

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Happy Birthday 7/5 Gwen V 7/10 Elizabeth E 7/14 Bill M 7/18 Bridget M 7/19 Frances S 7/24 Jeanette A 7/25 George U	9:30 Walking Club 10:00 Monday Move & Groove 10:30 July Monthly Gazette and Newsletter 11:00 International Joke Day 12:00 Lunch 1:30 Walking Club 2:00 Group Crosswords 3:00 Brain Games 4:00 Happy Hour 5:00 Dinner 6:30 Monday Movie: Inside Man Canada Day	9:30 Walking Club 10:00 Tai-Chi Tuesday Outdoor w/Kyoko 10:30 Daily Chronicle&News Discussion 11:00 Turn the Page TuesdayBookTitleBingo 12:00 Lunch 1:30 Walking Club 2:00 History Trivia 2:45 Creative Art Plastic Straw Coasters 4:00 Happy Hour 5:00 Dinner 6:30 Tuesday Flicks: La La land	9:30 Walking Club 10:00 Rise & Rene Fitness 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics 1:30 Walking Club 2:00 Cooking w/Kyoko Guacamole, rice and beans 2:30 Catholic Mass 3:00 Nature Documentary Our Planet 4:00 Happy Hour 5:00 Dinner 6:30 Midweek Movie: The Holdovers	9:30 Walking Club 10:00 Chair Fitness 10:30 Daily Chronicle&News Discussion 11:00 History of Independence Day 12:00 Lunch 1:30 Walking Club 2:00 4th July Outdoor Concert 3:00 American History Trivia 4:00 Happy Hour 5:00 Dinner 6:30 Thursday Theatre: Call Me by Your Name Independence Day (US)	9:30 Walking Club 10:00 Chair Yoga 10:30 Daily Chronicle&News Discussion 11:00 Baking Club Apple Turnover & Coffee 12:00 Lunch 1:30 Walking Club 2:00 Shabbat Service 2:00 Virtual Smithsonian National Museum of Natural History Tour 3:00 Nature Documentary Life on Our Planet 4:00 Happy Hour 5:00 Dinner 6:30 Live Music w/ Jumping Joe	9:30 Walking Club 10:00 Thai-Chi 10:30 Daily Chronicle&News Discussion 11:00 Healthy Smoothies Banana Blueberry 12:00 Lunch 1:30 Walking Club OR Scenic Ride 2:00 Cross Campus Garden Club 3:00 Weekend Word Games with volunteers 4:00 Happy Hour 5:00 Dinner 6:30 Saturday Classics: Traffic	
9:30 Walking Club 10:00 Sunday Workout Club 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics 12:00 Lunch 1:30 Walking Club 2:00 Left Right Center Game 3:00 American History Trivia 4:00 Happy Hour 5:00 Dinner 6:30 Live Music w/ Pablo Gabriel	9:30 Walking Club 10:30 Monday Move & Groove 10:45 Daily Chronicle&News Discussion 11:00 Hot Topics 12:00 Lunch 1:30 Dr. Jenner: Hot Topics 2:30 Group Crosswords 4:00 Happy Hour 5:00 Dinner 6:30 Monday Movie: 10 things hate about you	9:30 Walking Club 10:00 Tuesday Tone & Sculpt 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics w/MJ 12:15 Men's Lunch 1:25 Music Trivia with Jerry! 3:00 Left Right Center Game w/MJ 4:00 Happy Hour 5:00 Dinner 6:30 Tuesday Flicks: Black Panther	9:30 Walking Club 10:00 Rise & Rene Fitness 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics 12:00 Lunch 1:30 Walking Club 2:00 Virtual Reality Museum Tour 2:30 Catholic Mass 2:20 Tech Hour w/Lakeisha 4:00 Happy Hour 5:00 Dinner 6:30 Midweek Movie Erin Brokovich	10:30 Residents Council Meeting 12:00 Lunch 1:30 Walking Club 2:00 Discussion of American Indian Museum 3:00 Your Favorite First Lady Discussion 4:00 Happy Hour 5:00 Dinner 6:30 Thursday Movie: Punch Drunk Love	9:30 Walking Club 10:00 Fit Friday Workout 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics 12:00 Lunch 1:30 Dr. Jenner's History Lecture 2:30 History Trivia 3:00 Nature Documentary China 4:00 Happy Hour 5:00 Dinner 6:30 Live Music w/ Rita & Richard	9:30 Walking Club 10:00 Happy Hearts Fitness 10:30 Daily Chronicle&News Discussion 11:00 Healthy Smoothies Avocado Banana 12:00 Lunch 1:30 Walking Club OR Scenic Ride 2:00 Cross Campus Garden Club 3:00 Weekend Word Games with Volunteers 4:00 Happy Hour 5:00 Dinner 6:30 Saturday Classics: Mrs. Doubtfire	
9:30 Walking Club 10:30 Sunday Workout Club 10:45 Daily Chronicle&News Discussion 11:00 Hot Topics 12:00 Woodlands Brunch and Live Music 1:30 Walking Club 2:00 Hatha Yoga Class w/ Ashish 3:00 American History Trivia 4:00 Happy Hour 5:00 Dinner 6:30 Sunday Night Movie Schindler's List	9:30 Walking Club 10:30 Monday Move & Groove 10:45 Daily Chronicle&News Discussion 11:00 Hot Topics 12:00 Lunch 1:30 Walking Club 2:00 Bridge Club 2:00 Group Crosswords 3:00 Brain Games 4:00 Happy Hour 5:00 Dinner 6:30 Monday Movie: The Accused	9:30 Walking Club 10:00 Tuesday Tone & Sculpt 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics w/Betsy 12:00 Lunch 1:30 Walking Club 2:00 Opera with Bill 3:00 Words in a word Woodlands Vs Highlands 4:00 Happy Hour 5:00 Dinner 6:30 Tuesday Flicks: Titanic	9:30 Walking Club 10:00 Chair Fitness 10:30 Daily Chronicle&News Discussion 11:00 Dockpin BowlingMtAiry Bowling Lanes 12:00 Lunch 1:30 Walking Club 2:00 Documentary National Parks 2:30 Catholic Mass 4:00 Happy Hour 5:00 Dinner 6:30 Fiddle Musical Performance with Jeffrey Steinberg	9:30 Walking Club 10:00 Thursday Stretch & Cool Down 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics w/MJ 12:00 Lunch 1:30 Walking Club 2:00 Cooking Demo with Chef Morissa 3:00 Words in a word 4:00 Happy Hour 5:00 Dinner 6:30 Bingo 6:30 Thursday Movie: West Side Story	9:30 Walking Club 10:00 Fit Friday Workout 10:30 Daily Chronicle&News Discussion 11:00 Let's Talk About It: 12:00 Lunch 1:30 Walking Club 2:00 Shabbat Service 2:00 Book Club Tuesdays with Morrie by Mitch Albom 4:00 Happy Hour 5:00 Dinner 6:30 Live Music w/ Jesse Palidofski	9:00 Elizabeth 1998 Film History Live Stream by Washington DC History Culture 11:00 Healthy Smoothies Pineapple Ginger 12:00 Lunch 1:30 Walking Club OR Scenic Ride 2:00 Elizabeth The Golden Age Film History Livestream 3:00 Weekend Word Games with Volunteers 4:00 Happy Hour 5:00 Dinner 6:30 Saturday Classics: MILK	
9:30 Walking Club 10:15 Sunday Workout Club 10:45 Daily Chronicle&News Discussion 11:00 Hot Topics 12:00 Father's Day Lunch 1:30 Walking Club 2:00 Left Right Center Game 3:00 Road Trip w/Betsy 4:00 Happy Hour 5:00 Dinner 6:30 Outdoor Concert w/Melonheads	9:30 Walking Club 10:00 Monday Move & Groove 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics 12:00 Lunch 1:30 Walking Club 2:00 Bridge Club 2:00 Group Crosswords 3:00 Brain Games 4:00 Happy Hour 5:00 Dinner 6:30 Monday Movie: Some Like It Hot	9:30 Walking Club 10:00 Tuesday Tone & Sculpt 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics 12:00 Women's Lunch 1:30 Walking Club 2:00 Surf Up Door Decor 3:00 Short Story w/Betsy 4:00 Happy Hour 5:00 Dinner 6:30 Tuesday Flicks: Creed	9:30 Walking Club 10:00 Chair Fitness 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics w/MJ 11:00 Movie and Lunch at Silver Dinner 12:00 Lunch 1:30 Walking Club 2:00 All About Me Marcia Demetrovits 2:30 Catholic Mass 4:00 Happy Hour 5:00 Dinner 6:30 Family Game Night	9:30 Walking Club 10:00 Thursday Stretch & Cool Down 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics 12:00 Lunch 1:30 Walking Club 2:00 Creative Art Program 2:00 Woodlands Store 3:00 Root Beer Float Social and Trivia 4:00 Happy Hour 5:00 Dinner 6:30 Thursday Theatre: Sister Act	9:30 Walking Club 10:00 Fit Friday Workout 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics 12:00 Lunch 2:00 Maria Mitchell first woman Astronomer 3:00 Fun Science Trivia 4:00 Happy Hour 5:00 Dinner 6:30 Live Music w/ Darryl Nicholes	9:30 Walking Club 10:00 Tai-Chi 10:45 Daily Chronicle&News Discussion 11:00 Healthy Green Smoothies 12:00 Lunch 1:30 Walking Club OR Scenic Ride 2:00 Cross Campus Garden Club 3:00 Weekend Word Games 4:00 Happy Hour 5:00 Dinner 6:30 Saturday Classics: Remember the Titans	
9:30 Walking Club 10:15 Sunday Workout Club 10:45 Daily Chronicle&News Discussion 11:00 Hot Topics 12:00 Lunch 1:30 Walking Club 2:00 Hatha Yoga Class w/ Ashish 3:00 American History Trivia 4:00 Happy Hour 5:00 Dinner 6:30 Live Music w/ Steve Barke	9:30 Walking Club 10:00 Monday Move & Groove 10:30 Daily Chronicle&News Discussion 11:00 Hot Topics w/MJ 12:00 Lunch 1:30 Walking Club 2:00 Bridge Club 2:00 Board Game 4:00 Happy Hour 5:00 Dinner 6:30 Monday Movie: Apocalypse Now	9:30 Walking Club 10:00 Tuesday Tone & Sculpt 10:30 Daily Chronicle&News Discussion 11:00 Watercolor Class 12:00 Women's Lunch 1:30 Walking Club 1:30 History Alive War of 1812 Star Spangles Banner with Mary Ann Jung 4:00 Happy Hour 5:00 Dinner 6:30 Tuesday Flicks: Superbad	9:30 Walking Club 10:00 Rise & Rene Fitness 10:30 Daily Chronicle&News Discussion 11:00 Movie and Lunch at RioMovieTheater 1:30 Walking Club 2:00 Documentary Secrets of Octopus 2:30 Catholic Mass 4:00 Happy Hour 5:00 Dinner 6:30 Wednesday Night Movie While You Were Sleeping				