

SUN

MON

TUE

WED

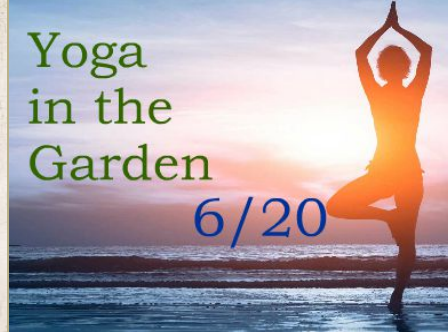
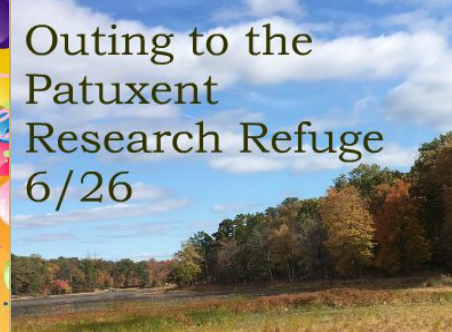
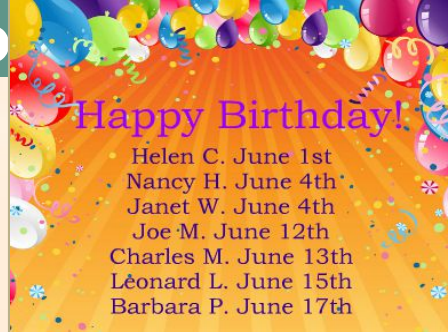
THUR

FRI

SAT

9:00 Church Shuttle
 10:15 Stretch and Tone ~ S
 10:40 Daily Chronicles & News Discussion
 11:00 11:30 Mass Shuttle
 11:40 Trivia ~ S
1:15 Knit & Crochet Club
 1:45 Card Slingsers w/Maggie~ S
2:00 Lecture w/ Dr. Jenner
 3:00 Ice Cream Social
 3:30 Cocktails in the Bistro
 6:30 Netflix Movie ~ A
 7:00 60 Minutes (L)

30



Happy Birthday Helen C!
 10:15 Stretch & Tone w/ Carmen
 10:40 Daily Chronicles & News Discussion
1:30 Scenic Ride, Sign up needed
 1:30 Brain Games and Puzzles (S)
 2:15 Arts & Crafts with Carmen ~ A
 3:00 Fruit & Cheese Station ~S
 3:30 Cocktails in the Bistro
 3:30 Word within a Word w/Care Staff (S)
 6:30 Saturday Cinema (A)

1

9:00 Church Shuttle
 10:15 Stretch and Tone ~ S
 10:40 Daily Chronicles & News Discussion
 11:00 11:30 Mass Shuttle
 11:40 Trivia ~ S
1:15 Knit & Crochet Club
 1:45 Card Slingsers w/Maggie~ S
2:00 Lecture w/ Dr. Jenner
 3:00 Ice Cream Social
 3:30 Cocktails in the Bistro
 6:30 Netflix Movie ~ A
 7:00 60 Minutes (L)

2

10:00 Safeway Shuttle
 10:15 Morning Chair Yoga
 10:40 Daily Chronicles & News Discussion
 11:30 Poet of the Week ~ Emily Dickinson
 1:30 Bingo Every Which Way
1:30 "Just Bead It!" Jewelry Making w/Cindy ~A
 3:00 Something Sweet Social
 3:30 Cocktails in the Bistro
 6:30 Monday Movie Night

3

Happy Birthday Nancy H!
Happy Birthday Janet W!
 10:15 Morning Chair Yoga
 10:40 Daily Chronicles & News Discussion
10:45 Stimulating Mind Games w/ Dana
 11:40 Sports Highlights - Phil Mickelson
 2:00 Christian Worship Service ~A
3:00 Show and Tell
 3:00 Fresh Social
 3:30 Cocktails in the Bistro
 6:30 Tuesday Night Classic Movie Night

4

10:15 Fitness for Balance & Strength ~ S
 10:40 Daily Chronicles & News Discussion
 11:30 History Facts ~ D-Day
1:30 Catholic Service w/ Barbara ~A
 1:45 Jeopardy KP style
 2:30 Low Hearing & Sight Forum
 3:00 All American Social
 3:30 Cocktails in the Bistro w/Karen
 7:30 Classic Movie Night (A)

5

D-Day
 10:15 Morning Chair Yoga
 10:40 Daily Chronicles & News Discussion
 11:40 Obscure Trivia and Facts
 1:30 Professional Manicure w/ Kyoko
2:00 Farm to Table Cooking Demonstration
 2:00 Manicures w/Care Staff
 3:00 Healthy Social
 3:30 Cocktails in the Bistro
 6:30 Thursday Night at the Movies

6

10:00 CVS Shuttle
 10:15 Exercise & Fitness ~S
 10:40 Daily Chronicles & News Discussion
 11:40 Artist Spotlight ~ Andy Warhol
 1:30 Bingo with Prizes
2:00 Shabbat Service ~ A
2:30 Fabulous Friday Musical Concert w/ Robert Coleman
 3:00 Root Beer Floats
 3:30 Cocktails in the Bistro w/Kyoko
 6:30 Friday Night at the Movies (A)

7

10:15 Stretch & Tone w/ Carmen
 10:40 Daily Chronicles & News Discussion
 1:00 Scrabble (B)
1:30 Scenic Ride, Sign up needed
 1:30 Brain Games and Puzzles (S)
 2:15 Arts & Crafts with Carmen ~ A
 3:00 Fruit & Cheese Station ~S
 3:30 Cocktails in the Bistro
 3:30 Word within a Word w/Care Staff (S)
 6:30 Saturday Cinema (A)

8

9:00 Church Shuttle
 10:15 Stretch and Tone ~ S
 10:40 Daily Chronicles & News Discussion
 11:00 11:30 Mass Shuttle
 11:00 Sunday Brunch
 11:30 Car Show
 11:40 Trivia ~ S
1:15 Knit & Crochet Club
 1:45 Card Slingsers w/Maggie~ S
 3:00 Ice Cream Social
 3:30 Cocktails in the Bistro
 6:30 Netflix Movie ~ A
 7:00 60 Minutes (L)

9

10:00 Safeway Shuttle
 10:15 Morning Chair Yoga
 10:40 Daily Chronicles & News Discussion
 11:30 Poet of the Week ~ Edgar Allen Poe
12:15 Ladies Luncheon
2:00 Virtual Visit: Freer/Sackler Gallery
 3:00 Something Sweet Social
 3:30 Cocktails in the Bistro
 6:30 Monday Movie Night (L)

10

10:15 Morning Chair Yoga
 10:40 Daily Chronicles & News Discussion
 11:40 Sports Highlights - Babe Ruth
 1:30 Pokeno w/ Prizes
2:00 Christian Worship Service ~A
 2:30 Post Office Services
 3:00 Fresh Social
3:00 Woodlands Store w/Pat
 3:30 Cocktails in the Bistro
 6:30 Tuesday Night Classic Movie Night

11

Happy Birthday Joe M!
 10:15 Fitness for Balance & Strength ~ S
 10:40 Daily Chronicles & News Discussion
 11:30 History Facts - Joan of Arc
1:30 Catholic Mass w/Father ~Groves Sun Room
 1:45 Jeopardy KP style
 2:30 Movie Selection Committee
 3:00 All American Social
3:00 All About Me!
 3:30 Cocktails in the Bistro w/Karen
 7:30 Classic Movie Night (A)

12

Happy Birthday Charles M!
 10:15 Morning Chair Yoga
 10:40 Daily Chronicles & News Discussion
 11:40 Obscure Trivia and Facts
12:15 Call for Carryout - Dine In Lunch
 1:30 Professional Manicure w/ Kyoko
2:00 Farm to Table Cooking Demonstration
 2:00 Manicures w/Care Staff
 3:00 Healthy Social
3:30 Native Washingtonian Get Together
 3:30 Cocktails in the Bistro
 6:30 Thursday Night at the Movies
6:30 Resident Open House

13

Flag Day
 10:00 CVS Shuttle
 10:15 Exercise & Fitness ~S
 10:40 Daily Chronicles & News Discussion
 11:40 Artist Spotlight ~ Renoir
 1:30 Bingo with Prizes
2:00 Shabbat Service ~ A
2:30 Fabulous Friday Performance w/Bill Crews
 3:00 Root Beer Floats
 3:30 Cocktails in the Bistro w/Kyoko
 6:30 Friday Night at the Movies (A)

14

Happy Birthday Leonard L!
 10:15 Stretch & Tone w/ Carmen
 10:40 Daily Chronicles & News Discussion
1:30 Scenic Ride, Sign up needed
 1:30 Brain Games and Puzzles (S)
 2:15 Arts & Crafts with Carmen ~ A
 3:00 Fruit & Cheese Station ~S
 3:30 Cocktails in the Bistro
 3:30 Word within a Word w/Care Staff (S)
 6:30 Saturday Cinema (A)

15

Father's Day
9:00 Church Shuttle
 10:15 Stretch and Tone ~ S
 10:40 Daily Chronicles & News Discussion
 11:00 11:30 Mass Shuttle
 11:00 What Am I?
 11:40 Trivia ~ S
1:15 Knit & Crochet Club
 1:45 Card Slingsers w/Maggie~ S
 3:00 Ice Cream Social
 3:30 Cocktails in the Bistro
 6:30 Netflix Movie ~ A
 7:00 60 Minutes (L)

16

Happy Birthday Barbara P!
 10:00 Safeway Shuttle
 10:15 Morning Chair Yoga
 10:40 Daily Chronicles & News Discussion
 11:30 Poet of the Week ~ Shel Silverstein
1:30 Welcoming Committee~ New Resident Party!
 3:00 Something Sweet Social
 3:30 Cocktails in the Bistro
 6:30 Monday Movie Night

17

10:15 Morning Chair Yoga
 10:40 Daily Chronicles & News Discussion
 11:40 Sports Highlights - Lou Gehrig
 1:30 Pokeno w/ Prizes
2:00 Christian Worship Service ~A
3:00 Sketch, Wine and Cheese w/ Kaaren Robertson
 3:00 Fresh Social
 3:30 Cocktails in the Bistro
 6:30 Tuesday Night Classic Movie Night

18

10:15 Fitness for Balance & Strength ~ S
 10:40 Daily Chronicles & News Discussion
 11:30 History of Garfield
1:30 Catholic Service w/ Barbara ~A
 1:45 Jeopardy KP style
3:00 Group Birthday Celebration
 3:00 All American Social
 3:30 Cocktails in the Bistro w/Karen
6:30 Music with the talented Darrin Carter ~ B
 7:30 Classic Movie Night (A)

19

10:15 Morning Chair Yoga
 10:40 Daily Chronicles & News Discussion
11:15 Yoga in the Garden
 11:30 Picnic at Great Falls National Park
 11:40 Obscure Trivia and Facts- Ugly Dog Edition
 1:30 Professional Manicure w/ Kyoko
2:00 Farm to Table Cooking Demonstration
 2:00 Manicures w/Care Staff
 3:00 Food Council w/ Chef
 3:00 Healthy Social
 3:30 Cocktails in the Bistro
 6:30 Thursday Night at the Movies

20

10:00 CVS Shuttle
 10:15 Exercise & Fitness ~S
 10:30 Alzheimer's Longest Day Walk & Concert
 10:40 Daily Chronicles & News Discussion
 11:40 Artist Spotlight ~ Georges Seurat
1:30 Wine and Cheese Pairing
 2:00 Shabbat Service ~ A
2:30 Fabulous Friday Music Performance
 3:00 Root Beer Floats
 3:30 Cocktails in the Bistro w/Kyoko
 6:30 Friday Night at the Movies (A)

21

10:15 Stretch & Tone w/ Carmen
 10:40 Daily Chronicles & News Discussion
1:30 Scenic Ride, Sign up needed
 1:30 Brain Games and Puzzles (S)
2:00 Paint and Sip ~ Woodlands Sunroom
 2:15 Arts & Crafts with Carmen ~ A
 3:00 Fruit & Cheese Station ~S
 3:30 Cocktails in the Bistro
 3:30 Word within a Word w/Care Staff (S)
 6:30 Saturday Cinema (A)

22

9:00 Church Shuttle
 10:15 Stretch and Tone ~ S
 10:40 Daily Chronicles & News Discussion
 11:00 11:30 Mass Shuttle
 11:40 Trivia ~ S
1:15 Knit & Crochet Club
 1:45 Card Slingsers w/Maggie~ S
2:00 Lecture w/ Dr. Jenner
 3:00 Ice Cream Social
 3:30 Cocktails in the Bistro
 6:30 Netflix Movie ~ A
 7:00 60 Minutes (L)

23

10:00 Safeway Shuttle
 10:15 Morning Chair Yoga
 10:40 Daily Chronicles & News Discussion
 11:30 Poet of the Week ~ T.S. Elliot
12:15 Men's Pizza & Beer luncheon
 1:30 Bingo Every Which Way
2:00 Resident Council
 3:00 Something Sweet Social
 3:30 Cocktails in the Bistro
6:30 Special Guest Lecture - Patuxent Research Refuge
 7:30 Monday Movie Night

24

10:15 Morning Chair Yoga
 10:40 Daily Chronicles & News Discussion
10:45 Stimulating Mind Games w/ Dana
 11:40 Sports Highlights - Florence Griffith-Joyner
 2:00 Christian Worship Service ~A
 2:30 Post Office Services
 3:00 Fresh Social
 3:00 Woodlands Store w/Pat
 3:30 Cocktails in the Bistro
 6:30 Tuesday Night Classic Movie Night
6:30 Evening Discussion w/Sofi

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10:00 Outing to Patuxent Research Refuge
 10:15 Fitness for Balance & Strength ~ S
 10:40 Daily Chronicles & News Discussion
 11:30 History Facts - The Smithsonian Institution
1:30 Catholic Service w/ Barbara ~A
 1:45 Jeopardy KP style
 2:30 Movie Selection Committee
 3:00 All American Social
 3:30 Cocktails in the Bistro w/Karen
6:30 Music with the talented Darrin Carter ~ B
 7:30 Classic Movie Night (A)

26

10:15 Morning Chair Yoga
 10:40 Daily Chronicles & News Discussion
 11:40 Obscure Trivia and Facts
 1:30 Professional Manicure w/ Kyoko
2:00 Farm to Table Cooking Demonstration
 2:00 Manicures w/Care Staff
 3:00 Healthy Social
 3:30 Cocktails in the Bistro
 6:30 Thursday Night at the Movies

27

10:00 CVS Shuttle
 10:15 Exercise & Fitness ~S
 10:40 Daily Chronicles & News Discussion
 11:40 Artist Spotlight ~ Frida Kahlo
 1:30 Bingo with Prizes
2:00 Shabbat Service ~ A
2:30 Fabulous Friday Music w/ Frank Plumer
 3:00 Root Beer Floats
 3:30 Cocktails in the Bistro w/Kyoko
 6:30 Friday Night at the Movies (A)

28

10:15 Stretch & Tone w/ Carmen
 10:40 Daily Chronicles & News Discussion
1:30 Scenic Ride, Sign up needed
 1:30 Brain Games and Puzzles (S)
 2:15 Arts & Crafts with Carmen ~ A
 3:00 Fruit & Cheese Station ~S
 3:30 Cocktails in the Bistro
 3:30 Word within a Word w/Care Staff (S)
 6:30 Saturday Cinema (A)

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June 2019

Woodlands Assisted Living

Kensington Park Senior Living 3618 Littledale Road, Kensington, MD 20895

