather Permitting 11:15 The Daily Chronicle Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Live Performance by Rita & Richard Clarke! 3:00 Snack Social 3:00 Afternoon Chair Exercises ~ Bistro 3:30 Beanbag Toss & Word Association Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night ~ TV Room
9:45 Meditative Yoga with Daryl & Kenitra 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 National Crossword Solvers Day: Giant Crosswords 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises with Daryl 2:45 Giant Jenga 2:45 National Brownie Day Baking Demo 3:00 Snack Social! ~ Sunroom & TV Room 3:30 The Aim Game & Guess That Song Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room	9:45 Move & Groove Mondays w/ Ivonne & Kenitra 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Star of the Month: Judi Dench, Biography 11:30 Blazin' Bingo with Kenitra & Cissel 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:45 National Christmas Card Day: Craft Kit with Ivonne 2:45 National Pastry Day: Holiday Baking with Kenitra 3:30 Mini Golf & Tricky Trivia Happy Hour ~ Bistro 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night w/Care Team ~ TV Room	9:45 Total Workout Tuesday w/Ivonne & Daryl 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday Presentation Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:45 Table Bowling Tuesday with Daryl 2:45 DIY Winter Bookmarks with Ivonne 3:00 Snack Social! 3:30 Birthday Celebration for Doris M! 3:35 Birthday Safari Ring Toss & Word in a Word Happy Hour 3:30 VR Cafe with Daryl 6:00 Movie Night ~ TV Room	9:45 Workout Wednesdays w/Sara & Kenitra 10:30 Hydration Station 11:00 Walking Club ~ Weather Permitting 11:30 The Daily Chronicle Discussion 11:30 Guess That Song 11:30 Wacky Wednesday Riddles 1:30 Catholic Service ~ Tv Room 1:30 Walking Club ~ Weather Permitting 2:00 Live Performance by Julie Hall ~ Bistro 2:30 Waffle Wednesday 3:30 Whiteboard Pictionary & Tricky Trivia 3:35 Tabletop Games & Puzzles ~ Art Room 6:00 Julia & Marie Evening Carols ~ Bistro 6:45 Movie Night	9:45 Total Training Thursdays w/Sara & Ivonne 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Connections & K-Klub Get-Together: National Gingerbread House Day: Building Gingerbread Houses 3:30 Air Hockey & Words That Start With Happy Hour 4:30 VR Cafe with Alyssa 5:20 Seneca Valley Winter Lights Drive Through 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays with Ivonne & Swaysen 10:30 Scenic Ride ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 Friday Opposites 11:30 Noodle Volleyball Tournament 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:45 Fable Friday & National Cocoa Day 3:00 Snack Social 3:30 Bold Baskets & Crazy Categories Happy Hour 3:30 Tabletop Games & Puzzles 6:00 Howard Jung Piano Performance ~ Bistro	9:45 Sculpt and Sweat Saturdays with Ivonne & Alyssa 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 National Alabama Day: Presentation 1:30 Walking Club ~ Weather Permitting 2:00 Live Performance by Frank Plumer ~ Bistro 3:00 Snack Social 3:00 Afternoon Chair Exercises ~ Bistro 3:30 Beanbag Toss and Word Association Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night ~ TV Room
9:45 Meditative Yoga with Daryl & Kenitra 10:30 Hydration Station & Walking Club 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Christmas Carols with Daryl 11:30 DIY Christmas Ornaments with Kenitra 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises with Daryl 2:45 Giant Jenga 2:45 National Cupcake Day: Christmas Tree Cupcake Demo! 3:00 Snack Social! ~ Sunroom & TV Room 3:30 The Aim Game & Guess That Song Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room	9:45 Move & Groove Mondays w/ Ivonne & Kenitra 10:30 Hydration Station & Scenic Ride 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Blazin' Bingo with Ivonne & Cissel 11:30 Build Your Own Snowman with Kenitra 1:30 Walking Club ~ Weather Permitting 2:00 National Chocolate Covered Anything Day: Strawberries 2:30 Live Performance by Rob Tomaro ~ Bistro 3:30 Birthday Celebration for Judi S! ~ Bistro 3:35 Mini Golf & Tricky Trivia Happy Hour ~ Bistro 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night w/Care Team ~ TV Room	9:45 Total Workout Tuesday with Ivonne and Daryl 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Wright Brothers Day: History Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:30 National Maple Syrup Day: Pancake Demo 2:45 Table Bowling Tuesday 3:00 Snack Social! 3:30 Safari Ring Toss & Word in a Word Happy Hour 3:30 VR Cafe with Ivonne 6:00 Movie Night ~ TV Room	9:45 Workout Wednesdays w/Sara & Kenitra 10:30 Hydration Station 11:00 Walking Club ~ Weather Permitting 11:30 The Daily Chronicle Discussion 11:30 Guess That Song 11:30 Wacky Wednesday Riddles 1:30 Catholic Service ~ TV Room 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:30 Waffle Wednesday & Snowball Toss 3:30 Holy Redeemer Carolers ~ Bistro 4:15 Whiteboard Pictionary & Holiday Trivia 4:15 Tabletop Games & Puzzles ~ Art Room 6:00 KP Winterfest Drive Through ~ Parking Lot	9:45 Total Training Thursdays w/Sara & Ivonne 10:30 Hydration Station 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Noodle Volleyball Tournament 1:30 Walking Club ~ Weather Permitting 2:15 Chair Yoga with Lia Mai ~ Bistro 3:15 Holiday Categories (Whiteboard Activity) 3:30 Air Hockey & Words That Start With... Happy Hour ~ Bistro 4:00 Ugly Christmas Sweater Competition 4:30 VR Cafe with Ivonne ~ Art Room 6:00 Movie Night ~ TV Room	9:45 Fresh & Fit Fridays with Ivonne & Swaysen 10:30 Scenic Ride ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Reading 11:30 National Go Caroling Day 11:30 Hanukkah Craft Kit with Swaysen 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:30 Harp Performance by Anne Apynys ~ Bistro 3:00 Snack Social 3:30 Bold Baskets & Crazy Categories Happy Hour 3:30 Tabletop Games & Puzzles 6:00 Movie Night & Nail Care w/Care Team	9:45 Sculpt and Sweat Saturdays with Alyssa & Kenitra 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 12:00 Holiday Party Performance by Evelyn Song 2:00 Post-Lunch Chair Exercises 2:45 National Crossword Puzzle Day: Giant Crosswords 2:45 National Maine Day: Presentation Discussion 3:00 Snack Social 3:30 Beanbag Toss & Word Association Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night ~ TV Room <i>Winter Begins</i>
9:45 Meditative Yoga with Daryl & Kenitra 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Conversation Corner & Holiday Carols 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises with Daryl 2:45 Giant Jenga 2:45 DIY Winter Scarf Craft Kit with Kenitra 3:00 Snack Social! ~ Sunroom & TV Room 3:30 The Aim Game & Guess That Song Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night w/Care Team	9:45 Move & Groove Mondays w/ Ivonne & Kenitra 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Blazin' Bingo with Kenitra & Cissel 11:30 Plush Snowball Toss with Ivonne 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:45 Winter Poetry Analysis 2:45 Velcro Ball Toss with Kenitra 3:30 Mini Golf & Tricky Trivia Happy Hour ~ Bistro 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night w/Care Team ~ TV Room	9:45 Total Workout Tuesday with Ivonne & Daryl 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 AnyTown Tuesday Presentation Discussion 11:30 Christmas Eve Traditions & Carols 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:45 Table Bowling Tuesday 2:45 National Eggnog Day: Holiday Drink Demonstration 3:00 Snack Social! 3:30 Safari Ring Toss & Word in a Word Happy Hour 3:30 VR Cafe with Daryl 6:00 Movie Night ~ TV Room	9:45 Workout Wednesday & Walking Club with Sara and Kenitra 11:00 Daily Chronicle Reading & Hydration Station 11:30 Holiday Instrumental Performance by Frank Plumer 1:30 Holiday Performance by Darryl Nichols ~ Bistro 2:30 National Pumpkin Pie Day: Baking Demo ~ Sunroom 3:00 Afternoon Chair Exercises ~ Bistro 3:30 Christmas Prayer & Communion Service with Piano Performance ~ Bistro 4:00 Christmas & Hanukkah Trivia and Word Search ~ Bistro 6:00 Movie Night & Coloring w/Care Team Hanukkah Begins Christmas	9:45 Total Training Thursdays w/Sara 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 National Candy Cane Day: Craft Kit 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises ~ Sunroom 3:15 Hanukkah Concert By Caron Dale ~ Bistro 3:45 Birthday Celebration for Vivian R! 4:00 Air Hockey & Words That Start With Happy Hour 4:00 VR Cafe 6:00 Movie Night ~ TV Room Boxing Day (Canada) Kwanzaa	9:45 Fresh & Fit Fridays with Ivonne and Swaysen 10:45 Live Performance by Bob Clark ~ Bistro 12:00 Lunch ~ Dining Room 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:45 Daily Chronicle Reading & Friday Opposites 3:00 Snack Social 3:30 Bold Baskets & Crazy Categories Happy Hour 3:30 Tabletop Games & Puzzles 6:00 Movie Night & Nail Care w/Care Team	9:45 Sculpt and Sweat Saturdays with Ivonne & Alyssa 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Silly Saturday Riddles & Snowball Toss 1:30 Walking Club ~ Weather Permitting 2:00 Post Lunch Chair Exercises 2:45 Craft Corner: Giant New Years Coloring Poster 2:45 Hanukkah Culinary Demo: Potato Latkes 3:30 Beanbag Toss and Word Association Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night ~ TV Room
9:45 Meditative Yoga with Daryl & Kenitra 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 Daily Chronicle Discussion ~ Sunroom 11:30 Conversation Corner & Riddles 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises with Daryl 2:45 Giant Jenga 2:45 DIY New Years Jewelry Kit with Kenitra 3:00 Snack Social! ~ Sunroom & TV Room 3:30 The Aim Game & Guess That Song Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night w/Care Team	9:45 Move & Groove Mondays w/ Ivonne & Kenitra 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 Blazin' Bingo with Ivonne & Cissel 11:30 Winter Poetry Analysis with Kenitra 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:30 National Bacon Day: Pancakes & Bacon Culinary Demo 2:45 Velcro Ball Toss with Ivonne 3:30 Mini Golf & Tricky Trivia Happy Hour ~ Bistro 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night w/Care Team ~ TV Room	9:45 Total Workout Tuesday with Ivonne and Daryl 10:30 Hydration Station w/Care Team 10:35 Walking Club ~ Weather Permitting 11:00 The Daily Chronicle Discussion 11:30 NYE Traditions and Discussion 1:30 Walking Club ~ Weather Permitting 2:00 Post-Lunch Chair Exercises 2:30 New Years Eve Performance ~ Bistro 3:00 Snack Social! 3:30 Safari Ring Toss & Word in a Word Happy Hour 3:30 NYE Themed VR Cafe & Coloring with Ivonne 6:00 Movie Night ~ TV Room New Year's Eve	 <h1 style="font-size: 4em; margin: 0;">December 2024</h1> <h2 style="font-size: 2em; margin: 0;">Connections</h2>			