

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:45- *Sunday Service at St. Paul's* 1</p> <p>9:30- *Catholic Mass at Holy Redeemer*</p> <p>11:00- *KP on the GO!*</p> <p>1:30- Wondrium presents <i>SlingShot</i></p> <p>3:00- Giant Crossword Puzzle with Mary Lou</p> <p>4:30- Cocktails</p> <p>7:15- Movie Night</p> <p>May Day</p>	<p>11:00- Dr. Jenner presents <i>The Roaring 20's</i> 2</p> <p>11:45- *KP on the GO!*</p> <p>1:30- Fitness with Jennifer</p> <p>3:00- Flower Arranging</p> <p>4:30- Cocktails</p> <p>7:15- Monday Night Musical</p>	<p>11:15- Highlands Fire Protocol Discussion with Russell & Janet 3</p> <p>1:30- Just Bead it with Cindy</p> <p>2:00- National Garden Meditation Day with Kyoko</p> <p>3:00- Balance in Action with Genesis Rehabilitation</p> <p>4:30- Cocktails</p> <p>7:15- Series Night: Bridgerton</p>	<p>11:15- Full Fitness with Elias 4</p> <p>11:30- Ambassador's Meeting</p> <p>1:30- Bridge Group</p> <p>2:00- Mandatory Emergency & Fire Evacuation Walk Through: 3rd Floor</p> <p>3:00- Mandatory Emergency & Fire Evacuation Walk Through: 2nd Floor</p> <p>3:00- Tech Support with Donovan</p> <p>4:30- Cocktails</p> <p>7:15- Wild West Wednesday: <i>Old Henry</i></p>	<p>10:45- Morning Wordle 5</p> <p>11:15- Walking Club</p> <p>12:00- K@Home Clinic with Nurse Hawa</p> <p>1:00- *KP on the GO!*</p> <p>2:00- Mandatory Emergency & Fire Evacuation Walk Through: 1st Floor</p> <p>3:00- Mandatory Emergency & Fire Evacuation Walk Through: T Level</p> <p>4:30- Cinco de Mayo Fiesta!</p> <p>7:15- The Plumer Family Performs!</p> <p>Cinco de Mayo</p>	<p>11:15- Morning Exercise with Kevin 6</p> <p>1:30- *Brookside Gardens Trip*</p> <p>1:30- Documentary Matinee</p> <p>3:00- Shabbat Service with Rabbi Sabrina</p> <p>4:30- Cocktails</p> <p>7:15- Live Music Performance by Darryl Nichols!</p>	<p>11:15- Fitness with Jennifer 7</p> <p>1:30- <i>The Art of Israel</i> Presentation by Nancy Kotz</p> <p>3:00- Yahtzee!</p> <p>4:30- Cocktails</p> <p>6:45- On the Big Screen: 148th Annual Kentucky Derby</p> <p>7:15- Movie Night</p>
<p>Mother's Day Dinner 3:00PM to 5:00PM 8</p> <p>8:45- *Sunday Service at St. Paul's*</p> <p>9:30- *Catholic Mass at Holy Redeemer*</p> <p>11:00- *KP on the GO!*</p> <p>2:00- Mother's Day Piano Performance by Gary Schwartz</p> <p>7:15- Movie Night</p> <p>Mother's Day</p>	<p>11:15- Morning Wordle 9</p> <p>11:45- *KP on the GO!*</p> <p>1:30- Fitness with Jennifer</p> <p>2:30- Words in a Word</p> <p>3:45- Activity Council Meeting</p> <p>4:30- Cocktails</p> <p>7:15- Classic Movie Night</p>	<p>11:15- Sip & Scrabble 10</p> <p>1:30- Balance in Action with Genesis Rehabilitation</p> <p>2:30- Bayada Wellness Talk: Diet & Nutrition for Seniors</p> <p>3:00- Group Ukulele Lessons with Melissa (Final Session)</p> <p>3:00- *Sarah's Handmade Ice Cream Trip*</p> <p>4:30- Cocktails</p> <p>7:15- Series Night: Bridgerton</p>	<p>11:15- Full Fitness with Elias 11</p> <p>1:30- Bridge Group</p> <p>1:30- Kahoot! Trivia</p> <p>3:00- Highlands Handbell Choir with Melissa</p> <p>3:00- Private Pay Tech Support with Donovan</p> <p>4:30- Cocktails</p> <p>7:15- Wild West Wednesday: <i>The Homesman</i></p>	<p>11:15- Walking Club 12</p> <p>12:00- K@Home Clinic with Nurse Hawa</p> <p>1:00- *KP on the GO!*</p> <p>1:30- Scattergories</p> <p>3:00- Highlands Resident Meeting</p> <p>4:30- Cocktails</p> <p>7:15- David Andrew Smith Performs Live!</p>	<p>11:15- Morning Exercise with Kevin 13</p> <p>1:30- 'Fur'ever in our Hearts Pet Memorial</p> <p>2:45- *Mormon Temple Open House Tour – Trip 2*</p> <p>3:00- Shabbat Service with Rabbi Sabrina</p> <p>4:30- Cocktails</p> <p>7:15- Bio-Doc Night: Fred Rogers</p>	<p>11:15- Fitness with Ashley 14</p> <p>11:30- *Silver Creek Middle School's Spring Play: Honk*</p> <p>1:30- Green Thumb Club: Cross Campus Planting</p> <p>1:30- DIY Workshop with Ashley: Watercolor Flowers</p> <p>3:00- Discussion with Ashley: Richest People in the World</p> <p>4:30- Cocktails</p> <p>7:15- Movie Night</p>
<p>8:45- *Sunday Service at St. Paul's* 15</p> <p>9:30- *Catholic Mass at Holy Redeemer*</p> <p>11:00- *KP on the GO!*</p> <p>1:30- Music Appreciation with Melissa: Post-Modernism in Music</p> <p>3:00- Words in a Word with Cindy</p> <p>4:30- Cocktails</p> <p>7:15- Movie Night</p>	<p>11:15- Morning Wordle 16</p> <p>11:45- *KP on the GO!*</p> <p>1:30- Fitness with Jennifer</p> <p>2:30- Milkshake Monday!</p> <p>4:30- Robert Coleman Performs at Happy Hour!</p> <p>7:15- Monday Night Musical</p>	<p>10:00- *Tour of Historic Ships in Baltimore's Inner Harbor* 17</p> <p>11:15- Documentary Matinee</p> <p>1:30- Balance in Action with Genesis Rehabilitation</p> <p>3:00- Rummikub</p> <p>4:30- Cocktails</p> <p>7:15- Series Night: Bridgerton</p>	<p>11:15- Full Fitness with Elias 18</p> <p>1:30- Bridge Group</p> <p>1:30- <i>Falling</i> Presentation by Pat Greenfield, Smithsonian Museum Docent</p> <p>3:00- Highlands Handbell Choir with Melissa</p> <p>3:00- Tech Support with Donovan</p> <p>4:30- Cocktails</p> <p>7:15- Wild West Wednesday: <i>The Sons of Kate Elder</i></p>	<p>10:45- Morning Wordle 19</p> <p>11:15- Walking Club</p> <p>12:00- K@Home Clinic with Nurse Hawa</p> <p>1:00- *KP on the GO!*</p> <p>1:30- Helping Hands Interest Meeting</p> <p>3:00- RoadScholar Webinar: The Lost Art of Television Theme Songs</p> <p>4:30- Cocktails</p> <p>7:15- The Plumer Family Performs!</p>	<p>11:15- Morning Exercise with Kevin 20</p> <p>1:30- Watercolor Workshop with Martina</p> <p>3:00- Shabbat Service with Rabbi Sabrina</p> <p>4:30- Cocktails</p> <p>7:15- Bio-Doc Night: Amy Winehouse</p>	<p>11:15- Fitness with Jennifer 21</p> <p>1:30- *Indian Textiles: 1,000 Years of Art and Design Exhibit at The Textile Museum*</p> <p>1:30- Wondrium presents <i>Terms and Conditions May Apply</i></p> <p>3:00- Trivia Challenge with Cindy</p> <p>4:30- Cocktails</p> <p>7:15- Movie Night</p> <p>Armed Forces Day</p>
<p>8:45- *Sunday Service at St. Paul's* 22</p> <p>9:30- *Catholic Mass at Holy Redeemer*</p> <p>11:00- *KP on the GO!*</p> <p>1:30- Music Appreciation with Melissa: What is "Classical" Music?</p> <p>3:00- BINGO!</p> <p>4:30- Cocktails</p> <p>7:15- Movie Night</p>	<p>11:15- Morning Wordle 23</p> <p>11:45- *KP on the GO!*</p> <p>1:30- Fitness with Jennifer</p> <p>3:00- <i>The Musicals of Rodgers and Hart</i> Presentation by Steve Friedman</p> <p>4:30- Cocktails</p> <p>7:15- Classic Movie Night</p> <p>Victoria Day (Canada)</p>	<p>11:15- Flower Arranging 24</p> <p>1:30- Balance in Action with Genesis Rehabilitation</p> <p>1:30- *KP Speaker Series: "Understanding the Finance Basics"*</p> <p>3:00- Scattergories</p> <p>4:30- Cocktails</p> <p>7:15- Julie Hall Performs!</p>	<p>11:15- Full Fitness with Elias 25</p> <p>1:00- RoadScholar Webinar: Bonsai – What's the Big Excitement About These Tiny Trees?</p> <p>1:30- Bridge Group</p> <p>2:15- Words in a Word</p> <p>3:00- Highlands Handbell Choir with Melissa</p> <p>3:00- Private Pay Tech Support with Donovan</p> <p>4:30- Cocktails</p> <p>7:15- Series Night: Bridgerton</p>	<p>11:15- Walking Club 26</p> <p>12:00- K@Home Clinic with Nurse Hawa</p> <p>1:00- *KP on the GO!*</p> <p>1:30- Unsolved with Astri</p> <p>3:00- This Month in History Presentation by Jim Russell: Lewis & Clark Expedition</p> <p>4:30- Cocktails</p> <p>7:15- Movie Night</p>	<p>11:15- Morning Exercise with Kevin 27</p> <p>12:00- *Lunch Bunch at Silver Diner*</p> <p>2:00- Yahtzee!</p> <p>3:30- Tell Us All About It! with Janet</p> <p>4:30- Cocktails</p> <p>7:15- Bio-Doc Night: Willy T. Ribbs</p>	<p>11:15- Fitness with Ashley 28</p> <p>1:30- Discussion with Ashley: Brain Hacking – How Silicon Valley is Controlling You</p> <p>3:00- DIY Workshop with Ashley: Beachy Bracelets</p> <p>4:30- Cocktails</p> <p>7:15- Movie Night</p>
<p>Sunday Brunch 11:00AM to 1:00PM 29</p> <p>8:45- *Sunday Service at St. Paul's*</p> <p>9:30- *Catholic Mass at Holy Redeemer*</p> <p>11:00- *KP on the GO!*</p> <p>1:30- Music History with Roy Justice: Clinton's Folly (Part 2)</p> <p>3:00- Giant Crossword Puzzle</p> <p>4:30- Cocktails</p> <p>7:15- Movie Night</p>	<p>Memorial Day Cookout 3:00PM to 5:00PM 30</p> <p>10:00- *Rockville Memorial Day Parade*</p> <p>11:15- Sip & Scrabble</p> <p>11:45- *KP on the GO!*</p> <p>1:30- Fitness with Jennifer</p> <p>7:15- Music Performance by Ellington Carthan (Live!)</p> <p>8:00- On the Big Screen: 33rd Annual National Memorial Day Concert</p> <p>Memorial Day</p>	<p>11:15- Manicures & Mimosas 31</p> <p>1:30- Balance in Action with Genesis Rehabilitation</p> <p>3:00- Kahoot! Trivia</p> <p>4:30- Cocktails</p> <p>7:15- Series Night: Bridgerton</p>	<h1>May 2022</h1> <h2>Highlands Independent Living</h2>			