SUN	MON	TUE	WED	THUR	FRI	SAT
Black History Month				9:45 Walking Club 10:30 Exercising w/Noodles 11:00 Poetry Corner - Langston Hughes 1:30 Zumba Gold Dancing w/Latisha Johnson 2:15 Noodle Volleyball 3:30 Happy Hour - Scavenger Hunt 6:00 Evening Walking Club w/Barbara 6:00 Movie Night w/Barbara 7:00 Hand Massages **1**	*Groundhog Day* *National Wear Red Day* 9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 This Month in History 1:15 Afternoon Walking Club 1:30 Baking Club - Chocolate Pudding Pie 2:00 Arts Corner 3:00 Fabulous Friday Social - Root Beer Float 3:30 Aromatherapy and Nail Care 3:30 Happy Hour - Word Within a Word **6:15 Musical Delights w/ District Music *Live Entertainment*** 6:30 Shabbat Service (Woodlands) 7:00 Manicures & Hand Massage **2**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex **11:00 I Remember Better When I Paint Event and Spa Day** 11:00 Music Therapy w/Rachelle 1:15 Afternoon Walking Club 1:30 Music Appreciation - Big Band Era 2:00 Charades 3:00 Fruit & Cheese Social 3:30 Aromatherapy and Nail Care 3:30 Neighborhood Scenic Drive 3:30 Happy Hour Sing-A-Long **6:15 Musical Delights w/ District Music *Live Entertainment*** 7:00 The Andy Griffith Show **3**
9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 10:30 Daily Chronicle 11:00 Conversation Piece 1:15 Afternoon Walking Club 1:30 Bingo 2:00 Weekly Inspirations w/Rabbi Leigh 3:00 Ice Cream Social 3:30 Aromatherapy and Nail Care 3:30 Neighborhood Scenic Drive 3:30 Happy Hour - Wine & Paint 6:15 Chit Chat & Hand Massages **4**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Movie & Stars - Zsa Zsa Gabor 1:15 Afternoon Walking Club 1:30 Cooking Demonstration & Tasting - Zucchini Cheese Chips **2:30 Just Bead It w/ Cindy Patrini** 3:00 Asian Theme Social 3:30 Aromatherapy and Nail Care 3:30 Neighborhood Scenic Drive 3:30 Happy Hour Sing-A-long 6:00 Evening Walking Club w/Barbara 6:00 Beauty Care w/Barbara 7:00 Manicures & Hand Massage **5**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Art Appreciation - Jacob Lawrence 1:15 Afternoon Walking Club 1:30 Tea & Trivia 2:00 Short Story Reading 3:00 Slider Social **3:00 Happy Hour Song Sleuths w/Rachelle** 3:30 Aromatherapy and Nail Care 6:00 Evening Walking Club w/Barbara 6:00 Trivia Tuesdays w/Barbara 7:00 Manicures & Hand Massage **6**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Letters Home 1:15 Afternoon Walking Club 1:30 Baking Club - Pigs in a Blanket 1:45 Heart Health Smoothie Making & Sampling 2:00 Puzzle Master's 3:00 Something Sweet Social 3:30 Aromatherapy and Nail Care 3:30 Happy Hour - Word Search Wednesday 6:00 Evening Walking Club w/Barbara 6:00 Poetry w/Barbara 7:00 Manicures & Hand Massage **7**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Exercising w/Noodles 11:00 Poetry Corner - Gwendolyn Brooks 1:15 Afternoon Walking Club 1:30 Zumba Gold Dancing w/Latisha Johnson 2:15 Noodle Volleyball 3:00 Healthy Social 3:30 Aromatherapy and Nail Care 3:30 Happy Hour - Scavenger Hunt 6:00 Evening Walking Club w/Barbara 6:00 Movie Night w/Barbara 7:00 Manicures & Hand Massage **8**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 The History of The United States Postal Service **12:00 National Pizza Day Lunch In Pizza Party** 1:15 Afternoon Walking Club 1:30 Baking Club - No Bake Cheese Cake 2:00 Bean Bag Toss 3:00 Fabulous Friday Social - Root Beer Float 3:30 Aromatherapy and Nail Care 3:30 Happy Hour - Word Within a Word **6:15 Musical Delights w/ District Music *Live Entertainment*** 6:30 Shabbat Service (Woodlands) 7:00 Manicures & Hand Massage **9**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Word Unscramble 11:00 Music Therapy w/Rachelle 1:15 Afternoon Walking Club 1:30 Music Appreciation - Rock & Roll Era 2:00 Charades 3:00 Fruit & Cheese Social 3:30 Aromatherapy and Nail Care 3:30 Neighborhood Scenic Drive 3:30 Happy Hour Sing-A-Long **6:15 Musical Delights w/ District Music *Live Entertainment*** 7:00 The Andy Griffith Show **10**
9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 10:30 Daily Chronicle 11:00 Conversation Piece 1:15 Afternoon Walking Club **1:30 Community Service - Decorating Doggie Treats** 2:00 Weekly Inspirations w/Rabbi Leigh 3:00 Ice Cream Social 3:30 Aromatherapy and Nail Care 3:30 Neighborhood Scenic Drive 3:30 Happy Hour - Wine & Paint 6:15 Chit Chat & Hand Massages **11**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Famous Places - American Bridges 1:15 Afternoon Walking Club 1:30 Cooking Demonstration & Tasting - Fruit Kabobs w/Amelia 1:45 Heart Health Smoothy 3:00 Asian Theme Social **3:15 Sweet Senior Dance w/Jesse Palidofsky** 3:30 Aromatherapy and Nail Care 6:00 Evening Walking Club w/Barbara 6:00 Beauty Care w/Barbara 7:00 Manicures & Hand Massage **12**	*Shrove Tuesday/Mardi Gras* 9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Music Appreciation - Music of New Orleans 1:15 Afternoon Walking Club **1:30 Baking Club - King Cake w/Rachelle** 2:00 Short Story Reading 3:00 Slider Social 3:30 Aromatherapy and Nail Care **3:30 Mardi Gras Happy Hour w/Rachelle** 6:00 Evening Walking Club w/Barbara 6:00 Trivia Tuesdays w/Barbara 7:00 Manicures & Hand Massage **13**	*Valentine's Day* *Ash Wednesday* 9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Valentines Day Treat Bags 1:15 Afternoon Walking Club **1:30 Catholic Mass** **1:45 Valentine's Day Spa Day** 3:00 Something Sweet Social 3:30 Aromatherapy and Nail Care 3:30 Happy Hour - Word Search Wednesday 6:00 Evening Walking Club w/Barbara 6:00 Poetry w/Barbara 7:00 Manicures & Hand Massage **14**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Exercising w/Noodles 11:00 Poetry Corner - Maya Angelou 1:15 Afternoon Walking Club 1:30 Zumba Gold Dancing w/Latisha Johnson 2:15 Noodle Volleyball 3:00 Healthy Social 3:30 Aromatherapy and Nail Care 3:30 Happy Hour - Scavenger Hunt 6:00 Evening Walking Club w/Barbara 6:00 Movie Night w/Barbara 7:00 Manicures & Hand Massage **15**	*Chinese New Year Begins* 9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex **11:00 Chinese New Year Dumpling Cooking Demonstration and Tasting** 1:15 Afternoon Walking Club 1:30 Baking Club - Homemade Fortune Cookies 2:00 Arts Corner 3:00 Fabulous Friday Social - Root Beer Float 3:30 Aromatherapy and Nail Care 3:30 Happy Hour - Word Within a Word **6:15 Musical Delights w/ District Music *Live Entertainment*** 6:30 Shabbat Service (Woodlands) 7:00 Manicures & Hand Massage **16**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Word Unscramble 11:00 Music Therapy w/Rachelle 1:15 Afternoon Walking Club 1:30 Music Appreciation - Swing Era 2:00 Charades 3:00 Fruit & Cheese Social 3:30 Aromatherapy and Nail Care 3:30 Neighborhood Scenic Drive 3:30 Happy Hour Sing-A-Long **6:15 Musical Delights w/ District Music *Live Entertainment*** 7:00 The Andy Griffith Show **17**
9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex **10:30 Art Therapy w/Yolanda Prinsloo** 10:30 Daily Chronicle 11:00 Conversation Piece 1:15 Afternoon Walking Club 1:30 Craft Corner 2:00 Weekly Inspirations w/Rabbi Leigh 3:00 Ice Cream Social 3:30 Aromatherapy and Nail Care 3:30 Neighborhood Scenic Drive 3:30 Happy Hour - Wine & Paint 6:15 Chit Chat & Hand Massages **18**	*Presidents' Day* 9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Fresh Squeeze Juice Making 1:15 Afternoon Walking Club 1:30 Cooking Demonstration & Tasting - Cheesy Mushroom Spred 3:00 Asian Theme Social 3:30 Aromatherapy and Nail Care 3:30 Neighborhood Scenic Drive 3:30 Happy Hour Sing-A-long 6:00 Evening Walking Club w/Barbara 6:00 Beauty Care w/Barbara 7:00 Manicures & Hand Massage **19**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Stamp Your Passport - A Visit to Ireland 1:15 Afternoon Walking Club 1:30 Tea & Trivia 2:00 Short Story Reading 3:00 Slider Social 3:30 Aromatherapy and Nail Care **3:30 Happy Hour w/Will Williams** 6:00 Evening Walking Club w/Barbara 6:00 Trivia Tuesdays w/Barbara 7:00 Manicures & Hand Massage **20**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex **11:00 Black History Month presentation - Extraordinary Military African Americans** 1:15 Afternoon Walking Club 1:30 Baking Club - Russian Tea Cookies 1:45 Heart Health Smoothie Making & Sampling 2:00 Puzzle Master's **2:30 Catholic Service w/Kathy & Mike** 3:00 Something Sweet Social 3:30 Aromatherapy and Nail Care **3:30 Happy Hour w/Ordinary People** 6:00 Evening Walking Club w/Barbara 6:00 Poetry w/Barbara **6:30 Movie Night w/Barbara - Red Tails** 7:00 Manicures & Hand Massage **21**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Exercising w/Noodles 11:00 Poetry Corner - Richard Wright 1:15 Afternoon Walking Club 1:30 Zumba Gold Dancing w/Latisha Johnson **2:15 Men's Meet Up w/Gibril** 2:15 Noodle Volleyball 3:00 Healthy Social 3:30 Aromatherapy and Nail Care 3:30 Happy Hour - Scavenger Hunt 6:00 Evening Walking Club w/Barbara 6:00 Movie Night w/Barbara 7:00 Manicures & Hand Massage **22**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Ladies Social 1:15 Afternoon Walking Club **1:45 Frank Plummer Performs** 3:00 Fabulous Friday Social - Root Beer Float 3:30 Aromatherapy and Nail Care 3:30 Happy Hour - Word Within a Word **6:15 Musical Delights w/ District Music *Live Entertainment*** 6:30 Shabbat Service (Woodlands) 7:00 Manicures & Hand Massage **23**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Word Unscramble 11:00 Music Therapy w/Rachelle 1:15 Afternoon Walking Club 1:30 Music Appreciation - Jazz Era 2:00 Charades 3:00 Fruit & Cheese Social 3:30 Aromatherapy and Nail Care 3:30 Neighborhood Scenic Drive 3:30 Happy Hour Sing-A-Long **6:15 Musical Delights w/ District Music *Live Entertainment*** 7:00 The Andy Griffith Show **24**
9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 10:30 Daily Chronicle 11:00 Conversation Piece 1:15 Afternoon Walking Club 1:30 Book Club 2:00 Weekly Inspirations w/Rabbi Leigh 3:00 Ice Cream Social 3:30 Aromatherapy and Nail Care 3:30 Neighborhood Scenic Drive **3:30 Connections Happy Hour Chorus w/ Jessie** 6:15 Chit Chat & Hand Massages **25**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex **11:00 John Campbell Performs** 12:00 Lunch Outing to China Gourmet 1:15 Afternoon Walking Club 1:30 Cooking Demonstration & Tasting - Creamy Cherry Fluff 3:00 Asian Theme Social 3:30 Aromatherapy and Nail Care 3:30 Neighborhood Scenic Drive 3:30 Happy Hour Sing-A-long 6:00 Evening Walking Club w/Barbara 6:00 Beauty Care w/Barbara 7:00 Manicures & Hand Massage **26**	9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 The Life of Barack Obama 1:15 Afternoon Walking Club **1:30 Heart Healthy Smoothie Making & Sampling w/Rachelle** 1:45 Heart Health Smoothy 2:00 Short Story Reading 3:00 Slider Social 3:30 Aromatherapy and Nail Care **3:30 Happy Hour Song Sleuths w/Rachelle** 6:00 Evening Walking Club w/Barbara 6:00 Trivia Tuesdays w/Barbara 7:00 Manicures & Hand Massage **27**	*Purim Begins at Sundown* 9:45 Walking Club 10:00 Daily Chronicles & Headlines 10:30 Stretch & Flex 11:00 Resident Spotlight - Alvie Paschal 1:15 Afternoon Walking Club 1:30 Baking Club - Strawberry Tarts 2:00 Puzzle Master's **2:30 Catholic Service w/Barbara & Tom** 3:00 Something Sweet Social 3:30 Aromatherapy and Nail Care 3:30 Happy Hour - Word Search Wednesday 6:00 Evening Walking Club w/Barbara 6:00 Poetry w/Barbara 7:00 Manicures & Hand Massage **28**			

February 2018

Connections Memory Care

Kensington Park Senior Living 3616 Littledale Road, Kensington, MD 20895