

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>10:00 Move & Groove Morning Exercise 1 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 Wacky Wednesday Riddles 1:30 Post-Lunch Exercise with Swaysen 1:45 Catholic Mass 2:00 Waffle Wednesday! 3:00 Afternoon Refreshments 3:00 Noodle Volleyball 3:35 Live Performance with Steve Barke! 6:00 Movie Night w/Care Team</p> <p>May Day</p>	<p>2 10:00 Chair Dancing Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Tricky Trivia Thursday 1:30 Post-Lunch Exercise with Swaysen! 2:00 Book Club with Roald Dahl 2:30 Pretty Poetry Analysis 3:00 Afternoon Refreshments 3:30 Table Bowling Thursday 4:00 Art Corner: Painting Birthday Banner for Emily S 6:00 Movie Night w/Care Team</p>	<p>3 10:00 Morning Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 National Montana Day! Explore Montana 1:30 Post Lunch Exercises with Alyssa! 2:00 National Space Day: Explore Space 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:30 National Chocolate Custard Day: Ice Cream Birthday Party for Emily S! 4:00 Marvelous Manicures & Puzzles 6:00 Movie Night w/Care Team</p>	<p>4 10:00 Stretch & Flex Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Happy Kentucky Derby Day! 1:30 Post Lunch Exercise with Alyssa! 2:00 National Cheese Day: Charcuterie Board Demo 3:00 Afternoon Refreshments 3:15 Live Performance w/ Rita & Richard Clarke! 4:15 Painting Birthday Banner for Shirley C! 6:00 Movie Night w/Care Team</p>
<p>5 10:00 Chair Aerobics 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 Word Games 1:30 Post-Lunch Exercises 2:00 Cinco De Mayo Margarita Demo! 3:00 Afternoon Refreshments 3:00 May Coloring: Lillie of the Valley 3:30 Scenic Ride 3:30 Ice Cream Birthday Party for Shirley C! 4:00 Marvelous Manicures 6:00 Movie Night w/Care Team</p> <p>Cinco de Mayo</p>	<p>6 10:00 Tone & Sculpt 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Post-Lunch Exercises 2:00 National Beverage Day: Spring Slushie Demo 2:30 Crazy Cornhole 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:35 National Nurses Day! Painting A Thank You Banner For Our Haven Nurses 6:00 Movie Night w/Care Team</p>	<p>7 10:00 Chair Yoga 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 AnyTown Tuesday 1:30 Post Lunch Exercise with Swaysen! 2:00 Noodle Volleyball 2:30 National Tourism Day: Baking French Croissants 3:00 Afternoon Refreshments 3:30 Table Bowling Tuesday 4:00 Tabletop Games & Puzzles 6:00 Movie Night w/Care Team</p>	<p>8 10:00 Move & Groove Morning Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 Wacky Wednesday Riddles 1:30 Post-Lunch Exercise with Sara 1:45 Catholic Mass 2:00 Waffle Wednesday! 3:00 Afternoon Refreshments 3:00 Noodle Volleyball Tournament 3:35 Live Performance with Julie Hall! 6:00 Movie Night w/Care Team</p>	<p>9 10:00 Chair Dancing Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Tricky Trivia Thursday 1:30 Post-Lunch Exercise with Sara! 2:00 National Butterscotch Brownie Day! Baking Demo 2:30 Art Corner: Mother's Day Greeting Cards 3:00 Afternoon Refreshments 3:45 Make Music with David 6:00 Movie Night w/Care Team</p>	<p>10 10:00 Morning Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 National Washington State Day! Presentation Discussion 1:30 Post Lunch Exercises with Alyssa! 2:00 Beading Fruit-Loop Friendship Bracelets 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:30 Art Corner: DIY Butterfly Wind Chime Craft Kit 6:00 Movie Night w/Care Team</p>	<p>11 10:00 Stretch & Flex Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 National Train Day: History Lesson 1:30 Post Lunch Exercise with Alyssa! 2:00 National Eat What You Want Day: Fried Oreo Baking Demo 3:00 Afternoon Refreshments 3:15 Live Performance with Frank Plumer! 4:15 Short Story Saturday 6:00 Movie Night w/Care Team</p>
<p>12 10:00 Chair Aerobics 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 Word Games 1:30 Post-Lunch Exercise with Sara! 2:00 Happy Birthday Katherine Hepburn! Biography 3:00 Afternoon Refreshments & Spring Coloring 3:30 Scenic Ride 3:35 Mother's Day Live Performance with Frank P 6:00 Movie Night w/Care Team</p> <p>Mother's Day National Skilled Nursing Care Week</p>	<p>13 10:00 Tone & Sculpt 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Post-Lunch Exercises with Sara! 2:00 National Apple Pie Day 3:00 Afternoon Refreshments & Manicures 3:30 Scenic Ride (Lobby) 3:30 Crazy Cornhole 4:00 Marvelous Monday Manicures & Hand Massages 6:00 Movie Night w/Care Team</p>	<p>14 10:00 Chair Yoga 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 AnyTown Tuesday 1:30 Post Lunch Exercise with Swaysen! 2:00 Noodle Volleyball 2:30 National Buttermilk Biscuit Day: Baking Demo 3:00 Afternoon Refreshments 3:00 Table Bowling Tuesday 3:35 Live Performance with Eduardo Garcia! 6:00 Movie Night w/Care Team</p>	<p>15 10:00 Move & Groove Morning Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 Wacky Wednesday Riddles 1:30 Post-Lunch Exercise with Sara 1:45 Catholic Mass 2:00 National Chocolate Chip Day! Chocolate Chip Pancake Demo! 3:00 Afternoon Refreshments 3:00 Art Corner: Cactus Bookmarks 3:30 Tabletop Games & Puzzles 6:00 Movie Night w/Care Team</p>	<p>16 10:00 Chair Dancing Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Tricky Trivia Thursday 1:30 Post-Lunch Exercise with Sara! 2:00 Outing to Playa Bowls 2:30 National Mimosa Day: Mimosa Demo 3:00 Afternoon Refreshments 3:00 Table Bowling Thursday 3:45 Make Music with David 6:00 Movie Night w/Care Team</p>	<p>17 10:00 Morning Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 National Idaho Day! Explore Idaho 1:30 Post Lunch Exercises with Alyssa! 2:00 National Pizza Party Day! Homemade Pizza Culinary Demo 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:30 National Endangered Species Day: Koalas 4:00 Painting Birthday Banner for Claire K! 6:00 Evening Performance with Vince Borrelli!</p> <p>Armed Forces Day</p>	<p>18 10:00 Stretch & Flex Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Short Story Saturday 1:30 Post Lunch Exercise with Alyssa! 2:00 National Armed Forces Day: History Discussion 2:30 Paint By Number: Bird Houses 3:00 Afternoon Refreshments 3:30 Ice Cream Birthday Party for Claire K! 3:35 Live Performance with Darryl Nichols! 6:00 Movie night w/Care Team</p>
<p>19 10:00 Chair Aerobics 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 Word Games 1:30 Post-Lunch Exercise with Sara! 2:00 National Devil's Food Cake Baking Demo 3:00 Afternoon Refreshments 3:00 May Coloring: Kentucky Debry Horses 3:30 Scenic Ride 3:30 Tabletop Games & Puzzles 6:00 Movie Night w/Care Team</p>	<p>20 10:00 Tone & Sculpt 10:45 Daily Chronicle Reading 11:00 Morning Refreshments 1:30 Post-Lunch Exercises with Sara! 2:00 National Pick Strawberries Day: Chocolate Covered Strawberry Demo 3:00 Afternoon Refreshments & Manicures 3:30 Scenic Ride (Lobby) 3:30 Crazy Cornhole 4:00 Marvelous Monday Manicures & Hand Massages 6:00 Movie Night w/Care Team</p> <p>Victoria Day (Canada)</p>	<p>21 10:00 Chair Yoga 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 AnyTown Tuesday 1:30 Post Lunch Exercise with Swaysen! 2:00 Noodle Volleyball 2:30 National Strawberries & Cream Day: Baking Demo 3:00 Afternoon Refreshments 3:30 Table Bowling Tuesday 4:00 Observational Painting: Fruit Baskets 6:00 Movie Night w/Care Team</p>	<p>22 10:00 Move & Groove Morning Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 Wacky Wednesday Riddles 1:30 Post-Lunch Exercise with Sara 1:45 Catholic Mass 2:00 National Vanilla Pudding Day! 2:30 Noodle Volleyball 3:00 Afternoon Refreshments 3:00 May Coloring: Bumblebees 3:35 Live Performance with Stephen Kenley! 6:00 Movie Night w/Care Team</p>	<p>23 10:00 Chair Dancing Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Tricky Trivia Thursday 1:30 Outing to Brookside Gardens 1:30 Post-Lunch Exercise with Sara! 2:00 Art Corner: Tissue Paper Sunflowers 2:30 Pretty Poetry Analysis 3:00 Afternoon Refreshments 3:00 Table Bowling Thursday 3:45 Make Music with David 6:00 Movie Night w/Care Team</p>	<p>24 10:00 Morning Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 National Wyoming Day: Explore Wyoming! 1:30 Post Lunch Exercises with Alyssa! 2:00 Baking Demo: Mayflower Cupcakes 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:30 DIY May Flower Craft Kit 4:00 Marvelous Manicures with Alyssa 6:00 Movie Night w/Care Team</p>	<p>25 10:00 Stretch & Flex Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 National Tap Dancing Day 1:30 Post Lunch Exercise with Alyssa! 2:00 National Wine Day: Wine & Cheese Board Demo 2:30 Crazy Cornhole Friday 3:00 Afternoon Refreshments 3:00 Art Corner: Magazine Cutout & Collage 4:00 Silly Saturday Short Stories 6:00 Evening Performance with Julia Plumer!</p>
<p>26 10:00 Chair Aerobics 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 Word Games 1:30 Post-Lunch Exercise with Sara! 2:00 National Blueberry Cheesecake Day! Baking Demo with Sara 3:00 Afternoon Refreshments 3:00 Noodle Volleyball Tournament 3:30 Scenic Ride 3:30 Marvelous Manicures 4:00 Memorial Day Sing-A-Long with Sara 6:00 Movie Night w/Care Team</p>	<p>27 10:00 Tone & Sculpt 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 Happy Memorial Day: History & Traditions 1:30 Post-Lunch Exercises with Sara! 2:00 Cross Campus Memorial Day Celebration & Concert 3:00 Afternoon Refreshments & Manicures 3:30 Scenic Ride (Lobby) 3:30 Art Corner: Painting Fields of Poppies 6:00 Movie Night w/Care Team</p> <p>Memorial Day</p>	<p>28 10:00 Chair Yoga 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 AnyTown Tuesday 1:30 Post Lunch Exercise with Swaysen! 2:00 Noodle Volleyball 2:30 Pretty Poetry in the Garden 3:00 Afternoon Refreshments 3:30 Table Bowling Tuesday 4:00 Tabletop Games & Puzzles 6:00 Movie Night w/Care Team</p>	<p>29 10:00 Move & Groove Morning Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:00 Wacky Wednesday Riddles 1:30 Post-Lunch Exercise with Sara 1:45 Catholic Mass 2:00 Waffle Wednesday! 3:00 Afternoon Refreshments 3:30 Art Corner: Cupcake Liner May Flowers 4:00 Pretty Poetry Analysis 6:00 Movie Night w/Care Team 7:00 Evening Performance w/the Children's Choir of Washington DC</p>	<p>30 10:00 Chair Dancing Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Tricky Trivia Thursday 1:30 Post-Lunch Exercise with Sara! 2:00 National Creativity Day: Painting Hawthorns on Canvas 2:30 Pretty Poetry Analysis 3:00 Afternoon Refreshments 3:00 Table Bowling Thursday 3:45 Make Music with David 6:00 Movie Night w/Care Team</p>	<p>31 10:00 Morning Exercise 10:30 Daily Chronicle Reading 11:00 Morning Refreshments 11:15 Fairytale Friday 1:30 Post Lunch Exercises with Alyssa! 2:00 National Utah Day! Explore Utah 2:30 Baking Demo: Rainbow Cookies 3:00 Afternoon Refreshments 3:30 Scenic Ride 3:30 DIY Spring Tree Craft Kit 4:00 Marvelous Manicures with Alyssa 6:00 Movie Night w/Care Team</p>	<p>Happy Birthday! 5/3 Emily S 5/5 Shirley C 5/18 Claire K</p> 