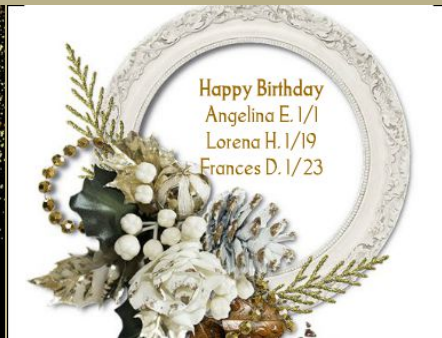


SUN MON TUE WED THUR FRI SAT



*New Year's Day*  
 9:30 Daily Chronicle  
 10:15 Balloon Toss  
 10:15 This Month in History  
 11:00 Parachute Fun  
 11:00 Music Therapy w/Rachelle  
 1:30 Classical Music & Relaxation  
 1:30 Music Circle  
 3:00 Fresh Social  
 3:30 Sensory Stimulation w/Care Team  
 3:30 Happy Hour-Music Bingo  
 6:15 Evening Walking Club  
 6:30 New Year's Word Puzzle Challenge  
 7:00 Manicures & Hand Massage

**1**  
 9:30 Daily Chronicle  
 10:30 Strength Training Exercise  
 11:00 Board Games & More  
 1:30 Stimulating the Senses - The Science of Bubbles  
 1:30 Inspirational Quotes  
 2:30 Catholic Service w/Barbara & Tom  
 3:00 Something Sweet Social  
 3:30 Sorting & Matching w/Care Team  
 3:30 TV Game Show Happy Hour  
 6:00 Movie Night  
 7:00 Manicures & Hand Massage

**2**  
 9:30 Daily Chronicle  
 10:00 Morning Stretch  
 10:30 Craft Project - Build A Snowman  
 10:45 Poetry Corner  
**1:30 Zumba Gold Dancing w/Latisha Johnson**  
 2:15 Short Story Reading  
 2:15 Bible Study  
 3:30 Happy Hour Wine and Paint  
 3:30 Table Games w/Care Team  
 6:15 Evening Walking Club  
 6:30 Hollywood Game Night - Wheel of Fortune  
 7:00 Manicures & Hand Massage

**3**  
 9:30 Daily Chronicle  
 10:30 Stretch and Flex  
 11:00 Picture Matchup  
**11:00 Chris Covell Presents - MLK, the Man and the Music from the Civil Rights Movement**  
 1:30 Conversation Pieces  
 1:30 Cooking Magic - Mini Bagel Pizzas  
**2:00 Shabbat Service (Woodlands)**  
 3:00 Fabulous Friday Social - Root Beer Float  
 3:30 Puzzles w/Care Team  
 3:30 Happy Hour - Word Games  
 6:15 Evening Walking Club  
 6:30 Shabbat Service (Woodlands)  
 6:30 Mocktails & Trivia  
 7:00 Manicures & Hand Massage

**4**  
 9:30 Indoor Walking  
 10:00 Strength Training Exercise  
 10:30 The Daily Chronicle  
 11:00 The Great Seal of Maryland  
 11:00 What's in the Picture  
 1:30 Sing-A-Long  
 1:30 Table Bowling  
 3:00 Fruit & Cheese Social  
 3:30 Neighborhood Scenic Drive  
 3:30 Happy Hour Finish The Phrase  
 6:15 Musical Delights w/District Music

**5**  
 9:30 Meet & Greet  
 9:45 Indoor Walking  
 10:00 Daily Chronicles  
 10:30 Chair Yoga  
 10:30 Art - Collage Creations  
 11:00 Joggin' Your Noggin  
 1:30 Bingo  
**2:00 Inspirations w/Rabbi Leigh**  
**2:30 Inspiration & Song w/Rev Few**  
 3:00 Neighborhood Scenic Ride  
 3:00 Ice Cream Social  
 3:30 Happy Hour Name that Tune  
 6:00 Cider and Trivia

**6**  
 9:30 Daily Chronicle  
 10:00 Penny Ante  
 10:30 Art Appreciation - The Life & Art of Paul Cezanne  
 1:30 Short Stories  
 1:30 Baking Club - Milly's Oatmeal Brownies  
**2:30 Just Bead It w/ Cindy Patrini**  
 3:00 Fresh Social  
 3:30 Art w/Care Team  
 3:30 Neighborhood Scenic Ride  
 6:15 Evening Walking Club  
 6:30 Trivia  
 7:00 Manicures & Hand Massage

**7**  
 9:30 Daily Chronicle  
 10:15 Balloon Toss  
**10:15 Craft Club w/Kim**  
 11:00 Parachute Fun  
 11:00 Music Therapy w/Rachelle  
 1:30 Classical Music & Relaxation  
**2:00 Cooking Demonstration w/Dining**  
 3:00 Fresh Social  
**3:30 Darrin Carter Performs**  
 6:15 Evening Walking Club  
 6:30 Crosswords, Word Finds and Word Unscrambles  
 7:00 Manicures & Hand Massage

**8**  
 9:30 Daily Chronicle  
 10:30 Strength Training Exercise  
 11:00 Life in America - The Impact of Mr. Rodgers on Society  
**1:30 Catholic Mass**  
 1:30 Stimulating the Senses - Making Music  
 3:00 Something Sweet Social  
 3:30 Sorting & Matching w/Care Team  
 3:30 TV Game Show Happy Hour  
 6:00 Movie Night  
 7:00 Manicures & Hand Massage

**9**  
 9:30 Daily Chronicle  
 10:00 Morning Stretch  
 10:30 Craft Project - Snowman Charm Bracelet  
 10:45 Poetry Corner  
**1:30 Zumba Gold Dancing w/Latisha Johnson**  
 2:15 Short Story Reading  
 2:15 Bible Study  
 3:30 Happy Hour Wine and Paint  
 3:30 Table Games w/Care Team  
 6:15 Evening Walking Club  
 6:30 Hollywood Game Night - Jeopardy  
 7:00 Manicures & Hand Massage

**10**  
 9:30 Daily Chronicle  
 10:30 Stretch and Flex  
 11:00 Picture Matchup  
 11:00 Tea and Trivia  
 1:30 Conversation Pieces  
 1:30 Cooking Magic - Cheese and Bacon Potato Rounds  
**2:00 Shabbat Service (Woodlands)**  
 3:00 Fabulous Friday Social - Root Beer Float  
 3:30 Puzzles w/Care Team  
 3:30 Happy Hour - Word Games  
 6:15 Evening Walking Club  
 6:30 Shabbat Service (Woodlands)  
 6:30 Mocktails & Trivia  
 7:00 Manicures & Hand Massage

**11**  
 9:30 Indoor Walking  
 10:00 Strength Training Exercise  
 10:30 The Daily Chronicle  
**11:00 Singing Through The Ages w/ Ernie Tolley**  
 1:30 Sing-A-Long  
 1:30 Game of Golf  
 3:00 Fruit & Cheese Social  
 3:30 Neighborhood Scenic Drive  
 3:30 Happy Hour Finish The Phrase  
 6:15 Musical Delights w/District Music

**12**  
 9:30 Meet & Greet  
 9:45 Indoor Walking  
 10:00 Daily Chronicles  
 10:30 Morning Exercise  
 10:30 Art - Collage Creations  
 11:00 Name Ten  
 1:30 Bingo  
 3:00 Neighborhood Scenic Ride  
 3:00 Ice Cream Social  
 3:30 Happy Hour Name that Tune  
 6:00 Cider and Trivia

**13**  
 9:30 Daily Chronicle  
 10:00 Penny Ante  
 10:30 Music Appreciation - The Life and Music of Neil Diamond  
 1:30 Short Stories  
 1:30 Baking Club - Cheddar Cheese Straws  
 3:00 Fresh Social  
**3:30 Jesse Palidofsky Performs**  
 3:30 Art w/Care Team  
 3:30 Neighborhood Scenic Ride  
 6:15 Evening Walking Club  
 6:30 Trivia  
 7:00 Manicures & Hand Massage

**14**  
 9:30 Daily Chronicle  
 10:15 Balloon Toss  
**10:15 Craft Club w/Kim**  
 11:00 Parachute Fun  
 11:00 Music Therapy w/Rachelle  
 1:30 Stamp Your Passport - A Visit to France  
 1:30 Classical Music & Relaxation  
 3:00 Fresh Social  
 3:30 Sensory Stimulation w/Care Team  
 3:30 Happy Hour-Music Bingo  
 6:15 Evening Walking Club  
 6:30 Crosswords, Word Finds and Word Unscrambles  
 7:00 Manicures & Hand Massage

**15**  
 9:30 Daily Chronicle  
 10:30 Strength Training Exercise  
 11:00 Letters Home  
 1:30 Stimulating the Senses - Ocean In a Bottle  
 1:30 Life Stories  
**2:00 Seated Massages w/David Cox**  
**2:30 Catholic Service w/Kathy & Mike**  
 3:00 Something Sweet Social  
 3:30 Sorting & Matching w/Care Team  
 3:30 TV Game Show Happy Hour  
 6:00 Movie Night  
 7:00 Manicures & Hand Massage

**16**  
 9:30 Daily Chronicle  
 10:00 Morning Stretch  
 10:30 Craft Project - Cardinal Winter Scene  
 10:45 Poetry Corner  
**1:30 Zumba Gold Dancing w/Latisha Johnson**  
 2:15 Short Story Reading  
 2:15 Bible Study  
 3:30 Happy Hour Wine and Paint  
 3:30 Table Games w/Care Team  
 6:15 Evening Walking Club  
 6:30 Hollywood Game Night - Hollywood Circles  
 7:00 Manicures & Hand Massage

**17**  
 9:30 Daily Chronicle  
 10:30 Stretch and Flex  
 11:00 Arts & Crafts  
 11:00 Picture Matchup  
 1:30 Conversation Pieces  
 1:30 Cooking Magic - Parmesan Chicken Mini Pies  
**2:00 Shabbat Service (Woodlands)**  
 3:00 Fabulous Friday Social - Root Beer Float  
 3:30 Puzzles w/Care Team  
 3:30 Happy Hour - Word Games  
 6:15 Evening Walking Club  
 6:30 Shabbat Service (Woodlands)  
 6:30 Mocktails & Trivia  
 7:00 Manicures & Hand Massage

**18**  
 9:30 Indoor Walking  
 10:00 Strength Training Exercise  
 11:00 The Great Seal of Virginia  
 11:00 Sorting  
 1:30 Sing-A-Long  
 1:30 Table Bowling  
 3:00 Fruit & Cheese Social  
 3:30 Neighborhood Scenic Drive  
 3:30 Happy Hour Finish The Phrase  
 6:15 Musical Delights w/District Music

**19**  
 9:30 Meet & Greet  
 9:45 Indoor Walking  
 10:00 Daily Chronicles  
 10:30 Chair Yoga  
**10:30 Art Therapy w/Yolanda Prinsloo**  
 11:00 Joggin' Your Noggin  
 1:30 Bingo  
 3:00 Neighborhood Scenic Ride  
 3:00 Ice Cream Social  
 3:30 Happy Hour Name that Tune  
 6:00 Cider and Trivia

**20**  
*Martin Luther King Day*  
 9:30 Daily Chronicle  
 10:00 Penny Ante  
 10:30 The Life of & Poetry of John Muir  
 1:30 Short Stories  
 1:30 Baking Club - Apple Enchilada  
 3:00 Fresh Social  
 3:30 Art w/Care Team  
 3:30 Neighborhood Scenic Ride  
 6:15 Evening Walking Club  
 6:30 Trivia  
 7:00 Manicures & Hand Massage

**21**  
 9:30 Daily Chronicle  
 10:15 Balloon Toss  
**10:15 Craft Club w/Kim**  
 11:00 Parachute Fun  
 11:00 Music Therapy w/Rachelle  
 1:30 Classical Music & Relaxation  
 1:30 Table Bowling  
 3:00 Fresh Social  
 3:30 Sensory Stimulation w/Care Team  
 3:30 Happy Hour-Music Bingo  
 6:15 Evening Walking Club  
 6:30 Crosswords, Word Finds and Word Unscrambles  
 7:00 Manicures & Hand Massage

**22**  
 9:30 Daily Chronicle  
 10:30 Strength Training Exercise  
 11:00 Resident Spotlight  
 1:30 Stimulating the Senses - Obleck--Neither a Liquid or a Solid!  
 1:30 Inspirational Quotes  
**2:30 Catholic Service w/Barbara & Tom**  
 3:00 Something Sweet Social  
 3:30 Sorting & Matching w/Care Team  
 3:30 TV Game Show Happy Hour  
**6:30 Sisters Yuk and Friends Performs**  
 7:00 Manicures & Hand Massage

**23**  
 9:30 Daily Chronicle  
 10:00 Morning Stretch  
 10:30 Craft Project - Winter Picture Frame Craft  
 10:45 Poetry Corner  
**1:30 Zumba Gold Dancing w/Latisha Johnson**  
 2:15 Short Story Reading  
 2:15 Bible Study  
 3:30 Happy Hour Wine and Paint  
 3:30 Table Games w/Care Team  
 6:15 Evening Walking Club  
 6:30 Card Games  
 7:00 Manicures & Hand Massage

**24**  
 9:30 Daily Chronicle  
 10:30 Stretch and Flex  
 11:00 Men's Trivia Club  
 11:00 Ladies Social  
 1:30 Trivia  
**1:45 Frank Plummer Performs**  
**2:00 Shabbat Service (Woodlands)**  
 3:00 Fabulous Friday Social - Root Beer Float  
 3:30 Puzzles w/Care Team  
 3:30 Happy Hour - Word Games  
 6:15 Evening Walking Club  
 6:30 Shabbat Service (Woodlands)  
 6:30 Mocktails & Trivia  
 7:00 Manicures & Hand Massage

**25**  
*International Customs Day*  
 9:30 Indoor Walking  
 10:00 Strength Training Exercise  
 10:30 The Daily Chronicle  
 11:00 The Great Seal of The District of Columbia  
 11:00 Sorting  
 1:30 Sing-A-Long  
 1:30 Game of Golf  
 3:00 Fruit & Cheese Social  
 3:30 Neighborhood Scenic Drive  
 3:30 Happy Hour Finish The Phrase  
 6:15 Musical Delights w/District Music

**26**  
 9:30 Meet & Greet  
 9:45 Indoor Walking  
 10:00 Daily Chronicles  
 10:30 Morning Exercise  
 10:30 Art - Collage Creations  
 11:00 Word Unscramble  
 1:30 Bingo  
 3:00 Neighborhood Scenic Ride  
 3:00 Ice Cream Social  
 3:30 Happy Hour Name that Tune  
 6:00 Cider and Trivia

**27**  
 9:30 Daily Chronicle  
 10:00 Penny Ante  
**11:00 John Campbell Performs**  
**12:00 Lunch Outing - The Dish & Dram**  
 1:30 Short Stories  
 1:30 Baking Club - Baked French Toast Casserole  
 3:00 Fresh Social  
 3:00 Art w/Care Team  
 3:30 Happy Hour Sing-A-Long  
 3:30 Neighborhood Scenic Ride  
 6:15 Evening Walking Club  
 6:30 Trivia  
 7:00 Manicures & Hand Massage

**28**  
 9:30 Daily Chronicle  
 10:15 Balloon Toss  
**10:15 Craft Club w/Kim**  
 11:00 Parachute Fun  
 11:00 Bingo  
 11:00 Music Therapy w/Rachelle  
 1:30 Classical Music & Relaxation  
 1:30 Art History - Masters of Impressionism  
 3:00 Fresh Social  
**3:15 Hot Tea Sampling Festival**  
 3:30 Sensory Stimulation w/Care Team  
 3:30 Happy Hour-Music Bingo  
 6:15 Evening Walking Club  
 6:30 Crosswords, Word Finds and Word Unscrambles  
 7:00 Manicures & Hand Massage

**29**  
 9:30 Daily Chronicle  
 10:30 Strength Training Exercise  
 11:00 Board Games & More  
 1:30 Stimulating the Senses - Homemade Lava Lamp  
 1:30 Life Stories  
 3:00 Something Sweet Social  
 3:30 Sorting & Matching w/Care Team  
 3:30 TV Game Show Happy Hour  
 7:00 Manicures & Hand Massage

**30**  
 9:30 Daily Chronicle  
 10:00 Morning Stretch  
 10:30 Craft Project - Reindeer Wine Cork Craft  
 10:45 Poetry Corner  
**1:30 Zumba Gold Dancing w/Latisha Johnson**  
 2:15 Short Story Reading  
 2:15 Bible Study  
 3:30 Happy Hour Wine and Paint  
 3:30 Table Games w/Care Team  
 6:15 Evening Walking Club  
 6:30 Board Games  
 7:00 Manicures & Hand Massage

