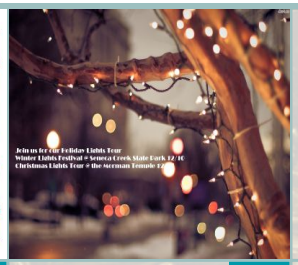
December 2018

Haven Memory Care

Kensington Park Senior Living 3616 Littledale Road, Kensington, MD 20895

SUN	MON	TUE	WED	THUR	FRI	SAT
30 10:00 Nail Care w/Care Team **10:30 Music w/Brian Rudolph** 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 Happy Birthday Rudyard Kipling **2:00 Inspiration & Song w/Rabbi Leigh** 3:00 Ice Cream Social 3:30 Name That Tune w/Michael 4:45 Dinner ~ Dining Room 6:00 Finish the Movie Title	**31** New Year's Eve 10:00 Morning Move & Groove w/Jackie 10:30 Scenic Ride 11:00 Hydration 11:15 Sensory Stimulation w/Ruth 11:45 Lunch ~ Dining Room 1:45 Rockefeller Center: History and Legacy w/Michael 3:00 Afternoon Social **3:30 New Years Eve Party** 3:30 Short Stories w/Michael 4:45 Dinner ~ Dining Room					**1** 10:00 Daily Chronicles w/ Gibril 10:30 Music & Movement w/ Gibril 11:00 Sip & Chat 11:15 Complete the Phrase w/Gibril 11:45 Lunch ~ Dining Room 1:45 Arts & Crafts w/Gibril 2:30 Baking w/Gibril 3:00 Afternoon Social 3:30 Bingo Bonanza w/Gibril 4:45 Dinner ~ Dining Room 6:15 Live Performance by/District Music
2 Hanukkah Begins at Sundown **10:30 Music w/Brian Rudolph** 11:00 Sip & Chat 11:45 Lunch ~ Dining Room 1:45 Stories Behind Christmas Carols w/Michael 1:45 Afternoon Stretch & Flex w/ Michael **2:00 Inspiration & Song w/Rev Few** 3:00 Ice Cream Social 3:30 Name That Tune w/Michael 4:45 Dinner ~ Dining Room 6:00 Finish the Movie Title	**3** 10:00 Morning Move & Groove w/Jackie 10:30 Scenic Ride 11:00 Hydration 11:15 Sensory Stimulation w/Ruth 11:45 Lunch ~ Dining Room 1:45 Music Appreciation - John Lennon 3:00 Afternoon Social 3:30 Short Stories w/Michael 4:45 Dinner ~ Dining Room 6:00 Whats In the Picture?	**4** 10:00 Vocal and Body Stretching w/Melissa 10:30 Sing the Phrase w/ Melissa 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 Color, Relax, Repeat 3:00 Afternoon Social 3:30 Holiday Music Sing-A-Long 4:45 Dinner ~ Dining Room 6:00 Vintage Photo Match Up	**5** 10:30 Alphabet Trivia w/ Maggie 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 Noddle Volleyball 2:30 Catholic Service w/Barbara & Tom 3:00 Afternoon Social **3:30 Music Therapy w/Khyla** 4:45 Dinner ~ Dining Room 6:00 Music Appreciation w/Maggie	**6** 10:00 Balloon Volleyball w/ Care Team 10:30 Jump Start Exercise 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 Bean Bag Toss **2:15 Zumba Gold w/Latisha Johnson** 3:00 Afternoon Social 3:30 Things That Go Together 4:45 Dinner ~ Dining Room 6:00 Music Quiz	**7** Pearl Harbor Remembrance Day 10:00 Frank Sinatra Musical Morning w/Care Team 10:30 Morning Stretch 11:00 Hydration 11:15 Finish the Song Title 11:45 Lunch ~ Dining Room 1:45 Remembering Pearl Harbor 2:15 Table Games 3:00 Afternoon Social 3:00 Scenic Ride 3:30 Hand Massage & Nail Care w/Khyla 4:45 Dinner ~ Dining Room 6:00 This Day in Music	**8** 10:00 Daily Chronicles w/ Gibril 10:30 Music & Movement w/ Gibril 11:00 Sip & Chat 11:15 Complete the Phrase w/Gibril 11:45 Lunch ~ Dining Room 1:45 Arts & Crafts w/Gibril 2:30 Baking w/Gibril 3:00 Afternoon Social 3:30 Bingo Bonanza w/Gibril 4:45 Dinner ~ Dining Room 6:15 Live Performance by/District Music
9 10:00 Nail Care w/Care Team 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 The History of Handbells: the Sound of the Season **2:00 Inspiration & Song w/Rabbi Leigh** 3:00 Ice Cream Social 3:30 Name That Tune w/Michael 4:45 Dinner ~ Dining Room 6:00 Finish the Movie Title	**10** 10:00 Morning Move & Groove w/Jackie 10:30 Scenic Ride 11:00 Hydration 11:15 Sensory Stimulation w/Ruth 11:45 Lunch ~ Dining Room **2:00 Jesse Palidofsky Musical Performance** 3:00 Afternoon Social 3:30 Short Stories w/Michael 4:45 Dinner ~ Dining Room **6:00 Winter Lights Festival @ Seneca Creek State Park** 6:00 Spelling B	**11** 10:00 Vocal and Body Stretching w/Melissa **10:30 Music by/Darrin Carter** 11:00 Sip & Chat 11:45 Lunch ~ Dining Room 1:45 Color, Relax, Repeat 3:00 Afternoon Social 3:30 Holiday Music Sing-A-Long 4:45 Dinner ~ Dining Room 6:00 Word Game - Categories	**12** 10:00 Baking Club w/Maggie - Ginger Bread Men 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room **1:30 - 2:30 Catholic Mass** 1:45 Afternoon Movie 3:00 Afternoon Social **3:30 Musical Performance by District Music** **3:30 Music Therapy w/Khyla** 4:45 Dinner ~ Dining Room 6:00 Poetry Corner w/Kate	**13** 10:00 Balloon Volleyball w/ Care Team 10:30 Jump Start Exercise 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 Bean Bag Toss **2:15 Zumba Gold w/Latisha Johnson** 3:00 Afternoon Social 3:30 Things That Go Together **3:30 Performance by Pyle Middle School** 4:45 Dinner ~ Dining Room 6:00 Music Quiz	**14** 10:00 Frank Sinatra Musical Morning w/Care Team 10:30 Morning Stretch 11:00 Hydration 11:15 Finish the Song Title 11:45 Lunch ~ Dining Room 1:45 Reminisce & Trivia 2:15 Table Games 3:00 Afternoon Social 3:00 Scenic Ride 3:30 Hand Massage & Nail Care w/ Khyla 4:45 Dinner ~ Dining Room 6:00 This Day in Music	**15** 10:00 Daily Chronicles w/ Gibril 10:30 Music & Movement w/ Gibril 11:00 Sip & Chat 11:15 Complete the Phrase w/Gibril 11:45 Lunch ~ Dining Room **12:00 - 1:30 Groves Holiday Party** 2:30 Baking w/Gibril 3:00 Afternoon Social 3:30 Bingo Bonanza w/Gibril 4:45 Dinner ~ Dining Room 6:15 Live Performance by/District Music
16 10:00 Nail Care w/Care Team 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 The Life of Charles Dickens w/ Michael **2:00 Inspiration & Song w/Rabbi Leigh** 3:00 Ice Cream Social 3:30 Name That Tune w/Michael 4:45 Dinner ~ Dining Room 6:00 Finish the Movie Title	**17** 10:00 Morning Move & Groove w/Jackie 10:30 Scenic Ride 11:00 Hydration 11:15 Sensory Stimulation w/Ruth 11:45 Lunch ~ Dining Room 1:45 Arm Chair Travel - Russia 3:00 Afternoon Social 3:30 Short Stories w/Michael 4:45 Dinner ~ Dining Room 6:00 Name Ten **6:00 Christmas Lights Tour @ the Morman Temple**	**18** 10:00 Vocal and Body Stretching w/Melissa 10:30 Sing the Phrase w/ Melissa 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 Color, Relax, Repeat 3:00 Afternoon Social 3:30 Holiday Music Sing-A-Long 4:45 Dinner ~ Dining Room 6:00 Who Am I?	**19** Festive Sweater Day 10:30 Alphabet Trivia w/Maggie 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 Noddle Volleyball **2:00 Seated Massages w/David Cox** **2:30 Catholic Service w/Kathy & Mike** 2:30 Inspirational Messages 3:00 Afternoon Social **3:30 Pyle Middle School Holiday Performance** **3:30 Music Therapy w/Khyla** 4:45 Dinner ~ Dining Room 6:00 Music Appreciation w/Maggie	**20** 10:00 Balloon Volleyball w/ Care Team 10:30 Jump Start Exercise 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 Bean Bag Toss **2:15 Zumba Gold w/Latisha Johnson** 3:00 Afternoon Social 3:30 Things That Go Together 4:45 Dinner ~ Dining Room 6:00 Music Quiz	**21** 10:00 Frank Sinatra Musical Morning w/Care Team 10:30 Morning Stretch 11:00 Hydration 11:15 Finish the Song Title 11:45 Lunch ~ Dining Room 1:45 Reminisce & Trivia 2:15 Gingerbread Waffle Making and Ice Cream 3:00 Afternoon Social 3:00 Scenic Ride 3:30 Hand Massage & Nail Care w/Khyla 4:45 Dinner ~ Dining Room 6:00 This Day in Music	**22** 10:00 Daily Chronicles w/ Gibril 10:30 Music & Movement w/ Gibril 11:00 Sip & Chat 11:15 Complete the Phrase w/Gibril 11:45 Lunch ~ Dining Room 1:45 Arts & Crafts w/Gibril 2:30 Baking w/Gibril 3:00 Afternoon Social 3:30 Bingo Bonanza w/Gibril 4:45 Dinner ~ Dining Room 6:15 Live Performance by/District Music
23 10:00 Nail Care w/Care Team 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 Afternoon Stretch & Flex w/ Michael **2:00 Inspiration & Song w/Rabbi Leigh** **2:00 Bertram McLiesh Performs** 3:00 Ice Cream Social 3:30 Name That Tune w/Michael 4:45 Dinner ~ Dining Room 6:00 Finish the Movie Title	**24** Christmas Eve **10:00 Music w/John Campbell** 11:00 Hydration 11:15 Sensory Stimulation w/Ruth 11:45 Lunch ~ Dining Room 1:45 Art Appreciation - The Life & Art of Henri Matisse 3:00 Afternoon Social 3:30 Scenic Ride 4:45 Dinner ~ Dining Room 6:00 Remembering Dick Clark	**25** Christmas Day 10:00 Vocal and Body Stretching w/Melissa 10:30 Sing the Phrase w/Melissa 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room **12:00 - 1:30 Christmas Lunch** 1:45 Color, Relax, Repeat 3:00 Afternoon Social 3:30 Holiday Music Sing-A-Long 4:45 Dinner ~ Dining Room 6:00 Evening Movie	**26** 10:00 Baking Club w/ Maggie - Sugar Cookies 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 Noddle Volleyball **2:15 Monthly Birthday Celebration** **2:30 Catholic Service w/Barbara & Tom** 3:00 Afternoon Social **3:30 Music Therapy w/Khyla** 4:45 Dinner ~ Dining Room 6:00 Poetry Corner w/Kate	**27** 10:00 Balloon Volleyball w/ Care Team 10:30 Jump Start Exercise 11:00 Sip & Chat 11:15 Daily Chronicle 11:45 Lunch ~ Dining Room 1:45 Bean Bag Toss **2:15 Zumba Gold w/Latisha Johnson** 3:00 Afternoon Social 3:30 Things That Go Together 4:45 Dinner ~ Dining Room 6:00 Music Quiz	**28** 10:00 Frank Sinatra Musical Morning w/Care Team 10:30 Morning Stretch 11:00 Hydration 11:15 Finish the Song Title 11:45 Lunch ~ Dining Room 1:45 Reminisce & Trivia 2:15 Table Games 3:00 Afternoon Social 3:00 Scenic Ride 3:30 Hand Massage & Nail Care w/ Khyla 4:45 Dinner ~ Dining Room 6:00 This Day in Music	**29** 10:00 Daily Chronicles w/ Gibril 10:30 Music & Movement w/ Gibril 11:00 Sip & Chat 11:15 Complete the Phrase w/Gibril 11:45 Lunch ~ Dining Room 1:45 Arts & Crafts w/Gibril 2:30 Baking w/Gibril 3:00 Afternoon Social 3:30 Bingo Bonanza w/Gibril 4:45 Dinner ~ Dining Room 6:15 Live Performance by/District Music