

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
 <h1 style="color: #e91e63; font-family: serif;">MAY 2024</h1> <h2 style="color: #e91e63; font-family: cursive;">Connections</h2>								
9:45 Walking Club! ~Lobby 10:30 Hydration Station w/Care Team 10:35 Meditative Yoga ~ Sunroom 11:00 Daily Chronicle Discussion 11:30 Conversation Cards with David 1:45 Walking Club ~ Lobby 2:15 Post-Lunch Chair Exercises with David 2:45 Cinco De Mayo Margarita Demo! 3:00 Giant Jenga ~ Sunroom 3:00 Snack Social! ~ Sunroom & TV Room 3:30 The Aim Game Happy Hour! ~ Bistro 4:30 Guess That Song with David! ~Bistro 6:00 Movie Night w/Care Team <i>Cinco de Mayo</i>	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Move & Groove Mondays with Ivonne 11:00 The Daily Chronicle Discussion 11:30 Noodle Volleyball with Cisse! ~ TV Room 11:30 National Nurses Day: Painting Our Nurses a Banner ~ Sunroom 1:45 Walking Club & Post-Lunch Chair Exercises 2:30 Pretty Poetry Analysis with Ivonne 3:00 National Beverage Day: Spring Slushie Demo! 3:30 Mini Golf Happy Hour ~ Bistro 4:30 Tricky Trivia Happy Hour ~ Bistro 6:00 Movie Night w/Care Team ~ TV Room	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Total Workout Tuesday with Tiara & Ivonne 11:00 The Daily Chronicle Discussion 11:30 Anytown Tuesday 11:30 National Teacher Appreciation Day: Honoring Our Former Teachers! 1:45 Walking Club & Post-Lunch Chair Exercises 2:30 Table Bowling Tuesday with Tiara 2:30 Art Corner: Painting Wooden Coasters with Ivonne 3:00 Snack Social! 3:30 Safari Ring Toss & Word in a Word Happy Hour 3:30 VR Cafe with Tiara ~ Art Room 6:00 Movie Night & Nail Care w/Care Team	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Workout Wednesdays 11:00 The Daily Chronicle Discussion 11:30 Guess That Song with Swaysen ~Sunroom 11:30 Beading with Tiara ~ Art Room 1:45 Catholic Service ~ TV Room 2:15 Post-Lunch Chair Exercises with Tiara & Sway 2:30 Waffle Wednesday ~ Sunroom 2:30 Live Performance with Julie Hall ~ Bistro 3:30 Whiteboard Pictionary & Tricky Trivia Happy 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night & Coloring w/Care Team	9:45 Walking Club ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Total Training Thursdays with Alyssa ~ Sunroom 11:00 The Daily Chronicle Discussion 11:30 Opposites with Alyssa ~ Sunroom 1:45 Walking Club ~ Lobby 2:30 Yoga Class with Kirtaniya ~ Sunroom 3:00 Snack Social 3:30 Connect Four Happy Hour ~ Bistro 4:30 Words That Star With...Happy Hour ~ Bistro 6:00 Movie Night w/Care Team ~TV Room	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:00 Scenic Ride ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Fresh & Fit Fridays with Ivonne & Swaysen 11:00 The Daily Chronicle Discussion 11:30 National Montana Day 11:30 National Garden Meditation Day: Meditating in the Garden 1:45 Walking Club & Post-Lunch Chair Exercises 2:45 National Chocolate Custard Day: Ice Cream Demo 2:45 National Space Day: Presentation Discussion 3:30 Bold Baskets & Crazy Categories Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night & Nail Care w/Care Team	9:45 Walking Club & Hydration Station w/Care Team 10:30 Hydration Station w/Care Team 10:35 Total Training Thursdays 11:00 The Daily Chronicle Discussion 11:30 Noodle Volleyball with Swaysen ~ TV Room 11:30 Giant Jenga with Ivonne ~ Sunroom 1:30 Outing to Lone Oak Brewery ~ Lobby 1:45 Walking Club ~ Lobby 2:15 Post-Lunch Chair Exercises ~ Sunroom 2:45 National Butterscotch Brownie Day Baking Demo 2:45 Mother's Day Greeting Cards ~ Art Room 3:00 Snack Social 3:30 Air Hockey & Words That Start With...Happy Hour 3:30 VR Cafe with Swaysen ~Art Room 6:00 Movie Night w/Care Team ~TV Room	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Fresh & Fit Fridays with Ivonne & Swaysen 11:00 The Daily Chronicle Discussion 11:30 National Washington State Day 1:45 Walking Club ~ Lobby 2:15 Post-Lunch Chair Exercises 2:45 DIY Butterfly Wind Chime Craft Kit 2:45 Fable Friday 3:30 Bold Baskets & Crazy Categories Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Evening Performance with Howard Jung ~ Bistro	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:00 Scenic Ride ~ Lobby 10:45 Sculpt and Sweat Saturdays with Swaysen 11:00 The Daily Chronicle Discussion 1:30 Kyoko's Garden Club ~ Woodlands 1:45 Walking Club ~ Lobby 2:15 Post Lunch Chair Exercises ~ Sunroom 2:00 Live Performance with Frank Plumer! ~ Bistro 3:00 Noodle Volleyball with Swaysen 3:30 Beanbag Toss Happy Hour 4:30 Word Association Happy Hour 6:00 Movie Night & Coloring w/Care Team
9:45 Walking Club! ~Lobby 10:30 Hydration Station w/Care Team 10:35 Meditative Yoga ~ Sunroom 11:00 Daily Chronicle Discussion 11:30 Happy Birthday Katharine Hepburn! Biography 1:45 Walking Club ~ Lobby 2:15 Post-Lunch Chair Exercises with David 2:30 Mother's Day Live Performance ~ Bistro 3:30 Guess that song & the Aim Game ~ Bistro 6:00 Movie Night w/Care Team <i>Mother's Day</i> <i>National Skilled Nursing Care Week</i>	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Move & Groove Mondays with Ivonne 11:00 The Daily Chronicle Discussion 11:30 Noodle Volleyball with Cisse! ~ TV Room 11:30 National Apple Pie Day: Baking Demo 1:45 Walking Club & Post-Lunch Chair Exercises 2:30 Pretty Poetry Analysis with Ivonne 3:00 Snack Social 3:30 Birthday Celebration for Edith K & Nancy M! 3:45 Mini Golf Happy Hour ~ Bistro 4:30 Tricky Trivia Happy Hour ~ Bistro 6:00 Movie Night w/Care Team ~ TV Room	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Total Workout Tuesday with Tiara & Ivonne 11:00 The Daily Chronicle Discussion 11:30 Anytown Tuesday 11:30 National Buttermilk Biscuit Day: Baking Demo 1:45 Walking Club! ~ Lobby 2:15 Post-Lunch Chair Exercises 2:30 Live Performance with Eduardo Garcia! ~ Bistro 3:00 Snack Social! ~ Lobby 3:30 Safari Ring Toss & Word in a Word Happy Hour 3:30 VR Cafe with Ivonne ~ Art Room 6:00 Movie Night & Nail Care w/Care Team	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Workout Wednesdays 11:00 The Daily Chronicle Discussion 11:30 Guess That Song with Tiara ~Sunroom 11:30 Beading with Swaysen ~ Art Room 1:45 Catholic Service & Walking Club! 2:15 Post-Lunch Chair Exercises with Tiara & Sway 2:30 National Chocolate Chip Day! Chocolate Chip pancake Demo! ~ Sunroom 2:30 Art Corner: Making Cactus Bookmarks 3:30 Whiteboard Pictionary & Tricky Trivia Happy 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night & Coloring w/Care Team	9:45 Walking Club & Hydration Station w/Care Team 10:35 Total Training Thursdays 11:00 The Daily Chronicle Discussion 11:30 Giant Crosswords with Swaysen ~ Sunroom 1:45 Walking Club ~ Lobby 2:00 Outing to Playa Bowls with Alyssa ~ Lobby 2:15 Post-Lunch Chair Exercises ~ Sunroom 2:45 National Mimosa Day: Mimosa Demo with Swaysen 3:00 Snack Social 3:30 Air Hockey & Words That Start With...Happy Hour 3:30 VR Cafe with Alyssa ~ Art Room 6:00 Movie Night w/Care Team ~TV Room	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Fresh & Fit Fridays with Ivonne & Swaysen 11:00 The Daily Chronicle Discussion 11:30 National Idaho Day: Explore Idaho! 1:45 Walking Club ~ Lobby 2:15 Post-Lunch Chair Exercises 2:45 National Pizza Party Day! Homemade Pizza Culinary Demo 2:45 National Endangered Species Day: Koalas 3:30 Bold Baskets & Crazy Categories Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night & Nail Care w/Care Team <i>Armed Forces Day</i>	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:00 Scenic Ride ~ Lobby 10:45 Sculpt and Sweat Saturdays w/ Ivonne & Swaysen 11:00 The Daily Chronicle Discussion 1:30 Kyoko's Garden Club ~ Woodlands 1:45 Walking Club & Post Lunch Chair Exercises 2:30 Live Performance with Darryl Nichols! ~ Bistro 3:30 Beanbag Toss & Word Association 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night & Coloring w/Care Team		
9:45 Walking Club! ~Lobby 10:30 Hydration Station w/Care Team 10:35 Meditative Yoga ~ Sunroom 11:00 Daily Chronicle Discussion 11:30 Conversation Cards with David 1:45 Walking Club ~ Lobby 2:15 Post-Lunch Chair Exercises with David 2:45 Lilies of the Valley Coloring 3:00 Giant Jenga ~ Sunroom 3:00 Snack Social! ~ Sunroom & TV Room 3:30 The Aim Game Happy Hour! ~ Bistro 4:30 Guess That Song with David! ~ Bistro 6:00 Movie Night w/Care Team	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Move & Groove Mondays with Ivonne 11:00 The Daily Chronicle Discussion 11:30 Noodle Volleyball with Cisse! ~ TV Room 11:30 Fruit-Loop Friendship Bracelets ~ Sunroom 1:45 Walking Club & Post-Lunch Chair Exercises 2:30 Pretty Poetry Analysis with Ivonne 3:00 Snack Social 3:30 Mini Golf Happy Hour ~ Bistro 4:30 Tricky Trivia Happy Hour ~ Bistro 6:00 Movie Night w/Care Team ~ TV Room <i>Victoria Day (Canada)</i>	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Total Workout Tuesday with Tiara & Ivonne 11:00 The Daily Chronicle Discussion 11:30 Anytown Tuesday 1:45 Walking Club! ~ Lobby 2:15 Post-Lunch Chair Exercises 2:30 Table Bowling Tuesday with Ivonne 2:30 Art Corner: Painting Bird Houses with Tiara 3:00 Snack Social! 3:30 Safari Ring Toss & Word in a Word Happy Hour 3:30 VR Cafe with Tiara ~ Art Room 6:00 Movie Night & Nail Care w/Care Team	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Workout Wednesdays 11:00 The Daily Chronicle Discussion 11:30 Guess That Song with Swaysen ~Sunroom 11:30 Beading with Tiara ~ Art Room 1:45 Catholic Service ~ TV Room 1:45 Walking Club! ~ Lobby 2:15 Post-Lunch Chair Exercises with Tiara & Sway 2:30 National Vanilla Pudding Day! ~ Sunroom 2:30 Live Performance with Steven Kenley! ~ Bistro 3:30 Whiteboard Pictionary & Tricky Trivia Happy 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night & Coloring w/Care Team	9:45 Walking Club & Hydration Station w/Care Team 10:35 Total Training Thursdays 11:00 The Daily Chronicle Discussion 11:30 Noodle Volleyball with Swaysen ~ TV Room 11:30 Giant Jenga with Ivonne ~ Sunroom 1:30 Outing to Brookside Gardens ~ Lobby 1:45 Walking Club ~ Lobby 2:15 Post-Lunch Chair Exercises ~ Sunroom 2:45 Table Bowling Thursday ~ Sunroom 2:45 Art Corner: Cupcake Liner May Flowers ~ Art Room 3:00 Snack Social 3:30 Air Hockey & Words That Start With...Happy Hour 3:30 VR Cafe with Ivonne ~ Art Room 6:00 Movie Night w/Care Team ~TV Room	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Fresh & Fit Fridays with Ivonne & Swaysen 11:00 The Daily Chronicle Discussion 11:30 National Wyoming Day: Explore Wyoming! 1:45 Walking Club ~ Lobby 2:15 Post-Lunch Chair Exercises 2:45 Friday Fried Oreos: Baking Demo 2:45 DIY May Flower Craft Kit 3:30 Bold Baskets & Crazy Categories Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night & Nail Care w/Care Team	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:00 Scenic Ride ~ Lobby 10:45 Sculpt and Sweat Saturdays with Swaysen 11:00 The Daily Chronicle Discussion 11:30 Noodle Volleyball with Swaysen 1:45 Walking Club ~ Lobby 2:15 Post Lunch Chair Exercises ~ Sunroom 2:30 Live Performance with Steve Barkel! ~ Bistro 3:00 National Wine Day 3:30 Beanbag Toss Happy Hour 4:30 Word Association Happy Hour 6:00 Movie Night & Coloring w/Care Team		
9:45 Walking Club! ~Lobby 10:30 Hydration Station w/Care Team 10:35 Meditative Yoga ~ Sunroom 11:00 Daily Chronicle Discussion 11:30 Conversation Cards with David 1:45 Walking Club ~ Lobby 2:15 Post-Lunch Chair Exercises with David 2:45 Memorial Day Themed Crosswords 3:00 Giant Jenga ~ Sunroom 3:00 Snack Social! ~ Sunroom & TV Room 3:30 The Aim Game Happy Hour! ~ Bistro 4:30 Guess That Song with David! ~Bistro 6:00 Movie Night w/Care Team	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:30 Scenic Ride ~ Lobby 10:35 Move & Groove Mondays with Ivonne 11:00 The Daily Chronicle Discussion 11:30 Noodle Volleyball with Cissell ~ TV Room 11:30 Memorial Day Discussion: History & Traditions 1:45 Walking Club & Post-Lunch Chair Exercises 2:00 Cross Campus Memorial Day Celebration! ~ Groves Parking Lot 3:30 Mini Golf Happy Hour ~ Bistro 4:30 Which War Was It? Tricky Trivia Happy Hour ~ Bistro 6:00 Movie Night w/Care Team ~ TV Room <i>Memorial Day</i>	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Total Workout Tuesday with Tiara & Ivonne 11:00 The Daily Chronicle Discussion 11:30 Anytown Tuesday 1:45 Walking Club! ~ Lobby 2:15 Post-Lunch Chair Exercises 2:30 Table Bowling Tuesday with Tiara 2:30 Paint By Number: May Flowers 3:00 Snack Social! 3:30 Safari Ring Toss & Word in a Word Happy Hour 3:30 VR Cafe with Ivonne ~ Art Room 6:00 Movie Night & Nail Care w/Care Team	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Workout Wednesdays 11:00 The Daily Chronicle Discussion 11:30 Guess That Song with Tiara ~ Sunroom 11:30 Beading with Swaysen ~ Art Room 1:45 Catholic Service ~ TV Room 1:45 Walking Club & Post-Lunch Chair Exercises 2:30 Waffle Wednesday ~ Sunroom 2:30 Art Corner: Tissue Paper Sunflowers 3:30 Whiteboard Pictionary & Tricky Trivia Happy 3:30 Tabletop Games & Puzzles ~ Art Room 6:30 Evening Performance w/the Children's Choir of Washington Dc	9:45 Walking Club 10:30 Hydration Station w/Care Team 10:35 Total Training Thursdays 11:00 The Daily Chronicle Discussion 11:30 Noodle Volleyball with Swaysen ~ TV Room 1:45 Walking Club ~ Lobby 2:15 Post-Lunch Chair Exercises ~ Sunroom 2:45 National Creativity Day: Painting Hawthorns on Canvas 2:45 Table Bowling Thursday 3:00 Snack Social 3:30 Air Hockey & Words That Start With...	9:45 Walking Club! ~ Lobby 10:30 Hydration Station w/Care Team 10:35 Fresh & Fit Fridays with Ivonne & Swaysen 11:00 The Daily Chronicle Discussion 11:30 National Utah Day! Explore Utah 1:45 Walking Club ~ Lobby 2:15 Post-Lunch Chair Exercises 2:45 DIY Spring Tree Craft Kit 2:45 Fairytale Friday 3:30 Bold Baskets & Crazy Categories Happy Hour 3:30 Tabletop Games & Puzzles ~ Art Room 6:00 Movie Night & Nail Care w/Care Team	<h2 style="color: #e91e63; font-family: cursive;">Happy Birthday!</h2> <p> 5/1 Marguerite C 5/4 Harvey B 5/13 Edith K 5/13 Nancy M </p> 		